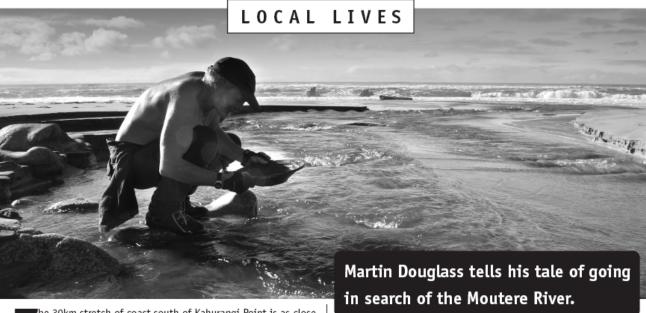


The Grapevine

MOUTERE HILLS COMMUNITY NEWS

NOV 2012

WILDERNESS COAST



The 30km stretch of coast south of Kahurangi Point is as close to real wilderness as you can get. The rivers have no bridges, the route is hardly marked and there are no huts. The area presents a challenge to trampers and has a varied reputation. There can be 'hell trips' or just the opposite, depending on weather and tide. And it's just over the hill – almost in our backyard.

Our party of four were all local 'senior blokes': Ruedi from Ngatimoti, Martin W from Orinoco, Martin D from Moutere and Adrian from Nelson. We were all flexible timewise, which made trip planning much easier.

Tides, weather and river flows all had to be favourable and it wasn't until the end of May before everything lined up. By that time we'd talked to people who'd done the trip before, which really helped to firm up our ideas. Many thanks go to all those who gave us so much valuable information.

We decided to travel north to south to make transport at each end easier, and timed our trip for noon low tides. May or June avoids the seal-breeding season. The aggressive and territorial bulls can make travel difficult while they occupy the coast from November to February. They then depart leaving the more timid cows and pups behind.

We also hoped the cooler months would mean less sandflies or mosquitoes and thankfully we were never troubled by these pests. We expected to take five days for our journey but carried extra food 'just in case'.

On our first day, a friend with a large 4x4 drove us the three hours from Motueka to the Turimawiwi Stream and the end of the public road south from Westhaven Inlet. It was one of those sparkling mornings, sunny but with a cool south westerly breeze – just enough to make you want to crack on the pace a bit for warmth, for speed and just for the joy of it. Walking was easy

down the firm sand beach with the foaming Tasman Sea on our right and easy-farmed slopes leading to bushed hills on our left.

After one hour, we reached the Big River Estuary at almost dead low tide. We forded the chest-deep, tannin-stained river by a rusting tractor without problems and were pleased to have passed a potentially major obstacle so easily. After a quick rub down we pressed on to the Keeper's House, which you can't see from the beach but is clearly signposted.

The house is well maintained, bright, airy and spacious. There are maybe 20 beds in a number of bunkrooms and a kitchen area with a new wood range and wetback. There's even a fully equipped bathroom! You keep the stove burning – you get the hot tub!

After lunch we walked round the coast to the lighthouse from where we had good views southward. If we couldn't find a sea level route south of the Kahurangi River, then bushed terraces at around 140km altitude looked a good second bet.

Heading back from the lighthouse we cut across dunes well covered in either manuka or grasses. Pig rooting was everywhere and we surprised a few porkers sunning themselves in sheltered hollows.

Next morning, after a leisurely breakfast, we set off up the Camp Creek track that starts behind the Keeper's House. This track leads to The Great Sand Pass — a dune gully that heads south west to the coast and is easy going.

The weather was perfect as we strode down the dunes toward the Kahurangi River and, with the wonderful prospect of new country before us we all felt a great sense of anticipation.

Read the second part of Martin's adventures in the next issue of the Grapevine. Photo: Ruedi Mossiman

Editorial

Well it's great to see new things taking our area ahead by leaps and bounds. The Moutere Hills Residents Association has had their second formal meeting and has already started to address a couple of things that members of the public have wanted action on for some time. Read about this in the latest report on the next page.

Meanwhile the Moutere Hills Community Centre Board farewells three long-time board members and welcomes in the new.

Labour weekend saw the Moutere Artisians hosting an open house – while the article will be a bit out of date by the time this goes to print, we thought it would be best to include it in case you missed any of the publicity that preceded the weekend. When your visitors from town or out of town come for a visit you can point them in the right direction of some very talented people in our district. Luckily the weather held and if you weren't out sampling the local wares, you were hopefully making the most of the sun and warmth in whatever way you could.

November will probably wiz by faster than you know, so get ready 'cos here comes summer!

Placing an advertisement

Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month.

The deadline for each issue is 15th of the month.

Please email your print-ready ad to umograpevine@hotmail.com or provide paper-based, print-ready copy to the Upper Moutere Store.

