



TO THE RESCUE

LOCAL LIVES



Chief Fire Officer Fred Ewers talks about being a part of the Upper Moutere Volunteer Fire Brigade.

In the very earliest days of the Upper Moutere Volunteer Fire Brigade, 37 years ago, the 'fire station' comprised a few hoses, a tanker and a small tin shed housing a phone. There was no fire truck – just a red trailer pump to be towed by car where needed. Since then the Brigade has been based in Kelling Road and later in the village, where the garage is now located.

Fred Ewers became a volunteer firefighter shortly after the current fire station opened in 1987, and has seen a few fire trucks come and go before today's shiny engine arrived on the scene.

Fred was appointed Chief Fire Officer of the Brigade two years ago, replacing his father Jim who held the role for many years. He is supported by 14 other volunteer firefighters of varying grades – the youngest in their early 30s and the oldest around 65, including four women.

"The role includes making sure health and safety rules are followed, doing the budgeting and business plans and dealing with training," says Fred. "Another part is risk management – deciding whether a property is safe to enter, what equipment to use and what firefighting method to use."

Anyone can apply to become a volunteer firefighter, as long as they live close to the station and are fit and healthy enough for this demanding job. Nine-day recruit courses held in Nelson and Christchurch teach basic firefighting skills, how to use breathing apparatus, first aid and rural units.

From there, recruits can work their way up through the ranks from qualified to senior firefighter via a training and progressive programme. Becoming the fire truck driver, for example, means additional driver and pump operation training.

"The Upper Moutere Fire Brigade meets at the station every Monday evening for an hour and a half's training to make sure everyone's skills are up to date and the gear is in working order and ready to go," says Fred, explaining that the national target

for urban turnouts is seven minutes from whoa to go.

Of the 40 or so call-outs the Brigade receive a year, most are rural fires and car accidents. The Telecom call centre takes the initial 111 emergency call and forwards fire service requests to the comms centre in Christchurch. If the incident is in this district, the centre activates the Upper Moutere siren and pages all 15 firefighters, who make their way to the station as quickly as they can. At least four are needed on the truck for a turnout.

With no reticulated water in the Moutere, the fire station also houses a 4000 litre rural tank on permanent loan from the Rural Fire Network. The amount of water needed is based on the level of alarm, starting with one or two pumps for a first alarm, and rising by two pumps for a second alarm. The recent Mapua fire was a third alarm event, requiring six trucks and extra equipment from Nelson.

Firewise presentations to local schools and pre-schools are also part of the Brigade's work, and Fred was involved in the kitchen fire demo at a recent Sarau Fair, showing people how to deal with burning fat by covering it with a baking tray or wet tea towel. "Don't move it, don't take it outside and don't put water on it," he says.

For local householders, the Brigade's advice is to make sure smoke alarms are up and functioning, and never to leave ashes from the fireplace up against the house. Access is also crucial in the event of a fire. "Some rural homes are hard to access and a lot of people don't keep their driveway clear of trees," says Fred.

A final piece of advice is to get a permit if you're planning a fire outdoors. "Otherwise your insurance may not cover you if the fire gets away," he warns. Permits are free and available by calling the Rural Fire Network on 03 544 2441.

Article by Beverly Sellers, ph: 03 543 2008.

Editorial

Snow on the mountains, frost, rain a-plenty, the odd mild sunny day thrown in and suddenly its winter in the Moutere. Things tend to slow down a bit over the winter months but it was good to hear that The Moutere Hills Community Centre community consultation meeting held a couple of weeks back saw a good turn out with ideas and hopes for the future being voiced.

You can't drive past the Moutere Hills community centre on a Saturday without being reminded that winter sports are in full swing. And on any day of the week there is always a full timetable of things happening both inside and out. None of this would have been possible without local people having a vision and then banding together to see that vision carried through.

If you like the idea of being part of the next big (or small) thing or ever wondered why things are the way they are around here, make sure you head along to the meeting to discuss the formation of a Moutere Hills Community Association. There's always something that people would like to see go ahead and at the moment there is no community voice speaking for residents in the Upper Moutere area, so why not meet with like minded people and see what can happen when we band together. See details of this meeting further on in this issue.

With the shortest day now behind us many of us are still in hibernation mode, but don't let that stop you from taking part in all the area has to offer - go all out and get into it!

Placing an advertisement

***** Deadline for the July 2012 issue is 15th June 2012 *****

Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month. Please email your print-ready ad to umograpevine@hotmail.com by the 15th of the month. Or provide paper-based, print-ready copy to the Upper Moutere Store.

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We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your article published, but if you are telling the community about a commercial venture, we do appreciate a donation to help us cover our costs.

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UPPER MOUTERE**

Upper Moutere Fire Brigade Callouts for May.

