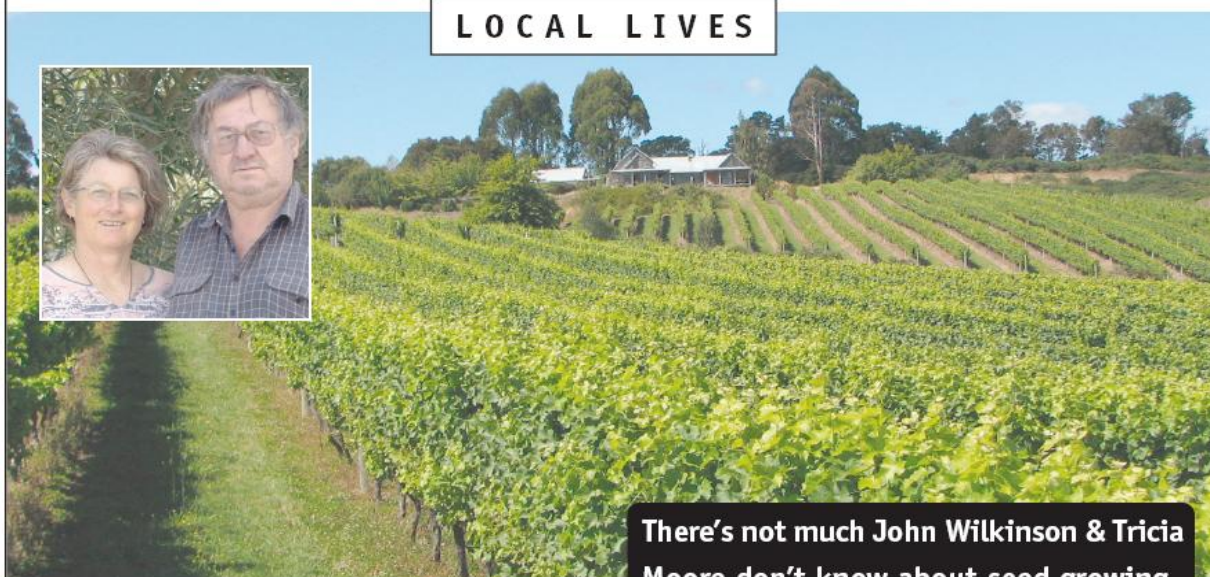




SOWING THE SEED

LOCAL LIVES



There's not much John Wilkinson & Tricia Moore don't know about seed growing (or wine growing for that matter).

When you toss ground coriander into the curry you're cooking or use mustard seeds in a recipe, do you ever spare a thought for where they come from? You might be surprised.

The Canterbury Plains apparently provide perfect conditions for these popular condiments and, under their Lodestone brand, Moutere locals John Wilkinson and Tricia Moore have been contracting New Zealand seed growers there since the early 1980s.

The couple originally began by growing barley, red clover and grass seed on their Upper Moutere property, selling it privately and to merchants. The mustard and coriander seed business followed several years later but, says John, is best suited to Canterbury because the seed cleaning plants are located there, the freight rates are cheaper, there's plenty of land for the necessary rotation – and there are fewer birds.

"We have major bird problems in Nelson, with sparrows and finches in particular eating mustard crops. As the berry fruit arrives and the weather gets warmer, the bird numbers go up, and there are lots of trees and hedges to act as cover for them."

The seed producing process gets underway at this time of year when the seed heads are harvested once they have reached the right moisture content – less than 11 percent is ideal for ensuring they're safe to eat and won't go mouldy.

"The seeds are put in big bags and taken to the dressing plant to be cleaned," explains John. "It's an art in its own right, as they're put over a series of screens and machines that take out any dirt, husk, straw and seeds that are too light."

Some lines are taken off to be sample tested by MAF and a

private OECD accredited seed testing lab, while others go off for a bacterial test at a certified lab. Once thoroughly vetted, the seeds can then be supplied to food ingredient companies and wholesalers, some of whom run their own packaging lines as well as selling in bulk 25kg bags.

Lodestone also provides machinery and crop covers for specialist fruit and seed production. And, as if that weren't occupation enough, John and Tricia also supply lawn seed to wholesalers and garden shops, and run their Lodestone Vineyard, making pinot, chardonnay, sauvignon, cabernet and rosé. As the seed harvesting ends, the wine harvesting begins, usually from March until early April.

When not busy with business, Tricia is a familiar name at the Upper Moutere Tennis Club, helping launch the Lodestone Classic event in 2009 when the club became affiliated to the Nelson Bays Tennis Association, and part of the tennis committee that oversaw the upgrade of the courts at the Moutere Hills Community Centre.

Two of their three grown-up daughters, Natasha and Jenny, are accomplished tennis players and coaches, while Kathryn recently completed a photographic design degree at Massey, producing a coffee-table style book on the region's hop kilns as part of her studies – but that's a whole other fascinating story for another day!

