

# The Grapevine

MOUTERE HILLS COMMUNITY NEWS

**AUG** 2013

# ANIMAL MAGIC



ily, Mary and Master Jac are just three of the 30 alpacas at Sarau Hills Alpacas on Supplejack Valley Road. Each one has its own name and its own particular personality, says breeder Sandie Drogemuller.

Sandie and husband Paul have lived in Upper Moutere since 1981, when they took over the hop farm that had been in Paul's family for four generations. They retired from the hop growing 10 years ago and built on their 18-acre lifestyle block, where they have been breeding alpacas for the past six years.

"We've had sheep and cattle before but alpacas are not as much work, they're easy to handle, intelligent and good paddock munchers," says Sandie.

Originating from South America, the alpaca is smaller than its close relative the llama, and is bred for its fibre rather than as a pack animal. Kept in herds high up in the Andes, it has a warm coat that can be used to make everything from blankets and bedding to gloves, sweaters and scarves.

"Alpaca fibre is lighter and warmer than merino, and doesn't contain lanolin," says Sandie, who sells the fibre to buyers all around the country. "We send 'shorts' - the neck, leg and belly fibre - to a place in Dunedin, where it's used for duvets. Craftspeople buy the finer 'blanket' fibre from the main part of the alpaca for spinning, weaving and felting."

At their property, Sandie and Paul have huacayas, one of the two types of alpaca. The other type, the suri, has a long fleece that resembles silky dreadlocks, while the huacaya has a shorter,

"Alpacas come in all sorts of colours – light, medium and dark fawn; white; brown black; blue black, and a multitude of a character all of its own.

greys," says Sandie. "Some are multis and some are one colour. The whites and light fawns are considered by some to be better for selling, as these colours can be dyed. But we have a mix of everything here."

All those who breed, show or sell alpacas in this country must first register them with the Alpaca Association NZ, based in Christchurch. The animal's full name is added to the register and its ear tagged. From there, the alpaca needs a TB test every year or two, a shot of Vitamin D every two months and a sixmonthly 10 in One injection. It also needs shearing once a year.

Sandie and Paul regularly take their alpacas to the Nelson A&P Show, and have come out on top a couple of times for both the animal and the fleece. They also meet with a group of fellow Nelson and Blenheim breeders every quarter, some of whom also wash and card fleeces in preparation for spinning and felting, while others enjoy the actual crafting process.

For many, though, alpacas appeal purely as pets. Sandie and Paul are happy to sell theirs to a good home – but they must go in pairs at the least, says Sandie, as they are herd animals. "We halter train our alpacas from around four or five months old, which is the best age to start."

The gestation period for a female alpaca is 11 and a half months, and the baby, or cria, usually arrives in the daylight hours, and when there's no rain. With several pregnant females due to birth this December, Sandie and Paul will soon need to dream up some new names to join Lily, Mary and Master Jac. Article & photo: Beverly & Viv Sellers, ph: 03 543 2008

# Placing an advertisement

Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month.

#### The deadline for each issue is 15<sup>th</sup> of the month.

Please email your print-ready ad to umograpevine@hotmail.com or provide paper-based, print-ready copy to the Upper Moutere Store.

#### The following prices apply for advertising:

O Births, marriages, deaths and giveaway notices: Free

• Business card size advertisement: \$12

**⊙** 1/4 page advertisement: \$25

**⊙** 1/2 page advertisement: \$50

• Full page advertisement: \$95 (if space available)

Please deposit payment (and identify it with your name) to our

account: NBS 03 1354 0229034 16

# Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

#### The deadline for each issue is 15th of the month.

Please email your copy to: umograpevine@hotmail.com



# THE NELSON EVENING MAIL WEDNESDAY AUGUST 6 1902

# DISTRICT NEWS. UPPER MOUTERE.

(From Our Own Correspondent.)

FARMERS' UNION.

At the monthly meeting of the Upper Moutere Branch of the Farmers Uni n, resolutions were passed stro gly protesting against the proposals of the County Council to levy taxes on waggons and engines, and the compulsory widening of tires. The meeting expressed the opinion that 4 and 5-inch tires were sufficient for waggons carrying three tons and over.

A matter important to the whole district is the proposal for a new road over the Moutere bills. At the same meeting a loog discussion took place, and Cr Beuke explained the route as surveyed by the County Engineer. It was resolved to have petitions circulated through the district, to apply for a grant from the Government for a sum sufficient to make the much needed alteration. A road which would not only lossen the distinct but would be easily graded would be or immense benefit to the large number of travellers who use the main road to Motueka.

