

SEARCH & RESCUE

LOCAL LIVES



Moutere-based SAR volunteer Tania Jones explains why she loves the work.

While most people were tucking into their Christmas lunch, search and rescue personnel were scouring the bush for a missing trumper in the Kahurangi National Park. Tania Jones was involved with the search, sourcing volunteers and helping them prepare. Situations such as this can be grim, but Tania says she thrives on the chance to help people "at their most vulnerable". On call 24/7, she's prepared to head out at a moment's notice, whether to search for a mountain biker in the wilderness, a missing Alzheimer's patient or a child lost in town.

It all began in 2006, when she joined Urban Search and Rescue (USAR)'s Nelson Tasman emergency response team. Training weekly in preparation for a major emergency, Tania went on to volunteer for St John in Motueka so she could put some of her new-found skills into regular practice.

With the Motueka St John station manned around the clock, volunteers are required to do at least three 11-hour day or 13-hour night shifts each month. "It's frontline stuff and it can be quite nerve-racking as you don't always know what to expect," says Tania, who has a National Diploma in ambulance practice. "It might be a forestry accident, or a drive up Mt Arthur, with the ambulance wheelbase hanging over the concrete strip!"

Bitten by the bug, Tania then volunteered for Motueka and Nelson Land SAR and Nelson subsidiary Cave SAR, all of which also meet regularly for training.

"If someone goes missing, the helicopter often assists with the search and may take us to the area to conduct a ground search," she says of the Land SAR work. "If the helicopter is not available or the weather conditions don't allow, we have to get ourselves to the location. We usually work in teams of three, depending on the terrain and what we're looking for."

Working under police control, a hasty team sets out first to

follow the missing person's intended route. This can be in the middle of the night, when sound travels well and a light can easily be seen. Meanwhile, an incident management team oversees the operation from the police station.

"Nelson Tasman is one of the busiest areas as there are so many national parks, forests and reserves here," says Tania. "Search and Rescue are always looking for volunteers and you don't have to be a hard-out bush type. Searching is often slow and careful, following grid patterns, and some volunteers can assist at base."

While there's no pressure to attend every operation, Tania rarely turns down an opportunity. She and partner Phil Grover run Oast House Hops in Upper Moutere, and work gets busy at harvesting in March, or during the spring months of stringing, planting and training the hops. "But I can still get away, as we have permanent and casual workers, and Phil is very supportive." Son Riley, who's nine, is used to his parents juggling their various roles, with Phil also busy on the school and community centre boards.

At any one time, Tania will have three different packs in the family car, along with lists of all 24 members of the USAR team, of which she is deputy team leader. "For a major emergency, we need to be ready to go within an hour," she says. Her training and expertise were put to good use when the earthquakes struck in Christchurch, with her NZRT2 team searching buildings in the red zone. "It was physically hard, and we ran on adrenalin the whole time – the emotions didn't hit till we got back home."

Emergency response volunteers are a dedicated bunch, often prepared to use up their annual leave if the need arises. But, as Tania explains, they do it for the love of it. "It's a real passion of mine and a privilege to be called out to help."

Article by Beverly Sellers – 03 543 2008.

New things are happening all the time out here. Another new roof for the community centre (that makes it third time lucky)! Moutere Hills Residents Association are preparing and proposing submissions on speed limit restrictions in our area, see the article on the next page outlining the proposed changes, or even better check out the website and as they suggest, let them know what you think about the changes. You might be for, or you might be against but either way if you don't have your say, it won't make any difference what you think.

Recently I discovered a new place to visit. Aranui Park in Maupa is a real gem. Up until recently it was intended to join up with the Great Taste Trail but that has been put on hold for now. If you haven't been there already, get on your bike or jump in the car and take the time to appreciate the time and effort residents and school children have made to take a piece of unused land and create a valuable area for recreation. What an inspiration and also a good reminder to me to take the time to explore those places I've read about, or caught out of the corner of my eye as I drive by. Goodness knows what else I've missed out on!

Where do you go walking out here? What's your childrens favourite playground nearby? If you know of other "new" places close by that are begging to be discovered, let us know (umograpevine@hotmail.com).

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Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!

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Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

The deadline for each issue is 15th of the month.

Please email your copy to: umograpevine@hotmail.com

MOUTERE HILLS RESIDENTS ASSOCIATION

Update from the MHRA - Speed Limits in Our Area

Tasman District Council is currently in the process of reviewing speed limits throughout the district. A list of changes which are currently proposed can be viewed on the council website (to find it simply follow the link from the MHRA website).