There were no callouts for the brigade in May.

GPS navigation units were installed in May in the fire trucks. We would like to thank the community and the Sarau festival organisers for the funds to make this possible.

With these units we will be able to maintain and improve the service the Upper Moutere Volunteer Fire Brigade provides.



Grapevine circulation is 1300 copies. This issue has been constructed by: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Viv Sellers and Heather Eggers. Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!

**Invites
you to celebrate our 10th Birthday.**

Wednesday 11th July

10.00 - 12.30 Everyone is invited to the lantern making workshop in the Motueka District Library. (\$7 per lantern.)

6pm Meet at the Decks Reserve car park to light our lanterns and carry them around a magical night time walk, discovering little gnome grottos and surprises - you will need to creep quietly so they don't run away! **Free, this is our gift to the community.**

Friday 20th July - Open Day - We encourage any interested families to come and enjoy this experience. Spaces are still available for enrolments at Playgroup, Kindergarten and some School classes.

10am - 12 midday Motueka Rudolf Steiner Lower School, 480 High Street, Open Day. Take a look at the art work on our walls, find out what a "main lesson" is, learn how we provide an education that cares for the whole child - head, heart and hands. **Bring your 3 - 9 year old children and walk with them as they guide a candle-lit boat on an enchanting journey.**

11am - 1pm Motueka Rudolf Steiner Playgroup and Kindergarten, 33 Wallace Street, Open Day. Enjoy some time soaking up the beautiful environment, imagine the play that can grow from such special places and toys. Chat with our warm, friendly and nurturing teachers.

Sunday 22nd July

1pm Gecko Cinema hosts the full screening of "The Challenge of Rudolf Steiner" with a refreshment break between the two parts. An in-depth look at anthroposophy, the philosophy that inspires Biodynamics, Waldorf Schools and other initiatives world wide. Suggested Koha of \$10 - \$20.

A date for everyone's diary! Sunday 16th September

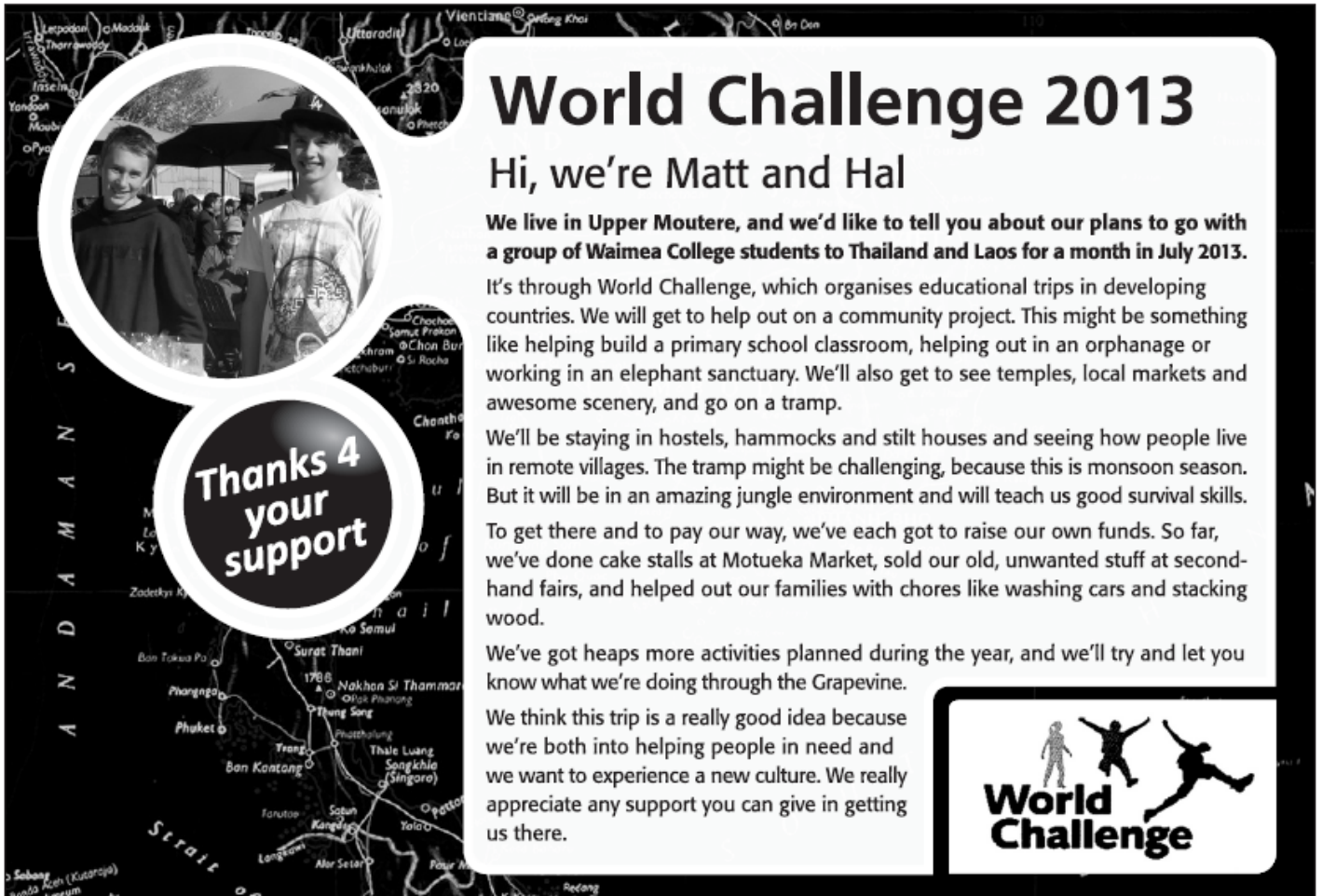
Our annual Spring Fair is the main fundraiser for our school. We provide a unique, vibrant family day out.