Paperspast.natlib.govt.nz



## 203 Queen Street, Richmond

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Sharon De Jong Sales & Marketing Consultant

Mobile: 0273 202 196





#### JUST FOR A LAUGH....

A frog goes to a fortune teller to find out if he will ever be lucky in love

The fortune teller reads his palm and tells the frog, "I have good news and I have bad news. Which would you like to hear first?"

The frog asks for the good news first.

The fortune teller says, "You are going to meet a pretty girl who is going to want to know all about you."

"Great," says the frog. "What's the bad news?"

"The bad news is you're going to meet her in biology class." replies the fortune teller.

http://www.familyfriendjokes



#### LEIGH BRIARS ARCHITECTURE

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## Relay for Life - events for you!!

The Wiggle 'n Jiggle team have heaps of fundraisers lined up in support of the Cancer Society's Relay for Life. See what's on and book your place today!

#### KITCHEN GOODIES RAFFLE

A scrumptious prize package of tasty kitchen goodies, plus handsewn apron and beautifully 'bling' kitchen gloves!

Look out for roving ticket sales, or call Sam on 543 2512 for info.

#### KIDS' DRESS-UPS RAFFLE

This one's for all those children who love dressing up. Full of fabulous costumes and accessories for boys and girls!

Look out for roving ticket sales, or call Sam on 543 2512 for info.

#### IN CASE OF EMERGENCY

When: Tuesday 3 September, 6-8pm Thursday 5 September, 6-8pm

Where: Upper Moutere Church Hall, Supplejack Valley Road,

**Upper Moutere** 

A great introduction to basic First Aid or as a refresher for those wanting to brush up on their life-saving skills, this course will teach you:

- •CPR in adults and children
- •How to deal with choking and anaphylactic shock
- The recovery position
- •Using a defibrillator or AED.

Tutor Kerry Lineham is a CME Endorsed ResuscitationProvider.

We have two sessions, limited to 12 people, so book soon to avoid disappointment!

Contact Beverly on 543 2008: \$10 per person

Please note: this is not an NZQA course and there's no certificate for participation – just a cuppa at the end!

#### EMPOWER YOURSELF!

When: Saturday 31 August & Sunday 20 October

Times and venue tbc

This course for women and teenage girls will teach you some techniques to keep you safe on the streets and help you get out of unwelcome situations.

Instructor: Lesleigh Gray.

Contact Sam on 543 2512 for ticket sales: \$10 per person

#### **IELLY BEAN COUNT**

Back by popular demand! Guess how many jelly beans in the jar. Get it right, and you get to eat them!

Look out for the jar at the Upper Moutere General Store.

#### ART EXPO AT ICON

When: 26-27 October, opens at 10.30am

Where: Icon Gallery and Sculpture Garden, 1270 Moutere Highway,

**Upper Moutere** 

Being held over Labour weekend, this is an amazing opportunity to view and buy artworks by local artists. Come along and enjoy art, entertainment, food and music. Cash sales only, please.

#### PLUS - MYSTERY EVENT!

Keep your ear to the ground and a date in your diary for our surprise event on the evening of 19 August. You won't want to miss it!

## MOUTERE HILLS COMMUNITY CENTRE



#### What's happening at Moutere Hills:

It has been a frustrating few months with things progressing slowly with the rebuild. The scope of work has now been completed and there will be a call for tenders in the next few weeks. The successful tender will be announced on 30th August and we hope that work will begin on the facility not to long after that date. We have been looking into a few alterations to enhance the facility and have put these plans onto our website for your feedback. We will also be holding a community meeting in September to enable us to discuss these plans with you and give you all an opportunity to provide further feedback. A email and flyer will come out about this soon.

#### Quiz Evening

Moutere Hills Community Centre and Upper Moutere Tennis Club are jointly hosting a Quiz Evening to raise funds to renovate the Community Room. This Quiz evening is set to challenge and provide a fun night out:

Saturday 10th August 6:30pm to 10:30pm Upper Moutere School Hall

Cost: \$90 for a team of 6 (nibbles and supper provided)

If you would like to register a team or if any local business can provide us with prize donations or sponsorship then please contact us on 543 2516.

#### Business Advertising on the website

If you would like to gain greater exposure for your business and support the Community Centre at the same time, why not consider advertising on the Moutere Hills website. For only \$50 per year you can advertise your business under our Community Directory.