Those roads and locations of concern in the Moutere Hills area have unfortunately not yet found their way into the list.

With the review in process, the Moutere Hills Residents Association has been busy trying to ensure local concerns are heard by council.

Based on input from individuals and groups of residents the committee has composed and filed three submissions on speed limit restrictions in our area. These are:

Old Coach Road - requesting a general speed limit reduction from 100 kph to 70 kph, and a 50 kph school zone

Moutere Highway - proposing a speed limit reduction for the section between Upper Moutere village and the Moutere Hills Community Centre from 100 kph to 70 kph in order to calm traffic and enhance road safety both at the community centre entrance and leading up to the village

Lower Neudorf Road - requesting consideration of a speed limit reduction on Neudorf Road from Prices Corner to corner of Rosedale Road/Kelling Road from 100 kph to 80 kph, as it is being applied to several comparable local roads in the Ruby Bay/Tasman area

You can go to our website to read the full text of the submissions. In addition, a number of local residents have created and filed their own submissions on related issues and locations.

The MHRA committee has presented the submissions to council during a hearing on 16 April. Council has pointed out that while no decision could be made on any issues which are not already on the list of proposed changes, these may find their way into future reviews.

Have Your Say

If the speed limits on our local roads are of concern to you, we would like to hear from you. Do you live on or near any of the roads mentioned? Our aim is to establish a representative and widely supported view so we can use this in our continued communication with council. A brief statement of support or opinion on the submissions will help us better bring forward our position.

You can leave feedback at our website www.mhra.org.nz or simply email to feedback@mhra.org.nz



By now you will all have heard that we have had a second fire in the Moutere Hills Community Centre on Friday 12 April. Prior to that event we had been making good progress keeping the district activities going, and TDC and the Insurance Company were well underway with planning the rebuild. Although the damage from the second fire is not as extensive, it will mean further delays due to further investigation and reporting, so our target of re-opening in September this year is now unlikely.

The damage to building and contents is fully covered by the TDC's insurance policy and there has been no dispute over claims. Because our income has been reduced since January, we are having to use our financial reserves to maintain staffing and along with grants and fundraising we are paying for the old kitchen alterations and additions, and hopefully some improvements in the rebuild. We will be looking to further fundraising to help keep going during this difficult year.

To try to keep up the services (particularly to the winter sports clubs) we are pushing ahead with the conversion of the old Rangers kitchen to include a bar and servery for sport and community events.

We would especially like to acknowledge the volunteers who have helped out, the tradesmen who have given their time, and our brilliant staff, Katrina, Vanessa, Teresa, and Scott for their hard work and commitment to seeing us through.

By the time you read this we should have the reports done and hopefully the architects back at work planning the rebuild.

Thanks for your support
Philip Leith (*Chairman*)



Welcome All to the new winter season 2013 For Rangers Rugby Club.

As much as the club and wider community are facing a few challenges created by the fires at our community centre, the show must go on...we are fielding 4 junior rugby (JAB) teams this season - U6, U7, U8 and the intermediate U13. We have been lucky in that our storage sheds and the changing rooms have been largely unaffected. Katrina and her team have been working hard to ensure (against the odds) that there will be power to the changing sheds for seniors home games, and we hope to have a snack bar for hot food and drinks on Saturdays when there is more than one team playing at home, and a bar for the seniors games. Please support this facility as the profits are distributed to the sports clubs!!

We'd like to take this opportunity to thank our coaches who volunteer their time and expertise to train our kids. Thanks also to our sponsors for their continued support. Please remember without volunteers the club would not exist so please come along and help no matter how small your contribution. Many hands make light work! We are always looking for new committee members, please contact Steph (milesteph@hotmail.com) or Anne our Club President (anne@bizfitness.co.nz) if you would like to get involved.

MOUTERE HILLS COMMUNITY CENTRE



Centre Update

As you are all probably aware, Moutere Hills Community Centre suffered another fire on Friday 12th April. Although this was devastating, we are focusing on the positive and working extremely hard to continue to provide as many services as possible for the community. We are extremely excited to announce that when this issue of the grapevine is distributed we will have the "old kitchen" fully renovated and will be utilising it extensively for winter sports, arts workshops and various community meetings. A special thank you to all the community members who donated their time to make this happen and the following businesses for their donations of labour and goods: John Erni Builders, Mapua Plumbing, Laser Electrical Motueka, Neudorf Vineyard and Smiths City Richmond.

