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# The Grapevine MOUTERE HILLS COMMUNITY NEWS

**DEC** 2014

# PURE **PEONY**



hen Dot Kettle and Georgia Richards tell people they grow peonies, almost everyone says it is their favourite flower. And it started out like that for them too. Dot and Georgia moved to Dovedale from Wellington six years ago in search of a better work/life balance. Being able to give their three young sons an idyllic rural upbringing remains important to them. For the first four years or so, Georgia commuted to Wellington while Dot worked full time in Nelson. For the past two, Georgia has been able to concentrate full time on growing their Dove River Peonies business.

"The peony flower season is short – about six weeks from November to early December – so life is pretty chaotic then. For the rest of the year, the tubers are dormant. That has freed us up to look at diversifying into added value natural products – harnessing the healing properties of the peony root," says Georgia.

"When we first started out we had no horticultural experience so it was a steep learning curve and we researched peonies extensively. We rediscovered that peony root had long been used in traditional European and Chinese medicine for its anti-bacterial, anti-inflammatory and hormonal balancing properties. As mothers of young children with eczema, we were incredibly excited about using the peony root to help soothe and heal their irritated skin. We had tried everything for our kids' skin – and nothing really worked. We were having to use anti-histamines and steroid creams to stop them scratching themselves raw. Even the most sensitive soaps on the market aggravated their skin."

Dot and Georgia first talked with Global Soap, who produce handmade soap. They shared their enthusiasm about developing a 100% natural soap using the peony root, which would be safe for children with eczema to use. They tried it out on their own kids – and then other local families too – before launching their soap range just over a year ago. They also developed a tea that

uses peony root for hormonal balancing, stress relieving and relaxation.

"Next we worked with a local natural products' manufacturer to develop a skincare crème that would give our kids – and others – a break from steroids. Lots of kids with eczema have allergies too, so we were committed to developing a crème that was natural and hypoallergenic.

"Thanks to the support of locals in the Upper Moutere community, we were able to test batches of our crèmes and develop a product that doesn't sting, isn't greasy – and best of all works! It soothes and helps the body heal inflamed itchy skin."

Georgia had to research the protocols for harvesting the root – and again, with the support of locals, as part of the division of the tubers in winter, many kilograms of what would otherwise be discarded root was harvested, cleaned and then dried for use in the crèmes. "By using only our own peony root we are able to quarantee the quality and traceability of our product," she says.

Because Georgia dries the root onsite in a purpose-built organic drying facility she built with her dad (with a little bit of help from Dot), they are one step closer to being able to develop a certified organic range of products for next year. "Last month, we launched our skincare crèmes for relief of eczema, psoriasis and damaged skin. We have a 100% natural crème, a night repair peony, orange and bergamot crème, and our peony and lavender day crème.

"It's been an amazing journey for us and we are most excited about being able to develop a living from our land at Dovedale. We have had so much help and enthusiasm from our local Upper Moutere community, and it's great to have the products available at the Michael MacMillan Gallery and Moutere Gold as well as through our online shop."



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## PLACING AN ADVERTISEMENT

Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month.

## The deadline for each issue is 15<sup>th</sup> of the month.

Please email your print-ready ad to umograpevine@hotmail.com or provide paper-based, print-ready copy to the Upper Moutere Store.

#### The following prices apply for advertising:

- Births, marriages, deaths and giveaway notices: Free
- Business card size advertisement: \$12
- **⊙** 1/4 page advertisement: \$25
- **⊙** 1/2 page advertisement: \$50
- Full page advertisement: \$95 (if space available)

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

#### The deadline for each issue is 15th of the month.

Please email your copy to: umograpevine@hotmail.com



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**Sharon De Jong** Sales & Marketing Consultant

Mobile: 0273 202 196



## MOUTERE HILLS COMMUNITY CENTRE



It is hard to believe we are nearing the end of 2014 and what a busy, productive year it has been. We have seen the reopening of the Community Centre with numerous up-grades to the facility, the development and opening of the Community Fitness Centre, the re-establishment of a full programme of Community Activities, the continued growth and development of the local clubs including Rangers Rugby, Football, Cricket and Netball Clubs and Upper Moutere Tennis Club and the beginning of the landscaping for the Community Outdoor Recreation space. These are all incredible achievements and we which to acknowledge and thank all the local businesses who have supported us through donations and sponsorship, all the volunteers who assist with the organization and delivery of community sport and recreation programmes and the running of the Clubs, and yourselves - the Community - for your continued support of Moutere Hills Community Centre. We hope you can join us at our Community Christmas Picnic to celebrate the successes of 2014 and enjoy the opportunity to catch up with neighbours and friends.

All the staff and board of Moutere Hills Community Centre would like to wish you all a very Merry Christmas and a Happy New Year.

Kind Regards Katrina and Vanessa

# Community Christmas Picnic



Moutere Hills Community Centre would like to thank you all for your support this year and invite you to join us for a relaxing evening of good company and fun at our Community Christmas Picnic

## Sunday 14th December

Kicking off with our Locals v Internationals Cricket Match at 4pm



Free sausage sizzle and bring your own picnic
Bar open (no BYO alcohol)



A wide variety of fun activities including petanque, bowls, volleyball, backyard games and activity demonstrations (including a fantastic dance display).

With a special visit from Father Christmas



MHCC office will close at 2pm on Monday 22nd December and open on Monday 5th January.

January Holiday hours will be Monday, Wednesday and Friday 9am until 1pm.

The Fitness Centre will be staffed on a Thursday from 4pm until 7pm. Personal training sessions, inductions or programme up-dates can be booked by phoning Vanessa on 0275118826.

If you need to contact us for anything urgent then please call Katrina on 027 5118825.



Phone: 543 2516

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz

## MOUTERE HILLS COMMUNITY CENTRE



Why not consider us for your staff Christmas Function or New Years planning day???