Contact Lisa Clarkson 03 526 7420 for more information on the above events.

For enrolment details please contact the School - 528 0246 or Kindergarten - 528 6453.

email mrss-admin@xtra.co.nz

website www.nn.steiner.school.nz



World Challenge 2013

Hi, we're Matt and Hal

We live in Upper Moutere, and we'd like to tell you about our plans to go with a group of Waimea College students to Thailand and Laos for a month in July 2013. It's through World Challenge, which organises educational trips in developing countries. We will get to help out on a community project. This might be something like helping build a primary school classroom, helping out in an orphanage or working in an elephant sanctuary. We'll also get to see temples, local markets and awesome scenery, and go on a tramp.

We'll be staying in hostels, hammocks and stilt houses and seeing how people live in remote villages. The tramp might be challenging, because this is monsoon season. But it will be in an amazing jungle environment and will teach us good survival skills.

To get there and to pay our way, we've each got to raise our own funds. So far, we've done cake stalls at Motueka Market, sold our old, unwanted stuff at second-hand fairs, and helped out our families with chores like washing cars and stacking wood.

We've got heaps more activities planned during the year, and we'll try and let you know what we're doing through the Grapevine.

We think this trip is a really good idea because we're both into helping people in need and we want to experience a new culture. We really appreciate any support you can give in getting us there.

Thanks 4 your support

World Challenge

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Cycle Trail Nelson to Brightwater celebration

Sunday 8th July 2012.

Keen cyclists and walkers please note in your diary..... "Family Day for cyclists of all ages and stages" are invited to join the Nelson – Wakefield trail from their 'closest trail point' and make their way to Brightwater where at 1pm the official Bridge ceremony / opening will be held. Detail of shared pathways / cycle routes and estimate of cycle times to follow or see www.heartofbiking.org.nz facebook: heart of biking.

NB: as a fundraising effort, it will be a "gold coin toll bridge" on the day.

THE WRITE BIAS NEWS FROM MAPUA BOWLING CLUB



The Annual General Meeting on Friday 1 June was well attended and not too controversial! A committee to see the Club through next season was elected as follows: -

President:	Dave England
Vice President:	Judy March
Secretary:	Jean Daubney
Treasurer:	Margaret Busby
Club Captain:	Michael Busby
Greenkeeper:	Don Sixtus
Ladies Co-ordinator:	Sue England
Property Manager:	Maurie Daubney
Catering Convenor:	Nancy Coeland
Bar Manager:	Don Sixtus
Centre Delegate:	Ron Charles

In the absence of patron Murray Welsh, Dave England presented trophies won during the past season. Well done to everyone who achieved success in the Club Championships and to those who went on to represent Mapua at the Centre Champion of Champions events. No winners but some closely contested games - Mapua bowlers can be proud of their efforts.

Friday evening socials are swinging along nicely on the first and third Fridays of each month at the bowling club. Anyone with an interest in bowling would be most welcome to join us for supper, indoor games and to meet the bowling crew.

Any committee member will happily talk to you about lawn bowls and detailed information is available by calling Secretary Jean Daubney (543 2765) or President Dave England (540 2934).

Sue England

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Tasman School.

Warm inside and warm outside!

With mid-winter upon us we are very grateful that the classrooms at Tasman school have wood burners blazing. The caretaker piles the wood in the classrooms and the first students help the teachers set the fire, and by 9.30 we have a warm start. The windows are open by lunchtime as another clear frosty day thaws out. So we are warm inside.

Outside, we soon warm up here too- as we practise cross country running most days, doing the 1km circuit around the school, (some students do 4-5 circuits!) or rolling on the gym mats ready for the gymnastics event, and even lunchtime netball and miniball practice. Our school is never inactive!