We have recently been notified of the results of the independent inquiry into the first fire. This has confirmed that the fire was caused by an electrical component failure in the ceiling cavity of the function room. It was the Ballast of a down light which exploded and put hot embers on to the building paper. The report on the second fire has not yet been released but what we do know is that it started in the switch board and there is no concern about installation.

We wish to thank the community again for your valuable support, it is greatly appreciated. Please check out the new programmes we have on offer for next term. We can still be found in the Upper Moutere School Dental Clinic or contacted on 543 2516. Or alternative contact Katrina on 0275112257, Vanessa on 027511 8826, Scott on 0275118827 or Teresa on 027523 8100.

Upcoming Activities at Moutere Hills Community Centre

(Old kitchen/New Club Rooms)

Pre-school & Parent Art/Craft Classes

Tuesdays 9:30 – 11:30am starting 14th May

Bring along your child/children for some interactive art and craft sessions. With Yvette and your help, let your child enjoy and explore through the use of paints, paper mache' and lots of other fun materials while they create their own little projects. Some sessions will include outdoor activities to enhance co-ordination, agility and balance. \$5 a session per child will include morning tea. All materials supplied.

Creative Art for Adults

Mondays 7:30 – 9:30pm (6 weeks) starting 13th May

Join Helena Morris and enjoy being creative with painting. You don't have to be a 'good drawer' or have done it before to come and enjoy. In a fun and relaxed environment, enjoy a hot cuppa and bikkie while you work. Helena believes there is no wrong way to paint, if it makes you smile, happy or proud then you have done it right.

Craft Workshops for ages 9-12 years

Tuesdays 4:00—5:30pm (8 weeks) starting 14th May

A brand new initiative for our local children bringing together a combination of art and craft activities. An 8 week workshop will see four specialised tutors offering 2 weeks each of activities which will include:

Visual Art with Helena, Mosaics with Jo, Fabric Art with Teresa, Scrapbooking with Vicky

To register for any of the above activities or for more information, contact Vanessa

Thank you for your continued support of Moutere Hills Community Centre.



Phone: 5432 516 (please leave a message)

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz



THE WRITE BIAS
NEWS FROM MAPUA BOWLING CLUB



The sunshine has certainly been a welcome addition to our bowling this season. With just a few days left until we finally stow the equipment away for a few months, we don't mind if it rains now! "Winter Bowls" in Mapua takes place indoors and looks suspiciously like a pool table, a pack of cards, two sets of carpet bowls and plenty of hearty suppers.

If I had been given the opportunity to play lawn bowls when I was young, I would have rejected it as too stuffy, too slow, too easy, not competitive enough and totally for old people. And of course I would have been wrong, mostly ... it was stuffy! Shirts, ties, blazers, hats and handbags ... yuk! Certainly bowling is a sport that older generations can enjoy and be competitive at if they wish but the top bowlers these days are all young and bring with it a fresher, younger image. If you believe in all those negative aspects as I once did then let the friendly folk at Mapua Bowling Club prove you wrong. Come and meet us on Friday evenings during the winter months and when September comes around we can show you out on the green that lawn bowls really is a sport for all. Our clubhouse and facilities are available for hire throughout the year. For information and bookings please contact Dave England (as below) or Nancy Coeland (544 2847). For any other information about bowling including the winter social events please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934) or email

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The Sarau Trust is accepting applications for the Sarau Scholarship. Any person is considered for this scholarship if they live in the Moutere Hills area and are competing at a national (or international) level in a sporting or cultural event. Please forward your applications to jenny@saraufestival.co.nz by 15 May 2013.

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Mahana School

The Mahana community is well known for its support and encouragement of the school. This support was on show once more at the recent 'Family Fiesta.' A beautiful setting, great food, music and families all combined to make it a wonderful event. Nic Picard and the Home and School team worked very hard to make it a success, and they did a fantastic job. Organising a school event like this is a considerable task. There are rosters to organize, decisions to make about what time, what food, what costs? Where do we put the advertising signs? All of these decisions are crucial and take time and energy. But the end result is worth it. We like to think we have a unique event that goes with our unique school. We need those extra funds, and we like to put our school on show and let people see how great it is.

This term Mahana has experienced an increase in our junior school roll. It has been great to welcome eight new entrant / year 1 students to join our five year 2 kids in Piwakawaka Room. They are all having a great time with Mrs. D in their brand new state-of-the-art classroom. It truly is an incredibly good environment to start school, and starting school well is incredibly important. Success in the first day, week, month, and year is the key to a successful time at school and we work really hard to make sure that our kids are well looked after during this time.