Article by Beverly Sellers – ph: 03 543 2008

Well another year has rolled over and there have been a lot of challenges for those in the Nelson district due to the weather, while here in the Moutere we have been lucky enough to have sailed on through without any major concerns – a bit more rain than some would like, but generally our toast landed butter side up. We also came out on top when Oxfam announced that Upper Moutere was number one on their list of givers. So good on you if you were one of those who helped to “up” the profile of our district.

We have another opportunity to showcase what a fantastic place the Moutere is with the Sarau Festival. Make sure to tell everyone and to attend and contribute yourself. If you can help in anyway please do. The Sarau festival gave back to many of the community groups from the profits of the last festival, so remember, what goes around comes around. Get in behind it and give your time – being part of such a constructive community event can only have positive spin offs for everyone and I know I have mentioned before, what a great way it is to make friends and get to know others from the wider community.

I’m sure the sun is just just around the corner and no doubt by the time school’s back, summer will really be on the boil.

Enjoy everything!

Placing an advertisement

***** Deadline for the March 2012 issue is 15th February 2012 *****

Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month. Please email your print-ready ad to umograpevine@hotmail.com by the **15th of the month**. Or provide paper-based, print-ready copy to the Upper Moutere Store.

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We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read! There is no cost to having your article published, but if you are telling the community about a commercial venture, we do appreciate a donation to help us cover our costs.

Please email your copy to umograpevine@hotmail.com by the 15th February 2012.

A ROSEDALE TALE

by Ruth Moore

Hiding quietly in the Moutere landscape is a small valley known to the locals as Rosedale. At one point it was known as Rosenthal, and to get there you would have to drive past Drummonds Flat, across the Company Ditch and along Prices Road to the crossroads to get there. These days, if you set out from the Upper Moutere township, you pass the leading sports complex in New Zealand, turn left at the gum tree on Prices Corner, and follow Neudorf Road past the Bests (who still live in Prices Road, according to the phone book), the Finns and everyone in between, and turn right at the crossroads into the Rosedale Valley.

Down the hill and past the paddocks that produce three crops of bailage every year, is the farm of Jim Ewers (whom we’ve always called Jimmy, but are not allowed to do so to his face). Locals are familiar with his chooks, dogs, turkeys, cats, and at the right time of the year, piglets. Up the hill and past Neudorf Vineyard’s grapes, Moutere Downs opens up. Taking the road at the Sunday drive speed, you’ll spend a good two minutes going through the farm. No doubt you’ll see the Ranger, and you’ll smell the silage pits.

The gravel road marks the end of Moutere Downs, and the beginning of foreign-occupied territory. There are English, Canadians and Australians along this stretch of the valley. Craig Martin’s Moneymore Simmentals are on the left, and the Townshend Brewery on the right, marked by a wooden barrel mailbox.

Wind your way up to the summit of the Rosedale Hill, 190 metres above sea level. Here you’ve been about 8 minutes in the valley, and maybe a while longer in the car depending on where you’re from, but there’s little giving you an excuse to stretch your legs at the summit unless it’s winter. Mount Arthur looms in the background, partly overshadowed by the wild gorse-covered side of the Rosedale Valley.

However, from here it’s a gateway to the world. Over this side lives the famous poet Cliff Fell. There are signs of civilisation—for example, an All Blacks flag left over from the Rugby World Cup, and a sign advising children and animals to slow down. The end of the road and valley are marked by the Rosedale Creek Bridge. If you choose to go left, you twist and turn over Jacob’s Ladder (not a stairway to Heaven, but to the Olde Thorp Store) and take the scenic way to Tapawera, Murchison and beyond. If you choose to go right, you will drive past the long-closed Briar Rose Cottage, the recently-closed Monterey House, and eventually wind your way down the Motueka Valley to the townships of Motueka, Riwaka and (depending on your interests) Kaiteriteri or Takaka. There are obvious attractions to the Rosedale Valley—including the gravel road, the lush pasture, and of course the amusing pastime of seeing how many reflector pegs you can run over driving up the hill.

All in all, a shining gem of the Moutere. Do visit.



He might have been feeling a little nervous about presenting his new book to room full of locals and friends last month but there was only good natured laughter and support from those who attended the launch of Grant Bryans book "Out of nowhere".

Lancewood Villas' newly renovated barn was the perfect choice for the occasion, providing rustic cover from the weather and it was great to see so many people turn out on such a grotty evening. If you haven't had a chance to buy the book yet, it is available from The Upper Moutere Store, Moutere Gold (The Old Post Office) Take Note or give Grant and Fiona a call on 5432 349.

Mirror mirror on the wall, which are the most generous New Zealand towns of all?

Oxfam has revealed New Zealand's most generous towns in its first-ever Oxfam Unwrapped Generosity List. By looking at the numbers and locations of gifts given through the Oxfam Unwrapped appeal, the organisation has named the South Island town of Upper Moutere as the country's most generous.

