

## PICTURE PERFECT

LOCAL LIVES



**Learning to paint was a watershed moment for Upper Moutere resident Linda Morris.**

**A**lthough Linda Morris had always loved art, she'd never really tried her hand at painting until she moved to Upper Moutere in 2002. When son Louie was three, Linda decided she needed an activity just for herself. Somewhat nervously, she headed for the Mapua Art Group with a tiny square canvas, a couple of paints and a brush. "I did my first painting and I was addicted," she says.

Since then, Linda has sold many works through her website and exhibitions. She has also become co-owner of Nelson's new online Kahurangi Gallery, and has branched out into cards of her art, sold locally by Moutere Gold and Pomeroy's and as far afield as a store in Auckland's Ponsonby Road.

"I'm still on an art journey," says Linda, who enjoys the freedom of trying all kinds of styles and media. "I mainly work in acrylic on canvas, and I keep a little book full of sketches and ideas – there are always so many paintings I want to do. I put my works in progress on Facebook and get such supportive comments, which is lovely."

Christchurch-born Linda met husband Ian while working in London in the late 1990s. Previous jobs as a journalist on newspapers, radio and TV in New Zealand led Linda to working for the BBC and as a public relations manager at Granada TV before moving to UK PR company Harrison Cowley as head of new media.

The return to New Zealand and the Nelson region was a conscious lifestyle choice for the couple, and it has turned out to be the perfect place to bring up Louie, who's now eight. From their nine-hectare property in Rose Road, Ian runs Feasts Catering, while Linda has continued with her PR and marketing, working for the likes of Westpac, Blackenbrook Wines and Nelson City Council from her home-based Lemonade Communications business.

Coming to the country was a big adjustment for Linda and Ian. "I swapped my Prada boots for gumboots," she says with a laugh, "but luckily Ian jumped right in and learnt it all from scratch. Now I love having the cows (our 'girls'), and they've been the subject of a lot of my paintings."

Their property, once the Rose family homestead, has 100-year-old oak trees and an old hop barn along with a small citrus grove and olive trees planted by more recent owners. Linda and Ian have added their own native planting to the mix, providing a relaxed and private setting for the family.

The original house burnt down in the 1920s, but over the years different owners had extended the old cottage out the back, with the Morriszes stamping their own personality on the place when they moved in. "The house lent itself to having a holiday cottage, because it was self-contained already," says Linda. Lemonade Farm Cottage is the accommodation they have named for the sweet lemons that grow on the farm. "We designed it the way we'd like it to be ourselves if we were staying. We meet and greet guests, then let them enjoy their privacy, with a separate driveway and spa pool."

Visitors come from far and wide, many from the UK and US. "We recently had a honeymoon couple from India, who'd got married near the Taj Mahal," says Linda. "We weren't sure how they'd enjoy their New Zealand experience, but they said they couldn't believe how beautiful it was."

Linda couldn't agree more herself. "I love waking up to the land and the sun, and the community is fantastic. I've never lived anywhere with such a range of talented and supportive people." *Article by Beverly Sellers: 03 543 2008*

## Editorial

Living in an area that has seen a lot of changes in a relatively short amount of time, it's not always possible to know who's who and what's what. That's where the Grapevine comes in - helping to link the pieces together. We are lucky to have the support of a lot of regular advertisers and contributors. In fact, demand for advertising space is getting to the point where if you do want to advertise and aren't on our "regulars" list, please make sure you have your ads in by the deadline which is the 15<sup>th</sup> of each month or we might not have a space for you (as has happened this issue). Our advertisers tell us that they get good results with regular advertising, so it's nice to know that you are supporting them too.

By the time this issue goes to print the first meeting to form the Upper Moutere Residents Committee will have taken place. It doesn't matter if you've been here a month or a lifetime, give your support to your community and it will be something you can be proud to say you helped to achieve. It really is worth investing a bit of time and commitment to the place that you live in - it's not everyone who can say they got to help shape a place.

The article on the Eggers family reunion is a good reminder of the foundations that these hard working people laid down. If only they could see the thriving community they handed down to us. Continuing to build on what others have done means our community will continue to thrive.

Let's hope the support is there so we can keep the momentum going.

## Placing an advertisement

**\*\*\* Deadline for the Sept 2012 issue is 15<sup>th</sup> August 2012 \*\*\***

**Thank you** for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month. Please email your print-ready ad to [umograpevine@hotmail.com](mailto:umograpevine@hotmail.com) by the 15<sup>th</sup> of the month. Or provide paper-based, print-ready copy to the Upper Moutere Store.

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We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your article published, but if you are telling the community about a commercial venture, we do appreciate a donation to help us cover our costs.