And looking after our kids is what we do well. One of the key features of this is our buddy system. All our students are teamed up with someone who is responsible for looking out for them during break times, on school visits, and during 'buddy time.' Buddy time happens each Friday afternoon and gives senior buddies a chance to teach their 'little' buddy a new skill or game. Sometimes this is simply buddy reading, sometimes this might be a new skill in art, or sometimes it might be playing a game together. During break times big buddies help patch up grazed knees with a plaster and a story, or help play a game or patch up friendships when needed. Being a buddy is an important part of being a responsible Mahana contributor.

Recently we held a Mahana School Piwakawaka parents dinner to allow our 'new' families to get to know each other as well as some of the other parents at school. It was just great to see people making connections and sharing together, as starting school can be a bit bewildering, especially for a mum or a dad! Providing a chance to catch up and just ask questions to someone who has been there before or have a talk with someone in the same situation is really important.

Mahana has experienced success in jam making! Kotuku Room students Theo Field, Lottie Stow, Hannah Gale and Lucy Chung won the prize for best jam during the recent Moutere Gold jam competition. Thanks to Moutere Gold and The Old Post Office Store for running such a yummy competition.

Please remember that families are welcome to visit us anytime, or check out our website at www.mahana.school.nz, check out our

class blogs, or follow us on Facebook and Twitter. We have an excellent school that is not far away. We have a student – teacher ratio that allows us to put kids learning first. We have a special place and we are proud of it. Come and take a look!

Justin Neal— Principal





News from your Preschool in The Moutere

Tēna koutou, hello to everyone, and welcome to more frequent rainfalls as we move into autumn. We did appreciate all the sunny days and balmy evenings as our families gathered to celebrate Easter with a much anticipated Easter egg hunt and a shared meal together. This year the younger children enjoyed a hunt through the forest discovering where the Easter Bunny had left his eggs while older siblings loved the challenge of a hunt in a separate location where they had to read clues to find where the Easter eggs were hidden. See you next year Easter Bunny!

Caterpillars and butterflies have been an engaging topic of interest recently after one of our children brought in an emperor gum moth caterpillar. Children were intrigued to observe the caterpillar's growth which led to some interesting questions and discoveries. Thanks to Anna Barnett who gave us various caterpillars and chrysalis of both monarch and native admiral butterflies. We were able to support children's learning through observation and hands on experience with these fascinating creatures. Children were thrilled when butterflies would crawl onto outstretched fingers and hands giving children a close up opportunity to observe and admire the butterflies in all their splendour.

As part of supporting our children's transition to school a group of our four year olds recently enjoyed a visit to Lower Moutere School. Thank-you so much to Mrs Wilkinson and her class for making us feel so welcome and showing us what happens at school. It was such a positive experience for all the children involved, two weeks later we are seeing children revisit what they learned during their visit.

The Harakeke truck has seen a great variety of food items so many thanks to everyone in the community who are sharing surplus from their home gardens.

Ka kite ano, the Harakeke team.

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❖ MOTHERS DAY LUNCH SUNDAY 12TH MAY

We will be offering a special Mothers Day, set menu lunch, for \$25 per person. There will be two sittings, 12 - 2 pm and 2 - 4 pm. The first six tables booked for each sitting, will receive a complimentary bottle of the gold medal winning Kahurangi Riesling for Mum to take home. Grab a flier from the bar or see our website for full menu details. Bookings essential.

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WORKSHOP YOUR WAY THROUGH WINTER

Twenty workshops are planned for the winter season via the Motueka Arts Council. And the season will open at Queens Birthday weekend with two plays by Paul Maunder at Motueka's Imagine theatre. It ends mid August with a concert in St Thomas's auditorium.

Included will be mask making, French cuisine, cheese making, stone carving etc (see advert). Coordinator, Jane Wells, hopes to have the brochure printed and sent out to previous participants during the first week of May. Copies will be available at libraries, Westrupp Jewellers, Motueka's Hospice shop and via Motuekaonline. Look out for the workshop display in the Hospice shop window from the beginning of May.

