# The Grapevine MOUTERE HILLS COMMUNITY NEWS

**F E B** 2013

## FEELS LIKE HOME



Before settling in Upper Moutere 16 months ago, Paul and Anna Tranter had visited New Zealand for four years on the trot, hatching a plan to make it home. "We toured the North and South Island in a camper van and fell in love with the whole place – and Nelson in particular," says Anna.

Both hailing from England, Paul and Anna were keen to escape the rat race (and the rain) and find a better life for their three children Jake, 14, Jessica, 12, and Brooke, who's seven. From the age of 20, Paul had worked as a chartered yacht skipper, racing and sailing all over the world, so had no particular desire to be based in the UK until he met Anna.

"Once we had the kids we thought it was a good place to educate them but would spend all the school holidays in our villa in Cyprus," he says. "Problem was, that meant living on planes all the time, so we looked further afield to somewhere we could get everything in one place."

There's plenty of good weather and beautiful scenery in other parts of the world, but they often come with a language barrier, which can make the schoolwork and social life that bit harder. "NZ simply made sense," says Paul. "I still look out the window every morning and think WOW!"

Another bonus of living in a rural area with beaches right on the doorstep was the access to the great outdoors. The Tranter family share a love of sport, with Anna, Jess and Brooke all keen

"Horses are my life," admits Anna, who used to compete in show jumping on the UK national circuit until the children came along. "There was no opportunity to ride on the beach in England, Making the move from the UK to NZ has proved a win-win for the Tranter family.

farmers here are open to allowing us to ride over their land. We're very lucky."

Both girls have started competing at A&P shows, and also play touch rugby and do gymnastics. Jess also swims, plays netball, takes part in triathlons and recently ran for Nelson in the cross-country team. Jake, meanwhile, plays football and tennis and loves to ride his scooter and mountain bike.

Paul and Anna also find time for their various hobbies of running, biking, sailing and fishing, fitting them in around the flexible working hours of their company, gaukMedia.com, which specialises in website business development for clients in New Zealand and overseas. The company also has its own network of listing-style websites, including gauk Auctions, gauk Charters and gauk Villas.

"I'm now offering all the systems I use to run my business – information directories, searches and so on – to local NZ companies," says Paul who's on a mission to grow the business here with the help of a small management team.

In the meantime, the couple's biggest goal is to sell their UK property, so that they can ship out their remaining belongings and build a place of their own in the Moutere. When that's done, they'll really be able to call New Zealand home.

Article by Beverly Sellers - ph: 03 543 2008

#### **Editorial**

February—long hot days (and nights), swimming whenever possible, evening meals eaten later and of course—the Sarau Festival.

This will be the 5th festival and with all the publicity it's sure to attract a large crowd.

Let's make sure it's an absolute success by pitching in and helping before, during or after the event. See the back page for details on how you can help. Even if it's an hour, it will make a difference and as the old saying goes "the more, the merrier". It's always interesting to see what goes on behind the scenes, you never know who you're going to meet and it's the sort of thing that's right up there for the camaraderie and I've never heard anyone say they didn't enjoy the experience.

## And "Upper Moutere now has another claim to fame: it's once again been revealed as the country's most generous town.

By looking at the numbers and locations of gifts given through the Oxfam Unwrapped appeal, the 2012 Generosity List names New Zealand's most charitable towns. The Tasman town of Upper Moutere has come up trumps for the second year in a row.

Upper Moutere ranked highest on the list for having donated the most gifts for its population size – around 152 people according to the Tasman District Council." (oxfam.org.nz) Wow—can it get any better?

Yes it seems it can— The International Aromatics Symposium has lured some top wine commentators to our area which can only have positive flow on effects, nice to know people are willing to fly from the other side of the world to visit our little town. How could they not be impressed with the sheer quality of life that's on offer here. The family that features on our front page did and they look pretty happy!

So let's hope you all remember to make the most of the sunny days, and get out there and experience every thing that's on offer this summer.



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<u>Grapevine circulation is 1300 copies.</u> This issue has been constructed by: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Viv Sellers and Heather Eggers.

Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!



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Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month.

The deadline for each issue is 15<sup>th</sup> of the month.

Please email your print-ready ad to umograpevine@hotmail.com or provide paper-based, print-ready copy to the Upper Moutere Store.

#### The following prices apply for advertising:

- Births, marriages, deaths and giveaway notices: Free
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### Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

The deadline for each issue is 15th of the month.

Please email your copy to: umograpevine@hotmail.com

#### **Au Revoir Tom**

Local teen Tom Filmer is about to embark on the ride of his life. After several setbacks on his mountain bike involving injuries and accidents, he has picked himself up, dusted himself off and jumped back on his seat. The only change has been swapping his mountain bike for a road bike.

Two months ago Tom was offered a position on a junior road biking development team with the Velo Club in Morteau, France, which he accepted with delight. He is one of five young riders selected for the team which leaves New Zealand in mid-February for 8 months of training and racing in Europe.

Good luck Tom and remember to bike on the right-hand side of the road!!