The following prices apply for advertising:

- Births, marriages, deaths and giveaway notices: Free
- Business card size advertisement: \$12
- ♠ 1/4 page advertisement: \$25
- Full page advertisement: \$95 (if space available)

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16

Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

The deadline for each issue is 15th of the month.

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Grapevine circulation is 1300 copies. This issue has been constructed by: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Viv Sellers and Heather Eggers.

Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!

Safety on local roads first target of Residents Association.

Road safety concerns aired by local residents at a recent Moutere Hills Residents Association public meeting have resulted in prompt action from the Council.

Councillor Trevor Norris has reported that the TDC is to formally investigate the possibility of introducing speed restrictions on the Moutere Highway leading up to the Community Centre entrance way, and also on Old Coach Road approaching the Mahana School. Residents claimed to have witnessed a number of "near misses" outside the Centre, particularly with children on sports days, and it was agreed that both sites were "accidents waiting to happen".

Councillor Norris noted at a previous meeting that the planned rerouting of the Moutere highway past the Community Centre was shelved in the medium term through lack of funding, but the next best thing was to look at slowing down the traffic. "The investigation process is complex and may be a bit drawn out, but once the review is requested it will definitely proceed"

Progress on the proposed Village to Community Centre walk and cycleway was also discussed at the recent meeting. Upper Moutere School Headmaster Grant Watson confirmed that the school had consulted with the community on a possible walkway last year, receiving very positive feedback. "We are very much in favour of this link" he said.

Phil Hyatt noted that the walkway has been on the community wish list since the Centre was first established and it was only with the formation of a Residents Association that the project could begin to move forward. However he noted that more communication will be necessary with the various landowners before a route can be established. "An agreement-in-principle at least will be necessary by all relevant landowners before any further action can be taken" he said.

The Meeting unanimously approved the draft constitution of the Moutere Hills Residents Association, and the 15 inaugural members required by law were duly signed up. If you would like to become involved in the future of your community, become a member or just have your say, please contact the association. Visit http://www.mhra.org.nz for further details. Public meetings will be held from time to time.

LEIGH BRIARS ARCHITECTURE 03 543 2667 021 215 0946 briars@ts.co.nz RD 2 Upper Moutere Nelson 7175



Sunday 3 February 2013

If you have been reading the Nelson Mail and listening to the National Radio lately, you will know that the Sarau Festival has made it onto the national calendar of events!!

This year is our opportunity to really showcase the Moutere. To support this concept we are offering a small discount for Moutere stalls as well as the earlybird discount.

We are still looking for new ideas ...

So far: Design a Moutere /festival mascot. Again we'll have the successful photographic displays and competition - check out some of last year's photos in the permanent display at the MHCC.

For competition categories - cooking/photographs/purple hats and what is going on - keep up with the festival website on www.saraufestival.co.nz.

Still room for more volunteers - whatever your skill or available time, we can find you a role in our team! Contact Jenny ph 9700715 or jenny@saraufestival.co.nz

PS: Award winning chef secured for the blackcurrant cooking display on 3 Feb '13

Moutere Hills Community Centre - from the Chairman's Annual Report

moutere hills

It has been a busy and productive year for the Moutere Hills Community Centre and I thank the Board and staff for their contributions.

We are in a sound financial position with a fantastic asset constantly growing in usage. We have a good relationship with the Tasman District Council and I especially thank the TDC Community Services staff and our local Councillors for their support.

I would also like to acknowledge the contributions of the three departing Board Members, Tim Finn, Jeanette Bent and Steve Mitchell as former Chair. Their dedication and input has been at the highest level and allowed the Moutere Hills Community Centre to move from inception, to a well established, interactive centre, servicing the wider Moutere Hills community. The entire community gives their thanks.

In farewelling these three, we also welcome the two new Board members – Kylie Taikato representing the user groups, and Tom Ryan and thank them in anticipation for their contribution.



Whenua Iti Outdoors celebrates phase 1 of Restoration Project.

With grateful thanks to a fund from the Mazda Foundation, Whenua Iti was recently able to purchase our first phase of plants from the Nelmac Nursery. Last week Nelmac staff came out to Whenua Iti, laid out the planting areas and demonstrated required plant spacing to an adult 'Challenge' group that kicked off the first planting. We have chosen to use 'Kombi Guards' that include a biodegradable weed mat and outer protection to reduce the growth of weeds, and protect the plants from pests.

Last week children on our school holiday programme also helped with planting which we aim to complete over the coming weeks.

Further grants will be required to purchase the plants required for our second phase. We intend to engage people of all ages in this exciting project, please contact us directly if you would like to be involved in a voluntary capacity.