Oxfam's Direct Marketing Manager Karen Watson said the list of top towns reflected the widespread generosity of Kiwis. "We already know that New Zealanders are some of the most giving people in the world, but this list shows that generosity isn't limited to the cities. It shows just how big the hearts of small towns are." Upper Moutere ranked highest on the list for having donated the most gifts for its population size – around 152 people, according to the Tasman District Council. The number two and three spots went to Takaka, also in the Tasman district, and Ohaupo in the Waikato.

Oxfam Unwrapped is a breath of fresh air in an era of throwaway Christmas presents. Here's how it works: choose something from the Oxfam Unwrapped catalogue, get a card to give to your friend, and the actual gift goes to people in the developing world who need it most. In the past six years, Kiwis have raised over \$4 million through Oxfam Unwrapped to help people in the world's poorest countries work their way out of poverty and achieve fundamental human rights.

"The impact of Oxfam Unwrapped is massive," said Watson. "Through the generosity of thousands of Kiwis, toilets have been built, gardens have been planted, clean water systems have put an end to hours of walking to collect dirty water, livestock has multiplied, farmers have gained organic certification, trees have been planted and small businesses have been given successful starts."

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It has been a very busy term 4 at Mahana School. In 7 and a half weeks we successfully managed to take part in or hold...

- The Nelson Schools Rock Fest
- The Mahana School Pet Day
- The Mahana School Athletic Sports
- Moutere Hills Pre – School Rippa Rugby
- The 'Once Upon a Pirate Story' Mahana School Production
- The Mahana School Prize giving and End of Year Assembly
- After that, everyone deserves an extra special holiday break!

Pre- School Rippa

It was great to be able to host local 3, 4, and 5 year olds for four sessions of Rippa Rugby at Mahana. We were impressed by how well the kids progressed each week. Hopefully many of them will want to join in with Rangers Rugby in 2012. Next year we are hoping to hold music sessions for our local kids. **2012**

Next year we welcome a number of new families and one new teacher, Jude Heath, who will be teaching our Year 3 and 4 students in Kereru class. Our roll is looking healthy and we will continue to offer a unique and family centred school that puts the kids first.

Production

Our production was a special event that all the students were looking forward to after our last effort two years ago. This time the production was held at the Upper Moutere Community Centre. Once again the script, song selection, and dance routines were the result of collaboration between the students, staff, and community. With the help of some talented parents, a group of our talented senior students (Taylor Pumphrey, Izzie Taikato, Jack Coakley) wrote the script themselves, adding their own voice to the pirate theme. They included many topical issues, including global warming, water shortages, rising sea levels, and even beached container vessels to the story to ensure that it was more than just your typical pirate story. They also managed to build in a central theme which was even pirates can show the Mahana School vision of becoming strong, responsible, brilliant, positive contributors to the world.

The production included many fast paced dance routines, solo singers, duets, poi, parrots, monkeys, an evil genius, and even an acrobatic aerial silks display by students Harriet Webster and Kyla Rayward. The final scene featured the entire school on stage to face down the evil overlord (Jack Coakley) and ended in good triumphant over evil. Thanks to everyone who helped make it such a success. You can take a look at the production by visiting the Mahana School Face Book page.

End of Year Prize giving Assembly

Our prize giving assembly is a chance to say farewell to our Year 8 students and to recognize the efforts of those students who have achieved excellence during the year. Each year the departing Year 8's get to choose the theme for the evening, in which the principal is obliged to take part. This year the girls decided on a military 'Rambo' theme, in which they were marched in, wearing camo gear by 'Sgt. Major' Jane Bosecke, and then given a thorough dressing down by 'Colonel' Justin Neal in front of the entire school community! Our Year 8's, Izzie Taikato, Harriet Webster, and Safari Muir will be missed at Mahana. Good luck at college girls.



The recipients of the major awards this year are...

- Term 4 Dippie Cup Tom Taikato - Year 7, Leah Miles
- Junior Academic Award Kyla Rayward - Year 4
- Senior Academic Award Safari Muir - Year 8
- Most Improved Student Jack Coakley - Year 7
- School Leadership Hannah Gale, Year 6
- Community Nominated Young Achiever
- Izzie Taikato - Year 8

Well done to these students. Keep working hard towards your goals for 2012.

2012

Next year we welcome a number of new families and one new teacher, Jude Heath, who will be teaching our Year 3 and 4 students in Kereru class. Our roll is looking healthy and we will continue to offer a unique and family centred school that puts the kids first.

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The Room 6 students at Upper Moutere School went on their week-long school camp to Wellington last November. Highlights included a sleepover at the zoo, a trip to the pantomime, a visit to Te Papa and a glimpse of Gollum in the Weta Cave. Here are a couple of accounts of the action, one from Amanda McBride and the other from Connie Sellers.

Monday Evening

The monkeys carelessly flung themselves around their enclosure. They didn't care that about 30 faces were staring at them, marvelling at their every move. The half humans were almost like street performers, the crowd and activity surrounding them didn't matter, it was just them carrying on with their routine. They probably weren't strangers to an audience, being part of a zoo, and a view to those inhabiting Archibald House.