## Term Three Schedule - 29<sup>th</sup> July - 27<sup>th</sup> September 2013

Monday	Tuesday	Wednesday	Thursday	Friday
Club Tennis 9:00 – 10:30am Intermediate+ Pre-school Music 9:30am \$2 includes morning tea (starts 29 <sup>th</sup> July) Lutheran Church Hall  Gymnastics 1:45 – 2:30pm (2 - 4yrs) 3:15 – 7:30pm (5-14yrs) Dovedale – Mondays (starts 5 <sup>th</sup> August) Motueka – Wednesdays  Creative Art for Adults 7:30 – 9:30pm Art for all abilities (starts 5 <sup>th</sup> August) Moutere Hills Community Centre  Mahana Guitar School 6:30 – 8:00pm Moutere Hills Community	Group Fitness 6:00 – 7:00am (starts 6th August) Upper Moutere School  MHCC Walking 9:00am Depart  Strength Class with 6:00 – 6:45pm (starts 30th July) Lutheran Church Hall  Pilates with Lynda 6:50 – 7:40pm (starts 30th July) Lutheran Church Hall  Social Touch 6:00 – 7:00pm Moutere Hills Community Centre	Club Tennis 9:00 – 10:30am Intermediate+  Aerobics - Lynda 9:15 – 10:00am (starts 31 <sup>st</sup> July) Lutheran Church Hall  Pilates with Lynda 10:05 – 10:55am (starts 31 <sup>st</sup> July) Lutheran Church Hall  Dance with Jane 2 – 2:30pm Under 5 3:30 – 6:30pm (5 – 10yrs) Lutheran Church Hall  Mahana Guitar School 2:45 – 7:15pm Moutere Hills Community Centre	Cardio Tennis 9:00 – 10:00am No ability necessary  Dru Yoga 9:30 – 11:00am (starts 1st August) Lutheran Church Hall  Junior Tennis 3:30pm onwards (starts 1st August)  Mahana Guitar School 2:45 – 7:15pm Upper Moutere School  Social Table Tennis 7:30 – 9:00pm Upper Moutere School Hall  Social Mixed Volleyball 7:30 – 9:30pm Motueka Recreation Centre	Group Fitness 6:00 – 7:00am (starts 9 <sup>th</sup> August) Upper Moutere School  Cardio/Strength - Lynda 9:15 – 10:00am (starts 2 <sup>nd</sup> August) Lutheran Church Hall  Pilates with Lynda 10:05 – 10:55am (starts 2 <sup>nd</sup> August) Lutheran Church Hall  Junior Tennis Coaching 4:15pm onwards (starts 2 <sup>nd</sup> August)



Phone: 5432 516

Email: enquiries@mouterehills.org.nz
Website: www.mouterehills.org.nz



#### THE WRITE BIAS



# CHARITY FUNDRAISING EVENT

In support of the Jack Inglis Friendship Hospital

SATURDAY 31 AUGUST 12 NOON AT MAPUA BOWLING CLUB

Soup and bread, fish pie, biscuits
Raffle

Do come and join us for lunch and help to support this very worthy.

local cause

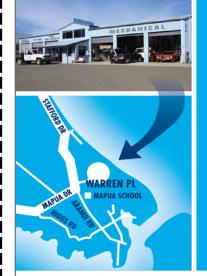
## NEWS FROM MAPUA BOWLING CLUB

Club members are enjoying Friday evening winter socials but wheels are still turning behind the scenes in preparation for the season ahead. Sponsored tournaments have been organised, building renovations are underway and the green has been treated with some winter nourishment.

The new committee has met for the first time and decided to continue the fundraising effort of last year where a "Soup Kitchen" raised funds for the national Childhood Cancer charity. This time the support will be local, the Jack Inglis Friendship Hospital and everyone will be made most welcome to join us for lunch and some light entertainment. Note the date in your diaries and we look forward to seeing you at Mapua Bowling Club.

For information about bowling, our winter social events or booking the clubhouse and facilities please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934) or email <a href="mailto:s1ad2as3@xtra.co.nz">s1ad2as3@xtra.co.nz</a> Sue England





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#### **SAMS SPAM**

#### Hi everyone,



The issue of online security has again been very much in the news lately. Here are some pointers on how to protect yourself.

One basic way to protect yourself include only buying from reputable, established websites - it's very easy to set up a website so make sure that the one you are buying from is genuine.

Another basic point is NEVER click on links in the body of an email. Most people have got wise to the fake emails asking you to update your details (even if they look as though they are from a genuine bank etc). Emails from friends though, are often not treated with the same caution. Beware!

- Firstly, that cute picture of a kitten in mittens may not have been sent by your friend at all as someone may have hacked into their address book.
- Secondly, even if it has been genuinely forwarded to you by someone, they (and you) could unwittingly be sharing an infected link.