Email: catharine@whenuaiti.org.nz

Phone: 03 526 7842

Sam Speight who works for Nelmac in the Conservation and Ecology Department, demonstrating.





En route for Kilimanjaro summit

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This Saturday November 3rd

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- Art for Kids \$30 paintings by local artists
- Fun jars, chocolate wheel
- Cake Stall and Plants

Details of silent auction items at:

www. uppermoutere.school.nz click the village fair picture

Upper Moutere School

Upper Moutere School

Sat. Nov 3

Moutere Highway, Upper Moutere Village.
All proceeds to Upper Moutere School.

Free entry & parking. It's on rain or shine



WHAT DO YOU KNOW?

- 1.In space it is impossible to cry?
- **2.**"Copyrightable" is the longest word in the English language that can be written without repeating a letter?
- 3. Slugs don't have any noses?
- 4. Most Eskimoes have fridges?
- **5.**An Ostrich's eye is bigger than its brain?
- **6.**Thomas Edison, who invented the lightbulb, was afraid of the dark?
- **7.**There are no anagrams of the word "stationed"? False ("antidotes")
- **8.**Taphephobia is the fear of losing your teeth?
- **9.**Over 80,000 photographs are taken around the world every second?
- **10.** The letter "t" is the second most common letter used in the English language?

Answers on last page.

4



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13 Things To Do Now That It's Spring

Plant seeds

Escape with friends

Break out the bike

Spend a day wandering

Revel in the extra hour of light

Watch the trees in the front yard explode with pink

Blooms plant seeds

Wear the Edith Piaf record out.

Hang new string lights in the backyard

Find out what the center of the earth looks like

Plan the season's first picnic

Pray for sun

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THE WRITE BIAS



NEWS FROM MAPUA BOWLING CLUB

Despite the weather threatening we managed to open on our planned Opening Day in September and were delighted to welcome several newcomers who came along to try their hand at lawn bowls. And they must have enjoyed themselves because they have signed on the dotted line to become new members. Yippee! This is excellent for the bowling and social future of Mapua Bowling Club.

The season is now ticking along with good attendance at all roll-up days, Tuesdays, Thursdays and Saturdays, and we are looking forward to hosting our first tournament kindly sponsored by Lynda Mabin of Holistic Health & Training.

The Club has two recently qualified coaches keen as mustard to assist newcomers and seasoned bowlers to improve their games. A 6-week programme is in place to have some fun honing skills as a group.

The Green Team under the watchful eye of Les McAlwee is doing us proud. The green not only looks good but is playing extremely well. Rumour has it that the 'Green Boys' might be donning aprons in the near future to cook a lunch for the rest of the members. Then they truly will be a 'Dream Team'.

The clubhouse is an excellent venue that can be hired by the hour for meetings, parties or social occasions and we welcome your enquiries. Could this be the place for your Christmas party? We can lend you equipment if you would like include a game of bowls to the party mix. For information and bookings please telephone Nancy Coeland on 544 2847.

League Bowls will start with a bang on Monday 5 November at 6 p.m.

For information about bowling please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934) or email s1ad2as3@xtra.co.nz





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"The Big News". September 24th

Spring at last, the blossom trees around the school are in full bloom, and the new grass has sprung. Each class is in their garden plot hoping to get some thing in before the holidays. Radishes will almost be ready for when we come back, and a giant pumpkin competition could be an option as well. (That will take longer than the radishes!)

It has been a wet term but a busy one, with Speech competions, 'Rock da House' performance, 'Rockquest' concert, with Tasman school entering the biggest band and taking away the 'Best Original Song' and 'Best drummer awards. Our students are very receptive to anything and everything musical.

Our school topic this last term has been 'Our Hero's...or 'Can Do Olympians' as teachers take on different aspects of these aspirations. "You can do just about anything you put your mind to do." Was the underling message. We studied famous NZ'ers, Olympians, Superhero's and the qualities needed to reach their potential and our potential.

Term 4 will see new safety fencing around the car park and new pathways connecting classrooms. Our parents have also been busy upgrading our sand pit with new sand, new cover, and spade and toolbox, and it's proved a popular activity, with kids digging in every direction. Often there is more sand out the pit than in. The students have also been involved in painting a mural, which beams brightly across the tennis court.

Now, on the first week of term 4 we are practicing for the Nelson Arts Festival Mask Parade, which is on the Friday night, (19th) an event that involves the whole school community and a lot of coordination. The students have already created their masks so it's all choreography. Come along, it's always a colourful spectacle. The theme is 'Myths and Legends'.