I doubt the monkeys' heads even lifted as our class bounded off into our zoo night tour. Our host, Kim, guided us through the night, an endless source of information on the animals.

We started with scavenging through a network of green and tree trunks, our treasure: rotten logs. It didn't make sense at the time, but in hindsight it would make Meerkats very happy.

Keas were our first feature of the evening, but the shrieking of the Lemurs made interpreting information from Kim near impossible. As the night carried on it grew colder, and soon we were drizzled with rain. We passed many animals and soon the incredibly tall, creamy coloured, brown patched creatures ambled towards us. Their long necks supported kind eyes and large ears. One animal carefully plucked a dainty twig of pohutukawa from my hand. So tall.

The monkeys were hidden in the darkness as our class trudged back to Archibald House. They were silent. After all, we'd only merely been guests in their presence.

The Unexpected

I broke through the glass doors of Te Papa. Memories flooded in, when I lived in Wellington I came here often. I threw my heavy weight bag into the jail like cage. Scott, our tour guide, with an Australian accent had just started and we were in for it for the next hour.

The glowing globe was our first stop. We strode in like a herd of elephants and made our way to the padded bench. Looking around I spied several rocks. "Nothing special," I scoffed. "These are the centre of the earth rocks," Scott announced. "Now that's something," I admitted. We were asked to pick up the rocks. "Piece of cake!" I snickered. My hand curved the rugged greasy rock. So maybe it wasn't so easy but there were still two more to try. I felt very awkward when everyone else managed to pick them up. The rocks from the centre of the earth were definitely heavier than the outer layers. The one from the actual centre was so heavy it was pretty much an iron rock.

We excitedly made our way to the rides, slipped through the slender door. I kept track of my foot steps and my eye on the exit, feeling bilious. I had to edge myself to the navy blue seats. I gripped onto the two bumpy handles like it was a matter of life and death. Fears filled my head. I had to get out of here!

I was proud, I had overcome my feelings of reluctance. My last question before the ride came out muddled. The calm man assured me it was fine. What was I in for? A mammoth finger punched the screen and the pictures flew. Unexpectedly your seats moved with it. I felt the air pressure lower and a chill shock went through my body. I almost knew what was coming... Videos a bike crash. The seats forced your body and jolted you back. More videos filled my eyes.

I felt dizzy and stumbled off the ride. I felt like I had actually fallen off a bike. What had just happened?

The glass doors were spotted again. It was time to go. But I'm still left wondering why could I not lift that rock?

Sarau Festival Photographic Competition



Size: 6 x 8 – landscape or portrait, matt or glossy. (6 x 9 or 5 x 7 acceptable)

Mounting: All photographs to be mounted on A4 white card (180 -250gm)

Submission: All photographs to be delivered to the Moutere Hills Community Centre, or the Mouteka i-site by 3pm Thursday 26 January 2012

Judge: Kim Falconer LPSNZ

Category 1: Life in the Moutere

Category 2: Open – life outside the Moutere

Category 3: Digitally enhanced

Category 4: Under 15years

- Submissions received after 3pm on 26 January will still be displayed at the Sarau Festival, but will not be judged
- All submissions must be in an envelope and clearly marked with:
 - Sarau Festival Photography.
 - Photographer's name, phone number, email, and address on envelope.
 - Title of photograph and category entered.

We warmly welcome your contributions, and look forward to displaying them at the Sarau Festival. If your photograph has been previously placed in a photographic competition please do not re-enter it here. If you live in the Moutere – this is your chance to showcase your loved valley!

Winners will be shown on the display and announced at the Festival.

Please collect your entries from Sarau Festival after 7.45pm or from MHCC during the morning on Monday 30 January 2012. Otherwise by arrangement.

LPSNZ – Licentiate'ship honours Photographic Society New Zealand



News from your Preschool in The Moutere

The Harakeke team and whānau wishes all our readers a wonderful, happy and healthy 2012.

At the end of the year 2011 around half of the Harakeke families embarked on their first "Harakeke Christmas Camp" to mark the beginning of the holidays (I don't know if you remember but last year's attempt was hindered by bad weather).

This year we were blessed with fantastic weather and although the beach was closed for swimming after the heavy Nelson floods we had a fantastic time - a huge success!

This is what some parents have to say:

- The end of year saw the Harakeke children and their families all gather at the Kina Beach Campground for an activity filled 2 days of Christmas Camp. Between exploring the gorge and stream behind the camp ground, gathering driftwood for the fire (marshmallows -Yumm!) and water pistol fights we all had a very good time.
- Well, what can I say? The weather was amazing...the kids were amazing...and it was so good to have time to bond with some of the other parents. The waterslide was heaps of fun once we saturated it with detergent and made it slippery. The Christmas carols were hilarious...none of us Kiwis knew the words to any of them...luckily we had an American and Pom to help us out! The wobbly face competition was another highlight...someone has some very unflattering photos of all of us. All and all I never wanted our time at Kina to end...what better place to unwind and relax after a busy year. Thanks Harakeke familie for making this so much fun!
- If you think too much about all you have to do, and pack, and set up etc...you would never do it. I decided to enjoy packing for camp and did and when I arrived with my children we were so happy to be at camp. What an amazing place! I haven't felt so relaxed in ages! M. even announced that "we love camp because Mum hasn't growled at us all day"! He's right! There were many highlights: late night singing and joke telling with the children in the screen tent; sleeping on the earth with my children; waking up to the little Harakeke village; the amazing wander up the creek to 'Bearwarbler Forest" with all the children; just stopping, sitting in the sun, listening to what really matters: children's laughter, lapping sea, bird song, everyone living together and loving it!
- Jingle Bells, Jingle Bells, Jingle Bells Rock, and so did the Harakeke Christmas Camp!! A wonderful end to the year.