## UPPER MOUTERE FIRE BRIGADE CALLOUTS TO DATE 15. 1. 2013

- \* MVA Motorcyclist v car Rosedale road 11.1.13
- \* Permitted burn Maisy Road 11.1.13
- \* Permitted burn Neudorf Road 11.1.13

Remember all outdoor fires must have a fire permit, it's just a simple phone call to Rural Fire Network and it's free!





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## MOUTERE HILLS COMMUNITY CENTRE



We hope you all had a lovely holiday break and got the chance to relax and spend time with family and friends.

It is proving to be a busy start to 2013 for us at the Community Centre with Weddings, the Wine Symposium, Sarau Festival, Eggers Family Reunion and Dolls House Workshop all taking place this term. We still however have a fantastic schedule of activities on offer, hopefully providing something for everyone. If you wish to book into one of these activities you can give Vanessa a call at the centre of contact the instructor directly on the numbers listed below. We would love to see you enjoying some of these great opportunities on offer. And a reminder that Moutere Hills Community Centre is also available for hire for meetings and various functions such as birthday parties and family celebrations or if you just want to spend an hour or two playing various sports with your children/ friends in the gymnasium. Why not give us a call to check availability.

#### Weekly Activity Schedule for Term One 2013

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Group Fitness Music & Movement Group Fitness Club Tennis Dru Yoga Under 5's 6:00 - 7:00am 9:00 - 10:00am 9:30 - 11:00am 6:00 - 7:00am (starts 29th January) (starts 7th February) (starts 1st February) Intermediate + 9:15am \$2 per session Carol 5410 975 (starts 13<sup>th</sup> February) Sue 5432 125 Carol 5410 975 (starts 18th February) Vanessa 5432 332 Debbie 5432 915 Group Fitness Club Tennis Cardio/Strength with 7:05 - 8:05am 9:00 - 10:00am Lynda Aerobics with Lynda 9:05 - 9:50am Gymnastics (starts 29th January) 9:05 - 9:50am Intermediate (starts 15th February) (starts 14<sup>th</sup> October) Vanessa 5432 332 1:45 - 2:30pm (3 - 4yrs) (starts 13<sup>th</sup> February) Lynda 5432 268 3:15 - 7:30pm (5-14yrs) MHCC Walking Group Lynda 5432 268 9:15am Depart MMHC Bookings essential. (starts 18th February) (starts 12th February) Mahana Guitar School Pilates with Lynda Pilates with Lynda 9:55 - 10:45am Sam 5432 512 9:55 - 10:45am 2:45 - 7:15pm (starts 15<sup>th</sup> February) Upper Moutere Playgroup (starts 13<sup>th</sup> February) Jim (03) 528 9775 Lynda 5432 268 with Toy Library Lynda 5432 268 Social Indoor Netball 7:45 - 9:00pm 10:00 am - 12:00pm Tennis Coaching for men and women (starts 12th February) Dance with Jane Pascoe 3:30 - 5:30pm Zumba Tasman 2:00 - 2:30pm Preschool 9:10 - 10:10am Casual attendance 6 - 11yrs (starts 8th February) \$3 per session Mahana Guitar School 3:30 - 6:30pm (5 - 10yrs) Bookings essential Tracy 021 263 2689 (starts 13<sup>th</sup> February) (starts 15th October) 2:45 - 7:30pm (starts 18th October) Jim (03) 528 9775 \$5 per session Jane 021 995 009 Vanessa 5432 332 Circuit Class with Creative Art for Adults Children's T-Ball/Softball Mahana Guitar School Mahana Guitar School 7:30 - 9:30pm 3:30 - 4:30pm 8:30 - 11:30am 6:00 - 7:00pm Vanessa 543 2516 2:45 - 7:15pm Art for all abilities 2:45 - 7:15pm Plus optional abs Bookings essential Jim (03) 528 9775 Jim (03) 528 9775 7:00 - 7:30pmStrength Class with Lynda Cost \$60 for 6 weeks (starts 14th February) (starts 11th February) 6:00 - 6:45pm Circuit Class with Tim Lynda 5432 268 (starts 12<sup>th</sup> February) Vanessa 5432 516 6:15 - 7:15pm Lynda 5432 268 for men and women Social Volleyball \$5 per session 7:30 - 9:30pm Pilates with Lynda Tim Edwards 021 320 306 for men & women 6:50 - 7:40pm \$3 per session (starts 12<sup>th</sup> February) Gymstick Core Lynda 5432 268 7:15 - 8:15pm (starts 30<sup>th</sup> January) . Carol 5410 975 Social Touch 6:00 - 7:00pm Social Table Tennis Mark 027 422 9949 7:30 - 9:00pm Social Badminton (starts 13<sup>th</sup> February) 7:00 - 9:30pm \$3 per session Peter 543 2903 Jenny 5432 139



Phone: 543 2516

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz

#### THE WRITE BIAS **NEWS FROM MAPUA BOWLING CLUB**



With the clubhouse festooned in decorations, a festive atmosphere prevailed throughout the Christmas season with lots of fun and laughter. Several outside organisations hired our facilities for their Christmas functions and enjoyed both the bowling and après bowls and maybe there are some new members now waiting in the wings? It has been a pleasure to welcome visitors and holidaymakers to our club to share a friendly game or two. Our clubhouse and facilities are available for hire throughout the year. For information and bookings please contact Dave England (as below) or Nancy Coeland (544 2847).