Fully licensed bar

Wide range of activities including indoor bowls, large group games, petanque
Stunning views out to the Mount Arthur Ranges

Detite

**Exceptional food provided by Petite Fleur** 



## Teen Art & Craft Workshops with Helena

A fun, interactive workshop and a great opportunity to make that special Xmas gift.

Wednesday 10th December 10am—2pm and Friday 12th December 10am—2pm

Cost: \$25 per day Materials included / Bookings Essential



## **Outdoor Movie and Community Picnic**

Thursday 8th January from 6:30pm

Why not bring along your picnic, enjoy a drink from our bar, enjoy some outdoor backyard games or just relax while enjoying the company of your neighbours and friends while listening to music. (Sorry no BYO alcohol)

Movie begins at approximately 9pm. Cost for the movie is \$2 adult / \$1 child.

Little Women (1949) G

Margaret O'Brien

Set in New England during the Civil War, the film relates the various adventures of the March sisters: Jo (June Allyson), Beth (Margaret O'Brien), Amy (Elizabeth Taylor) and Meg (Janet Leigh)

## January School Holiday Programme

This fun, action packed programme will run for two weeks during the January School Holidays:

19th—23rd January and 26th—30th January.

For Ages: 5—12 years
Time: 8:30am—3:30pm
Cost: \$25 per day

A wide variety of activities on offer including arts, crafts, games, baking, and sport and related to some great theme days .

## COMMUNITY ACTIVITIES

Some of our activity providers take a break over the holiday period while others continue throughout.

Please check out our website

www.mouterehills.org.nz for details about each of our activities.

## FITNESS CENTRE

Circuit Class Monday 9:15am—10:00am

Wednesday 6:15pm—7:00pm

Box Fit Thursday 6:00pm—7:00pm

Cost: Free for Fitness Centre members

\$7 for non-members

Classes finish in the week ending 19th December and begin again on 12th January.

Phone: 543 2516

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz





# moutere hills

### A Word from the Chairman

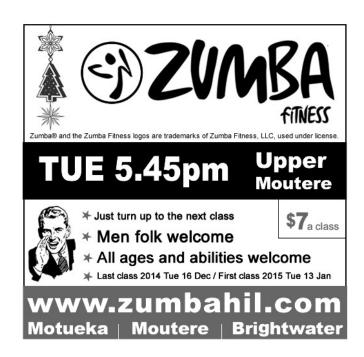
It has been a great year for recovery and expansion at the Community Centre.

We feel we have put the worst of last year well behind us now and the Centre is always bustling with activity. Our great staff and hugely supportive community have made it all possible and we end the year in a strong financial position, with a whole lot of new gear and improved facilities, dedicated staff and an enthusiastic Board . It is a pleasure to be involved!

The greater Moutere Hills community is indeed very fortunate to have such a massive facility , and we look forward to another big year . So drop in find out what's going on , join a club and join the Gym ...get out there and just do it!!

Many thanks for all the support we have had.

Philip Leith (Chairman)





#### UPPER MOUTERE TENNIS CLUB

Mission: To be a friendly community tennis club that promotes and encourages participation

Our 2014/2015 season has got off to a fantastic start!

• Social Tennis: Sunday Mornings: Begins at 9:00am

Cardio-Tennis: Tuesday Mornings: 9:00-10:00am
 A fun hour combining a cardio workout with tennis drills, all to music!

• Coaching: Wednesday Mornings: 9:00 – 10:00am

Thursday Mornings: 9:00 - 10.30am

Please contact Vanessa 543 2332 for all Coaching, Group & Individual

• Junior Coaching: Wednesdays: 4.15-5.15pm for Teens Thursdays: from 3.15pm, 5years to Teens

(After the Christmas Break, lessons start again on Weds 11<sup>th</sup> & Thurs 12<sup>th</sup> February 2015 – all enquiries to Vanessa)

 Senior Inter-Club: Several UMOTennis teams are playing in the local NBTA competitions. Contact the club, if you are keen to take part.

To join Upper Moutere Tennis go to:

<a href="http://www.mouterehills.org.nz/clubs/upper-moutere-tennis-club/">http://www.mouterehills.org.nz/clubs/upper-moutere-tennis-club/</a>
for our 2014/15 Membership Form
or email

#### UMOTennis@gmail.com

We look forward to seeing you on court





## Rangers Rugby Football Club

# RANGERS SUMMER TOUCH – Tuesdays Nights 6pm

To keep up your fitness for the off season, or just to have a bit of a fun run around, every Tuesday night at 6pm at our home grounds at the Moutere Hills Community Centre Rangers Rugby Club run a friendly game of touch which is open to anyone and everyone to join in. Cost is just a gold coin which goes towards the club fundraising. Feel free to bring along the kids as well and we can get them having a throw around of the rugby ball too!!

Don't forget to keep up to date with what is happening with the club by checking out our facebook page RANG-ERS RUGBY CLUB.

From just \$15 per hour enjoy private use of our heated indoor pool. 30 degrees + even if it's freezing outside! Perfect for some private exercise, a family swim, or a children's party.

Book your private pool experience instantly on our website at www.activekidzswimschool.co.nz or call 03 540 3310

5



# From the Moutere Hills Residents Association

Go to our website to read more on

# The Proposed Waimea Dam

## And How It Will Affect You

Did you know 30% of the dam is to be paid for by the whole district?

- This would mean \$97 \$129 per year rates increase for each and every property whether you benefit from the dam or not.
- And guess what: this will be more if the dam costs more.
- Read about suggestions for lowering the cost of the dam and funding alternatives.
- See the MHRA's submissions on the issue.
- Make your voice heard now.

Also: see the results from our water supply survey!