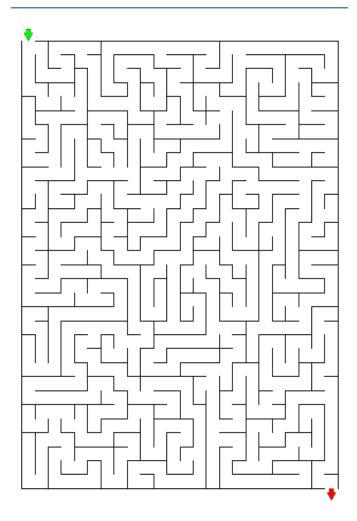
The BIG NEWS is that our school has it's centenary in March next year. From packing shed to the community school it is now. It mirrors our school motto,

'From small seedlings spring mighty trees'. The centenary will include an evening celebratory meal and dance welcoming past pupils and present community, tree planting, a whole school play, and coincides with "Muddy Buddies", our annual romp through the mud fundraiser, so it will be a busy time. Those interested in attending any part of this please contact the school website.

Fred Robertson.



Puzzle Time



You might just amaze yourself if you can find the way out!

Can you find the hidden face in this photo?



www.eyecanlearn.com

Mahana School

Mahana School is a great place for kids to learn. We have great facilities, great teachers, and great families. We do very well in local sports and cultural activities and competitions and our kids get involved in everything going. In short we just love learning. That is all good and fine, but it is the small things that make a school special and it is worth taking the time to notice them. Here are just some of the things that happen in our school that I have taken note of recently.

Four Square – This game at Mahana is in full swing at present. If you were to take a stroll into the playground on any given playtime you would see a group consisting of anything from 4 to 24 children aged between 5 and 13 years all playing four square. To adults, myself included, this game is a bit of a mystery, but to kids it is more captivating than chocolate. There is some kind of unwritten code of ethics and rules that give the game shape with only the minimum of explanation. Everyone seems to understand what to do by some form of osmosis, and although disputes do happen, they are usually resolved with the entente that puts the adult political world to shame. I enter into these games from time to time, and am always amazed by the range and complexity of kids play.

The Trees – Kids need to take risks. In light of this it is worth mentioning that we have some outstanding tree climbers at Mahana. There are many of our students who spend virtually all of their free time up in trees. They tend to occupy the lower branches in small groups with some of the more adventurous types ascending to higher outposts. I'm not sure exactly what they do up there, although it seems to involve a great deal of chatting followed by a descent to earth to build grass structures at the base of the trees. Once these are completed, the kids then climb up once more and resume the chatting. Interestingly and thankfully, the whole thing is very safe and has not resulted in any injuries at all. In fact all of our injurious activities seem to be at ground level. Kids need to take risks. They need to learn how to manage themselves at different angles and on different surfaces. We want them to learn now so they will have good self-management and decision-making skills as 16 year olds.

The Bus Monitor – The bus is an integral part of any rural school. We are lucky to have a bus that runs from Mapua to Mahana every morning and afternoon. Vital to this operation is the Bus Monitor. Many readers will recollect the respect and awe that bus monitors were held in during their own childhoods. It was always a plum position. Bus Monitors do a great job in frequently trying situations. They are charged with the task of assembling the kids, calling out and checking off the bus roll, and then conducting them onto the bus. Once loaded the Monitors are in charge of 'monitoring' bus behaviour and general conduct. They help younger students and are always effective problem solvers, once again displaying children's capacity for diplomacy. Being a Bus Monitor is a wonderful opportunity for leadership in a real and meaningful context.

Of course there are many more things that happen in our school than these. Our core business is and will always be literacy and numeracy, but it is things such as four square, tree climbing, and being a bus monitor that give our school its culture and character. We offer something that is unique and very Kiwi, and we would love to share it with more of you so if you are passing by come in and take a look. Our playground is always open, and pool keys are available through the summer from the school office. Our classes have excellent teachers with an excellent teacher – student ratio, especially in the Junior School where you can guarantee a very high level of teacher input with your child. We are not far away, and we have a school bus. What more could you want?

Justin Neal
Principal
Mahana School









A joyful way to spend time with your curious, busy, dancing, singing, fun-loving child!

Share the joy of learning together while we sing, sway, dance and play at Kindermusik. And, we give you the tools to keep the music going all week long!

Join us at Mahana School this term with your preschooler, and experience the magic for yourself.



Moutere Artisans

Moutere Artisans – a collective of 21 creative and productive people will be launched this Labour Weekend in the village.

"The idea grew from a small farmers market we held at Neudorf Vineyards for the Chamber of Commerce," says Chair, Andrew Sutherland from Harakeke Wines.

"Upper Moutere is a special village full of people producing everything from sheep cheese to sculpture to wine, and gourmet mushrooms. We all enjoy each other products and decided to from a cluster group to help the rest of the world discover this magic community. The heart of the area is of course the Moutere Inn – fast becoming a destination for all craft beer fanatics."