We are very pleased about the government's decision to reverse the proposed ratio of teacher to student (1-27) as we are a small 4 teacher country school and time for the quality personalised teaching we are known for, would have suffered.

Tasman School recently entered two teams in the Motueka Library Quiz with 16 other schools, and enjoyed winning third overall placing with one group and the prize for best dressed team... 'The 39 clues', with the other. This was a great finale to our "Mad about Books" week full of fun and learning. We have great book detectives at our school.

Rooms 3 & 4, the senior classes have begun practising the songs for the performance 'Rock da House' which will see 10 local and Motueka primary schools singing together in a mass choir in late August. The 14 songs have two parts and have been chosen and directed by John Phillips from Garin College. They are contemporary songs so have instant student appeal. This is a great addition to the instrumental, band and classroom music opportunities that Tasman has become renowned for.

We look forward to the myriad of activity leading to the end of term with enthusiasm and some sadness, as we prepare to farewell one of our teachers, Sue Shand, and her children Bella, Lochy and Albie. Sue has been teaching the senior class at Tasman for almost 5 years. Sue is an inspirational teacher who will be sorely missed by the whole community. We wish her, Paul and her family well in their adventures in Malaysia.



Lily, Olivia, Ogun, and Cody ready for the Motueka Library Quiz.



Kia ora koutou,

Already we are in the midst of frosty mornings and cooler days...A perfect occasion to have fun rolling out our own pizza dough and piling them up with our favourite healthy toppings. With all kinds of delicious smells wafting through the building it was finally lunchtime and an unusual peace and quiet descended as the children appreciated their efforts!

With Matariki and winter's solstice fast approaching we are busily preparing for our Matariki Festival which we are holding on the evening of June 22nd. Children attending Harakeke have been enjoying creating lanterns and stars on wands in anticipation of this celebration of the Maori New Year.

In last month's comments we wrote how the cooler weather is enticing our children to enjoy the warmth indoors for longer in the mornings and how we have noticed an increased interest in playing board games. Along with this we have observed children enjoying the opportunity to explore more complex construction play for sustained periods of time. Putting together marble runs, train tracks and block sculptures gives children plenty of occasions to problem solve and work through challenges both from a design perspective as well as their social development.

Creatively children were inspired by a recent visit from an Argentine couple who presented their circus act focussing on reusing and recycling our resources. Since then our collage area has seen children experimenting with glue guns and materials creating impressive works of sculpture.

Your Harakeke team

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It has been a tumultuous month in education with a great deal of focus on class sizes, teacher ratios and school funding. There is more to come as the prospect of performance pay and change to the structure of teacher training arises. Perhaps the most remarkable outcome from all of this has been the response from families and people from outside the education sector in support of schools and teachers. For a time it seemed like every conversation involved criticism of the proposed changes. The message was clear, New Zealanders do value education and they do value their schools. Every parent wants the best possible education for their child in an environment that gives them the opportunity to succeed.

This message should serve to remind educators of the awesome responsibility they have. Expectations of teachers and of schools should be high, because so are the expectations of people for their kids. Schools need to be reviewing what they do continually, and they need to regularly ask questions such as... 'What do our kids need to be learning?' 'How do our kids actually learn most effectively?' 'How can we address the needs of each student at our school?' Whether this process is performed informally through conversation, or in a more formal system, it is part of the culture of effective schools.

Asking what it is that students need to be learning is a very interesting conversation starter. At Mahana we have this conversation regularly, and inevitably for most people the first things mentioned are reading, writing, and maths. Without question, one of any school's main key tasks is to help students read, write and count effectively. This has been emphasised to an even greater extent with the advent of national standards, which was proposed as a method of allowing students who were falling behind to be recognised and provided with additional help and assistance.

But it is important to remember that it was only in 2007 that we were introduced to a new curriculum in New Zealand that was intended to give schools a greater degree of flexibility and choice. Schools were given a mandate to teach to the needs of their students and to embrace what is great about the job; helping kids to learn in all sorts of contexts.

Central to this curriculum are the key competencies, 'Thinking', 'Using Language Symbols and Texts', 'Managing Self', 'Relating to Others', and 'Participating and Contributing'. They seem to have gone unmentioned amidst more recent changes but it is competence in all of these areas that help our kids have rich and fulfilling lives. Reading, writing, and maths are crucial but so is everything else. No one competency should have prominence over another, they are all important.

It is great when kids succeed in any of these areas. As an example, at Mahana we are proud of our competence in 'Participating and Contributing'. We want our students to be involved, and the feeling of achievement is even greater when they achieve well in activities that they are new to or unfamiliar with. Helping a student pull off their first really quality hand-stand or backwards roll at the gymnastics competition, or speak clearly when running the school assembly, or succeed in a writing competition is extremely rewarding. It is also important that kids are encouraged to face their own insecurities and to overcome them. We want resilient people who can adapt and change and improve. At Mahana you take part, no matter what your ability, as we believe that you can't get any better if you don't get involved.