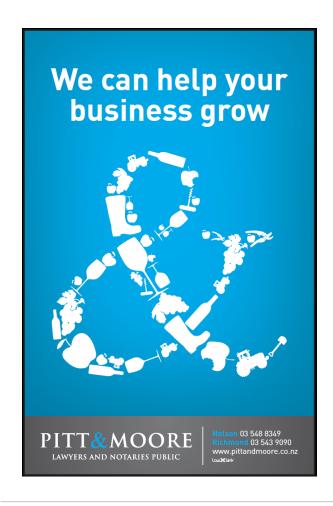
### Our Moutere Festival 1 February 2015!!

- Guest blackcurrant chef Steve Richards from Award winning café – Jester House
- Blackcurrant Bake-off get creative!
- Photographic competition start snapping
- Moutere Artisans
- Blackcurrant health information
- Moutere History
- Grown in the Moutere
- Huge recycled book stall save those books and bring them in
- Loads to do and see for young and not so young!
- Masses of stalls, and activities
- Food, beer and wine,
- Music and entertainment

Come along and support your community and your festival!

**Keep up** with all the exciting Festival news and competition details on <u>www.saraufestival.co.nz</u> or like us on facebook and keep up with our changes – we can't fit it all in here!





## Shoot! Shoot! Shoot!

Photographers – new, experienced, young and old it's time to think about your entry into the Sarau Festival's photographic competition! Sunday February 1 is the date - but it's not too early to begin shooting!

There are 5 categories – Life in the Moutere, Life outside the Moutere, Digitally Enhanced, Under 15, and Sarau Festivity photos from previous years.

Check out the details on

www.sarauestival.co.nz. Prizewinners will receive accolades and a package of Moutere goodies. And there'll be a special prize for the youngsters.

Entries may be left at Motueka's i site or the Moutere Hills Community Centre until 3pm 26<sup>th</sup> January. From there they will be perused by our judge, Lisa Ball, ready for display and prize giving at the festival on Sunday 1<sup>st</sup> February at Sarau 2015!









# DOROTHEA TEBBENHOFF

HEILPRAKTIKERIN LICENSED ACUPUNCTURIST

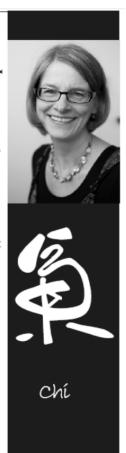
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Rural Women have for years been calling for Home Support workers to be paid for the time they spend travelling between clients. We are very pleased that an agreement has been signed that will lead to support workers being paid for this time. This is particularly important for rural home support workers who often travel long distances between jobs. Currently that travel time is unpaid, while mileage is either not reimbursed or only in part depending on the provider.

Many Rural Women members are busy knitting or crocheting poppies to commemorate the 100th anniversary of New Zealand soldiers who died in World War One. The goal is to make one red 'Flanders' poppy for each soldier lost in the Great War -18,166 total. These will be displayed at the National Army Museum in the memorial area.

Join our Rail Trail Challenge April 2015. This is the fifth assault of the world famous Otago Central Rail Trail by Rural Women NZ members and friends with participants biking or walking the route between 17 April and 19 April 2015. During the Challenge the planning committee will be raising funds for the Blind Foundation and their work within our rural communities. Registrations close on 30 November 2014. Email — <a href="macaulay.p@xtra.co.nz">macaulay.p@xtra.co.nz</a>

Another knitting project this year has been to knit baby singlets which have been given to Plunket and maternity hospitals for distribution to newborn babies throughout the country. Two baby singlets were also sent to the Duke and Duchess of Cambridge in honour of the birth of Prince George.

Locally our branch has enjoyed our group meetings with outings and visiting speakers and plan to end the year with a meal out.



By Marie

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#### THE WRITE BIAS





Greenkeeper, Ben Whitten, rolls first bowl on the new green.

It was a great opening to our season on the 8<sup>th</sup> of November with 24 members enjoying the first games on our new turf followed by a drink or two and an impressive afternoon tea. The members were certainly pleased to have the new green ready for play after spending many hours working on the green replacement over the winter months. Hats off to greenkeeper, Ben Whitten and his band of loyal volunteer helpers for a job well done. Ben was given the honour of rolling the first bowl on the new green.

The Club has teams involved in various Nelson area competitions. The President's Trophy matches have got off to a superb start with three good wins out of three

games. The Wednesday evening interclub junior pairs team also started the season with a win. A team of four men and four women is also entered

to play in the annual Town and Country completion. Go Country!

**League Bowling** started again on Monday 24 November at **6 p.m**. These sessions are open to new and existing bowlers with both friendly and competitive play. There is no need to pre-book; just turn up on a **Monday evening** and give it a go. Flat-soled shoes are essential to protect the green, but there are plenty of sets of bowls to borrow at the club and the bar is always open. Why not give it a try?

For information about bowling, coaching or booking the clubhouse and facilities please call Secretary Jean Daubney (543 2765) or President Michael Busby (544 6325)



Michael Forrest, Sue England and Ben Whitten in action on Opening Day.



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**Grapevine circulation is 1300 copies.** This issue has been constructed by volunteers: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Hilary Williams and Heather Eggers. Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!







## Early Childhood Education & Care

Hi my name is Nickie Hodgkinson and I have been the Manager at Country Kids for over 12 years.



I am very lucky to be part of the teaching team and I get to spend a little time in all the different programmes. I am passionate about learning and teaching and am privileged to be part of children's learning and development. Our families of past and present are all friendly and welcoming and quickly become part of our learning community.

We have been embracing Spring at Country kids and celebrating the changes in the weather from one day to the next.

On the warmer days we have been exploring with water. We have had water in the water trough, the sandpit with baking and road works and even making swimming pools. We have begun our paddock walks again and children are learning about safety, changes to the environment and also physical challenges through over, under and around different obstacles.

We have spent more time outside, practising our ball skills, different styles of painting, including lots of messy play (my favourite).