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Grapevine circulation is 1300 copies. This issue has been constructed by: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Viv Sellers and Heather Eggers. Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!

# About The Hans Eggers Family

This family history began in Germany during the year 1837 when a son was born to Hans Eggers and his wife Maria (nee Lent). The baby was named Hans after his father who was a soldier in the German army. At that time all young men had to do compulsory army training for about six years. He was killed during his military training when baby Hans was only six months old.

Hans therefore grew up in extreme poverty and learned the meaning of hard physical work at a very early age. As young as eight years old, his working day began at 3am when he had to feed and groom his master's oxen. The cattle were better cared for than the servants. By 4am he was expected to be out in the fields with his team of oxen.

Other tales such as these, told down the years mean we can safely say that this family came from a background of poverty where courage and endurance were a way of life. The families were mostly large and strong. They had a physical and emotional strength and a fortitude drawn from centuries of survival of the fittest. Most importantly, they had a wonderfully strong spiritual faith.

The reasons for emigration to America (both North and South), Australia and New Zealand during the 19th century are clearly seen. The social conditions of the wage earners who were without property, without money and living in small, substandard houses known as 'Katen', were grim. There were large families from six to twelve children living in two small rooms, often cold, hungry and poorly clothed. They worked 12-16 hours a day. For the smallest offence of low productivity they were punished with a riding whip or expelled from the village. Emigration was an opportunity to escape their inhuman existence.

## Hans and Dorothea's Journey

At the age of 21 years Hans married Dorothea Margaretha Magdalena Schutt and their first child was born in Germany on 19th April 1858. Why did this young couple choose Nelson New Zealand when many others at that time were leaving their homeland for other distant countries?

It is almost certain because they had friends and relatives already here at Upper Moutere or settled at Waimea East. Dora's (Dorothea) sister Maria and husband Henry Ewers had arrived here on the "Maori" sailing ship in 1855. Hans and Dora travelled out together with Henry's brother Frederick Ewers and his wife Dorothea Christina Johanna (nee Platt). We can assume then, they were persuaded there were opportunities too good to miss in this newly colonized country.

The 683 ton sailing ship "Mariner" left Gravesend with passengers for the settlements of Nelson and Otago on 1st January 1859 – the dawn of the New Year, and, they hoped, a new beginning. Hans and Dora arrived onto New Zealand soil April 25th 1859 (Nelson). Their first settlement was on the Waimea Plains, before finally settling at Sarau (Upper Moutere).

Extract courtesy of *The Hans Eggers Family History* by Joan Ewers printed by Anchor Press 1994



## Hans Eggers Reunion

Are you a Descendant of Hans Eggers??

If so, did you know that planning is well underway for the next family reunion being held on the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> of March 2013.

Check out the website and register your interest for attending the reunion at:  
[www.hanseggers.co.nz](http://www.hanseggers.co.nz)

Not sure if you are a descendant??

Contact us at [www.hanseggers.co.nz/contact/](http://www.hanseggers.co.nz/contact/) and we can check for you!

Hans Eggers Reunion Committee 2013

## Some of the Surnames of Descendants of HANS EGGERS

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Bensemann	Heath
Ewers	Page
Heine	Yorston
Drogemuller	Wild
Percival	Feary
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**THE WRITE BIAS**  
**NEWS FROM MAPUA BOWLING CLUB**



May to the middle of September is the closed season for lawn bowls but closed doesn't mean complete hibernation. Winter is a time for maintenance and socialising and the members at Mapua have been busy doing both.

The green needs as much, if not more, attention in the winter as the summer and the Green keeper has been busy nurturing our prime asset. It is looking good and promises a grand bowling season ahead.

Likewise the grounds and clubhouse are being tidied and spruced under the watchful eye of our Property Manager. If you have never visited Mapua Bowling Club you would be made very welcome on a Friday evening (first and third each month) to have a look around and see the great facilities that we have to offer.

On Sunday 1<sup>st</sup> July we held our second mid-winter lunch. This was just as successful as the first with 35 people enjoying soup, roast lamb and very dangerous desserts. I'm not sure if 'enjoyed' is the right word for the quiz as there was plenty of audible groaning but four lucky people came out on top to claim their chocolate fish! It was good to see new friends along with existing club members and we look forward to seeing everyone out on the green in September.

For information about bowling please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934).

*Sue England*

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**The principles of Building Biology** (a holistic, since 1975 internationally practiced science to research and create healthy environments) determined the way of constructing and building habitats until 100 years ago. 40% of building materials were of plant origin, 60% of other natural material. Pollution was not a problem; toxin-free, natural building was “mainstream”: the traditional method of building, which still exists as the intuitive environmental form of living in wide areas of our planet. After WW2, mainly the “civilized” countries blindly pursued more technical and chemical building and living practices, whereas poorer regions maintained their traditional and regional habits until today.