The social side of bowls kicked off for members on December 8 when the 'boys' cooked our lunch, challenged us with a quiz and ... wait for it ... also did the washing-up! This was followed by drawn pairs in a tournament sponsored by 'The Smokehouse' and a nailbiting result that Michael Forrest and Nancy Coeland won by a smidgeon. Very well done both.

If anyone was watching on December 22, they might have thought we had finally lost the plot. There were some amazing outfits sported by the 'Kiwis' and the 'Rest of the World' for the annual challenge. St George and the dragon had to strip off slightly as the competition got 'serious', Boadicea and the Welsh wizard remained resolute but it was still the 'Kiwis' who saw off the challenge as: -'Kiwis' won 6, lost 5, drew 1; 'Rest of the World' won 5, lost 6, drew 1. And boy was it worth winning! Maurie and Jean Daubney donated a trophy that was presented by Maurie to Frank Gibbison on behalf of the 'Kiwis' ... I am told that size doesn't matter.

The tournament was followed by our party, Christmas draw and general silliness. Congratulations to Eileen Connelly on winning first prize in the raffle, a large hamper of assorted deliciousness.

Order is now restored as much as it ever will be and we are looking forward to friendly and competitive bowling in the 2013 season.

For information about bowling please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934) or email s1ad2as3@xtra.co.nz

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(Opposite the new Hills Community Church) A Contemporary Craft Fair showcasing quality craftwork Wood . Textiles . Jewellery . Glass . Print . and more

#### Mapua Makers Market

The Mapua Makers Market, or MMM as it's quickly become known, was established by two local artists Lynn Price and Sally Reynolds, with successful markets held in June and November 2012.

Sally and Lynn set up MMM as a showcase for craftspeople, where the emphasis is on the makers and their handmade products, which is why there is no food or entertainment. This gives the market a unique feel, where visitors have time to peruse their products in a relaxing indoor venue.

"We enjoy giving people the opportunity to showcase their craft indoors; it's so much more relaxing and comfortable, particularly for the stallholders. It makes for an enjoyable environment for buyers too; they can chat to the maker and gain an insight into their work and inspiration."

They are working hard to get MMM established and are planning to hold four markets each year. They have a clear vision for the markets; to represent good quality contemporary craft, reflected both in craftsmanship and in the materials used - and they're really keen to support recycling and upcycling.

Each of the makers is selected on the quality and uniqueness of their products. They particularly enjoy finding new makers; some are young Mums, fitting their creativity around their busy lives and who have never sold at markets before. They support crafts people who live locally and in the Nelson area, but also like to invite one or two from further afield, so that each market has something different for people to see every time they come.

"It's amazing to see what some people find time to create! We've seen some gorgeous stalls decked out with funky little baby clothes, shoes and toys, all beautifully and lovingly made, all with their own unique style and flair."

The selection process for MMM ensures that there is a good variety of crafts, including, jewellery, textiles, toys, home wares, woodwork, clothes, screen-print, plus much more. The organisers are keen to hear from any metal workers and potters out there, who make contemporary, quality products and who might like to apply for the next MMM.

"It feels great to be promoting these kinds of things, to support our lovely craftspeople and know that some love has gone into a gift, that the materials used may even have a bit of history - and very importantly, to know that we are leaving a small footprint. It's just so satisfying to 'buy handmade'."

Planning is now well underway for the summer market, to be held on Saturday 9th February 2013 between 10am - 3pm. Due to renovations of the Mapua Hall, the market is moving along Aranui Road to the Old Church, opposite the new Hills Community Church, in Mapua. This venue provides the opportunity to have some stalls outside, as well as in this time.

If you are interested in finding out more about MMM check out: www.facebook.com/MapuaMakersMarket

or email mapuamakersmarket@gmail.com

Applications for the 9<sup>th</sup> February market close on Friday 25<sup>th</sup> Janu-

Lynn Price and Sally Reynolds

- MMM organisers

#### The water was cold but then again it always was this time of the year:

By Andrew Smith Oct 2012

As 500 litres of water engulfed me from head to toe shouts and "ye ha's" were heard from the rest of the crew. I spluttered trying to coax the same sentiments from my water filled mouth but by the time I had recovered another wave was upon us and I was once again fully immersed in a white maelstrom.

You may ask "How can anyone enjoy getting that wet in mid October?" Well the answer is simple. October is probably the best month to raft the Clarence River. The flow is good and the weather is not too cold, may be....

The Clarence trip is simply fantastic, four days or five it's great. The scenery of the Marlborough high country slowly merging into the coastal plains of the east is a visual masterpiece.

Brown tussock, green wilding pines, yellow broom in flower, blue borage, white Marlborough daisies, and all the time the pink of the rose hips. As the pines fade with the water flowing, willows appear and then manuka and then again beech with pockets of matai and miro and all set in this rugged landscape between the two Kaikoura ranges. The Seaward Kaikoura's appear early on in the journey. Mt. Manakau 2610m and

Te- ao- Whekere 2596m pop their snowy capped summits high above the clouds and the lower foot hills. Some say that Manakau is the longest climb in New Zealand starting not far above sea level. Even Mt. Cook where climbers start from Plateau Hut, which is at 2200m, to achieve the 3764m summit.