On Saturday and Sunday of Labour Weekend most of the artisan group will have an open house so you can see sheep being milked, experience the art of olive oil production, celebrate the opening of the Icon – the new sculpture park and taste the wines from the newest wine producer in the region at the Old Post Office.

Kahurangi Winery will produce wood fired pizzas using only produce from the region, Neudorf Vineyards release their Rosé and sing along with the Yoots, Neudorf Mushrooms will serve wild mushroom soup and tarts. Himmelsfeld, Woollaston and Sunset Valley Vineyards are open as are Peckham's cider, Michael McMillan Sculpture, Mark Perry Woodworks, Blackbird Valley Horse Treks This full list is available at the Upper Moutere General Store or on the website www.moutereartisans.co.nz.

"We have three great B and Bs in the area – Lancewood Villas, Neudorf Hall and the Mudcastle so you can stay for the whole weekend, or simply check out the rooms to book guests for next summer.

CEO of the local Chamber of Commerce, Dot Kettle, says when the group first approached her she knew it would be a huge success. "They have such a collection of skills and enthusiasms – I think this cluster will make its mark very soon. They have already been on National Radio and lined up interviews with national media. They are aware the key to success is "telling your story" and letting people see into their lifestyles."

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Local Coffee Roaster wins Silver Award

Upper Moutere has recently been put on the map at the 2012 New Zealand Coffee Awards due to The Grind Coffee Roasters @The Tasman Store winning a Silver Award in the supermarket espresso category for the second year in a row. A quote from the official website at www.coffeefestival.co.nz says "In search of the country's best beans, judges rolled up their sleeves to slurp, taste and spit during a series of "blind tests" in the 8 categories entered by roasting companies from as far afield as Upper Moutere, Dunedin and the Coromandel."

Lance Draper of Harley Road started The Grind after his first daughter Caitlin was born, when his passion for coffee finally took over from his trade working as a spray painter. Originally operating as a mobile coffee van the business has expanded into coffee roasting, which Lance has spent the last few years developing and experimenting with. His passion and skill in roasting has been well recognised by this award as the competition was entered by 65 roasters from around New Zealand, who submitted 270 blends over a number of categories.

Lance roasts coffee on a daily basis at The Tasman Store so customers can be assured of the freshest coffee in the locality. He is also a highly regarded barista so can make you one of the best coffees in the district. Coffee beans, plunger and espresso ground coffee can be purchased from the Tasman Store, Mapua Four Square, Raeward Fresh and online www.thegrindcoffee.co.nz. Call into the shop for a truly local experience — locally roasted coffee and a Moutere blackcurrant and white chocolate muffin!

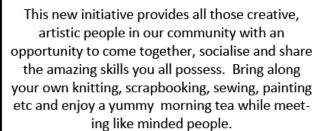
MOUTERE HILLS COMMUNITY CENTRE



The Moutere Hills Community Centre Schedule of activities for Term Four has now been distributed. There is plenty on offer for all members of our community so why not put your name down to have a go at something new. If you didn't receive the new schedule then you can collect it from the Community Centre or visit our website www.mouterehills.org.nz

Adult Craft Sharing

Wednesday's 9:30am—11:30am FREE



Youth 'Drop In'

If you are aged from 14 years why not come on down and hang out with friends at Moutere Hills Community Centre. Have a game of basketball, badminton, table tennis, play station—it will be open for your use. From 7:30pm until 10:00pm with a gold coin donation required on entry. Food and drink available for purchase.

Children's T-Ball/Softball Tuesday's from 3:30-4:30pm

At Moutere Hills Community Centre catering for years 1—8

An opportunity to come along and have a go with some quality coaching. There will be the opportunity to play in the summer league during Term One if numbers are sufficient.

Cost \$25 for the term (discounted to \$20 if a parent can assist the coaches)

Community Social Evening Friday 23 November from 6pm

Why not come along and catch up with neighbours and friends while having a drink and enjoy live entertainment. A cash bar will be available, and \$5 café meals will be on offer from the community kitchen. The **evening** will kick off at 6pm with displays, kids activities and then live entertainment starting at 8pm.

You are welcome to bring along a picnic but no BYO alcohol sorry.

Up-coming Events

Saturday 10th November Moutere Cluster Athletic Sports Day
Sunday 18th November Top Team Finals
Thursday 24th January Outdoor Movie

If you have any queries or would like to make a booking then please contact us at the centre.

Katrina McLean, Facility Manger

Vanessa Mairs, Recreation Co-ordinator



Phone: 543 2516

Email: enquiries@mouterehills.org.nz Website: www.mouterehills.org.nz

Local Gymnasts Shine at Nationals

Local girls Georgia Ewers, Hannah Reade and Lydia Campbell-Robinson represented the Top of the South Region at the Gymsports New Zealand National Championships for Artistic Gymnastics held in Blenheim 3-7th Oct.