Now let some pictures speak:



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Join the volunteers of Mapua Community Library and let your imaginations 'SOAR AGAIN' at our second 3-day Literary Festival. There are plenty of opportunities for everyone - check the programme of events to find something to suit you at

www.mapuacommunitylibrary.co.nz

Bookings are being taken now for the opening cocktail party, the Café Ooh! Lal Lal and the two creative writing workshops.

The adult full-day workshop, led by Joe Bennett, is filling rapidly and whatever your level of experience in writing, you will have a chance to explore, experiment and most of all, play with words ... you may be surprised at what you can do. It will be a relaxed and fun occasion, a chance to write as well as mix socially with like-minded people and receive personal tuition.

Melanie Drewery will lead a fun half-day session for children aged 10 - 13 of all writing abilities. Come along to play with words and learn some tricks of the trade from a leading children's author. It will be a relaxed occasion and by the end of the morning you will be encouraged and inspired to write lovely stories of your own.

And there is still plenty of time to enter our competitions - write a short story, pen a limerick or challenge yourself with the literary quiz.

If you need more information or would like to make a booking, please contact: -

Sue England Tel: 03 540 2934 Email: s1ad2as3@xtra.co.nz

THE WRITE BIAS

NEWS FROM MAPUA BOWLING CLUB



We are now half way through the season with a Christmas party, some championship matches and several tournaments under our collective belts. None of these would have happened without all the members pulling together and some in particular deserve an honourable mention. Nancy Coeland, queen of catering, continues to ensure that members and visitors are all well fed. Vickie Sixtus raises welcome funds by organising and running all of the club raffles. And where would we be without our beautiful green and surrounds? Don Sixtus and Maurie Daubney lead the teams that keep us looking spick and span.

Two more club championships have been completed. Jean Daubney and Sue England have won the Ladies Pairs. Don Sixtus, Colin Pryke and Grahame Williams have come out victorious in the men's Triples. Congratulations to them all. Winners at club level are eligible to enter the Nelson Centre Champion of Champions events and it is a real coup to be successful against the winners from other clubs in our area.

Time now to look ahead to the second half of our season with five open tournaments scheduled, two club tournaments and two annual challenges involving players from Mapua, Ngatimoti and Murchison. We are indebted to the sponsors of all our events.


Don't be deterred if you would like to try your hand at bowling. We are happy to help if you would like to give it a go and new members are always very welcome. Club coaches and bowling equipment are on stand-by, you just need to make the call!

For any information about bowling please contact Secretary Jean Daubney (543 2765) or President Dave England (540 2934).

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Food

Happy New Year! Soo Gee has given us a few “bits and pieces” to help keep the summer meals interesting. If you’ve never cooked caramelised onions, these following recipes will show you just how easy they are to make.

They have many uses, serve with hot or cold meats, alongside quiche or as a tasty base for pizza, just top with tomato, capers and feta, keep it simple and it will shine!

Caramelised Onions

3 red onions, 2 cloves garlic, olive oil for cooking, 1 teaspoon fresh herbs of your choice, 1 teaspoon each of balsamic vinegar and brown sugar and 1 tablespoon of white wine. Peel and slice onions and garlic, sauté in oil until translucent, add remaining ingredients and cook over a medium heat until lightly caramelised – probably about 25 minutes. I use a heavy frying pan.

You can also just cut onion in quarters with other ingredients and place in a covered baking dish, bake in oven at 150C for 30 minutes then remove the cover and cook for a further 15 minutes. Cool then toss with salad greens and feta (Neudorf of course), drizzle with olive oil and enjoy!

Roast red beet

Take red beet to another level: trim, scrub and wrap in tin foil (just in case they leak) , bake at 200F for approximately 45 minutes. Cool and slip the skins off, cut into wedges or slice then season and add to salads or serve with sour cream and chives if that’s your fancy.

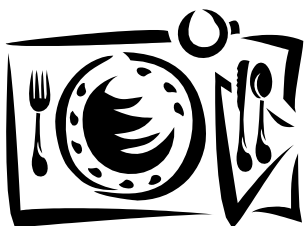
If you or your companions need sweetening try this easy **Coconut Ice**.

½ tin condensed milk, 2 cups each of Icing sugar and coconut, 1 teaspoon vanilla, ¼ teaspoon raspberry essence, a few drops of red food colouring.