We are also getting ready to take part in our first Country Kids Santa Parade. The children in J4kids have been making costumes and decorating signs ready for the big event. So watch out for us on the night. **Motueka Santa Parade on Friday 28/11/14.** 

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OUR XMAS HOLIDAY PROGRAMME WILL RUN FROM 16-19 DEC AT THE UPPER MOUTERE SCHOOL HALL

OUR SUMMER HOLIDAY PROGRAMME WILL BE RUNNING IN MAPUA FROM THE 12 JAN - 30 JAN 2015



Old friends pass away, new friends appear. It is just like the days. An old day passes, a new day arrives. The important thing is to make it meaningful: a

meaningful friend - or a meaningful day.

Dalai Lama





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	Mapua	20	30	55
	Motueka	25	36	60

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## UNWANTED **BOOKS**

If you have books you'd like to move on, we are happy to collect them to sell at the next Sarau Festival.

Please contact **Sharon Beuke** ph 5432 814



December already, a busy time of the year with a lot of people looking forward to a well deserved holiday and some family time- we wish you a Merry Christmas and a happy EXPLORE, CREATE, ENJOY 2015, be safe and enjoy every moment of your holiday and the fes-

At Harakeke we are so excited and preparations are in full swing for some enjoyable and relaxing time with our families, the Harakeke wh $ar{a}$ nau at our by now traditional Christmas Camp at Kina Reserve. It is such a special time and makes everyone slow down.

In our vision statement we say that we will share with parents the role of nurturing and educating their children through the development of trust, security and loving relationships and this camp experience, spending 2 nights and days together, is a really great way of getting to know each other better and learning more about parents' aspirations for their children and how we can support them best.

Our vision statement also talks about a happy, healthy, peaceful and sustainable environment that nurtures both people and nature. Before we can expect the new generation to begin looking after the environment, they need to fall in love with it...and camping at the beach surrounded by nature is a great way to do just that, sharing this experience with parents and siblings, educators and sometimes even with extended family is just wonderful.

We endeavour to take our commitment to work in collaboration with parents seriously, to listen and respond to family's requests. Trying our best to provide the services they identified as needed led us to enrol a couple of 2 and a half year old children towards the middle of the year. In general the decision was very positive; yet it presented us also with some challenges in order to maintain and remain true to our philosophy, our curriculum and vision for our 3 to 5 year old children.

As a consequence we have developed a special programme for 2 to 3 year old children and it is with great pleasure that we are now also welcoming this age group to Harakeke.

This programme will start in the beginning of 2015 when we reopen again at the 13th of January, just a month before our 5<sup>th</sup> birthday (watch the space for more on that great celebration in the next issue).

Ka kite. Your Harakeke team

## The Grant's

## Conundrum

Good stuff for sale

Our little shop has been creating a lot of local interest and we want to thank you all for your support and encouragement. It's been so good to catch up with many people we haven't seen for a while and to meet others we have not crossed paths with before. What a very special community we have here and in the wider Moutere Hills area. Please feel welcome to continue visiting our little Conundrum shop whenever you can.

We have also had visitors from as far South as Christchurch, as far North as Auckland and many places in between, as well as a few tourists from Australia. So, after just 9-half-days of being open, things are looking very promising for our little enterprise.

We will be restocking our shelves with pre-loved items as needed and as Christmas approaches our range of new accessories and gifts is being extended.

Keith has constructed a few very cool hanging, Bird Feeders made from some of the big glass power-line insulators. I've made some lovely crystal Rainbow-Maker Sun Catchers. And we have extended our popular range of Jute Market Bags to include, Jute Wine Bags - just the thing to pop your locally purchased bottle of wine into for gift giving.

Our daughter Sharyn's range of "by grace" fashion jewellery and hand crafted cards are proving to be very popular too. Sharyn has recently opened an online shop at <a href="http://bygrace.felt.co.nz">http://bygrace.felt.co.nz</a> so you now have a great way to put family and friends outside the Moutere area in touch with her fabulous "by grace" products.

We have decided to open Conundrum on the following days: Thursdays 11am to 6:30pm

Fridays 11:am to 2:30pm

Saturday 11:30am to 5pm

Sunday 11:30am to 5pm

We will be closed on Christmas Day and sometimes, for special family events, we may open later or close earlier than advertised. During Summer we may extend our open hours on some of the balmy evenings.

We wish you all a joyous, safe and very blessed Christmas. And a happy, healthy and prosperous New Year.

Joyce & Keith Grant

Phone: (03) 5432 764 Mobile or Text: 027 417 9862

Email joyce\_grant@xtra.co.nz



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## Mapua Makers Market

Sunday 7th Dec 2014 Sunday 18th Jan 2015

Mapua Hall 10<sub>am</sub> - 3<sub>pm</sub>

mmm . . . love handmade www.facebook.com/MapuaMakersMarket



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## MOUTERE COMMUNITY YOUTH TRUS

Te Puawai Tanga O Rangatahi



#### Moutere Community Youth Happenings

Well, it's December already.... We'd like to take this opportunity to wish you all a very merry Christmas and a Happy New Year. We'd also like to tell you that at the end of this year we are finishing up our position as Community Youth Workers. The Youth Trust are working hard to find the perfect youth worker/s to take over the position as soon as possible.

Thanks so much to all you young people for all the fun over the last three and a bit years! If you want to catch up at any time, we're still around.... our number's at the bottom of the page!

Thanks as well to the Moutere Hills community. We appreciate how you have supported us in this role...like the saying goes, it takes a community to raise a young person.

Also, special thanks goes out to the Moutere Community Youth Trust.

#### Final Youth Group of the Year (Yr7-13)

Friday 5 December BBQ, Swim & Games in Hope

Hey Parents! Massive thanks go out to those who have been helping out with transport.

If any parents are able to help out with transport on this end of year event, please flick us a text or give us a call.

#### **Boys Club**

We're half way through our projects. You boys are doing a great job.