Motueka Arts Council's Winter Workshops 2013

Two plays - Photography - Cheese making - Singing for pleasure

French cuisine - Stone carving - Felting - Paverpol

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Frock chop/screen printing - Knitting - Terracotta garden art

Mask making - Mixed media collage - Destressing naturally



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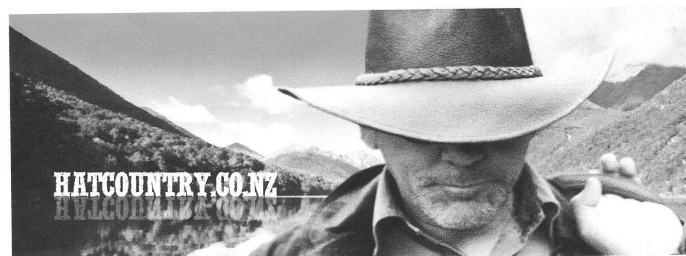
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Dessert Choices

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Hello Animal Lovers

So many animals who are chosen as pets purely on their appearance. I was somewhat dismayed to see how many dogs and cats are advertised for re-homing each day on Trademe. There are numerous cross bred short haired dogs seeking homes and countless cats. One wonders if they are all re-homed or what will happen to them.

It is a fact that 'designer' (usually fluffy, crossed small breeds) command huge purchase prices in the hundreds of dollars. Owners should always select their pets by their personality and compatibility rather than their cuteness. A crossbred short haired dog is usually healthier and easier to keep than their small fluffy cousins. It certainly brings into question as to why we have our pets. Too many are child substitutes or even bought as accessories. It goes without saying that animals are neither. They should be treated as an animal companion to be respected in that capacity.

It is essential to understand how best to communicate with your pet. Although they understand tone of voice and association of words, they do not speak English. It is extraordinary how many people expect their pet to understand everything they say. All animals respond to tone, body language and energy as well as instinct. Also animals are associative. If a dog runs away and then the owner manages to call it back, the owner often punishes the dog (for running away) but the dog only understands that coming back has got a bad association.

Owning a pet is a commitment of 15 years or more, therefore it is essential that they are chosen carefully to become part of the family and community. Being a responsible pet owner involves a lot of patience, commitment and understanding for the lifetime of the pet. If a happy relationship has developed it is one of the most rewarding experiences.

If I can be of assistance for any animal behavioural issues, I am always happy to help.

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We offer one to four hour farm rides for all ages. We ride over up to three working farms, over gently rolling hills, along country roads or, depending on the season, ride in forestry. All rides feature stunning views of the surrounding countryside, Mt Arthur, the Western Ranges and Tasman Bay.

We cater to all levels of experience in small groups of one to five riders, numbers dependent on rider experience. Basic safety and riding instruction starts each ride and safety helmets are provided. We suggest long pants for riding, a jersey or sweatshirt is good to have for the breezy tops, and sturdy footwear is a must.

\$60 for the first hour per rider, two hours for \$100 per rider! Call or email us for rates for longer rides

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400D High Street, Motueka
69 Aranui Road, Mapua
www.tasmanbayvets.co.nz

TO SPEY OR NOT TO SPEY...

Picture this, your much loved family dog is suddenly not at all well. Thinking back she may have been a little quiet lately, maybe picky with her food or drinking a bit more. Now she's very lethargic, and has started to vomit. Worried, you take her to the vet, after some tests it's realised that she has a life threatening infection of her uterus – a pyometra; and now needs major surgery to save her. Worse, you learn that this simply wouldn't have happened if she had been speyed.

This situation not uncommon, sometimes it's the family dog, but working dogs and ex-breeding bitches are also often seen with a pyometra. Severe pyometra's are a particular problem with bitches because of their cycle pattern. Whereas, most other animals we work with cycle all year or have a season where estrus cycles are continuous, the bitch doesn't, on average having just 2 seasons a year. This creates a situation where infections can build up to extreme levels without obvious signs.

Recently at Tasman Bay Vets we operated on a case where the uterus, normally about 5mm in diameter had expanded to about 80mm on each side and was full of pus! This ability of the infection to be contained within the body to such a massive extent can often mean that by the time we are aware of it, life threatening complications like kidney failure, toxemia, septicemia and ruptured uterus may have developed.

Although most common in middle aged to older bitches, pyometra's can occur at any stage of life. Dogs that have a record of unusual season patterns and false pregnancies are more likely to develop them. Here are some signs to watch for:

- Less energy
- Weight or condition loss
- Increased thirst
- Bloated abdomen
- Reduced or loss of appetite
- Vomiting
- Vaginal discharge

You can quickly see how most of these signs are not very specific. Unfortunately in some cases the telltale discharge doesn't show, meaning that secondary tests like blood work and ultrasound scans are often needed to reach a diagnosis.

If you have an entire bitch and she's not 100% well do at the very least contact us and discuss her signs. Outside of seeking prompt attention there is one very simple take home message: please get your dog speyed. The cost of treating a pyometra is generally around 5-6 times the cost of a simple spey.