The reasons for using natural toxin-free building methods are obvious: being part of nature, humans as well as flora and fauna can't exist without clean water, clean air and healthy soil to sustain their true functions and purpose. Therefore the protection of these assets in a limited environment such as our planet should logically be a mainstream priority for all countries and their populations.

Sensible people agree on the necessity to accept environmental protection as a collective and individual responsibility. But where to begin? In industrialized countries the wider building industry is the source of approximately 40% of all landfill, a high percentage of which is toxic. We are all contributing to this problem through current building and living practices or lifestyle choices, e.g. toxins and synthetics in construction materials, furniture, cleaners, clothes, outdoor treatments etc. At the same time this situation offers endless possibilities to reverse pollution by a large percentage.

Building Biology reconnects us with natural ways of living as well as making use of beneficial new products, e.g. double-glazed windows, insulation and alternative energy sources. Indeed Building Biology combines big themes like Eco-house, Passive solar house, Energy efficiency etc., but in addition emphasizes the “Healthy People effect” through using healthier materials and bio-logic! The common misconception of healthy housing being more expensive is put into a different perspective when the overall health and environmental benefits are factored in. As building biologists we avoid expensive and superficial devices to manage the indoor environment by thorough planning of house, room and window positioning and by choosing natural materials according to their properties, e.g. temperature and humidity regulation, air ionization, avoidance of static electricity and absorption of air-borne toxins. Centralized plumbing, heating and electricity lay-outs and natural noise and sun control also contribute to the cost-saving side of the equation. Implementing Building Biology in your house planning right from the start seems simply logical. However, also an existing building will profit from an analytical inspection. Sometimes it only takes small changes to turn a house into a more efficient, healthier, harmonious home.

Susanne, certified Building Biology Practitioner (US) and certified Environmental Health Consultant (GER) offers practical solutions as well as consultancy for all clients, also a working cooperation with architectural services and builders who want to bring their designs to a internationally accredited healthier dimension.



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## COMING EVENTS AT THE MOUTERE INN



**SATURDAY 11<sup>th</sup> AUGUST – LIVE MUSIC 7pm**  
**MARLEY RICHARDS**

Marley Richards is a young musician who has created a great reputation for himself playing local venues over the past couple of years. His laid back style of singing and playing acoustic guitar is reminiscent of Jack Johnson and Ben Harper.



**FRIDAY 17<sup>th</sup> AUGUST 7pm – MOUTERE'S GOT JAM**

The latest addition to our Thursday line-up has moved to Friday for this month.

An open mic night organised by Helen Mayhew, who started our Folk Night,

and Joe Barlow known for the Park Cafe open mic night.

Performers will be

allocated a 15 min spot each, and the evening will finish with a jam session.

Show us what you've got!

### DON'T FORGET

Raffle every Wed 6pm with Chase the Ace.

1<sup>st</sup> Thurs Folk Night. This month 2nd

2<sup>nd</sup> Thurs Quiz Night. This month 9th

3<sup>rd</sup> FRIDAY Moutere's Got Jam. This month FRIDAY 17th

Last Thurs Curry Night. This month 30th

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Tēna koutou, hello to everyone,

By the time you have read this Gundula will have returned from researching the need for a Pacific version of Harakeke in Samoa! Well a tropical location complete with warm sun and less rain would be fabulous but I think we all know we have a special place here too...

Thankfully June's persistent rain took a wee holiday over Matariki and the winter solstice allowing us to enjoy a magical evening celebrating our annual Matariki festivities. The children had all enjoyed the experience of preparing a nourishing vegetable soup, enthusiastically chopping a wonderful variety of winter veges and herbs. After sharing a meal together the children's lanterns were lit and as darkness descended we set off along an enchanted path with lanterns floating on our ponds lighting our way. So many orange lanterns bobbed in the darkness and while following the beating of Johannes's drum, I could not help but reflect on how restorative it is for one's being to spend time connecting with community and cultural traditions such as Matariki and winter solstice. Giving us more opportunity to celebrate Māori culture is Māori language week beginning on July 23rd. As a centre Harakeke are looking forward to embracing this year's theme of "Arohatia te Reo," which means to cherish the language. By extending our use of te reo and encouraging our tamariki through learning new waiata we can demonstrate our love and regard for the language by using it everyday.

Although the sun will be with us for a few more minutes each day the weather continues to provide the children with opportunities to explore our environment. With their senses alert children are especially keen to explore frost and ice and the experience of skating on our pond that periodically freezes over in frosty conditions. When the sun has appeared we have been planting garlic in our garden and enjoying the combination of fresh air and vitamin D! We hope you all have had a chance to enjoy the more leisurely pace over the school holidays and are ready for all the action the third term brings! Ka kite ano from the Harakeke teaching team.