#### **Bubbles & Cupcakes**

Plates, Plates! Girls, don't they look amazing??!! Incredible how much time and effort you're all putting in.... so much that we might have to add on an extra day so we can still fit in the ice cream feast!! Parents, there's no extra cost for this....

Community Youth Workers Andy & Abbey Bensemann

Andy 021 2245178 Abbey 027 2434364 Home 543 2949

abs4yahweh@gmail.com



- Excavating (2,6,12,20 ton)
- Gravel/rock supply
- Driveway construction and maintenance
- Agricultural contracting

Phone Barry: 021 533 118 or 5433771

John: 021 532 089.

As we are often out of range, please leave a message and we will get

back to you.

\*Talk to us soon about planning your next seasons baling requirements \*





Hello Animal Lovers

Again we have reached the end of another year and amazingly it is again close to Christmas.

This is the last Grapevine for 2014 and for many thoughts turn to holidays and the Summer break. However careful consideration should always be given to our animal companions. All they know is that their family may be going away. For many animals this is a disturbing and distressing time, they are used to their routine and, certainly the relationship with their owners and find long separations difficult. It is something that should be considered carefully by each pet owner. There are many options: having someone come to the home and feed the animals; sending the pets to boarding facilities or passing them onto friends or family to look after. Undoubtedly whatever the decision it will affect the behaviour of the animal and it is likely they will show stress symptoms. Dogs will howl or bark, dig or try to jump out, cats will be agitated, destructive, run away or hide or meow and other animals will be more restless. Every year hundreds of pets are left behind when owners go away and for many it is a distressing experience, particularly for older animals. Careful thought should be given by owners to make sure the animal feels as secure as possible. There is also the option of taking the dog or cat with you. Many holiday destinations cater for this and it is worth investigating. In any event the pets favourite blanket, basket, etc. should be with the pet and their favourite toy or something with the owner's scent on it which is familiar.

Every pet is a loyal part of the family and should be respected as such for every day of the year. I would like to wish all animal lovers a very merry Christmas and Happy New Year

Susan Mott Animal Behaviourist 03970 0952



## FOR EXTRA SPACE AT YOUR PLACE

CARAVAN RENTALS Long term from \$60 per week

> Phone Tony 027 442 5010 0800 733 326

#### MOUTERE HILLS VOLUNTEER FIRE BRIGADE

A quiet time on the Brigade front so far with just one call out on November 5th; vegetation fire Marsden Valley, Stoke.

The brigade is currently looking for new members so please step forward if you would like to be part of a valuable community team...

Contact Fred Ewers 0210316615 Alan Rankin 5432862



## PET AND FARM SITTING

Pets , Horses and Farm Animals cared for while you are away

Experienced and Reliable

Phone Diana 036155018

# Standing Grass Wanted Mark Carey CONTRACTING LTD

Hay and Baleage production and sales, Land development and re-grassing

Phone (03) 526 7004 Cell: 021 454 000

Email mark.carey@xtra.co.nz

Lower Moutere



## Horse Cover & Gear Repairs

- + Horse Cover Washing
- + Prompt Service
- + Good Rates

Contact Lawrie

1350 Moutere Highway

PH 5432 234

# Caring for all creatures Great & Small

In your area on Thursdays.

No mileage charged on this day.



Phone (03)5441200 for appointments and more information.

35 McGlashen Avenue, Richmond

25 Edward Street, Wakefield



## Pet Vaccinations & Vacations

Vaccinations are a critical part of your pet's preventative health. To ensure your pet is getting the best protection from their vaccines, make sure you have their boosters kept up to date; and well in time before going into kennels and catteries.

Each year we get a pre-Christmas rush of pets coming in for urgent vaccinations, as people have forgotten to check these before arriving at the boarding kennel or cattery.

#### Before Boarding Check List:

- 1. Check / update vaccinations
- Check boarding facility requirements & all policies.
- Provide emergency contact details including a vet - just in case.
- Double check medication supplies are adequate for the length of stay
- 5. Keep up to date with flea & worm treatments
- Check you have provided enough food for the length of stay
- Provide boarding facility with as much info about your pet as possible ie allergies, behavior.

### 'Tis the Season for Fleas



Fleas are very well suited to our New Zealand climate.

It can be difficult to comprehend just how efficiently fleas are able to breed, and many people underestimate the extent of on-going flea challenge coming from their pet's environment.

Unfortunately vast numbers of immature flea stages (eggs, larvae & pupae) can be found in household sofas, carpets, hallways as well as under the house & in the garden, waiting to emerge and jump onto a passing host – your pet.

Pet flea control should be carried out all year round.

However, it is from early Spring through to Autumn that we see higher numbers of fleas, and a noticeable peak during the months of Summer. So if you have missed a treatment during the cooler months, we recommend you start again now.

### **PARASITES - TO DRENCH OR NOT TO DRENCH?**

Many of you will be aware of drench resistance problems emerging in cattle and sheep. At this time not a lot of information has been collected about drench resistance in horses in New Zealand, however we can assume that eventually the scenario will be the same in horses as it is for other species, and there is some suggestion that resistance to "wermectin type" drenches is an emerging problem in some regions.

What can we do to slow down the development of drench resistance?



#### Drench our horses based on the need to be drenched

i.e. monitor the horses faecal egg count to avoid unnecessary drenching. Reducing the frequency of dosing reduces the number of times parasites are exposed to anthelmintics, therefore the selection pressure for resistant worms.



Check for anthelmintic resistance by monitoring the faecal egg count before and after drenching (approx 7-10 days after) to ensure the drench used was effective.

#### Pasture management

Cross grazing pastures with other species such as sheep and cattle reduce the larval challenge and hence drenching requirements. Daily/weekly removal of faeces from pastures will reduce pasture contamination.

#### Quarantine drench all in-coming horses

All new horses should be quarantine drenched with an effective product, ideally one that removes inhibited larvae.