If you have any questions about getting your dog speyed, please get in touch with us at either our Mapua or Motueka clinics. We can then discuss the surgery and make all the arrangements for you.



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IN THE GARDEN

Autumn Gardening “To Do’s”

Well, the rain has arrived!

After a hard summer, now is the time to show your garden some love. Lawns will need a fertiliser (make sure to water in well). Watch for fertiliser with iron-phosphate in it as this will kill the moss in your lawn but can stain your concrete and pavers a rust colour. A good fertilise will encourage new growth but with this comes weeds so now is also the time to do a broadleaf spray over your lawn.

Start your winter clean up by spraying all fruit trees with a copper fungicide spray before pruning. This is also a perfect time to dead wood your stone fruit, and give all fruit trees and citrus a fertilise so they are ready to burst into action come spring.

Prune shrubs that have finished flowering, tidy up summer annuals and plant bulbs for spring. Keep on top of deadheading your roses as they finish flowering and make sure to remove fallen leaves from the base of your rose bush as they will hold diseases like black spot through to spring.

In your vegetable garden you can now plant out broccoli, brussel sprouts, spinach, leeks & cauliflower. It's a good idea to use cover crops in unused garden beds such as lupin or mustard. These are nitrogen fixing and will help condition the soil.

Before we know it Jack Frost will be here so get out and enjoy your garden and the autumn colours.



Water Features

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Michael Hardy

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A/H: 03 543 2555

Food by Soo Gee

Last of the Pickles...

Chilli Jam—Great with cheese and burgers.

3 small chillies, seeds removed, and chopped, 250g sugar, 1 red pepper, 5 cloves garlic, 500g tomatoes peeled, 100ml red wine vinegar, 2 tablespoons fish sauce, 2 thumbs fresh ginger.

Chop the tomatoes roughly and put 1/2 of the tomatoes with all the chillies, peppers, ginger, garlic and fish sauce into kitchen whizz and blend into a fine puree.

Place the blended ingredients in a stainless steel pot, add vinegar, and sugar, bring to a medium heat and cook for 10 minutes. Add remaining tomatoes, turn down a little and cook 20—25 minutes (stir now and then) until thick, bottle in clean, warm jars..

Children—Some ideas for the holidays or those winter weekends!

Pita Bread/Pizza

2 1/2 teaspoons "sure bake" yeast. 3 cups flour, 1/2 teaspoon salt, 1 cup warm water, 2 tablespoons olive oil.

Sift flour and salt into bowl, mix yeast into warm water, along with the oil, leave it to grow and froth. Add yeast to the flour and mix together.

Knead for a few minutes and return to a clean bowl, Cover and put in a warm place to rise (approximately 45 minutes). Punch down, roll out to a 5 cm thickness and cut into rounds, or leave as one big piece for pizza. Leave to rest for 15 minutes. Pre-heat oven to 220C, place on floured oven tray, place into centre of the oven for 6 minutes. It should puff up, if not, place under grill. Take out and brush with extra oil for pita breads or top with your favourite toppings for pizza.



Rocky Road!!

Watch out for the steam —it will burn, the children who are cooking - and watch those pot handle: keep them turned in so you don't accidentally knock them.

250g cooking chocolate and 1/2 cup kreme mlta. Melt these two together by placing in a bowl and putting over a pot of boiling water until just melted. Add 250g marshmallows (chopped) and your favourite jelly lollies etc. You can also add 1 cup of nuts or dried fruit (apricots are nice) put into a 23cm baking tin that has been lined with baking paper, spread it out and refrigerate until set. Cut up with a knife dipped in hot water.



Congratulations to Yuko & Fijii on the birth of their son Saturo



*"Children are the hope and the future,
How can you look at the children
And think there is no promise for the future.
The magic of children is that they're more aware than we are,
They accept difference, living in and with diversity,*



Did you know in Greece feta was originally made using only sheep or goats milk? It is only in recent times and since feta has been produced around the world that other milk has been used in the production of this lovely salty white cheese.

Neudorf Dairy Feta is particularly salty and tangy, easy to cut into cubes or crumble as desired. It is made to a traditional Greek recipe and is packaged fresh to order. Perfect for Greek salads!

So make the most of the seasonal produce currently on offer and encourage summer to last longer by throwing together this gorgeous authentic Greek salad....

1 large lebanese cucumber quartered lengthways and chopped
250 ripe cherry tomatoes halved or quartered
1 red capsicum chopped
1 red onion chopped
1 cup Greek kalamata olives
200g Neudorf Dairy Feta cut into cubes
1T Chopped fresh Oregano (optional)
2T top quality extra virgin olive oil

In a salad bowl combine the cucumber, tomatoes, capsicum, red onion and Greek kalamata olives. Top with Neudorf Dairy Feta, then sprinkle with oregano and drizzle over extra virgin olive oil. Season with freshly ground pepper and salt to taste.