•

Be careful about revealing too much personal information online, including your social media sites and such 'innocent' pastimes as filling in online quizzes about yourself. Why? Because these are the kind of details we often then go on to use for password or security questions. Having this information available, especially your full birth date, gives hackers a head start. For example when signing up for online accounts, you are often required to answer selected security questions: your first pet, favourite colour, mother's maiden name etc. For online security, you should use fake answers to these question (but make sure you will remember them!).

Last but not least, have different passwords for different accounts (plus put a password on your mobile phone). If you use the same password for everything and one account gets hacked, all your accounts could be under threat. Also, avoid the temptation to click "save my password" in case your computer / laptop falls into the wrong hands.

When it comes to picking a password, security experts advise the following:

Passwords should never be: a dictionary word, a sequence of numbers/letters (ie 45678 or abcdef) or anything that's personal. Instead, they should be: at least eight characters, a mix of upper-/lower-case letters, a combination of letters and symbols (, &, \$, etc).

# Free software of the month: Secure password generator <a href="http://www.pctools.com/guides/password/">http://www.pctools.com/guides/password/</a>

if you don't want to have to make up your own passwords, there are many free online tools to help. The PC Tools Password Generator allows you to create random passwords that are highly secure and extremely difficult to crack or guess due to an optional combination of lower and upper case letters, numbers and punctuation symbols.

That's all for this month! Remember, for anyone out there needing help with computers and other technology etc. my phone number is 03 544 0737. Average job price \$35.



#### KIDZ KLUB CORNER

Well the cold weather has arrived and at Kidz Klub that means we are making more arts and crafts with a winter theme. One of the popular activities we did in our Mapua Massive Holiday Fun Programme was Snake Draft Stoppers. For those of you that have gaps under your doors or windows these are not only effective for stopping the cold drafts from coming inside, they are very cute and easy to make, as well as being a cheap and fun craft activity. Children of any age can have fun stuffing and decorating these snakes and the kids at the holiday programme came up with some great looking snakes and creatures. So here is how we did it:

#### SNAKE DRAFT STOPPER CRAFT

#### What You Need:

An old pair of childrens tights (stripy ones look cool) Stuffing (we used the stuffing out of old pillows)

Tacky glue (we have found the best glue is Helmar Premium Craft Glue which sticks just about anything you use for crafts!!)

Fabric Scraps

Old buttons or googly eyes

Needle and thread (we cheated and used the sewing machine (we had 21 to sew up!!!)

#### How We Made Them

We cut the leg off the stocking along the bottom of the gusset We then stuffed the stocking with the stuffing out of the pillow

Next we sewed up the bottom end

We then decorated the snake with pieces of fabric cut into different shapes, buttons, googly eyes and of course added the tongue. Some of the older kids used needle and thread to sew the buttons etc on however tacky craft glue works as well

# THAT IS IT - YOU HAVE MADE A SNAKE DRAFT STOPPER - Now put it to use and stick it where the draft is coming in!

If you want to see our kids in action making their Snake Draft Stoppers as well as pictures of some of the other cool stuff we made at our Mapua Massive Holiday Fun programme go to our facebook page Kidz Klub After 3

## KIDZ KLUB AFTER 3

**OSCAR ACTIVITY PROGRAMMES** 

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We provide CYF approved quality OSCAR after school and school holiday programmes in Mapua and an after school programme Upper Moutere.

For more information contact Cindus 03 543 2033 / 027 358 7233 Kidzklubbafter3@gmail.com'

CHECK OUT OUR FACEBOOK PAGE TO SEE WHAT THE KIDS HAVE BEEN UP TO LATELY!!



# News from your Preschool in The Moutere

The place 4 3 2 5 year olds EXPLORE, CREATE, ENJOY Tena koutou, all the excitement and wonder associated with our Matariki celebration continued as we moved into celebrating Te Reo Māori as part of Māori language week at Harakeke.

As educators we have an ongoing committment to encouraging both ourselves and our children to use te reo Māori within our curriculum. What fun we have had learning new waiata and actions and introducing new vocabulary into everyday use. We also honoured the pūrākau, the traditional Māori story of 'the origin of all things' by retelling the story of Ranginui and Papatūānuku on the magnetic board.

Outdoors we have seen (and felt!) Papatūānuku (Mother Earth) and Ranginui (Father Sky) present us with their various faces of winter and this has led to brilliant interest in exploring ice and all its qualities. Some fascinating ice sculptures have been discovered leading to recreating freezing ice indoors provoking many questions and theories about this intriguing substance.