## Mahana School

Term 3 at Mahana School will be busy, but that is nothing new and we love being busy. Our investigations this term are based on the London Olympics and on learning to use Te Reo Maori in everyday situations. We are also involved in cross-country (we have a great track around the Woollaston vineyard, it is beautiful), speeches, Rock-da-House (a brilliant combined choir event), Suter Art Gallery visits, NelsoMathix (a problem solving interschool maths competition), winter sports tournaments, and mask making (ready for the Mask Parade in term 4)

But it is not just about being busy. Busy is good, but it has to be for a reason. We make sure that the 'busyness' is all part of providing students with learning and experiences that will make them better people.

Cross-country is a great example. Some kids love it, some kids don't. The kids who love it and who do well need encouragement to run faster and to push themselves. Competition for these kids is important. But the kids who find it hard can also be successful. They need encouragement to keep improving, and to value self-improvement and personal goal setting no matter what place they might get. We need to realise and reinforce the fact that everyone can be successful.

The same can be said about any area of school. Everyone has their strengths and their improvements. The best thing about school is that it is perhaps the one time in life where you get tailored, often 1-1 support to improve. Imagine if we had that now as adults! But it only works when everyone is on board.

At Mahana we try hard to encourage the philosophy of self-improvement whether it involves maths, reading, or any other area of learning. Encouraging the kids to see the value in this is really rewarding and it is a value that they will take with them when they leave school.

So being busy is good, but being busy for a reason is what schools are all about.

Justin Neal

Principal, Mahana School

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For all those parents with pre-schoolers, we are running a fantastic new music programme at Mahana School. You and your child will get to play, sing, dance, and giggle together. Our trained Kindermusik educator, Kath Munn, will guide the class as well as help you understand what your child is learning. *There will be one more free introductory class this term.* If you would like to learn more or are interested in taking part, contact Kath Munn, 03 5289685 or ring Justin at Mahana School, 03 5432 887.

Please remember that families are welcome to visit us anytime, or check out our new website at [www.mahana.school.nz](http://www.mahana.school.nz), check out our class blogs, or follow us on Facebook and Twitter. We have an excellent school that is not far away. We have a student – teacher ratio that allows us to put kids learning first. We have a special place and we are proud of it. Come and take a look!

Justin Neal

Principal



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**Ray White.**

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## The Sarau Community Trust

The first Moutere Sport Scholarship has been awarded to Tom Filmer. We think Tom is a worthy recipient having performed very well at local and national cycling competitions.

Tom has been selected for the New Zealand World Championship Cycling Team to race in the cross country at Saalfelden, Austria in early September and intends to use the funding to pay for his license and insurance to race. He has recently taken part in World Cup events in North America, and at the time of writing is competing successfully in Switzerland.

On behalf of the Moutere Community it is a thrill to have been able to use this funding to support Tom in his training and competition. Tom has contributed to each Sarau Festival by competing in the cross country cycle race – always being in the top ten riders, and winning the last few years.

Good luck from us all Tom!



## What happens at an International Blackcurrant Conference?

In early May local blackcurrant farmers Phil & Raewyn Hyatt and Philip & Jenny Leith joined 15 other New Zealand blackcurrant growers in a trip from London to Dundee in Scotland – visiting blackcurrant farms and associated industries as we travelled. It was eye opening to see how the British farmers manage their orchards with extensive hedgerow plantings and less drive to maximise their production. Inevitably we saw a variety of management styles, and were even lucky enough to view the Queen's blackcurrant plantings at Sandringham. She too is a supplier to GSK for Ribena, as are most UK and NZ Blackcurrant growers.

The conference which followed in Dundee was extremely well organised and focused on all aspects of the industry – the sciences of breeding, growing, health and marketing. We were privileged to have high calibre international presenters, and to meet growers and manufacturers from Poland, France, Ireland, Scotland, England, Denmark, Norway, and Tasmania.

A number of the delegates left the conference with our Blackcurrant Recipe book in their bags, and interested in the idea of the blackcurrant focus at the Sarau Festival. In particular the Norwegian delegates were studying our website to see if they could replicate this kind of festival over there. Some of our Moutere recipes are now finding their way onto UK websites.

**An invitation to contribute:** The Sarau Community Trust has been established to manage the distribution of funds to the Moutere Community and also administers the Moutere Sport Scholarship. Anyone wishing to contribute to this fund or scholarship can find the constitution on the NZ Companies' Office Website, or can contact Jenny Leith at [jenny@saraufestival.co.nz](mailto:jenny@saraufestival.co.nz), ph 03 9700715 to discuss it.