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Nelson Saturday Market – Montgomery Square

Sat 8:00am – 1:00pm

Motueka Sunday Market – Decks Reserve

Sun 8:00am – 1:00pm

www.neudorfdairy.co.nz



The Kahurangi Crawl

By: Andrew Smith

The amber fluid felt so smooth and refreshing, the wedges were on the way and my toes caressed the mat beneath the table. We had gone five days since the comforts of a warm shower and an inner-sprung mattress but in all this time we had only travelled about 55km,s. What were we doing?

Judy and Malika had left us in a spray of 4wd sand at the road end. They had dropped us off at the remote location known as Turimawiwi, the last inhabited place on Golden Bay's west coast.

I had always hated wearing shoes of any kind when down the beach but after several hours of the sand grinding at my soles I was forced to lace up. The sand seemed to stretch forever but in the distance we could see the silhouette of the infamous Kahurangi lighthouse. This was to be our goal for the day, to stay at the refurbished lighthouse keeper's house. The three of us had been keen on this trip for several years and had missed out on trips because of other commitments. The journey from the road end Golden Bay to the road end Karamea was said to be hard work but rewarding and this was a fair description. We affectionately called it the Kahurangi Crawl due to the average speed of about ½ kmph. The beaches offered fast travel and if it weren't for them our average speed would have been dire. There is an old saying **"Sometimes, to go west, it's faster to go east"** and this is how it felt at times.

We left the Lighthouse keeper's house about 4.00am to catch the tide at its lowest. The three of us were cavers so travel in the dark was no problem. As we neared the dark outline of the cliffs, where they met the sea, we realised our first mistake. Due to the weather we had brought the trip forward a few days. We now found that the low tide had caught us in the absolute darkness of the moonless night. You might say "but you are cavers, what's wrong with night travel?"

Well that's what we thought, but for the nice cute little fur seals. Yeah right! In fact the seals were the biggest hazard and the largest obstacle in the whole trip. Night travel on the beaches was good, but as we approached the rocky headlands the rocks all seemed to move. As we waited for daylight, to identify the seals from the rocks, we began to realise that we were going to miss the tide, and to travel around this first headland was going to be impossible.

With the decision made we solemnly climbed a convenient slip up towards the Kiekie which we all knew lay ahead. Kiekie is one of those nightmares of bush bashing.

For the rest of the day we were up and down and in and out of gullies, drop offs, streams and some of the heaviest vegetation you could think of. We travelled using all the aids available to us. We had maps, compass, GPS and a common sense of direction. After a long day and the shadows lengthening we found ourselves high above Christabel Creek. We headed down to the beach. As the hours passed the beach still looked a long way away. The Kiekie and the other stunted vegetation was not just thick but very hard to get through. When I was at school we had a jungle gym which we loved to play in. It was made of steel pipes to form cubes and us kids would travel from top to bottom, in and out and many a happy hour was spent. This jungle gym vegetation was still about the same size as the one at school but as an adult and with a pack things weren't so easy and nor were they as much fun. The GPS told us 100 metres to go but still the time went by. A small grassy area and then some open creek bed and there it was, the beach with white crests breaking and smashing down onto the golden sand. We desperately wanted to stop for a while but we knew that the tide was coming in and our goal for the night, the Moutere river, was still 3 ½ kms away.

It was great to stretch the legs in a long stride instead of the yoga moves of the hours past but to our disappointment the yoga moves of the day had not finished with us yet. The headland at the Moutere River mouth was not going to happen, it was apparent that even at the lowest of tides travel at the sea's edge was not possible, so once again up and over the top. The travel up was not so bad. Pushing away the supple jack we followed a small water course to the ridge then down the other side. The tide was racing in and we were painfully slow. The Kiekie grew high and all that there was of Bruce and Seb was the huge thrashing and crashing as they fought to gain a few precious metres. Now with the fading light and drizzle in the air my biggest concern was that there may be a cliff edge ahead and getting back up this absolute mess of vegetation was not going to be much fun.



My fears were not realised and with spirits high we bounded across the estuary to where we would pitch our fly. This was to be our hardest day but we still had many situations which mostly involved seals. One time the only option to proceed was to travel between a cliff and a tooth of rock in the sea, this would not normally be a problem but for the sentry who would just not move. Many hours were wasted trying to sneak past this large and aggressive bull. We eventually were able to run the gauntlet between the waves and the seal as the tide receded.