Mix everything except the colouring in a bowl. Spread a thin layer in a glass or plastic tray (25x15cm). Colour the remaining mixture and spread on top of the first lot. Set in the fridge – Yum!

Bon Appétit

Soo Gee.



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You and your new pet

The start of a new year often brings a new pet into the family. Whether it is a kitten, puppy or other pet there are some tips that can apply to most animals and help develop positive behaviours.

When you get your new pet home be sure to do the following::

- * Introduce your pet to all members of the family, human and animal
- * Give your new pet a designated place to sleep that is theirs.
- * Make sure you make a fuss and acknowledge your other pets. They could get resentful of all the attention the new pet is getting.
- * Feed your new pet in their own area. If a puppy put older dogs food down before younger, this is important for position in pack. If a new kitten feed well apart from an older cat. Getting your feeding regime right can save a lot of negative behaviour in any household.
- * If a young puppy make sure you take them outside after feed to establish toileting. A kitten will quickly get used to toileting if provided with a litter tray, although putting it on a sheet of newspaper will be less messy.
- * Lastly establish a regular exercise regime. A fit pet is a healthy and happy pet and exercise will help reduce stress and boredom.

Remember a new household can be a scary thing for a young animal to get used to so be patient and understanding but if you begin as you wish to continue there should be many happy years for you and your new pet.

Wishing you all a great year and if I can be of any assistance don't hesitate to contact me.

Susan Mott
Animal Behaviourist
0212664211

BLACKBIRD VALLEY WESTERN PLEASURE



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Let us offer you a personalised ride for you, your friends and family in the beautiful Neudorf countryside!

We offer one and a half to four hour farm rides for all ages. We ride over up to three working farms, over gently rolling hills, along country roads or, depending on the season, ride in forestry. All rides feature stunning views of the surrounding countryside, Mt Arthur, the Western Ranges and Tasman Bay.

We cater to all levels of experience in small groups of up to five riders. Basic safety and riding instruction starts each ride and safety helmets are provided. We suggest long pants for riding, a jersey or sweatshirt is good to have for the breezy tops, and sturdy footwear is a must.

115 Blackbird Valley Road - off Neudorf Road
Just follow the signs from Price's Corner
543-2992 - Bookings Essential
Kathy and Ron Geiger www.blackbirdvly.co.nz



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69 Aranui Road, Mapua, ph 540 2329

Mapua clinic open 8am-12pm and 3pm – 6pm weekdays

www.tasmanbayvets.co.nz

Vet Talk with Tasman Bay Vets

400D High Street, Motueka
69 Aranui Road, Mapua
www.tasmanbayvets.co.nz

Facial Eczema risk likely to be high this summer.

While visitors to our lovely region this summer have probably not been terribly impressed with our weather, farmers are enjoying a good growing season with all the rain leading to good grass covers at present. Unfortunately the La Nina weather pattern we have been having is likely to bring with it a high risk of Facial Eczema (FE), with several cases already being diagnosed in the district.

Facial Eczema is a disease caused by the ingestion of the spores of the fungus *Pithomyces chartarum*, which are found at the base of the ryegrass sward. When ingested in large numbers they can cause significant liver damage in ruminants such as alpacas, sheep, deer and cattle. General ill thrift and production losses occur as well as a photosensitivity of the skin which causes skin lesions on white pigmented parts of the body, swelling and crusting of the eyes. In severe cases death can occur.

The mainstays of treatment are restricting access to affected pastures, feeding supplements and keeping animals with skin damage out of the sun during the day. Zinc supplements are protective with zinc sulphate added to water, zinc oxide drenches and zinc boluses the most common ways of supplementing. Previously Zinc Oxide powder only came in 20kg bags but we now have 1kg containers available for small block holders wanting to treat small numbers of animals.

This season we have set up 3 monitor farms in our area to do regular spore counting to help us assess the Facial Eczema risk levels. They are located in Mapua, Lower Moutere and the Motueka Valley. If you suspect you have cases of FE on your property then please contact us so we can record incidences of the disease in the area. If you would like to receive a weekly email with an update on Facial Eczema risk then please contact our Practice Manager Maureen, at our Motueka clinic on 528 8459 or at office@tasmanbayvets.co.nz, and she can add you to our email list.

If you would like more information on this disease and its management in particular species, please contact Maureen and she can email or mail you an appropriate information handout with more detail on managing risk and treatment options depending on the species of stock that you have.

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Upper Moutere / Mapua

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Cancer Society's Relay for Life.

Hundreds of people will gather at Saxton Field in Stoke for the 5th biennial Relay for Life on March 3rd and 4th, 2012.

This Cancer Society event is run by local people to benefit local people. All funds raised by the Nelson Relay for Life are used to provide a wide range of free support services and information for the local community.

There are at least two teams currently entered from the Moutere area - Moutere Hills Wiggle n Jiggle team and a Country Kids team - and they are looking for people to either join them or support their fundraising efforts. Contact information is listed below.