So what do your children actually need? What areas of the Key Competencies are your kids already successful with? Are they good self-managers, or are there areas for improvement? How is your school helping them to be problem solvers? Are they being encouraged to get involved in activities? Do they keep on trying even when it's hard? The Key Competencies are an excellent base for thinking about and talking about how we can help our children become great kids now. They are the heart and soul of our New Zealand curriculum and they mustn't be forgotten.

Justin Neal

Principal

Mahana School

For all those parents with pre-schoolers, we are running a fantastic new music programme at Mahana School. You and your child will get to play, sing, dance, and giggle together. Your child will learn and grow through activities that stimulate brain growth, build motor skills, enhance social - emotional development, and much more. Our trained Kindermusik educator, Kath Munn, will guide the class as well as help you understand what your child is learning. *The first free demo class ran Thursday 14th June in the Mahana School library. There will be another soon.* If you would like to learn more or are interested in taking part, contact Kath Munn, 03 5289685 or ring Justin at Mahana School, 03 5432 887.

Please remember that families are welcome to visit us anytime, or check out our new website at www.mahana.school.nz, check out our class blogs, or follow us on Facebook and Twitter. We have an excellent school that is not far away. We have a student – teacher ratio that allows us to put kids learning first. We are a special place and we are proud of it. Come and take a look!



Early Childhood Education & Care

Wow what a cold busy month it has been.

Welcome to all of our new children and their families who have started attending Country Kids this month. We look forward to getting to know you better.

Country Kids hosted a "Dress up as your favourite book character" this month, which involved a lot of planning regarding who we were going to dress up as. "What's your favourite book?" The children and teachers were asking each other. Some children and teachers also looked in the library to get some ideas. Our parents are amazing and came up with some fantastic ideas.

We had pirates, batman, fireman, Max, Bob the builder, Spiderman, fairies, tractors, princesses; the children had such fun acting out the characters they were dressed as. The teachers also dressed up they included - 3 Blind mice, Mrs Wishy Washy, Fiona – from Shrek, Cat in a Hat and a bumble bee.

All the different programmes joined together to celebrate books, with face painting, storytelling, and lots and lots of laughter.

This has led to different types of dramatic play throughout the centre including, Mums and Dads, pig hunting outings, Ninjago, racing cars and princesses.

RANGERS RUGBY



We are hosting the U7 Whitwells tournament on the 11th August - any volunteers would be great for help on the day for many jobs such as refs, the shop and general organisation. This is a great event for the community to host so let's show everyone how lucky we are to live in such a great place.

It has been a great season so far for our JAB teams long may it last. Keep smiling out there kids!
Please come down to the club to support our teams when they play at home. If you'd like to know more about when the games are played please email Steph on Milesteph@hotmail.com or Jo our JAB rep jo.miles@tyrefit.net

UPPER MOUTERE TENNIS CLUB - MOUTERE HILLS COMMUNITY CENTRE

Invites you to join us every Sunday morning from 9.30am at our social club day. Whether you have never played before or have been meaning to get back into it, we would love to see you!

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Chí

Westbank Natives Rescues Moutere Hills Community Centre Gardens

Pete Taia of Westbank Natives recently offered to inject some much needed life into the gardens at the entry to Moutere Hills Community Centre. The Centre gratefully accepted this generous offer so Pete proceeded to develop a 'site plan', donated the native plants, and even supplied the muscle required to do the planting!

The Westbank Natives philosophy is simple; collect seed and stock locally, grow it under local conditions and plant it back into the environment it is suited to. According to Pete *"The results speak for themselves. Stronger growth, low mortality and healthier plants. Shelter belts, landscapes or re-vegetation projects can all be started with winter the optimum time to get plants established before spring. We can help with planting and planning with over 100 species all well suited to our conditions, inland or coastal. We keep it simple and work hard on growing good plants at wholesale prices."*



On behalf of Moutere Hills Community Centre board and staff we would like to say a big thank you to Pete of Westbank Natives whom we recommend wholeheartedly for your native plant needs. If you wish to contact Pete you can do so via our website or phone him directly on 03 528 9858.



5 COURSE DEMONSTRATION AND DINNER

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Friday 6th July \$65 per head or \$120 for 2
at Miles Of Food in Richmond (276a Queen Street)
ph 5444280 to book



Community Consultation Evening

Thank you to everyone who attended the Community Consultation evening on Wednesday 13th June. It was fantastic to have so many people turn out and put forward their thoughts and ideas about the future direction of the Centre. All ideas will be taken into consideration during the development of the Moutere Hills Community Centre strategic plan.