At times away in the northern distance you can catch a glimpse of the three high mountains of the Inland Kaikoura's; Mitre 2621m, Alarm 2877m, and Tapuae-O-Uenuku 2885m. In two days time these mountains will be to the west of us.

The geology along the way is breathtaking; the folding of strata once buried deep below now towers hundreds of metres above and directly out of the river. These huge cliffs are the signature of the two main gorges on the trip. As the mountains have risen so has the river cut through and carved its way to ensure its exit to the sea. Concretions, basalt columns, sulphur springs, amethysts, chalk and flint are all part of what make this trip a geologist's dream.

We were doing a four day trip to cover the 214kms. This meant two nights camping and one in a hut. The first night was spent under the willows with the warmth of our camp fire reviving us after our wet passage through the first gorge. This gorge contains the most techni-

cal rapid on the river, "The Shoot" it is well named because it funnels you in and then shoots you out. The Shoot is graded as a 2+ or maybe a 3. This grade is considered to be easy in a raft but there are always those stories that the guides like to tell.....

Rafting allows for a few comforts of home, weight is not a factor, although we always try to keep the volume down. Our belongings are stored in barrels which are lashed to the raft. These waterproof barrels can be rolled from raft to campsite with ease. On this trip we took a full size picnic table, chairs and enough liquid refreshment to keep spirits high.

Camping out around a blazing fire is always a highlight of any Clarence trip. Many stories, some short, some long, and a good time had by all.

The river was in good flow at about 50m3/sec (cubic metres of water past a given point in one second). This allowed us easy routes past some of the more tricky sections in the river, for example, the Clarence has many of what I call "slammers", that's when the river just slams directly into a rock face with the water then being deflected off at 90deg's.

Just imagine the turmoil of water at this point, a large river being forced to change direction very quickly. At low flows these can be quite tricky and an inexperienced person on the guide stick (Captain) may easily flip the raft over at these points. There are also many other opportunities for rafters to get an unexpected swim.

The water at this time of year is never clear as it is fed by rain melted snow high in the southern mountains of Nelson Lakes National Park. The river then flows into Lake Tennyson in the St. James Station before entering Molesworth and merging with the larger river the Acheron. The Acheron confluence is where we start our raft trip, (our "put in" point) this is approximately 25km from Hanmer Springs via Jack's Pass.

The forecast was good for the four days with a little weather coming in on the Saturday.



The People on the trip were all strong outdoors people, trampers, mountaineers and cavers so all were well prepared both mentally and physically to battle anything that the elements could throw at us. Once we set off we knew that there was no return, we must complete this journey now started. Some were nervous, some excited, some were just not sure what to expect. We had all the safety gear including maps, compass and GPS. You may ask why all this navigation stuff, after all we are on a river. I have found that it is quite easy to over shoot a camp site or lunch spot so having a co-ordinate for these sites is really handy. Every trip adds another great camp site or lunch spot to a growing collection of way points.

Continued over...

Continued from previous page.

The water was cold but then again it always was this time of the year. The wearing of wet suit socks inside my boat shoes has been a recent addition to my clothing, that cold foot feeling has been much reduced because of these. The water flow was good and fast, this meant shorter days on the river and more time to visit the attractions like the old Quail Flat Homestead which after being restored by DOC is well worth the stop.

With every passing trip there is always something new or different. The weather, often the scenery, other river users like jet boaters, sometimes hovercraft, horse trekkers, 4wders, and kayakers but mostly there is no one, just the lapping of the water on the pontoon.

Martin.G.....RD Diana.G...RD Mark.H.....NN
Sarah.H....NN Geoff.R...UMO Sam.F.....UMO
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#### St Pauls News

The craziness of Christmas is over and for me the rest of summer is at hand (although I sit here in a jersey while it's pouring rain). We shared in some fantastic events over December as we gathered together to share Christmas Carols, good food, and if you were at the Carols in the Vineyard, some great wine too. I enjoy the way that these events start us off as we get ready for the Christmas season, and while these events are a lot of work to put on, the joy that comes when we all gather together makes it all worth it. And I must say that with all the planning and preparation that goes into events like these, it's good to see that they usually go off without a hitch.

The only really drama we had, was when Millie, one of our Muppets, made a grand entrance, flying down from a high wire, with sparkler trailing behind, only to stop over the heads of all the children, eagerly watching her arrival (I think it's a good thing Millie didn't stop over someone who uses a lot of hairspray). Besides the one eyed Aussie joke, the Muppets, Millie and Bonzo were certainly one of the highlights of the Carols in the Vineyard, providing many laughs and a chance to reflect on the birth of Jesus.

Their hijinks don't stop there, however. Millie and Bonzo often visit with us at our Family Service at St Paul's Lutheran Community Church. We

hold this service at 9:30am on the first Sunday of the month and often have other guests like the evil Professor Doofenschmitz and his hunched assistant Igor. These services focus on the themes and stories we've learnt about in Sunday School and engage the young (and the young at heart) in their faith in Jesus.