#### The take home message

Drench resistance will eventually be a major problem in horses. The monitoring of faecal egg counts will help to slow down the development of resistance by ensuring that horses are not drenched unnecessarily and that when they are drenched, the product used is effective. If you wish to discuss your horses parasite control programme, please contact the clinic.



# VET Richmond K9000 dog wash

Town & Country Vet - Richmond.

Coin operated, DIY Dog wash!

Its easy and its fun.



Call in with your dog for a visit.

Open 24 hours - 7 days a week.



Soo Gee gives us something tasty to serve up to your summer quests:

### BARBARA'S PATE

350g chicken livers, 1 egg, 1/4 cup sherry, 2-3 cloves garlic, 1/2 teaspoon salt, 1/2 teaspoon nutmeg, 1/4 teaspoon ground cloves, 2 tablespoons fresh chopped herbs (thyme and one other for me), 1/2 teaspoon ground pepper, 500g sausage meat.

Put the above 9 ingredients in the kitchen whiz and process. Then add sausage meat by dropping in small balls with whiz working, blend until well mixed.

Grease a loaf tin and line with approximately 250g bacon, leaving the ends over the edge. Spoon the pate into the dish, smooth with a wet knife and fold the bacon over the top. Cover with tine foil and put into a water bath. Eg; loaf tine standing in a dish of water). Bake at 160c for 1 1/2 hours.

Cool in tin. I slice into 5cm slices and freeze some, but will keep for a week or so in the fridge.

# MOUTERE INN



THE CENTRE OF THE MOUTERE SINCE 1850

- Craft Beer
- Real Ale
- Local winesBar meals
- Live musicEvening Dining
- · Lounge bar
- Rooms

EST<sup>D</sup> 1850

All welcome
Available for functions and private bookings

#### **COMING EVENTS AT THE MOUTERE INN**

- ❖ LIVE MUSIC 1PM 7 PM SUN 7<sup>th</sup> December "LIVESTOCK 8" ALL ORIGINAL ALL DAY! Road, Shunt, The Fartbombs, Hatu, Rictorscale, Calloway, The Dark Country, plus many more. Get your Funk on and your Punk on.
- \* XMAS DINNER SAT 20th DEC

It's Christmas and time to get together with family and friends and enjoy a delicious Christmas dinner. There will be a set menu of roast Turkey or Lamb with roast potatoes, sprouts, swede mash, carrots, pigs in blankets, bread sauce, and cranberry sauce. For dessert either Christmas pudding or Boysenberry pavlova. \$30 bookings essential.

- LIVE MUSIC 8 PM WED 31<sup>st</sup> December "The Venturies" "The Venturies" play an eclectic mix of Blues, Psychedelic Art Rock, and Original Material. Prepare to have your minds blown.
- DON'T FORGET

 $\label{eq:Raffle} Raffle \ every \ Wed \ 6pm \ with \ Chase \ the \ Ace.$   $1^{st} \ Thurs \ Folk \ Night. \qquad This \ month \ 4th.$   $2^{nd} \ Thurs \ Quiz \ Night. \qquad This \ month \ 11th$ 

Last Thurs Ribs Night. SORRY CLOSED FOR XMAS DAY

THE MOUTERE INN THE CENTRE OF THE MOUTERE

Phone 543 2759 www.moutereinn.co.nz



# The Playhouse Cafe What's On Guide December 2014

Mon Closed, Tues and Wed 11am til 4pm Thurs - Sun 11am til late

Call us on 5402985 for bookings, Free Transport to and from Mapua



## Wonderful Green 2 Gold Moutere Olive oil

Our Tuscan Frantoio / Leccino blend is now available. Fill your own 750ml wine bottles for \$22 or we can supply filled plastic bottles for \$24. We are happy for you to try before you buy. Larger quantities are available on request.

Also this year we have Christmas presents:
250mls in a glass bottle, labelled and packaged with home made hazelnut
Dukkah \$12. A great present for foodie friends.

Elaine Partridge 543 2733



#### **COASTAL GARDEN GROUP MEETING**

### **6<sup>TH</sup> NOVEMBER**

We had a very informative and enjoyable afternoon listening to our two guest speakers who spoke on the Great White Butterfly infestation and producing queen bees for breeders.

Jane from Department of Conservation outlined when the Great White Butterfly first appeared around 2010 in the Nelson area. It possibly originated from Spain in a container at the Port. Effects could be devastating for our beef/dairy/market gardens and endangered species such as native brassicas, red hills cushion cress. GWB staff at DOC have been extremely vigilant and with the help from the public have radically reduced the numbers of butterfly on properties around Nelson.

Our second speaker Matt Davidson spoke about how he started his business producing queen bees what it entails and the various processes to end up with queen bees. He has been providing them to breeders for 22 years. Matt mentioned how Manuka Honey with high UMF is highly sort after and commanding high prices. An enlightening discussion followed with many questions from members.

# RUSSELL LAWRENCE FENCING

25 yrs experience fencing.

Lifestyle to high country.

Stock yards & horse arenas.

Residential fencing. New fences.

Vineyard post replacement.

Prompt & respectful horse burials.

Located in Upper Moutere.





#### OPEN 7 DAYS A WEEK

9.30am to 5pm for brunch, lunch, coffee ++ Fri & Sat nights for dinner from 6pm

Our seasonal menu always features wild meats, Tasman Specialties, and lots of organic produce from our gardens.

Here is a sample of our summer menu - much more available daily!