This plan will then be presented to the community later in the year.

Senior's Social Morning

Join us every Monday morning and meet up with other community folk for some low impact exercise followed by tea/coffee. Sit and Be Fit will develop strength, balance and build confidence through fun exercises all while seated. Following this class will be an opportunity to bring along your craft projects while joining friends and neighbours in a very social environment. If exercise isn't your thing, just join us with your crafts. Cost is \$3 for the morning. Sit and Be Fit 9.30 -10.15am /Crafts 10.30- 12pm

Starts Monday 16th July

Pilates with Onebodi Health

Join Michelle on Thursdays at 12.40pm or her brand new Friday morning beginner class (time tbc). Pilates helps reduce back pain, improve posture, increase stamina and build strong lean muscles. Registration essential. Phone Michelle for bookings (03) 528 0252

Community Social Evening—featuring music by the Sou'westers

Friday 27th July from 7pm

Moutere Hills Community Centre is proud to present an evening of entertainment by the Sou'westers . The Sou'westers members are Liam Ryan (The Narcs), Aly Cook and Dean Heatherington (The Coalrangers).

This will be the first Community Social Evening to take place at Moutere Hills Community Centre, and if successful they will continue regularly throughout the year. The evening will be an opportunity to come along and catch up with neighbours and friends while having a drink and enjoying the live entertainment. A cash bar will be available, and the café will be open. The evening will kick off at 7pm with live entertainment starting at 8pm .



Phone: 543 2516

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz

YOUTH

It's the holidays again... Yippeeee....

Let's get into the swing of what the hols should be about, chilling out, relaxing, playing a bit of paintball....

4 July Paintball

Age 10 – 13... \$25. Meet at the Sunday School Hall 10:30am. Any parents who can help us out with transport, please give us a call. Wear lots of clothes and sturdy footwear, and bring a packed lunch. We will need your completed consent form and payment for you to be able to play.

Friday Night Youth

20 July Girls Night – One Direction Party, 7pm, Sunday School Hall. **Year 7 upwards.**

Boys Night – There will be outdoor and indoor adventure.

27 July Flour Night (Wear old clothes)

3 August Community Centre Games Night

11 August Day in the Snow

17 August Night with the Stars Movie Night

24 August Assassins in the Dark wide game

31 August The Bake Off



Y

Y is for High Schoolers and is on every second Tuesday and is \$2. Meet at the Sunday School Hall at 6pm and hop in the van to go to Andy and Abbey's for an exploration into God, life, and Nachos.

If you need a ride to or from Friday Night Youth, or would like any other details, just give us a call or text.

Abbey & Andy Bensemman	5432 949
Abbey	027 2434364
Andy	021 2245178

You are invited to a

Public Meeting to discuss the formation of a Moutere Hills Community Association

The 12 Community Associations and two Community Boards in the Tasman Region support and advocate for residents in their local communities. The associations provide focus and opportunity for residents to meet and discuss topics of local interest or concern. They liaise with, and where appropriate make submissions to, the Tasman District Council.

At the moment there is no community voice speaking for residents in the Upper Moutere area. The existing Moutere Hills Community Centre Board can deal with matters relating to the Community Centre only.

Topics that could be addressed by a local Community Association are numerous, but include rating, roading and water supply issues. A safe walkway and cycle track between the village and the Community Centre could be a priority, and a loop connecting to the new regional cycle way could also be considered. Topics are not limited to those interfacing with the TDC.

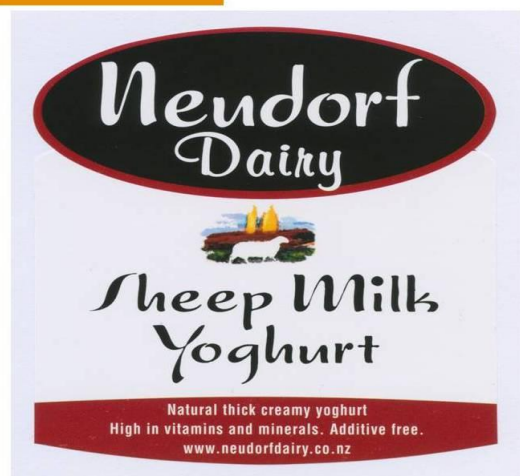
Please make the effort to come to this public meeting

Moutere Hills Community Centre
Tuesday 24th July at 7.00pm.
All welcome, tea and coffee provided.



Yoghurt Special
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First there was Greek yoghurt, thick creamy and delectable made from pure sheep milk. Then the cheeky Kiwis made Greek style yoghurt sweetened thickened with all sorts of things added. Now there is Neudorf yoghurt made right here, delectable and good for you.