The girls attended competitions throughout the country for Gymnastics Nelson to qualify to represent the region in what has been the culmination of an amazing year, with the girls having many placings and wins in those competitions leading up to Nationals.

Thanks to their awesome club Gymnastics Nelson and coach's Jenna Robertson and Karyn Brown.

Results

Georgia Ewers - Step 6 (UMO/Mahana)

Day 1- Qualification round for All Around Gymnast, Apparatus and Team Finals.

Georgia finished 4th on Floor, and qualified for day 2 finals in 10th place. Her team -with Holly Millar, Ella Nichols (Nelson) and Madison Buscke from (Blenheim) finished 7th in a teams event dominated by North Island Teams. Day 2 - Georgia had a much better day and finished 2nd on Floor, 4th on beam and 4th overall in the All-Around Competition final for Step 6.

Hannah Reade - Step 5 (Ruby Bay)

Day 1- At her first Nationals Hannah finished 4th on Bar and 4th on Beam and qualified for day 2 in 9th. Her Step 5 Team finished 5th out of 23 teams - with Solmaz Bakhshi(Nelson), Judith Marfell and Anna Griggs (Blenheim).

Day 2- Hannah finished 3rd on Bar and showed consistency to finish 9th in the All-Around competition in step 5.

Lydia Campbell-Robinson - Step 7 (Mapua)

Day 1 - 15th All-Around and Day 2 - 7th on Floor in Step 7.

This was Lydia's last competition before retiring after a long and successful career. She will be greatly missed by the club and her team.

As a group of rural gymnasts they have been very fortunate to have each other as the girls train between 4 and 5 days a week at Gymnastics Nelson and have several trainings prior to the national championships in Blenheim for regional team trainings, Yay for car pools. Luckily for Georgia and Hannah, Mars Matranga (Tasman) Maisey Gray (Ruby Bay) and Hannah Bloomfield (Motueka) will be moving competition grades next year and will be eligible to qualify for the nationals team.

Georgia, Hannah, Lydia, their families and The Gymnastics Nelson Club would like to thank Moutere Motors, Milnes Beatson Chartered Accountants, Upper Moutere Coffee Shop and General Store, Whitwell's Menswear, Seifrieds Vineyard, Hamish Kennedy Law Motueka, Unichem Motueka Pharmacy and Photocenter, and Nelson Rural Fire Network for their Support.



r

UPPER MOUTERE TENNIS CLUB

Mission: To be a friendly community tennis club that promotes and encourages participation for fun, fitness and achievement for all ages and levels

Our season is now underway. We invite you to join us for our social, fun annual tennis tournament

THE FERRICK CUP CHALLENGE

Proudly sponsored by

Upper Moutere General Store & Coffee Shop

Sunday 4th November 2012

Registration 9.30am for 10.00am start

Spot prizes Bring a plate to share, drinks available

This is a doubles tournament, with 20 minute games. Partners are switched after each game. Ideal for players of all levels and abilities. We encourage you to come along - new and existing club members, as well as any local players who are thinking of getting back in to tennis. Just turn up and be included in the draw.

We look forward to seeing you on the courts

Any questions contact Nick Dicks 543 2139 or email <u>UMOTennis@gmail.com</u>











If you have any suggestions for our Upper Moutere Tennis Club, please email UMOTennis@gmail.com we encourage and welcome new

For details on how to become a member of Upper Moutere Tennis Club or if you need any further information please contact Vanessa Mairs 543 2332 or Jeannette Bent 543 2324 or email: UMOTennis@gmail.com

Tasman Golf Club is celebrating their 75th Jubilee on the weekend 30th November to 2nd December 2012. If you would like to join us in celebrating this event please find more information and an enrolment form on our website www.tasmangolfclub.co.nz or phone us on 03 5266819. All welcome.

Kina Open is being held on the 10th & 11th November 2012. Please let us know if you would like to play in this

Twilight Golf starts on Thursday 18th October 5-5.30pm teeoff with an BBQ to follow (optional).





Animals

Hello Animal Lovers

It was recently reported that since the earthquakes there have been a significant increase in dog attacks in Christchurch. The correspondent speculated as to the cause and came to a conclusion that this was due to disruption of families and change of residence. I believe that is only part of the story. Undoubtedly it has been very disrupting and stressful for animals to be relocated. However it much more likely that the dog (and cat) owners themselves are stressed due to the loss of their homes, community and city. Also multiple after shocks which have numbered over 11,000 since the first big quake, have gradually worn people down. Little wonder then that animals with their extreme sensitivity have been similarly affected not only by the quakes themselves but by the stress of their owners

Fear is a basic emotion that all animals understand and respond to. If they perceive a threat they will either run away or if trapped will attack (fight or flight). Sadly for many animals it may be too late to recover in Christchurch. Just like humans some dogs are more susceptible than others to changes and environment but all dogs (and cats) can become aggressive and dangerous when threatened.