When ice is not forming over the many available bodies of water of varying sizes, the children have been keen to practice their kayaking skills on every remaining puddle or fairypond, wallow in mud when no water is left or pumping their heart out to let water run along their created waterrun - straight into the sandpit to make their own river and pond. You might be able to imagine the amount of 'changing clothes' and wet weather gear needed...but it's all fun and LEARNING and luckily we have a nice and warm inside to return to. I hope I'm not talking too soon and our healthy immune systems keep sparing us from the winter ills and chills and other infectious diseases that have battered the Moutere recently.

Keep well Ka kite ano Your Harakeke team

#### LOCAL MIDWIFE CLARE SPRATT

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#### **Hello Pet Lovers**

Today's busy schedule means that many people work away from home all day. This is particularly difficult and distressing for our pets who are used to interacting with their owner. Dogs are inherently designed to follow their leader— which is usually their owner. Too many people forget how separation and boredom can lead to destructive behaviour by both dogs and cats. Dogs and cats benefit from having a safe and warm bed with associated owners' smell. Also a radio can provide some companionship. However many breeds of dogs need to have a challenge. So, big chewy bones and toys where food can be hidden can keep them occupied for some time. All dogs benefit from exercise but some working breeds suffer from stress if they cannot get sufficient exercise. If a dog is to be left alone all day it is very important it be given a good walk morning and evening.

It is very apparent how happy working dogs are as they interact with their owners and as a team with others They are happy to have a job and many working breeds can run for over 50km a day. Imagine how difficult it is therefore if these dogs are confined and abandoned for the day.

Dogs display stress in different ways. Some chew up objects, others dig holes and others can become aggressive or very passive. Many will bark and howl in an attempt to call their owner home and register distress. This behaviour is particularly difficult for neighbours and can communicate a distress call to other dogs which can set them off as well.

So spare a thought when pets are left alone all day as to their happiness and welfare.

As always I am always happy to help with animal behaviour issues.

Susan Mott Animal Behaviourist 0212664211



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#### Horse and Pony Care – winter months

The paddocks you have are not only about the amount of grass (or lack of) that is palatable for the horse. It is also the quality of the grass in the winter months. Slower growth and much lower food value means that the horse will require additional feeding. The horse needs to eat 2.5 of it's body weight per 24 hours. Most of this will be bulk particularly for resting or horses in light work. The horse is a 'trickle feeder', their digestive system is designed to have small amounts of food passing through it, which is quite different to cattle. Long hours with nothing to eat is detrimental to this system and encourages fighting in groups of horses and pushing through fences to seek food close by which could cause injuries.

Good quality hay is ideal, night and morning. Hay racks – more than one if the horses live as a group - will help prevent wastage and can be shifted to dryer ground if conditions are wet.

**Shelter—** Most of us have the paddock we rent or have available – exposed paddocks will mean the horses will require more food for warmth. Hedges, lines of trees and undulating ground will all offer some form of shelter, man made shelters and wind barriers are invaluable in windy cold areas. Covers are a great form of protection but need to be checked often.

Careful observation: remove covers as often as you can. A few extra moments to do this is well worth it. Cover rub and sores are detected early as are other signs that things are not right. Weight loss, skin conditions – mud fever on legs, rain scold on the horses with more sensitive skin can all be picked up early. Just spending a few moments watching the horses can be good bullying of other horses, depression and listlessness are all signs to be noticed and not dismissed.

(Continued from previous page)

Practicalities – most of us are not with our horses 24/7, away at work or school or maybe renting a paddock and are able to visit only once a day. If this is the case find other horse owners who keep horses close by and exchange contact details. If they drive past and notice things are not right they can get in touch. Other friends and relations can do the same, they do not have to be 'horse experts'; you can give them some ideas as to what to look for and just get them to contact you. It might just be a slipped cover or horses galloping around a lot. Putting this type of observation in place is not only better and safer for the horses but gives you some reassurance as well. With once a day horse care remember a lot can happen in 23 hours!

**Daily checks;** Fences/gates, loose or sagging wires, broken posts etc. a fence is only as strong as its weakest part. Covers – condition – have a spare. Halter – better left off the horse but close by in case someone needs to catch it. Remove cover if you can and if it is not too cold. This only needs to be brief to check for injury, condition, wellbeing and warmth – feel the ears.

On going regular care - teeth checks – teeth and mouth problems will mean the horse is not able to get the best value/nutrition from the food it eats, farrier visits, drenching. These are all vital in the winter months

**Look after yourself** – plenty of warm clothes and gum boots become your friends in winter months. And just remember spring is around the corner with longer daylight hours for more happy riding time.