Just like our family services,

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Pastor Chris







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#### Preventing abortion in ewes

It may seem like a strange time of the year to be discussing abortion in ewes given that Spring is still some time away, but in fact good preparation prior to mating can go a long way to reducing the risk of an abortion outbreak amongst your ewes come lambing time.

The two most common infectious causes of abortion in ewes are Campylobacter and Toxoplasmosis. Both are preventable with a vaccination programme, which must be commenced well before mating.

Toxoplasmosis is caused by a protozoal parasite which is spread by cats. Many farms in our area do have feral cats and oocysts shed in their faeces can inadvertently be fed to stock through contaminated hay or faeces can be ingested directly from infected pasture. Cysts may last up to two years in hay or soil. Infection at any stage of pregnancy can lead to foetal death. Very early abortions often go unnoticed but infection can also lead to premature lambs and the birth of weak lambs which die soon after birth.

A single Toxovax vaccination given at least 1 month prior to lambing can prevent infection and one injection lasts for life. The vaccine is made up in batches of 100 to order and costs approx \$1.90 ex GST per ewe, depending on the number of doses ordered. It needs to be ordered at least 3 weeks before it is required.

Campylobacter is a totally different beast to Toxo, being a bacteria which is spread by carrier ewes. A small number of carrier ewes will be persistently infective and may pass the disease to pregnant ewes through infected faeces or aborted material. These newly infected ewes generally abort in the last 6 weeks of pregnancy and thus the cycle continues.

Campyvax is available to prevent infection and protection consists of a course of two vaccinations given 4 weeks apart followed by an annual booster vaccination. This vaccine costs approximately 65c ex GST per dose

If you are wanting to order Toxovax or Campyvax for your flock speak to Maureen at our Motueka clinic on 528 8459 or if you have any queries about using these products call and speak to one of our vets.



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#### **Hello Animal Lovers**

Happy New Year to all animal lovers and your pets. Hope it is a good year for one and all.

The weather has warmed up considerably and thought should be given to providing our animal friends with plenty of shade and water. It always disappoints me when I see a dog locked in a parked car. Even with the windows open the temperature can rise inside a car to a level that is life threatening for dogs. Dogs cannot sweat and pant to try to get cool. If animals cannot accompany owners when visiting shops for instance, they should be left at home in a cool airy place. Rabbits and guinea pigs are also very vulnerable to high temperatures and can die quickly if overheated. If animals do show heat related stress symptoms they should be put in a cool dry place with plenty of water and kept quiet. In severe cases veterinary advise should be immediately sought.

Animals in paddocks also need consideration on hot sunny days. Many paddocks do not have adequate shade and many horses are left with heavy rugs on which they do not need. Sheep in particular seek out any shade they can get. They are clearly affected by the heat and sun and even if shorn still overheat due to their woolly coats.

Overheating is particularly difficult for very young or very old animals as they are most affected.

It naturally follows that if animals are distressed by the heat or insects they will alter their behaviour and become stressed and be less cooperative and sometimes aggressive. Owners must not assume that how they themselves cope with temperature is how an animal also feels. This is the season when a combination of heat, moisture and humidity produce an abundance of insects. Fleas can make an animals life a misery. Flies can target sheep and they become fly blown very quickly unless regularly checked and treated. Prevention with insecticides is by far the best approach as insects can multiply very quickly and are hard to control.

Summer is a great time for both owners and their animals it just takes a little understanding and consideration to make the most of it.

I am always happy to answer any questions on animal behaviour or for individual consultations if necessary.

Susan Mott Animal Behaviourist 0212664211





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- Nelson Saturday Market Montgomery Square
  - Sat 8:00am 1:00pm
- Motueka Sunday Market Decks Reserve
  - Sun 8:00am 1:00pm

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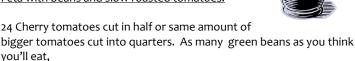
### In the garden:

Tidy up the herbs they can get a bit straggly at this time of the year and start to seed so give them a trim and you will get some nice fresh growth. Plant more lettuce, beans carrots and parsley. Look for perennial rocket seed—this is great and will keep you in rocket for a very long time. Keep the water up to the vege garden and have a wander around in the evening and deadhead the flower garden.

#### House and Garden with Soo Gee

Christmas is over and I'm over the usual Christmas fare (ham etc). So lets try some salads...

Feta with beans and slow roasted tomatoes.



Hand full of basil or other herbs eg: parsley, 50g pine nuts, a large bunch of rocket, 175g feta local is good!

Place tomatoes in roasting tin with a bay leaf. Drizzle with oil and roast at 120C for an hour or more.

Dry roast the pine nuts until light brown (watch them—they can turn quite fast). Top and tail the beans and cut in half. Boil them for 3 minutes then cool them quickly.

Combine all and toss with the dressing: 1 tablespoon red wine vinegar, 2 tablespoons whole grain mustard, 4 tablespoons oil, 1 clove of finely chopped garlic (optional) 1/2 teaspoon honey. Put into a jar and shake.

I mix and match this recipe a little using red peppers and avocado.

#### Watermelon and Blue Cheese Salad.

Half a water melon o rock melon cut into small wedges, 1 cucumber peeled and deseeded, 1 small red onion thinly sliced, soft blue cheese sliced, 1 cup of water cress or rocket.