There is virtually nowhere in New Zealand that is not susceptible to earthquake or volcanic activity that may become a major event one day. So as with all vulnerable members of our community owners must stay calm and reassuring and provide security to minimise the affect on their precious animals.

I am always happy to answer any animal behaviour questions you may have.

Sue Mott Animal Behaviourist 0212664211

Experience a Stella Evening

Stellar a Cappella are an acappella women's group in Mapua. The small group of singers meet every Wednesday in Mapua and sing a varied repertoire of unaccompanied songs.

They are having a variety concert in the Mapua hall to help them fundraise for their renovations of the hall.

The concert is on the 23rd November at 7.30pm and will feature Stellar a Cappella, a contemporary music trio, a jazz group and a classical pianist. What a great way to welcome in the weekend - why not pop along and support their endeavour.



In the garden with Soo Gee

Just enjoy your garden as much as possible. Do a garden trail, there's plenty of them coming up, you'll get plenty of inspiration – a word of caution though – you might just have to have a big lie down in a favourite spot after such demanding work!

I've started putting beans in and I'm potting up a large pot with a mixture of salad items; rocket, mustard, red beet etc by the kitchen door, I'll use it as micro greens, clipping it regularly. It will go well with the pickled walnuts.

FOOD

Pickled Green Walnuts

1kg green fresh walnuts, 1 cup cooking salt, 10 cups water, 5 cups malt vinegar, 1 2/3 cups brown sugar, 1 teaspoon salt, 1 teaspoon pickling spice, 1 teaspoon black peppercorns, ½ teaspoon cloves.

Pick the walnuts early summer while still green before shells begin to form. Test with a darning needle, they should be soft – don't use any that have formed a shell. Wear plastic gloves as they *stain (trust me) it's very hard to remove.*

Prick all over with a stainless steel fork, place in a large bowl or plastic bucket.

Dissolve half the salt in half the water then pour this over the nuts. Use a plate to hold them down and cover. Leave for 7 days, stirring occasionally. Drain and cover with remaining salt and water and leave for 7 more days, stirring occasionally.

Drain and lay out on dishes or trays in a single layer to air dry preferable in the sun for 2 days, bring them in at night. They will turn black.

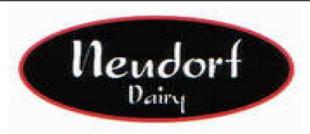
Next, put vinegar in stainless steel pot; add brown sugar, teaspoon of salt, pickling spice, cloves and peppercorns. Bring to the boil for 5 mins then remove from heat.

Pack walnuts into clean dry glass jars. Strain the spices from the vinegar and reheat. Pour over the walnuts, making sure all are covered. Cover with plastic lids (vinegar eats into metal). Label and store in a cool dark cupboard for at least a month.

Enjoy: Instant nibbles with cheese and bread, mix with other foods – meats etc. You'll have an antipasto platter in minutes.

I also use these in a beef casserole in winter and they give real class to a homemade pate, just place a row of them down the middle before cooking.

New cheese from Neudorf – this can be just eaten as is but is made to be grilled. Dip in flour, fry in a little olive oil, serve with lemon. Goes well with minted lamb, water melon or just melon. Barbeque it or put some on top of a pizza.



Looking for delicious healthy new menu ideas for summer? Here's a few to get you started....

- Neudorf Halloumi grilled gently on the BBQ
- Neudorf Mount Crusader fresh cheese tossed through salad greens
- Neudorf Yoghurt mixed with chopped mint and lemon or lime juice on kebabs

A full range of exquisite Neudorf Cheeses and Yoghurt available from....

- Moutere Gold Upper Moutere Village
 - Mon to Fri 9:00am 5:00pm
 - Sat & Sun 10:00am 4:30pm
- Nelson Farmers Market Fashion Island
 - Wed 11:00am 4:00pm
- Nelson Saturday Market Montgomery Square
 - Sat 8:00am 1:00pm
- Motueka Sunday Market Decks Reserve
 - Sun 8:00am 1:00pm



Riverside Cafe

Delicious Meals, Cakes & Coffees

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Great Venue for Xmas Functions

Riverside Cafe is located 5 min south of Motueka on the Inland Moutere Highway, e-mail <u>riversidecafenews@gmail.com</u> or phone 03 526 7447

Moutere Hills Youth

Not long till the Summer Holidays now...