Courtesy Jeanette A, Garrett B.H.S.I., Ad. Dip. Ed. Registered Equestrian Sports NZ Performance Coach & Coach Educator



# We are making like eels and hibernating until spring.

Jester House cafe is closed the month of August.

Reopen 7 days a week from 5th September.

See you then.

Kind regards,
Steve and Judy and the Jester House team.

Jester House Cafe, 320 Aporo Road, Tasman lunch@jesterhouse.co.nz 03 5266742

#### Grapevine circulation is 1300 copies.

This issue has been constructed by: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Viv Sellers and Heather Eggers. Views expressed are not necessarily those of the voluntary editors and no responsibility is taken.

## **Horse Cover & Gear Repairs**

Horse Cover Washing Prompt Service Good Rates

Contact Lawrie 1350 Moutere Highway Upper Moutere

Ph 5432 234



## Garden ideas for August

Well, even though it feels like spring is only around the corner don't be fooled, August is usually our wettest and coldest month. But you can still get out into your garden in preparation for the warmer weather. In your vegetable garden you can plant broccoli & cabbages, dwarf peas, cos lettuces & broad beans (you can always make life a lot warmer and drier for the new seedlings by placing cut in half plastic bottles over them). You can get a head start on your spring seed sowing by starting tomatoes and peppers indoors on a sunny window ledge.

DIY seed raiser— this is a great way to save money and clean up old leaves. Make a Barrel sized tube from chicken mesh, stand it in the shade and fill with a mixture of leaves. Give it time to break down into a fine dark mix and you have the perfect seed raising mix.



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Now is a great time to start making your own liquid fertiliser to keep your plants and vegetables well fed over the up and coming growing season.

Fill a barrel with seaweed or animal manure and top up with water cover with a mesh lid and leave for 4-6

weeks you will create liquid food to keep your garden looking great (you need to dilute 1 part liquid fertiliser to 10 parts water). Or why not make a worm farm with the kids. Worm farms are a great way to recycle your house hold kitchen scraps back as liquid fertiliser. There are plenty of great ideas on the internet to make a worm farm by using things you may have lying around, and I'm sure your kids will love seeing how quickly the worms can eat their vegetable scraps.

#### **Fire Permits**

When lighting an outdoor fire anywhere in the Tasman District, for safety purposes a fire permit is required. The Council is not responsible for the issue or administration of fire permits. These can be obtained by contacting the Waimea Rural Fire AuthorityFire Permits

Permits to burn in the open are required in rural areas throughout the year within the Tasman District Rural fire District. Fire restrictions are in force all year round in Tasman District. Permits are generally needed for all outdoor fires except enclosed incinerators and barbecues.

For permit enquires or additional information contact:

Principal Rural Fire Officer, Rural Fire Network, phone 03 544 2441

#### Upper Moutere Volunteer Fire Brigade

The Fire Brigade is looking for local people to join the crew.

Do you live within 3km of the station? Are you available during the day and looking for a new challenge? If interested, call Fred Ewers on 5432 299\* or email fred.ewers@qmail.com

\*Please note, the phone number in last months issue was incorrect, so if you were trying to contact Fred this is the right number. Apologies from the Grapevine to all parties involved!

#### **Callouts to date:**

3/7/13 Oven fire Holdaway Road



### **PEA STRAW**

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# Calling all Gardeners

Moutere Plant swap on Sunday the 22nd September 11 am in the MHCC car park wet or dry (under the veranda if wet). Responsible swapping -no weeds—plants labelled with descriptions if name unknown. See you there!

#### **FOOD**

#### BUTTER IF YOU MUST.....

#### **S**cones

Preheat oven 250°C or 200°C fan bake.

Grease or line tray—makes approximately 1

Grease or line tray—makes approximately 18.
3 cups self raising flour, 1/4 teaspoon salt, 50g butter (I soften this a little to make it easier to rub in). 1 large beaten egg, 1 1/2 cups milk made up of of50/50 yogurt and milk. I also use sour milk in place of yogurt—don't over measure.

Sift flour and salt into bowl rub in butter, mix egg into milk mixture and add to dry ingredients, mix with a knife. Turn out onto a floured board, knead lightly, roll our and cut. All scones should be brushed with a little milk, bake 10-15 minutes or until risen and golden.

#### Variations:

If you like **sweet scones** add 1 tablespoon icing sugar and 3/4 cup fruit (dates etc).

Cheese scones—reduce butter by 25grams, add 100grams grated cheese. Add other flavouring to your taste—1/4 teaspoon cayenne pepper, 1 teaspoon mustard, pepper, celery salt, I add parsley (chopped) or a little red pepper chopped. Cinnamon Pinwheels— add 1 tablespoon icing sugar to the basic mix, roll to a rectangle shape, brush with milk, sprinkle 6 tablespoons brown sugar and 1 1/2 tablespoons cinnamon. Roll up and cut into 2 cm slices.