## Let's get Physical at Country Kids

This term we are continuing our Perception Motor Programme on a Friday morning for all our children. Children of all ages are very excited when Lee Collet (Sports Initiative Nelson) arrives to provide exercises that are fun and beneficial to children's learning and development.



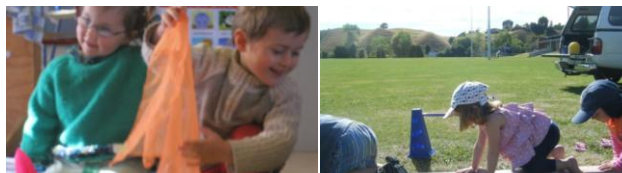
Early Childhood Education & Care



It has been found that if a child is first organised physically, there is correlated improvement in perceptual abilities which makes later teaching and learning more effective.

- Academic tasks in general and specifically the task of learning to read demand skill in form perception, symbol recognition, visual language development and other Perceptual-Motor abilities.
- Readiness for these tasks involves development of general co-ordination, balance, body image and position in space, eye hand co-ordination, auditory perception and control of eye movements.
- An improved self esteem should result. (Kernahan 2003)

Children take part in a variety of activities using scarves, balls of all shapes and sizes, balls with different textures, hoops parachutes, balancing equipment and bubbles. Teachers support children to learn and practice new skills during these Friday sessions and throughout the week. This ensures children have ample opportunity to revisit new learning and celebrate achievements.



# MOUTERE HILLS COMMUNITY CENTRE



Thank you to everyone who supported our recent school holiday programme, the children who attended and some wonderful members of our community who gave up their time to come and run some fantastic activities with the children. So thank you so much Andy, Abbey, Tersha, Helena and Vicki for coming along and sharing your skills with the children.

As a result of the success of these we are offering an adults class in art this term. The class will take place on Monday evenings from 7:30pm until 9:30pm starting on 6th August. It will be run by Helena Morris. Bookings are essential for this Creative Art Class as numbers are limited. To book a place please phone us at the centre on 5432516.



Created by Katie Coppell—Lenfert



Created by Brianna Heine

## Senior's Social Morning

A brand new session for our Moutere Hills Senior Community is our Monday Morning 'Social Seniors'. We invite you to join us each Monday morning at 10.30am for morning tea followed by a craft sharing session or social activity. Bring along your friends and neighbours or come and meet new members of our community in a very social environment.

Guest speakers will provide talks on various topics and we have tutors available to run specific classes. We look forward to seeing you there! \$3 a session

## Youth 'Drop In'

If you are aged from 14 years why not come on down and enjoy hanging out with friends and neighbours at Moutere Hills Community Centre. Have a game of basketball, badminton, table tennis, play station—it will be open for your use. From 7:30pm until 10:00pm with a gold coin donation required on entry.

Food and drink available for purchase.

**Friday 17th August**

**Friday 21st September**

**If you have any queries, would like to book in for an activity taking place at the centre or would like to be added to our database just pop in or give us a call, we would love to hear from you.**



**Phone: 543 2516**

**Email: [enquiries@mouterehills.org.nz](mailto:enquiries@mouterehills.org.nz)**

**Website: [www.mouterehills.org.nz](http://www.mouterehills.org.nz)**



## Over 70 gymnasts twirled, whirled and tumbled as they impressed the audience at Upper Moutere's first gymnastics display.

The children, aged from 2-12 and members of gymnastics clubs in Upper Moutere and Mapua, showed off their skills to a packed hall at the Moutere Hills Community Centre on June 22.

Pre-schoolers were joined by other younger gymnasts to perform actions to a song about elephants and their wrinkles, which helps improve a child's body awareness, rhythm and memory.

Gymnasts aged between 4 and 10 showed off routines involving hoops, ribbons and scarves. These looked great and also encourage the development of fine-motor skills and hand-eye coordination.

They also demonstrated their skills on the floor, with rolls and cartwheels, and on the mini trampoline. Not to be outdone the adult coaches also produced some aerial entertainment to gasps and cheers from the crowd.

The evening ended with members of the tumblers class, all over 9-years old, demonstrating more difficult gymnastic skills such as front somersaults, flic flacs and front handsprings. All the gymnasts left the hall with big smiles on their faces and were bursting with pride in the great job they had done together.

A raffle at the event raised \$145, which will go towards purchasing a bigger balance beam for gymnasts to use.

Gymnasts will be preparing during term 3 for an annual competition, which is run by Linda Mace from Nelson, at the Moutere Hills Community Centre in September.

If you are interested in giving gymnastics a go, contact Sam on 543 2512.