Sweet or Savoury brioche of the day
Garlic Bread – homemade mixed-seed bread w/ smoked cheese \$8.50
Freshly Baked Croissants filled with brie and strawberries \$9.50
Deep Fried Anchovy Belgnets, with dill aioli and Riverside salad \$13.50
Sunshine Fritters with Wild Pork Chorizo & Riverside Salad \$19.50
Wild Goat Curry, with basmati rice, proccoli and walnut ralta \$26.50
Wild Bork Burger w/ smoked cheese & appletstroop on clabatta \$23.50
Classic Ratatouille, with olive brioche & Riverside Salad \$22.50
Shredded Lamb Tortilla, with salsa, coleslaw and salad \$23.50
Madeira Braised Beef Short Ribs, with potato Rosti & Salad
Vodka Cured Salmon, with sushi rice, salad & accompaniments \$25.50

Fantastic Kids Playground, beautiful gardens, shady deck, wonderful local beers and wines, cakes & brioche baked daily!

"The Holy Grail of Hospitality" - Hospitality Magaizine, Nov 2014

We are part of the thriving Riverside Community, est 1941.







289 Main Rd Moutere Hwy Ph: 03-526-7447

E: café@riverside.org.nz

F RiversideCafe&CommunityNZ

#### SHEEP SHEARING

- · Small block shearing, crutching, etc.
- Own shearing trailer provided.
- Retired farmer also able to do fencing, yard building etc.

GRANT BERKETT

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### STUMP GRINDING SERVICES



- Stump Grinding
- ◆Tree Felling & Removal
- ◆ Site Clearance

Andrew Workman Phone: (03) 553-0633 Mobile:021 081 82 123 E-mail: stumpgrindingservices@xtra.co.nz







## Endurance spraying

All types of weed spraying Gorse and Brushweed Control

Commercial • Residential Forestry Road Spraying Moss treatment for lawns, concrete areas and decks.



Contact Pete Hughes
021-194 2654 A/H 03 544 2654
Growsafe certified •
Approved Handler



## **Services Provided:**

Lawn Mowing Residential Wood Splitting Lifestyle Blocks Green Waste Removal Concrete Crack Repairs Fencing Hedge Trimming Leaf & Weed Removal Tree Pruning Stone, Bark, Sand Deliveries Contract Mowing Water Blasting Property Maintenance Laser Levelling Digger Work Spraying



Water Features
Paving
Rock Work
Irrigation
General Landscaping

Michael Hardy **Ph: 021 443 908**A/H: 03 543 2555

# SUPER SPIFFING CHRISTMAS SHOW!

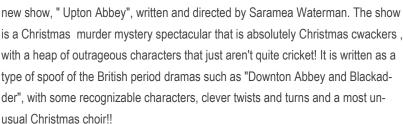
This Christmas something spiffing is being cooked up at the Playhouse, by a cast of tip top locals, for your entertainment!

Over the past two months a group of locals have come together from around

the region, made of various ages and theatre backgrounds,



to bring life to a



Set in Christmas 1919, Upton Abbey is at breaking point Lord Egg 'n' Ham announces at the servants Christmas Ball - maybe murder could be the only solu-

tion? With bodies littering the stage from the start, and some actors playing up to 6 parts, it will keep you guessing and amused from curtains open!

The cast have been focusing on acting techniques of "panto" & "caricature". They are from ages 14 to mid 60's with accents from Queens English to Scotland and Yorkshire: this has been a real challenge for the whole team. "It has been a delight to watch the script I wrote being brought to such vivid colours by this committed team and the expertise of the local people making up the production crew on costume, set, props, sound and lighting, has been invaluable!"

The whole evening is aimed at giving the audience a great Christmas party, with crackers for everyone, photos with Santa and disco after! "It would be great to see local people come and support what we have been doing and share some extra special Christmas spirit with us!

Relax, let us take the stress out of it for you and provide all the fun and spanking your Christmas party would ever need!!!

Just ph: 03 540 2985 to book then make payment via internet banking to confirm your tickets,

S L waterman anz abnk 06 0889 0300824 02 STATE YOUR SURNAME/ NUMBER OF TICKETS BUYING/ DATE OF SHOW



Port Mapua • New Zealand

## **DECEMBER 2014 – ENTERTAINMENT CALENDAR**

Fri, Dec 5 - 6:00p DAYNA SANARIVI

Sun, Dec 7 – 3:00p JOSH RENNIE-HYNES

Fri, Dec 12 – 6:00p COUP DE VILLE

Sun, Dec 14 - 3:00p MEDICINE WOMAN

Fri, Dec 19 – 6:00p **LOTOS** 

Sun, Dec 21-3:00p **ELISHA** 

Fri, Dec 28 - 3:00p ELISHA AND THE ENERGY MILL

Sat, Dec 29 - 3:00p TIM KEY

## **JANUARY 2015 – ENTERTAINMENT CALENDAR**

Fri, Jan 2 – 6:00p MY BABY LOVES VOODOO

Sun, Jan 4 - 3:00p JAZZ AND BLUES FESTIVAL: LAURA COLLINS AND THE BACK PORCH BLUES BAND

Wed, Jan 7 - 6:00p TUNES OF I

Fri, Jan 9 - 6:00p MERCHANTS OF FLOW

Sun, Jan 11 – 3:00p BRIAN ERNST

Fri, Jan 16 - 6:00p GYPSY PICKERS

Sun, Jan 18 – 3:00p MARA SIMPSON

Sun, Jan 25 - 3:00p MATIU TE HUKI

FREE CONCERTS AND NO SURCHARGES! 12 Aranui Road, Mapua • ph 03.540.3210 • www.goldenbearbrewing.com

CLOSED on WED-DEC 24, THURS-DEC 25, WED-DEC 31 and THURS-JAN 1.

## THE BLACKCURRANT COOKING CHALLENGE IS ON!

Locals from Upper Moutere have had their fair share of prizes in past years. We have invited foodies from near and far to take up the challenge and show us what they can do with blackcurrants. Whether it's a trusted family recipe or something experimental, there's a category for your entry. Don't let the townies take all the prizes, go to www.saraufestival.co.nz or visit the Sarau Festival facebook page for more details. Make it with blackcurrants and make it memorable!