Hello readers, a recent case in Nelson about a nurse who had her identity stolen online has prompted many people to think about increasing their computer security, so I've decided to write some tips in this month's article.

New Zealand cyber security initiative NetSafe recommends the following 5 steps which you can take to improve your computer's security:

1. Update your computer
2. Backup your files
3. Secure your wireless network
4. Use strong passwords
5. Avoid online scams



1. Update your computer

For Windows 7 users, setting your computer to update automatically is easy. Simply go to the Control Panel and on the top right make sure it says "View by: Category"

Click on the System and Security category and underneath "Windows Update" click "Turn automatic updating on or off". Under "Important updates", make sure your computer is set to "Install updates automatically (recommended)".

2. Backup your files

Windows 7 also comes with a built-in backup utility. Back in the System and Security category in your Control Panel, click on "Backup and Restore", then click on "Set up backup". Windows will then guide you through the process of setting up a backup for your files.

3. Secure your wireless network

If you have a wireless network, the chances are that it already comes with a security key pre-set. If not, or if you are unsure, refer to the manual that came with your wireless modem, as each brand of modem requires a different process to set up security.

4. Use strong passwords

When selecting a password, it's a good idea to use a mixture of letters, numbers, and symbols to ensure that your password is very difficult to guess. An example would be "Th1s15a5tr0ngP@ssw0rd!"

You should also never give out your password to anybody.

5. Avoid online scams

New Zealanders are known for being very trusting, so they're prime targets for internet scam artists. Scams often come in the form of suspicious emails offering you money or informing you that you have won competitions you don't remember entering. If an email even makes you slightly suspicious of its validity, it's best not to reply. It's estimated that over \$625 million flowed out of New Zealand last year alone due to people falling victim to these types of scams!

Free software of the month:

Following all of these steps will greatly reduce your risk of being infected with viruses or spyware, but nobody can be completely secure. It's also a great idea to install anti-virus software on your computer, too. The three that I most often use are:

1. **AVG Free Anti-Virus** – <http://free.avg.com/>
Great Anti-Virus software which scans your computer automatically.
2. **Spybot Search & Destroy** – <http://www.safer-networking.org/>
Spybot is targeted specifically at removing spyware
3. **MalwareBytes Anti-Malware** – <http://www.malwarebytes.org/>
MalwareBytes is useful for removing malware and many types of severe virus infections.

You can download them all for free at the links above.

That's all for this month! Remember, for anyone out there needing help with computers and other technology etc. my phone number is 03 544 0737. Average job price \$30.

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ANIMAL BEHAVIOUR

It is always sad when I see advertisements for older animals who need homes. Whether it is a cat, dog or larger animal, just like people older animals find it confusing and frightening to be passed on to a new home. It is hard to understand how anyone who has had a relationship with an animal can abandon it because it is getting old.

Sadly the SPCA has to euthanize many older abandoned animals as few people have the time, patience and understanding to take in an older animal. However very often it is a better option than a young animal. Dogs and cats are usually house trained and have got over the early chewing and destructive stage. An older horse or pony can be much quieter than a young one. However a particular consideration has to be made as to the animal's health and comfort as they age. Extra attention should be paid to reassuring the animals as they fear abandonment. Also owners must realise they will have a limited time with their pet.

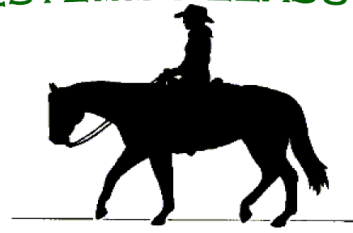
It is very important to recognise when the older animal is not experiencing an acceptable quality of life and hard decisions must be made. It is not acceptable to let any for animal suffer especially if their mobility is compromised. It is frightening for an animal not to be able to move even if the owner still enjoys their company.

So if you are a special person and are prepared for the commitments, an older animal could provide you with many years of pleasure and love.

As usual if I can be of assistance regarding any animal behaviour issues do not hesitate to contact me.

Susan Mott
Animal Behaviourist

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FOOD

Stay happy and optimistic with one of these sweet treats with your cuppa.

Peanut butter cookies.

200grams butter, $\frac{3}{4}$ cup brown sugar, 1teaspoon vanilla essence, $\frac{3}{4}$ cup peanut butter $\frac{1}{2}$ cup flour and 1 cup self raising flour, 200grams blanched peanuts or a mix of blanched peanuts and chocolate chips.

Oven at 160C or 140C fan bake.

Beat butter and sugar until light and creamy, add vanilla and peanut butter. Sift flours together and add to the mix. Add chopped peanuts and chocolate, roll into balls and place on greased trays, flatten lightly, bake for 15minutes until lightly browned.