## Upper Moutere Pair Reach Finals of Lodestone Classic

There was no need to dry the courts this year, because the day dawned cold and frosty for the Lodestone Classic Tournament, on Sunday the 23<sup>rd</sup> June.

It was the fourth year of their annual tournament, whereby the Upper Moutere Tennis Club hosts a mixed doubles tournament for the other larger clubs in the Nelson region.

The sun tried hard to burst through, but the heavy cloud cover won out making for ideal tennis playing conditions. For those off the court, awaiting their turn to play, the delicious Pomeroy's coffee and Lodestone mulled wine kept them warm; along with the nibbles from local Moutere businesses. The Upper Moutere Tennis Club would like to thank the wonderful community support from their sponsors: A&A Snacks; Abel Tasman Outdoors; Brambleby Orchards; Lodestone Wines & Seeds; Moutere Gold; Moutere Inn; Moutere Motors/Repco; Neudorf Dairy; Neudorf Olives; Owen Bartlett Pottery; Pomeroy's; Proper Crisps; and the Upper Moutere General Store.

The six rounds of pool play resulted in some very close matches, however two clear winners surfaced for each of the two pools in the social and competitive divisions.

There was then a break for refuelling when players enjoyed a yummy lunch prepared by Shirley Santos Burt. After lunch the semi finals were played, and it was then time for the grand finals for the two divisions.

In the social division of the draw, the husband and wife team of Jenny and Glen Johnson, from the Tasman Tennis Club, came through strongly in their pool play and semi finals to win the division. They beat Jeanne Gregory and Toby Brown 9-4 in the final.

Vanessa Mairs and Ian Newton from the Upper Moutere Club did well in their early matches to come out top of their pool. They had a close semi final overcoming fellow club members Bree Arnott and Nick Dicks to reach the final. Suzanne Spencer and Kenta Naka from the Tahuna Club, the number one seeds in the tournament, had some impressive wins on their way to the final.

The final was a brilliant match, which delighted the onlookers, but the top seeds Spencer/Naka proved too strong for Mairs/Newton, winning by 6-3, 6-4 to claim the Lodestone Classic Trophy for 2012.

The rain was threatening at this stage, so a quick prize giving heralded the end of another good day – of tennis – out in the country.

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Vanessa Mairs & Ian Newton (UMO Tennis Club), who were the Runners-Up in Division 1 (the competitive division).

## Canyoneering

By Andrew Smith

### The first descent.

The engine held our speed to a slow walking pace as we descended steeply to the ford, the Kahikatea trees grew strong and tall, piercing the lower bush canopy. Splashing through the easy water we ascended the hill of the opposite bank. Above, the plateau was regenerating Rimu and Beech with an abundance of Manuka. The Marble and Limestone outcropped between the black stumps of once mighty giants. This was the setting. We were headed for an adventure: a canyoneering trip.

Nervous anticipation was running high and, although the hut provided the warmth and shelter that allowed easy sleep, none of us got much rest. The thing was that no-one had descended this canyon before - ever. It was one and a half km's long with a drop of 170 metres, but we also knew that most of the drop was in the last few hundred metres. This meant some big waterfalls to abseil. Previous trips to the area had shown us the impressive Limestone bluffs which contained the waterways of the main and branch streams. May was a bit late in the season for such a trip and had already taken a toll on the party size.

The new day saw a healthy frost with four nervous canyoneers donning wet suits and abseiling gear. We had all sorts of gear and equipment to cover every situation. Saying our goodbyes to those staying behind and with a call-out emergency time of 2100 hrs we waded into the creek.

The stones were slippery and shafts of sunlight spotlighted us against the dark shadows. Many pools were unavoidable so swimming was the only option, on occasion we found ourselves many metres above a cascading shoot having to jump into the white mass below. This was tremendous fun, and all the time neither knowing what was around the next corner nor being able to see over the horizon of white water ahead. Often we could climb down waterfalls with the help of massive rocks fallen from above and now in place in their new bed. In one place limestone gave way to schist that was sharp and posed a risk to our delicate wet suits. Another place found us at the top of an eight metre waterfall. We folded the rope around a sturdy tree and each one took turns battling the torrent as we descended.

The pools at the bottom of the waterfalls were always deep and required swimming; this made me wonder about the amount of water which must flow down this watery slot in times of flood. Then there it was! We had always expected large abseils with the water pouring over the top and sure enough!