#### Prune and Sultana Tea Loaf

Oven at 170°C, grease or line a 23cm loaf tin.

Pour 1 1/4 cups of hot tea\* over 1 cup of chopped prunes and 1/2 cup sultanas. Add 75grams chopped butter. Set aside until cooled to room temperature.

Cream 1 cup brown sugar (or raw sugar) with 1 tablespoon golden syrup, add tea mixture and 1 beaten egg, 1/2 teaspoon vanilla.

Sift together 1 1/2 cups self raising flour, 1/4 teaspoon salt, 1/2 teaspoon each of nutmeg and cinnamon. Fold into wet mix and pour into loaf tin.

Cook 45-60 minutes.

\*Don't forget to take out the teabags or strain the tea leaves!

#### Soo Gee



# **MOUTERE INN**



THE CENTRE OF THE MOUTERE SINCE 1850

- Craft Beer
   Real Ale
- Local wines
   Live music
- Bar mealsEvening DiningLounge barRooms

EST<sup>D</sup> 1850

All welcome
Available for functions and private bookings

#### **COMING EVENTS AT THE MOUTERE INN**

#### ❖ QUIZ NIGHT 8<sup>TH</sup> AUGUST 7pm

This Quiz night will be special one, as we will be giving all the money raised over the last year, to the Upper Moutere School. It's also an opportunity to show our appreciation of the support given by the sponsors of the Quiz Night. Woolaston Estates Vineyard, Neudorf Vineyard, and Kahurangi Estate Vineyard.

#### ❖ SATURDAY 17<sup>th</sup> AUGUST – LIVE MUSIC 8pm <u>"THE DIONS"</u>

The Dions are originally a Wellington band who have recently re-located to Nelson. Winners of the 2013 Battle of the Bands they play a mix of original material and covers. They describe their style as alternative rock with other groovy, jazzy, dance influences.

#### ❖ STEAK WEDNESDAY AND RIBS NIGHT

Every Wednesday we have a steak night here at the Moutere Inn. Two Wakanui (200g) prime rump steaks with fries, house salad, and a bottle of house wine All for \$50. Great for a couple. On the last Thursday of the month we do our Texan Ribs for \$20.

#### ❖ DON'T FORGET

Raffle every Wed 6pm with Chase the Ace, and Steak Wednesday  $1^{\rm st}$  Thurs Folk Night. This month 1st  $2^{\rm nd}$  Thurs Quiz Night. This month 8th Last Thurs \$20 Ribs Night. This month 29th

THE MOUTERE INN
THE CENTRE OF THE MOUTERE

Phone 543 2759 www.moutereinn.co.nz



Neudorf Dairy Yoghurt is made very simply with fresh sheep milk and culture. This culture now includes the added benefits of probiotics. It is made to a traditional Greek recipe, hand ladled into the pottles and ready to eat the following day. With a natural creaminess and citrus tang it is the perfect accompaniment to any seasonal fresh fruit. During summer it was fabulous with strawberries, then autumn hit and feijoas were just thing and right now it can be enjoyed by the bowl-full with tamarillos and kiwifruit.

There is absolutely no reason to add sugar when eating Neudorf Dairy Yoghurt and fresh fruit, the natural flavours and creaminess of sheep milk brings out the sweetness in the fruit. However if you are looking for another way to enjoy our delicious sheep milk yoghurt and to enhance the citrus flavour give the recipe below a try. Or if you can get your hands on some Neudorf Torta Crema try this for a slightly thicker syllabub. Simply delicious!

#### Neudorf Lemon Syllabub

1c Thickened Cream
1/c Castor Sugar
50ml Pinot Gris – preferably from Nelson
1/c Neudorf Dairy Torta Crema or 1c Neudorf Dairy Yoghurt
2est and Juice of one lemon
4 Sprigs of mint to garnish

Whip the cream and castor sugar together until soft peaks form. Add the Pinot Gris, Neudorf Dairy Torta Crema or Yoghurt, most of the lemon zest and all of the juice. Continue to whip together for a two more minutes. Spoon into individual dessert glasses and garnish each with a sprinkling of zest and a sprig of mint. Serves 4 generously.

www.neudorfdairy.co.nz

Moutere Community Youth

#### Friday Night Youth

Friday Night Youth is kicking off with a mystery to be solved! There's been another Murder in the Graveyard.... whose body is it?