Fig Loaf

125grams chopped walnuts, 70gram packet of slivered almonds, 150 gram chopped figs, 150grams mixed peel, 150gm chocolate chips, 3 eggs, $\frac{1}{2}$ cup sugar, 1 $\frac{1}{4}$ cups flour and 1 $\frac{1}{4}$ teaspoons baking powder.

Beat eggs with sugar, add nuts and mixed fruits. Sift in flour and baking powder and fold into the mixture.

Bake in a lined loaf tin for 40 minutes. Cool in tin.

This is a solid loaf to serve with coffee – doesn't need butter – just good company.

Soo Gee.

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COMING EVENTS AT THE MOUTERE INN

❖ THURSDAY 5th JULY – THE DARKSIDE SHOWCASE

From Thursday 5th, till it runs out, 8 Stouts and dark beers from around the country. Includes 8Wired iStout, Cassels Milk Stout and dark ones from Resolute, Raindogs, West Coast, 3 Boys, Townshend & Golden Ticket. Folk Night suddenly got all dark.

❖ THURSDAY 19th JULY 7pm – MOUTERE'S GOT JAM

The latest addition to our Thursday line-up is Moutere's Got Jam. An open mic night organised by Helen Mayhew, who started our Folk Night, and Joe Barlow known for the Park Cafe open mic night. Performers will be allocated a 15 min spot each, and the evening will finish with a jam session. Show us what you've got!

❖ SATURDAY 28th JULY LIVE MUSIC 8pm – LIAM RYAN and MINT

Liam Ryan has launched a new Jazz band with Fraser Campbell, Doug Stenhouse, and Craig Agnew. All the players are Jazz tutors at the NMIT music programme, and seasoned professionals. Well received at Woollaston Estate, Bar Berlin and the Boathouse, MINT are playing a combination of Jazz and Funk infused originals.

DON'T FORGET

Raffle every Wed 6pm with Chase the Ace.

1st Thurs Folk Night. This month 5th

2nd Thurs Quiz Night. This month 12th

3rd Thurs Moutere's Got Jam. This month 19th

Last Thurs Curry Night. This month 26th

THE MOUTERE INN
THE CENTRE OF THE MOUTERE

Phone 543 2759
www.moutereinn.co.nz

Delightful Dining

Rave reviews followed last season's Italian banquet with Sunset Valley Chef Allan Addison-Saipe. And this year, in response, the Motueka Arts Council is running an extra day. This time it's called the Culinary World Tour and it takes place at the end of July and the beginning of August at the Moutere Hill Community Centre.

"Take this opportunity to learn a variety of cooking techniques, and planning and preparation of food so you're able to make an affordable banquet at home." Allan says. "Each course will be inspired by a different country's cuisine. You'll have a fun afternoon preparing the banquet and then you'll sit down in the evening to enjoy the fruits of your endeavour, with your invited guest."

If you'd like to take part just phone the coordinator (See advert elsewhere in "The Grapevine")

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THE DRIFTWOOD MESSAGE

a Rosedale tale by Ruth Moore

Language is a fascinating thing. How many languages have lived and died and gone unrecorded because they weren't written languages to begin with? Languages have been invented through group effort, evolution, or by one man. Take Tolkien for example. His languages are like Latin: no one speaks it in the real, everyday world, but plenty of people study it.

The majority of languages are comprised of sounds, and images that most of us recognise as letters, although some of us may struggle to get our pens around Japanese calligraphy or the Hebrew alphabet. We write in ink, in the sand, in the darkness with sparklers, in the steam on the shower door. We can write just about anywhere we want.

Mr Grimmett once wrote on his fence, along the tar-sealed part of Rose Road (back then, it was Roses Road; another example of how words in a language can change). He strung pieces of driftwood all the way along it, and as a little girl I always wondered about it.

He used to go for walks up the road with his wife most evenings and spin his hat on his walking stick to make us laugh. One time I asked him, 'What do those bits of wood say?' Why would I have used the word 'say' instead of 'mean'? I don't know.

His reply was something to the effect of, 'It says, "Slow down". It's talking to all the cars that go past.'

Well. Do you think I could figure that out? I stared at those pieces of driftwood for years, thinking, *It can't possibly say that. None of those letters spell 'Slow down'.* Eventually I decided that it must be some strange language Mr Grimmett invented, but then how were people supposed to know to slow down if they couldn't read what it said?

It wasn't until years later that I finally figured out how it worked. The pieces of driftwood aren't letters. They're all part of one big picture that is designed to make people slow down so they can see it better and, like me, try to figure out what it means. They don't form part of a physical alphabet; rather a secret alphabet inside the subconscious, because language, after all, is not only written and spoken, but thought and conveyed through movement and silence.

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has a few places still available.

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The **Social Group** meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight.

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