The event starts at 4pm on Saturday 3rd and runs until 9am on Sunday 4th March. Team members get a cooked breakfast and a free massage. It is a walk, NOT a run and is a social event, with at least one team member on the track at a time, but most go round in groups so they can chat along the way. Teams consist of between 10 and 15 people. Relay for Life is for all ages and fitness levels - you go at your own pace, and if you only want to walk for two hours, you can. Sleep is permitted during the event and each team has an allocated tent site. Not all team members have to stay on site all night, so you can go home for a sleep. All fundraising is to be done before the event and the race is on as each team needs to raise a minimum of \$1000.

The Wiggle n Jiggle team are organising a "Moutere's Got Talent Trail" on Sunday 26th February. It's a chance to discover Moutere's unique businesses and see behind the scenes. The trail offers the chance to find out more about the production of olive oil from Neudorf Olives, learn about the techniques of making wooden furniture at Pegleg Woodwork, gain expert knowledge on running a worm farm at Wiggleville, get up close to the magic world of making mushrooms (and enjoy the spectacular view) at Neudorf Mushrooms, be one of the first visitors to Kim's NEW Dolls' House Museum, and take a peek at many other businesses. The day will begin with a Devonshire Tea, where you'll find out all the places the trail can take you, and end with afternoon tea both in Upper Moutere village. There will be spot prizes on the day and a prize for the best dressed purple person. Keep your eyes open for more advertising and spread the word to your friends. Any other businesses who would like to take part can contact Sam on the number below.

Over the coming months the Wiggle n Jiggle team are also having a grand raffle, a guess the number of jelly beans in a jar and are offering local businesses a scrumptious morning tea for a donation. If any one has any other ideas, or would like to join the team, they would love to hear from you. They are also looking for items for their raffle, spot prizes and donations for any of the above.

Nearly 22,000 people develop cancer each year, that means 1 in 3 New Zealanders will be affected by cancer. The Cancer Society is a non-governmental organisation dedicated to reducing the incidence and impact of cancer in the community through support, information, research and health promotion. Relay for Life is a great team building opportunity and a special time for families, businesses, schools and the community to come together to celebrate, remember and fight back.

To find out more, donate or to join a team please contact one of the following:

Sam Lowe - Moutere Hills Wiggle n Jiggle team - 03 543 2512

Heather - Country Kids team - 03 543 2819.

Moutere Youth

Hope everyone is enjoying their holidays and looking forward to a fantastic 2012.

Bubbles & Cupcakes headed off on a town excursion for some serious retail therapy at Lush & Smiggle, followed by a swim and pancakes with icecream. Friday Night Youth met up for a pool party with pavlova. The Moutere Touch teams continue to do well on Thursday nights at Riwaka.

14+ got together to do some work on the BMX track. A huge thanks to everyone who helped out, and extra special thanks to the extraordinary Tim Edwards for the generous use of his digger and time.

Coming up is the Sarau Festival on Sunday 29 January. We're going to be doing some litter control fundraising for youth group at the festival. It will be great if you can come along and help.

Family Touch is on Tuesdays at 6pm (at the Community Centre). Everyone is welcome to come along.

Friday Night Youth will start up on Friday 10 February, 7pm at the Sunday School Hall behind the Church.

We hope that everyone enjoys the last couple of weeks of their holidays. We're looking forward to an awesome year, and hope you are too.

You can contact Abbey and Andy on 5432 949. Abbey's mobile is 027 6434324. Andy's mobile is 021 2245178.



Grapevine circulation is 1300 copies. This issue has been constructed by: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens and Heather Eggers.

Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!



New Term, New Activities at Moutere Hills Community Centre:

PILATES - with Michelle Alexander Thursdays at 12:30pm (starts 9th Feb)

Term 1 x 9 weeks = \$90.00. Casual rates \$13.00 subject to space.

Mats and small equipment are provided.

The class will lengthen & tone muscles, reduce back pain, improve athletic performance, increase flexibility and reduce stress. Instructor Michelle Alexander of Onebodi Health & Fitness is trained in Classical Pilates known for its flowing workout and keeping Joseph Pilates' original repertoire alive.

Class numbers are limited to 12 people.

Term 1 x 9 weeks = \$90.00. Casual rates \$13.00 subject to space.

Mats and small equipment are provided.

Phone Michelle to book your mat, 03 528 0252 & 021 2459955 or contact us at Moutere Hills Community Centre.

Adults Mosaic Workshop - Beginners Tuesdays 7:00 – 9:00pm (starts 14th Feb for 6 weeks)

Cost: \$60 for the 6 weeks

Tutor: Jo Smart

Cost includes materials for the first project. A great social night out; learn some new skills, make some fantastic projects and meet new people.

Adults Mosaic Workshop - Intermediate Thursdays 7:00 – 9:00pm (starts 16th Feb for 6 weeks)

Cost: \$60 for the 6 weeks

Tutor: Jo Smart

Cost includes some materials. A great social night out with the opportunity to make some fantastic projects of your choice (material costs will be dependent on project).