We procrastinated for a short time before sorting a plan. Ropes carabiners and slings were produced from packs and threaded around. The anticipation was fantastic, the scene amazing: the noise of the water as it plunged over the edge and then silence as it fell until, smashing into a myriad of cascades, it entered the pool twenty metres below. Kevin wove the rope into his abseil device and disappeared into the void and out of sight. There were a few moments of concern as the rope remained tight from his weight but then the rope slackened. One of the dangers of canyoning is getting stuck part of the way down with the full force of the falling water pummelling you. Soon I could see Kevin way below, swimming peacefully from the bottom of the drop to the bank downstream. This was Dawn's cue to step up and abseil down. There was no hesitation as she headed for the rope and disappeared from sight and it was very soon I felt the slack on the rope. Now it was my turn, with Seb being last.

I approached the rope being mindful of the slippery rock footing. Taking hold of the anchor points, I put my abseil device on the 10mm of nylon that I would trust for the next few seconds. Looking up at the small trees to which the rope was attached I gave the rigging a little bounce to check for any movement. This was all purely psychological as I knew both Kevin and Dawn had gone before and the anchor had proven itself strong, but nevertheless it helped my mind. As I abseiled I got closer and closer to the plunging water and just as the water crashed into my shoulder I found solid rock beneath my feet. There was a ledge behind the water. I was able to partly abseil and partly climb down to the water's edge and keep out of the torrent, which pounded into the pool about a metre away. I paused for a few moments on this ledge, waiting for Seb's decent. The ledge was out of the main flow but was still in a maelstrom of airborne water. Seb's shadow appeared amongst the white of the water and soon he was with me on the ledge. We pulled the rope down and began the swim across the pool to where Kevin and Dawn were waiting.

A few more obstacles were overcome and then we found ourselves at the confluence of the main and branch streams. Kevin had been to this point before, coming along the other way. We four made our way up to the ford and our waiting 4WD. It was good to be there and in the heat of a sunny day, but it was a bit sad that the adventure was over. So, back to the hut for dry clothes and a hot cup of tea in the sun.

Ahhh, yes, another great trip.

*Dawn Wood, Seb Head, Kevin Mountford, Andrew Smith.*

Thanks to the land owners for access and the use of their hut.



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## Sam's Spam

August 2012



Hi readers,

Do you ever look out of your window and feel like you are living in a calendar photograph? I certainly do at this time of year when I see the beautiful hills capped with snow. The recent cold snap has resulted in some stunning images, some of which I have captured with my digital camera as I am sure many of you have. We are all quick to take photos but then often we do not make the most of them. Fortunately I have found an internet article that reviewed some Photo editing apps – all of them are free!

<http://www.stuff.co.nz/technology/digital-living/7269108/Free-photo-editing-apps-reviewed>

Photoscape (Windows NT/2000/XP/Vista/7) is a very easy to use image editor. It has fantastic tools included to help you correct contrast, brightness, colour, and size, and also has filters and effects that you can apply to your images.

It also features a spot-removal tool which can be used to erase blemishes on skin or marks that appear on a scanned photograph.

<http://www.photoscape.org/>

RawTherapee (works with Windows, Linux, and Mac OS X), is a fantastic alternative to such programs as Adobe Camera Raw or Lightroom. It is designed for use with raw photographs (i.e. a photo that is uncompressed) so probably best stay clear of this one if you're not an experienced photographer.

<http://www.rawtherapee.com/>

IrfanView (Windows) is one of the most popular image viewers available. It's lightning-fast and features tools for editing and batch processing. As the website says, it's "simple for beginners but powerful for professionals". You can make simple edits to your pictures, such as cropping, sharpening, increasing brightness, but the software also includes much more sophisticated tools like batch image conversion and support for command line.

<http://www.irfanview.com/>

**This month's free stuff is: Photoscape**

After reviewing all the software mentioned in this article I have chosen Photoscape as the free program this month. It's very easy to use so even a computer novice could make some great corrections and edits to their photographs. It works with Windows NT/2000/XP/Vista/7.

You can download it for free at <http://www.photoscape.org/>

*That's all for this month! Remember, for anyone out there needing help with computers and other technology etc. my phone number is 03 544 0737. Average job price \$35.*

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### Rangers Rugby Update



Jab Prize giving will be on the 25th August please put this date in you diary!! More information to follow.

We are also hosting the U7 teams for the Whitwell's 7's tournament on the 11th August please come along to support our team we'd love to have lots of voices cheering us on !!

**Watch this space for the Orange and Black Quiz Night coming soon !!!**



**Hon Damien  
O'CONNOR**  
MP for West Coast - Tasman

Freephone 0800 Damien (0800 326 436)  
[damienoconnor.mp@parliament.govt.nz](mailto:damienoconnor.mp@parliament.govt.nz)  
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Authorised by Damien O'Connor,  
234 High Street, Motuaka, Tasman

**Labour**



## ANIMAL BEHAVIOUR


It is a strange and wonderful fact that animals can form wonderful friendships not only with their own kind but often with other species. I was reminded of this with my horse and cat who are totally comfortable with each other. It is particularly surprising when you consider the quick darting often spontaneous movements of a cat around a horse, a creature that takes fright at unexpected things. However amazingly not only does my horse permit these antics but seems to enjoy them. Some examples are that my cat has run across the paddock and straight up the side of my horse when I was riding and last weekend dashed up a tree and ran along an overhanging branch just in front of us with my horse staying perfectly calm. The answer of course is trust and confidence. These two animals totally trust one another and me and display no fear.