FESTIVAL

As electricity prices continue to rise..
We can save you money by swapping
your old downlights for new





## **VOLTEX** Barcelona™ Energy Saving LED Downlights

Lumens: 804 L

Cut Out: 90mm round hole

Retrofit into Larger Holes with Adaptor Flanges up to 170mm Dimensions: 35mm wide x 110mm outer diameter

Silver or White

LIGHTS	SAVING/YEAR*
5	\$235
10	\$470
25	\$1,175
50	\$2,350















Approximately 90 cents saving/week per light. \$47 saving per year

Ring **03 526 7007** for a **FREE** quote on your downlight swap-overs now and receive a free Switchboard safety inspection

## From \$69.00 + GST each fully installed

Conditions are standard installation using existing wiring [Minimum number of 10 swap-overs for this special price]

"Pay off fitting cost with energy savings in less than 2 years!"

\*Based on electricity price of 29c/kwh and lights operating 10 hours/day

#### Why should I change to LED?

- Environmentally Friendly
- ✓ Over 60% reduction in electricity consumption
- No maintenance- you don't need to change another light bulb for up to 10 years!
- Large reduction of heat emissions when compared with currently installed lights
- 7 year replacement warranty
- Environmentally friendly contains no Mercury
- Over 50,000 hours life expectancy (compared to 1,200 hours for incandescent and 8,000 hours for CFL)
- Minimized fire risk





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Lharampa Geshe Jampa Tharchin has completed the Sera Je Lharampa Geshe degree PhD in South India, and has a degree from Gyunn Tantric College. Geshe Tharchin is the resident teacher at Chandrakirit Meditation Centre. Geshe Tharchin has a profound knowledge of meditation and has a very warm & easy teaching style with a wonderful sense of humour.

The retreat begins on Wed 10th December at 2.30pm and finishes Wed 17th December at 12.00pm

8.00 am - 9.30am Breakfast

9.30am - 12.00pm Teaching and Meditation with Geshe Tharchin with breaks 12noon - 2.30pm Lunch Break 2.30pm - 5pm Teaching and Meditation with Geshe Tharchin with breaks 5pm - 6.30pm Evening Break

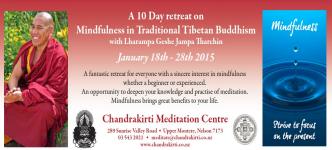
6.30pm - 7.30pm Guided Meditation and Discussion

All sessions include meditation. Mr Tenzin Thupwang will be translating the teachings into English. All course materials and vegetarian meals are included in the cost of \$315. Student discount available

Accommodation can be arranged as required, camping is available for \$10 per night. Please call on 03 5432021 or meditate@chandrakirti.co.nz for bookings and inquiri







Sunday Meditations 10 am—11.30 am Every Sunday with Geshe JampaTharchin Followed by complimentary community lunch. Everyone welcome - no experience needed Last Sunday Mediation for 2014 - 7th December.

## Looking for a new car?

Call in and see the good guys at **Richmond Auto Court** 



Here's a email we received from a happy customer recently:

Chris Jones

Hey Lawrie, just to let you that I had a great drive home and it drives really nicely. It's an awesome car. Thanks very much, kind regards, Kate.



"Where customers become friends



# **Andrew Prouting (Chops)**

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 Post Driving

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# SARAU FESTIVAL TOURTY MALET

## **SARAU FESTIVAL**

### **NEEDS YOU!!**

Please come along and help out at our working bees on Saturday 31 January and Monday 2 February from 9.30am on either or both days...we cannot manage without volunteer labour – there are tasks for young and not so young, and for strong and not so strong!

On Festival Day – we need volunteers to join our fantastic team. Please contact Jenny 03 9700 715 or <a href="mailto:jenny@saraufestival.co.nz">jenny@saraufestival.co.nz</a>. No offer is ever turned away!

### DOVEDALE COUNTRY AFFAIR.

Sunday 15th February 2015.
Stall applications available now.
\$25-00 for site and \$50-00 for food sites.
Ph Ann Win 5433832 or email
evanannwin@ruralinzone.net.

Please be aware that many of the rural road speed limits will be changing from the beginning of December—take heed—they're there to help make our roads and community safer for all.



### **PACKHOUSE STAFF WANTED**

We are looking for staff to join our team on day shifts

Our packing season runs from mid February to May/ June at our packhouse at Nile Road, 3km from Mapua

We have positions available for Packing, Grading and Shed Hands

Experience is not necessary as full training will be given

Day Shift hours are 8.00am to 4.30pm

We also need Shed Cleaners for about 2 hrs per day plus flexible weekend work

We are looking for reliable and committed team players Job sharing is welcomed

For more information, or for an application form refer to:

Website: www.thawley.co.nz Email: admin@thawley.co.nz

Ph: 03-5402888



#### SHORT STORY COMPETITION

Prizes for the best short stories in each age category Your story must start with:

'The moon disappeared behind dark clouds'

There are three age categories:
Children aged under 10 up to 200 words
Young adults aged under 16 up to 500 words
Adults aged 16 and over up to 1000 words

#### LIMERICK COMPETITION

Open to everyone
Prizes for the two best limericks
Limited to two entries per person and must include
at least one of the following words:

#### 'COPS' 'ROBBERS'

Competition details and entry forms available at: www.mapuafestival.wordpress.com Or contact Sue England on 03 540 2934

Closing Date for all entries: 28 February 2015









## TICKETS AND INFORMATION for other Festival events

For information visit www.mapuafestival.wordpress.co.nz For tickets call Sue on 540 2934 or by email s1ad2as3@xtra.co.nz



School Hall (Upper

**The Social Group** meets at the Sunday School Hall (Upper Moutere Lutheran Church) on **Thursday afternoons at 1.30pm each fortnight**. Join in games and cards. Enjoy our afternoon of fun and fellowship.

\*We will start again on Thursday 2nd January 2015\*

All welcome. Contact Brian or Lois Eggers ph 5432 871.