Rangers Fitness Training Saturdays 9:00am

Cost: gold coin donation

Come and get fit for the winter season. Open to the whole family however you must be over 16 years old unless accompanied by an adult.

To register Phone Mark on 027 422 9949

Plus the old favourites, such as:

FOR THE CHILDREN:

Music and Movement for the Under 5's, Karate, Hip Hop and General Dance with Kelsey, Rangers Softball and T-Ball, Junior Tennis Coaching, Dance with Jane Pascoe, Gymnastics with Sam, and Guitar

FOR THE ADULTS:

Aerobics with Sam, Walking Group, Power Yoga/Dance, Circuit with Tim, Yoga, Zumba, Group Training and Guitar.

And not forgetting our social sports:

Ladies Social Indoor Netball	– Mondays 7.45-8.45pm
Social Mixed Badminton	– Tuesdays 6.00-9.00pm
Social Mixed Table Tennis	– Wednesdays 7.30-9.00pm
Social Mixed Basketball	- Thursdays 6:30 – 7:30pm
Social Mixed Volleyball	– Thursdays 7.30-9.30pm

All just \$3 a session with no commitment required. Simply turn up and have a go!!

MOUTERE HILLS

COMMUNITY CENTRE

postal address PO Box 37, Upper Moutere 7144 telephone 03 543 2516

email enquiries@mouterehills.org.nz website www.mouterehills.org.nz

Start cooking up a storm -**The Sarau Festival cooking competition wants your entries!** Get creative with Black currants and show us what you've got. All entries to the Cooking Competition Tent by 4pm please.



Any enquiries phone Tanya 5432773

The Social Group Starts back at the same time same place from Thursday 26th January.

Sunday School Hall Upper Moutere Lutheran Church on Thursday afternoons at 1.30pm each fortnight.

Join in games and cards.

Enjoy our afternoon of fun and fellowship. All welcome.
Contact Brian or Lois Eggers ph5432 871.

Solar City Summer Movies

Wednesday 25th January

From 6pm

At Moutere Hills Community Centre

Food, drink and movie snacks available from 6pm with all proceeds going to Moutere Hills Community Centre Upgrade. Come early and enjoy dinner amongst the Moutere community, listening to NZ Music and with children's activities and big board games to play before the 9pm movie start time.

The Five Pennies (1959) 117 min. PG

Danny Kaye stars in this semi-biographical film of the brilliant cornet player and band leader Red Nichols supported by a great cast, including Louis Armstrong, and the irresistible sound of Dixieland Jazz.

For further details check out our website
www.mouterehills.org.nz

LEIGH BRIARS ARCHITECTURE

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Nelson 7175



Wiggle n Jiggle - Keep fit class

Starting back on Monday 8th January, 6.30 - 7.30pm at the Moutere Hills Community Centre. No need to book, just turn up on the night and bring a yoga mat or towel.
\$5 a class.

For more information
call Sam on: 03 543 2512



Rangers Football (Soccer) Club AGM

Wednesday 15th February, 2012 at 7pm
Moutere Hills Community Centre

Our club is also looking for coaches for the coming season.

Our teams range in age from 5-14yrs.

For further information please contact
Mo 543 2520

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**3pm till 9pm
At Moutere Hills
Community
Centre**

What's New:

- ✓ Photograph competition
- ✓ Top of the South
Cheesemakers
- ✓ Hop Industry displays
- ✓ Purple hat competition
- ✓ Purple cake stall
- ✓ Cider
- ✓ Pres. International
Blackcurrant Association

Workshops:

- ✓ Stonecarving
- ✓ Cheesemaking
- ✓ Learn how to cook with
Blackcurrants
- ✓ Sheep shearing

Regular events:

- ✓ Moutere History Marquee
- ✓ Blackcurrant Cooking
competition – please
support this by bringing
your favourite dish or jam
- ✓ Guest chef – Vivienne Fox
- ✓ Moutere Mountain Bike
race
- ✓ Gentle Cycle ride
- ✓ Information about
blackcurrants their health
properties and flavours
- ✓ Entertainment
- ✓ Dozens of interesting stalls
- ✓ Food, wine and beers
- ✓ Bouncy castle
- ✓ Book stall
- ✓ Masses and masses more!

Help needed:

- ✓ Marquee set up – Saturday
at 9am
- ✓ Masses of lighter jobs
Saturday 9.30am
- ✓ Stall and event supervision
on Sunday
- ✓ Site clean-up Monday at
9am

Bring:

- ✓ Books for resale
- ✓ Purple cakes for sale

Special Feature Event:

- ✓ Aerobatic Display from Abel
Tasman Air - Pitt Special

Check out your festival: www.saraufestival.co.nz

Sarau Festival, Moutere Hills Community Centre – Sunday, January 29th 2012

Contact: Jenny Leith

Postal Address: Sarau Festival, 365 Harley Rd, RD 2 Upper Moutere 7175

Tel: 03 9700715

Email: jenny@saraufestival.co.nz

Web: <http://www.saraufestival.co.nz>