This is best put together and served on a large platter. Drizzle with citrus dressing: Juice of one orange, 1 teaspoon sugar heated to simmer and reduced a little. Take off heat and add 1 teaspoon of lime and 2 tablespoons of lemon juice, whisk in 1/4 cup of oil. Garnish with a few sliced strawberries and some walnuts.

#### Crunchy Carrot, Noodle and Cashew Salad.

15og crispy noodles, 3 carrots grated, 6 radishes sliced, 2 spring onions or 1/2 a red onion sliced, 1/2 cup roasted cashew nuts.

Toss with a few greens (whatever you have) and dress with: 3 table-spoons light soy sauce, 3 tablespoon sweet chilli sauce, juice of 2 lemons, 1/2 cup olive oil. Put these ingredients in a jar and shake. Always taste and season before serving.

Pomegranates are out there—try cutting and half and tap them hard to get the seeds out. Sprinkle with 2 tablespoons brown sugar and 1 tablespoon hot water—serve with ice cream. Pomegranates are also very good in a salad.

#### Dry items and Jars to have in pantry:

Pasta; orzo, shells etc. Rice. A good variety of nuts and seeds. Verjuice, Whole grain mustard, olives, oils—pick up new ones when you're out and about. A jar of pesto, ginger, garlic. Couscous—try using a mint teabag in the water for added taste. Coconut cream, lemons and limes. There will always be more you can add but it's surprising the interesting meals you can make with any of these items.

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#### **COMING EVENTS AT THE MOUTERE INN**

#### ❖ LIVE MUSIC 8PM SAT 9<sup>th</sup> Feb "THE JOHNNYS"

The Worlds First and Only All Girl, All Johnny Cash Band are back at the Moutere Inn. From NZ's Wild Foods Festival to the prestigious US Johnny Cash Music Festival, The Johnnys have forged a great reputation delivering Johnny Cash songs like no one has ever heard them before. 'One thing I know dad would say, 'An all girl band singing my songs. I want to hear this! Oh, how he did love the girls.' Cindy Cash 2012. \$10 on the Door

#### ❖ LIVE MUSIC 5-8 PM SUN 17<sup>th</sup> Jan "Neil Sutherland"

An afternoon and evening of solo acoustic rock with Neil Sutherland. Playing songs by James Taylor, Gerry Rafferty, Cat Stevens and more.

#### DON'T FORGET

Raffle every Wed 6pm with Chase the Ace.

1<sup>st</sup> Thurs Folk Night. This month the 7th.

2<sup>nd</sup> Thurs Quiz Night. This month the 14th.

3<sup>rd</sup> Thurs Moutere's Got Jam. This month the 21st.

Last Thurs Curry Night. This month the 28th.

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## Top International Wine Media Eagerly Anticipating Nelson International Aromatics Symposium

A select group of the world's most influential wine commentators will be descending on the small country village of Upper Moutere, near Nelson in early February to taste, compare and discuss Aromatic wines.

They include internationally recognised wine experts Matthew Jukes and Jamie Goode from the UK, David Lawrason from Canada, Alder Yarrow and Jordan McKay from the USA, Cees van Casteren and Cuno Van't Hoff from the Netherlands, Felicity Carter from Germany and Jan Arrnhenius and Jan Peterson from Sweden alongside some of New Zealand's top wine commentators.

The symposium is on Friday February 1<sup>st</sup> and Saturday February 2<sup>nd</sup> 2013 at the Moutere Hills Community Centre, Upper Moutere, Nelson. It has been specially timed to flow on from the Pinot Noir 2013 conference in Wellington.Chairman of the Nelson International Aromatics Symposium, Patrick Stowe, says the bevy of significant wine media who will be attending the event is great news for New Zealand Aromatics.

"This gives us the chance to have these hugely respected commentators spread the word about our Aromatics. They're the people who are followed and listened to in the global world of wine, so it's a major coup for us that they have chosen to attend the symposium," says Patrick Stowe.

Jamie Goode, a London-based wine writer, wine lecturer and established wine judge, and currently wine columnist with UK newspaper *The Sunday Express*, is excited about coming to the Nelson region for the first time.

"I'm so looking forward to meeting like-minded wine people and also getting a snapshot on the fast-changing, dynamic Kiwi aromatic scene. I think New Zealand Aromatics is an as yet untold story internationally. So much focus has been on Marlborough Sauvignon and Pinot Noir, but New Zealand is also capable of stunning aromatic whites, although a lot of that potential is as yet latent. But the New Zealand wine growers have shown that they can learn fast. And Nelson seems to be a hot spot for aromatics," says Jamie Goode.

Felicity Clark, an Australian now living and working as editor-in-chief for the prestigious based Meininger's Wine Business International Magazine, (which is sold in over 40 countries) as well as being an international wine judge, says she is excited about what she can learn from the symposium.

"Aromatics is a topic of crucial importance for understanding wine, so I'm very much looking forward to learning more. I'm passionately in love with Austrian Grüner Veltliner, but know very little about its New Zealand cousin, so it will be a good opportunity for me to learn more about the various manifestations of the variety."