Friday Night Youth (year 7 up)

Friday 2 November The Wildest of Wide Games

Friday 9 November Crazy Golf

Friday 16 November The Photo Chase

Friday 23 November Frozen Chicken Olympics

Friday 30 November Basketball Comp

Friday Night Youth is 7pm at the Church Hall. Contact Andy or Abbey for details or

transport.

High School Youth (year 9 up)

Saturday 17 November Skate Park Tour. Bring your wheels.

Y is every second Tuesday, after Family Touch Rugby. Catch a lift from the Centre, or meet at the Church Hall 7pm.

Touch Rugby

The Riwaka Competitions are well under way. It's great to see everyone there.

Bubbles & Cupcakes (Year 5-8)

Create crazy hair accessories and jewels... and eat cupcakes of course.

Bubbles & Cupcakes runs for four consecutive Mondays, beginning 5 November.

Community Youth Workers - Andy & Abbey Bensemann

Andy 021 2245 Abbey 027 2434364 Home 543 2949

Endurance spraying

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Mapua and Upper Moutere.

For more information contact Cindus

03 543 2033 / 027 358 7233 Kidzklubbafter3@gmail.com

LOST CRICKET GEAR

A year or two, prior to our arrival in Upper Moutere, the local cricket club was disbanded.

What happened to all the cricket gear – bats, pads, gloves, boxes, wickets, bails etc, etc, ????

Each March there is an annual 20/20 match against Dovedale, and we have been totally reliant on them allowing us to use their equipment!!

Somebody must know where the old Moutere cricket club gear has been stored. Who has it? Or did it disappear? We are hoping to store our own gear at the local hall.

Please phone Sefton 5432 758.



Thanks.

UPPER MOUTERE STORE HOURS:

Mon- Fri 7.30am - 6.30pm

Saturday 8.30am - 6.30pm

Sunday 9.00am - 6.00pm

ph/fax 5432 758



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COMING EVENTS AT THE MOUTERE INN

❖ LIVE MUSIC 8 PM SAT 10th November "Easy Tiger"

Easy Tiger - More Tiger than Easy. This is not your usual cover band. A five piece from the Moutere Hills, playing a mix of Indie rock and classics with a twist. From Elvis Costello to the Black Keys, to the Pixies and PJ Harvey.

❖ LIVE MUSIC 8 PM FRI 30th November "The LambHunters"

The LambHunters play a selection of lesser known funky blues with a beat. From Robert Cray and Robben Ford to Koko Taylor and Tucks/Tedeschi. Expect stunning guitar solos from Dave Hadley, a fabulous "engine room" provided by Craig McDougal (Drums) and Kerry Davis (Bass) and the heartfelt, delivered, blues vocals from Julie Lamb.

DON'T FORGET

Raffle every Wed 6pm with Chase the Ace.

 1^{st} Thurs Folk Night. This month 1st.

2nd Thurs Quiz Night. This month 8th.

3rd Thurs Moutere's Got Jam. This month 15th.

Last Thurs Curry Night. This month 29th.

THE MOUTERE INN THE CENTRE OF THE MOUTERE Phone 543 2759 www.moutereinn.co.nz

DOROTHEA **TEBBENHOFF**

HEILPRAKTIKERIN LICENSED ACUPUNCTURIST

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Testing for VOCs and CO2 together with mould environment is included in the Healthy House Test and Solution which Tasman Building Biology Centre Mapua offers at a rate of \$ 300 per home. Call 03 540 3828 and see info on the website www.building4life.co.nz 136a Aranui Road, Mapua

MAPUA MAKERS MARKET

Sunday 4th November

10am - 3pm Mapua Hall FREE ENTRY a contemporary craft fair showcasing quality craftwork in wood, textiles, jewellery, glass

M M M ... handmade for Christmas

Situation Vacant:

After- function cleaner wanted for Sunday mornings and some Saturdays over summer.

Phone: 027 500 5513

Email: jj@woollaston.co.nz

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Ph 03 526 7107 for an appointment.



The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight.

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome. Contact Brian or Lois Eggers ph 5432 871.

Answers to true or false

- 1. True (there is no gravity, so tears cannot flow)
- 2. False (it's "uncopyrightable")
- 3. False (they have four)
- 4. True (to keep their food from freezing)
- 5. True
- 6. True
- 7. False ("antidotes")
- 8. False (it's the fear of being buried alive)
- 9. False (approximately 2,700 are)
- 10. True



Richmond Office

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Sharon De Jong
Sales & Marketing Consultant

Mobile: 0273 202 196





Music on the lawn

Sunday 4th November 1pm – 4pm

Trudi Wilson with Jasper

Enjoy good wine, good food and good music

243 Old Coach road Mahana ph 5432 817