August is going to be awesome. Anyone who is Year 7 and above can come along to Friday Night Youth. Bring \$2 and meet at 6.30pm at the Hall behind the Church.

Friday August 2 Friday August 9 Murder in the Graveyard Boy's Night/Girl's Night Friday August 16 Friday August 23 Action Centre, Richmond

Movie Night Friday August 30

If you need a ride to or from Friday Night Youth, or you would like any other details,

#### Senior Youth

Senior Youth is every Monday Night, 7:30-9pm. Every second Monday is Y, from 6:45-7:30pm. If you don't want to come to that, just turn up at 7:30 for youth group.

Monday August 5 (Y) Spotlight Monday August 12 Movie in Town Monday August 19 (Y) Night Games Monday August 26 Choice Night

Bubbles & Cupcakes - Glitter, Gloss & Glam,

Starting Monday August 5.

Come along, girls, for a feast of fun.... there are delicious cupcakes to be eaten, and plenty of glitter, gloss, and glamour! Girls, Year 5+, four consecutive Mondays, 3:15-4:30pm. \$25.

Abbey & Andy Bensemann 5432 949 027 2434364 021 2245178

# **HIGH PLACES** www.highplaces.co.nz Bhutan Naro Six Pass Trek Contact us for more info! also Iceland - Greenland - Africa Sikkim - Patagonia - Peru - Nepal Tel 03 540 3208 treks@highplaces.co.nz

#### Our Place

Can you find the hidden words? You'll find them written across, down, diagonally and even backwards! They're all about our place, so that should make it easier...

YKEWKEYSETSBERP EPAPZWKLSDXLLUC RFUHSEAIIUXAABC YOPLUDKKAHJCDYO M B A H P R Y R A G C K E B D QXMENRARFQMBSAC MEETSANJMQIOYB PDBNLKTLGESRRRU NRUBEARBNIRDWRD OWKSWDBAEYHZYK CREMOUTEREUZUOL ZXAYELLAVEEDBBA UNHFJSACXOPTODH SUPPLEJACKDPZRT URCXVYBSOTHUUNF

BLACKBIRD BRAEBURN COUNTRYKIDS DEEPDALE DOVEDALE HARAKEKE KAHURANGI MAPUA MOUTERE NEUDORF ROSEDALE RUBYBAY SARAU SUPPLEJACK TASMAN UPPER VALLEY



#### SITUATION VACANT - VOLUNTEER POSITION

We would be keen to hear from anyone in the community who has an interest in the health and well-being of our young people and would be prepared to help us achieve and oversee the funding needed to support our local youth workers, Andy and Abbey Bensemann.

Heather Eggers, after 15 years as a Trustee, is retiring and we need to find one or more trustees to fill her role as treasurer. We welcome representation from all the community.

You can reach the Chairman, Leigh Briars, on 543 2667 or email him at briars@ts.co.nz - he would love to hear from you.

# mouteremotors



Hello, we are writing to introduce ourselves if we have not yet met you! We are Tim and Lisa Rutledge, and are the new owners of Moutere Motors.

You will still see the same friendly staff members you are used to seeing, along with Lisa who will work in the shop on Mondays.

A couple of changes that you may need to know:

- Our opening hours are now 7.30am 5.30pm
- Our bank acct details are different to what you may currently have. Please feel free to ask us if you are unsure.

We would love you to come in and say hello and we look forward to being able to help you out with all your vehicle needs.

Time & Lisa

Something to get you thinking Anagrams are words that can be formed using another word, so How many words can you make out of the word Grapevine?					
·					
.And how about Moutere?					



# HEYWARD

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Do you want to be part of something fun?

**Are you** energetic and enthusiastic?

**Do you** have skills to deliver great service?

Are you able and willing to learn?

We currently have part time positions available for the coming season, weekend and weekday, and invite you to send your c.v.

Please send to lunch@jesterhouse.co.nz by the 18th August.

We look forward to hearing from you.

Steve and Judy Richards

#### Music and Movement for under 5s

Monday's at 9.30am
(for about 30 - 40 mins) in the church
hall, Upper Moutere
Everyone welcome
\$2 per child

ph Debbie for more info 5432 915



#### Ashtanga Yoga

Tuesdays 6-7.30pm (Starts August 6th)
The Woolshed, Lancewood Villa, 109 Kelling Rd,
Upper Moutere

\$12

Bring yoga mat and blanket
Ange Palmer

0211450334 / 03 5530353

www.angepalmer.com

Ashtanga Yoga is flowing and dynamic, integrating breath with movement.

The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight.

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome.

Contact Brian or Lois Eggers ph 5432 871.