Felicity says she's also looking forward to the event because it has a reputation for being fun as well as informative. "My experience of the New Zealand wine trade is that they have a unique ability (shared with the Australians, of course), to combine very serious, thoughtful work with humour, all delivered in a collegiate atmosphere. "

David Lawrason is an independent wine writer, educator and wine competition judge based in Canada. He is currently VP of Wine for winealign.com, columnist for Toronto Life and Ottawa magazine as well as Grapevine published in Ontario. David says he was last in Nelson in the early 90s and can't wait to return for the symposium.

"It has been my fantasy ultimate getaway spot - tranquil, secluded and gorgeous with an abundance of orchards, cold water seafood and of course, fragrant wines. It seems the perfect spot to discuss and drink aromatic whites. Over the years I have closely tracked Nelson wines that have arrived in Canada; a reasonably constant trickle. Returning to Nelson will be a highlight of three weeks in NZ."

The symposium will also be reviewing top Austrian Rieslings alongside top Kiwi versions, as well as some select Nelson Rieslings to investigate the influence of the aging process. Award-winning Austrian winemaker Markus Huber is the key note speaker talking about the Grüner Veltliner variety which is Austria's most popular white wine and has been popularised by the nickname 'Gru-vee' "To have attracted this caliber of wine media to come to Upper Moutere and the Nelson region is a mark of the growing respect for New Zealand Aromatics on the world stage. We feel honoured to host such an impressive group of experts and we will ensure they'll learn something, have a great time and taste some great wines," says Patrick Stowe.



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#### News from your Preschool in The Moutere

The Harakeke team and whānau wishes all our readers a wonderful, happy and healthy 2013.

The end of year 2012's fantastic weather made sure that we could really enjoy our annual 2- nighters' Kiwi Christmas Camp at Kina Beach Reserve.

With a turnout of about 14 happy camper families plus some day visitors you can image what a great time we had.

It is just wonderful for us teachers to experience the engagement and support of our parents, ranging from bushwalks to dingy trips, music sessions and rock pooling to even organising pony cart rides and lighting a fire to get a hot water bath ready for children to have before bedtime.

Being part of the big Harakeke whānau and seeing individual family members (mums, dads and older siblings, even aunties and uncles and grandparents) spending fun times together is really rewarding.

Thanks also to the camp wardens for letting us have the back paddock all to ourselves - not having any car access means more freedom and safety for the children. OK, it also means a lot more carrying and back and forward trips across the ford to unload and load, but....let's see it positive, it encourages team work and helping each other as well as keeping us fit....one smart family even thought of bringing a wheelbarrow...something to definitely remember for next year.

Ka kite The Harakeke teaching team





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Mondays @ Moutere Hills Community Centre Thursdays @ The Old Church Hall, Mapua

Term 1 starts Monday 18<sup>th</sup> February (8wks)

For more information and to book a place contact Sam on: (03) 5432512 or samantha slade@hotmail.com



#### LANDSCAPE & PERMACULTURE DESIGN

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#### **ACCIDENT REPORT**

a Rosedale tale by Ruth Moore

It was a particularly hot morning on January 11th. My son Luca and I were down in the bottom garden trying to avoid the sunshine when we heard the rumble of a helicopter. It soon appeared: a large red and yellow one flying quite low. I said as much to Luca (who didn't really care). I picked him up and we went to the edge of the garden to watch where it went. It circled Roses Road, and then landed in one of our paddocks, out of my sight behind a line of trees. I asked Luca if he wanted to go and have a look. He said he didn't (by crying when I put him in the pram), but I wanted to go, so we walked across the paddocks and started off up the road.

The helicopter had landed a couple of paddocks down from the one-way bridge. The kids who had been swimming in our pool said that they'd seen a police car, so that's what I thought the flashing lights up ahead must be. My first thought was that it was a drug bust—but the helicopter wasn't big and black.

Then we were able to see an ambulance and a fire truck. So I thought perhaps one of our neighbours had been in an accident. I smiled to the medics standing by the helicopter in red uniforms, then continued on up the road. A firewoman was walking toward me. I assumed it was to tell me not to be so nosy and to go home, so I slowed down. She said, 'Hi.'

I said, 'Hi, Fiona. What's happened?'

'Motorbike accident.'

'Oh.' I wasn't sure how to ask if the driver was dead. It certainly seemed serious with so many flashing lights.

'They're going to airlift him to hospital.'

'So he's alive?'

'Yes.'

We stood there for a few moments, and then I said, 'Well, I better not wander up there. I'll leave you to it,' and she said, 'Oh, well, you may want to walk up there. It might be your brother.'

She very kindly escorted me to the crash site, being very reassuring. I saw our car, which my sister Hannah had driven down the drive at great speeds about half an hour ago (now I knew why). There was a motorbike standing up on the side of the road, but it wasn't damaged, so I assumed it wasn't the one that had been in the crash. Then I saw Hannah standing there in her pyjamas, and Mum a bit further away with her handbag over her shoulder. She looked a little frazzled. 'They're going to airlift Reuben to hospital,' she said. 'I'm just waiting to see if I should go with him.'