Now that the Olympics are only days away I am reminded of a very special example of trust when I attended the Sydney 2000 Para Olympics and saw an amazing trust between the disabled riders and their borrowed horses. Without exception each horse looked after their respective rider. There was not one incident of any horse displaying fright despite the different feel of a disabled rider for the horse. It was wonderful to watch.

This must be a lesson for humans and sensitive animals like horses or cats. If a quiet and absolute trust can be established just about anything is possible. It is a very humbling and rewarding experience when that occurs.

As always I am happy to answer any queries on animal behaviour either through this publication or privately.

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### Disbudding of calves

Well Spring is finally on its way and many people will be anticipating the arrival of this year's calves. While the first couple of months of calf rearing is very labour intensive, one job that you don't want to put off is calf disbudding. It is far easier and more humane to remove horns while calves are still young rather than risk bleeding and infection when they are older.

For several years we have offered a service providing humane disbudding of calves using an electric cautery iron under sedation and local anaesthetic. This ensures that the horn buds are removed correctly and that pain and discomfort is minimised. Whilst the calves are asleep other procedures such as castration, tagging and any minor surgical procedures, such as removal of extra teats, can be carried out painlessly.

There are two options available:

1. Sedation plus local anaesthetic with pain relief lasting 4-6 hours post operatively
2. Sedation plus local anaesthetic plus Non steroidal anti inflammatory with pain relief last 48 hours + post operatively

The best age for disbudding is generally from 2-6 weeks of age. During this period the horn buds have usually formed small hard caps and are easy to remove correctly. Once calves are older than 6 weeks the horn buds are often too large for the cauterizing iron to do an effective job.

The process is reasonable quick and simple, particularly when we have good facilities to work in. We do require access to power and yards must be clean and dry. Unless calves are kept completely undercover we do not disbud when it has been raining.

To book your calves in for humane disbudding contact us at Tasman Bay Vets on 528 8459.



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*There's still time to partake of good hearty winter fare – here's some ideas from Soo Gee:*

### **Pumpkin and Coconut Soup (fast and easy).**

250g peeled and diced pumpkin, 1 medium onion – chopped, ¼ teaspoon chilli powder. Grated rind of 1 lemon, 1 tablespoon lemon juice, 1 cup water, 220g can coconut cream, salt and pepper.

Place all ingredients except coconut cream and seasonings in a large casserole. Cover and cook on high about 8 minutes or until pumpkin is tender.

Puree the mixture in a blender or good processor and return to the casserole. Stir in coconut cream and reheat 4-5 minutes. Season to taste.



### **Deep Potato Pie a la Barbara**

#### **Pastry:**

In processor put 1 ¼ cup (large) flour, ½ teaspoon salt, ½ teaspoon sugar, 150g butter, 2 tablespoons grated tasty cheese from the cup (below). Whiz to fine crumbs; add 1 tablespoon cold water and wizz until it forms a ball. At this point you can wrap in glad wrap and freeze or put in fridge overnight or set aside for a good length of time.

Scrub and slice (not too finely) as many potatoes as you think you'll need and put into a pot of boiling salted water for 5-7 minutes.

Roll out the pastry and line 22-25cm deep tin (preferably with a removable base). Slice a leek (or two) finely and then assemble the pie.

Put one layer of potatoes, one layer of leek etc.

Mix together 2 eggs and 250g sour cream pour this over the completed layers and top with one whizzed slice of bread and ½ cup grated cheese. Bake at 210C for 10 minutes and then lower to 180C for 25 minutes. *Let the pie cool slightly before serving with a selection of greens and a good glass of your choice.*

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**Catch up with Tom Filmer and follow his progress as part of the New Zealand World Championship Cycling Team and the build up to race in the cross country at Saalfelden, Austria in early September. Tom's blog is a good read, not just for the "bikkies", it's a good way to see an international event through the eyes of one of our own. Show your support by leaving a message or just see how things go...**

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## Friday Night Youth



3 August Community Centre Games Night  
11 August Day in the Snow  
17 August Night with the Stars Movie Night  
24 August Assassins in the Dark wide game  
31 August The Bake Off

### Y

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By 1<sup>st</sup> August 2012

The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight.

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome. Contact Brian or Lois Eggers ph 5432 871.

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