Looking back at this trip it was a fantastic experience, one that I will never forget. We made a decision early on to "do the trip cold", that is, to do it with no information from others, no information regarding camp sites, river crossings or route finding. This was the correct decision for our group. I felt a little more like Brunner exploring without knowing what would lie ahead.

Bruce Davis.....Stoke Seb Head.....Nelson Andrew Smith....UMO

Photo by Seb.....Author being silly again.

Upper Moutere Fire Brigade Call outs

Callouts from the period
22.1.13 thru to the 12.4.13

22.1.13

* Flaxmore Road Re-ignition of previous fire

*MHCC structure fire

31.1.13

*UMO school alarm activation

3.2.13

*Redwood valley wood pile fire

8.2.13

*Wills Road grass fire

18.2.13

*MVA Ngatamoti

22.2.13

*Hewetson road scrub fire

*Marahau vegetation fire

23.2.13

SuppleJack valley skid site fire

4.3.13

*Non-permitted rubbish fire Moutere highway

26.3.13

*Holdaway Road tree branch over road

12.4.13

*MHCC structure fire

*MHCC smoke showing



With daylight savings finished now is a good time to replace smoke alarm batteries and with winter approaching chimneys should be cleaned before lighting the first fires of the season.



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If you have a small area of land along the ridge running parallel with Sunrise Valley Road that you might consider selling we would be interested in hearing from you either by ringing or texting.

Thank you in anticipation.

Kath and Brian Stewart
K. 0211895264
B. 0211516911

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Moutere Hills Youth

A few changes here and there just to keep things fresh!

Friday Night Youth will now be at the later time of 6:30-8:30pm.

Senior Youth will now be mostly on Tuesday nights, based in the Moutere, with some weekend happenings.... Depending on what YOU want to do. Also.... Big news.... Year nine can come along too....

Friday Night Youth
(year 7 up)
6:30pm – 8:30pm

Friday 10 May
Friday 17 May
Friday 24 May

Dress Up Party (Big Prizes)
Wave Rave
Big Screen

Senior Youth
(Year 9+)
\$2

Tuesday 7 May
Tuesday 14 May
Friday 24 May
Tuesday 28 May

Spotlight, pool, table tennis, & X-box
Moutere Movie Night
Volleyball at Saxton Field
Indoor Games

BUBBLES & CUPCAKES

GIRLS ONLY: Froth and bubbles, sweet things and colour.... Coming up half way through the second term for year 5-8 girls.

Community Youth Workers Andy & Abbey Bensemann

Andy 021 2245178
Abbey 027 2434364
Home 543 2949



Kylie Taikato
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Friday 17 May 8pm, 6pm Dinner
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(N.Z. Embalmers Assn)

After a very diverse career path I finally decided 11 years ago, to pursue my dream and joined the funeral profession. In that time I have gained a national qualification in both embalming and funeral directing to achieve a diploma in funeral services. I've been happily married to Jo for 37 years and we have 6 children and 8 grandchildren. We feel very privileged to live on the waters edge of our beautiful Tasman Bay and to be part of this vibrantly growing region. Our other contributions have been to introduce "Chipmunks" and later "Pets Everafter" to Nelson and we are very proud to now be an integral part of Tasman Funeral Care.



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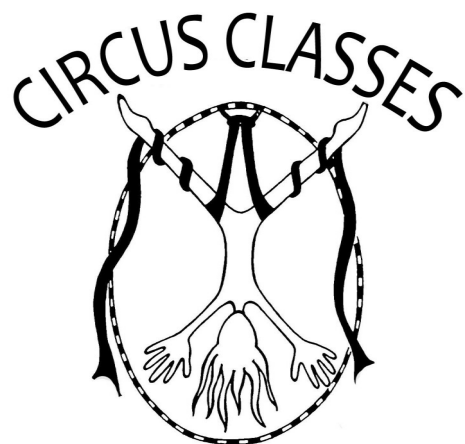
House Sitter Wanted July- August 2013.

References required. If interested or for more information please call Steph on 035432502

The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight. Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome. Contact Brian or Lois Eggers ph 5432 871.

LOST - Radagast on the loose! Our black-faced ram with a large yellow ear-tag went missing from lower Old House Road around April 10th. If you've seen him please phone Colin 5432861

FOR SALE - Beef calves 5-8 months old. Fresian, Hereford X, Angus X, steers and heifers. Phone Colin 5432861



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