Two women sat on the side of the road by a blue car being examined by police. The front right-hand side of it was ripped up, and there was a dent in the windscreen that looked suspiciously like the imprint of a head (turned out to be a shoulder, but Reuben has big shoulders). So he'd hit the car, and then had landed in the grass about five metres away.

There were a lot of firemen and medics surrounding him. He was on a stretcher, with a neck brace. His arm was wrapped (he'd broken his wrist) and his legs were bandaged (one of them was broken, too). He was very chirpy, having been given plenty of gas. As they carried him to the helicopter, he had a great chat with the people carrying him. Mum said that she would drive to the hospital and he said something that I'm sure was 'Okay, I'll be fine, Mum' but sounded a lot more like 'I'm so high right now'. They put him into the helicopter. 'Oh, I'm all alone now,' he cackled and had a good conversation with himself while the others got ready to take off.

We want to thank the fire brigade, the police and the medics for their quick response to the accident and for their handling of it. Reuben is slowly recovering in hospital.

#### Moutere Hills Youth

Can't believe the holidays are over. One good thing is that this means we'll all be catching up for youth group again.... wa-hooooooooo!!!!

#### Sarau Festival 3 February

We are doing our fundraiser down there again. Please come and help raise funds for your youth group! Call us.... Or we will call you....

Friday Night Youth (year 7 up)

Friday 15 February Splash Back – bring

your water guns and

togs

Friday 22 February Splatter Splot – come

prepared for who knows what!

<u>Y (Year 9+)</u> is every second Tuesday, after Family Touch Rugby. Catch a lift from the Centre, or meet at the Church Hall 7pm. Y will restart on 19 Feb.

Senior Youth (Year 10+)

Saturday 16 February Massive Water Fight and BBQ Rabbit Island, 1pm

Friday 22 February Last Man Standing & Spotlight, Meet 8pm,

#### Touch Rugby

The Riwaka Competitions are going well. It's great to see everyone there

Community Youth Workers Andy & Abbey Bensemann

Andy 021 2245178 Abbey 027 2434364 Home 543 2949



### An Apology

Hello everyone, our apologies for the non-arrival in December of the flyer mentioned in the last Grapevine! The Trustees decided it was inappropriate to send it out at Christmas time when families were fully stretched financially.

But we are hoping to get it out in February instead, so please look out for it!

Heather Eggers, Treasurer,

**Moutere Community Youth Trust** 

#### Firewood for sale

Wattle, Pine and Pinecones Ph 027 2699629 to place your order.



## Martyn Bro's

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Rangers Rugby Club Boot Camp!! Saturday (8:30am) at Moutere Hills CC and Tues (6:20am) at Mapua wharf (February to March). 1 hour focusing on core fitness and aerobic fitness. All welcome. Gold coin donation.



#### PART-TIME GARDENER WANTED

For large country garden in Upper Moutere. Would suit semi-retired man. 2 days per week, (10 -14 hours).

Helps to be physically fit and able to maintain equipment.

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Rangers Football Club A.G.M

Tuesday February 12th 7pm Moutere Hills Community Centre All welcome Enquiries to Wendy ph. 526 6132

The Solution Hall (Upper Michael day afternoons at 1.0.)
date for 2013 is 17th Januar,
Join in games and cards. Enjoy our and fun and fellowship. All welcome. Contact Bridle Eggers ph 5432 871.

Ining Fairy Wanted

The Solution Hall (Upper Michael August 1988)

The Solution Hall (Upper Michael August 1988) The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight. Start

 $\overline{\phantom{a}}$ 



#### DOVEDALE COUNTRY AFFAIR.

Sunday 17th February. 11am til 5pm.

Dovedale Reserve.

Live music, games, craft stalls and much more. Entry is Gold Coin per adult.

Stallholders contact Ann Win 5433832

for an application form.

\$25 site or \$50 food site.

## SUNDAY 3 FEBRUARY

**3PM - 9PM** 

MOUTERE HILLS COMMUNITY CENTRE



All the old favourites and plenty of new additions! Come and enjoy your local festival!

For more information please visit <u>WWW.SARAUFESTIVAL.CO.NZ</u>

And while you're at it, like us on facebook facebook



Don't forget to get your entries in for the MOUNTAIN BIKE RACE and the GENTLE CYCLE RIDE, info on website.

Entries for PHOTOGRAPHY COMPETITION are due in by 24<sup>th</sup> of Jan.



#### HELP NEEDED!

- Marquee set-up Saturday 2<sup>nd</sup> Feb at 3.30pm
- Lots of lighter jobs Saturday 2<sup>nd</sup> Feb at 3.30pm
- Site cleanup Monday 4<sup>th</sup> Feb at 9am
- Food for volunteers on Saturday afternoon

JUST SHOW UP!

- Baking for seniors marquee contact Fiona on <u>rogers.johnstone@xtra.co.nz</u> or 5432135
- Stall and event supervision on Sunday contact <u>Jenny@saraufestival.co.nz</u>

#### YOU COULD ALSO HELP ON THE DAY BY BRINGING;;

- Books for the Recycled Book stall proceeds to Moutere community
- Entries for the Blackcurrant Bake-off
- Entries for our Mascot and Purple Hat competitions