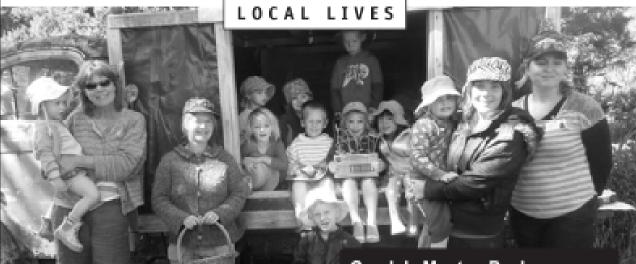
FREE DELIVERY - DONATION APPRECIATED!



DEC 2013

CHILD'S PLAY



A n old 'trading truck' filled with baskets of plants, vegetables, fruit and eggs has become a permanent fixture at Harakeke Preschool. Parents, children and passers-by are encouraged to bring and freely take homegrown produce 'surplus to requirements'.

"We were donated the truck last year, when we were looking for car seat storage," explains Gundula Montag-Ruebsam, who set up Harakeke in 2010 and now works there as one of the four teachers. "A lot of the parents carpool, so they needed somewhere to leave the car seets."

At this time of year, the donations of fresh produce increase and the children get very excited to see what's in the baskets each day, as this is as much their project as one for the adults.

'We want it to be self-managing, with people writing on a board what they've brought for the day so everyone can see," says Gundula. "Then all we need to do is make sure it's tidled up at the end of each day."

This project sums up the ethos at Harakeke, where the children are taught self-help and social skills from an early age. Mostly ranging from three to five years old, the kids are encouraged to assemble their own morning tea from the choices on offer – perhaps peeling fruit picked from the garden, or helping bake buns or tortillas with the help of one of the teachers – and to deer up afterwards.

We all have lunch together around the big table and the children set up using china plates and proper glasses," says Gundula. "We'll often spend half an hour or longer over lunch and then we all go upstairs for a rest, as we believe in following the natural rhythms of the day." Even here, the children have painted their own pillowcases to brighten up the room.

Gundula Montag-Ruebsam describes an average week at Harakeke, the preschool she set up to fulfil a long-held dream.

The privately owned purpose-built centre can provide up to 20 families with a close and nurturing environment for their children. "They spend most of their week here, so the families really get to know us and each other," says Gundula. "It gives everyone a real sense of belonging."

As much time as possible is spent outdoors in the natural environment, with a large fenced play garden, a huge climbing tree, and a sizeable piece of native bush where the children can go exploring. As Gundula and husband Johannes live on the property, there are all the joys of a lifestyle block, too, including cows and chickens.

Indoors, the emphasis is on quality toys rather than quantity, and the children are taught to respect the equipment and materials they choose to use, whether it be paint dyes, scissors or marbles.

The educators give the children options for activities each day, and the children make their own decisions about what they'd like to get involved in. In addition, specialist teachers come in once a week to pass on skills such as art and music and movement. "This also teaches the children to sit and follow instructions in preparation for school," explains Gundula.

The children revisit what they've learnt in their own time and even teach the younger ones, she adds. "We're great believers in free play, so this is a small part of the week and it's not compulsory – but they all love it!"

Harakake Preschool invites local families to an Open Day and children's art exhibition Sunday 1 December from 10am-3pm

EDITORIAL

It will be a busy month for many and if you're looking to do some Christmas shopping, you won't have to go far to find presents that won't be found just anywhere— Mapua Makers Market will be a good day out with lots of local, original handmade items and the selection at The Old Post Office makes for easy shopping too. You can pop down to Wee Shop Organics in Ruby Bay if you're looking to fill up the pantry or wanting to fill a gap in the vege garden.

When you've finished the shopping and wrapping and baking, you'll be wanting a break so take your pick—Moutere Inn, Riverside Cafe or a wine at Neudorf. If you've got visitors arriving, take them out and about. The Golden Bear in Mapua and The Playhouse also have great food and entertainment lined up and they're all just down the round and round the corner and they are just a few of the people (businesses) that advertise with us. Please show your support for them by using local as much as you can. Don't forget Fluffy and Fido, Tasman Bay Vets will have something for them too.

Thankyou to everyone who has contributed this year, there would be nothing to print if it weren't for you. Thankyou to our readers and your ongoing support of the newsletter and it's advertisers. We will take a short break here at the Grapevine and our next issue will be a combined January/February issue which means that our deadline for advertising and copy will be January 10th.

Ps: Merry Christmas from The Grapevine





Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month.

The deadline for each issue is 15th of the month.

Please email your print-ready ad to umograpevine@hotmail.com or provide paper-based, print-ready copy to the Upper Moutere Store.

The following prices apply for advertising:

• Births, marriages, deaths and giveaway notices: Free

• Business card size advertisement: \$12

⊙ 1/4 page advertisement: \$25

⊙ 1/2 page advertisement: \$50

• Full page advertisement: \$95 (if space available)

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

The deadline for each issue is 15th of the month.

Please email your copy to: umograpevine@hotmail.com



MOUTERE HILLS COMMUNITY CENTRE



As you have all probably noticed, Moutere Hills Community Centre has been a hive of activity lately with all the tradesman working extremely hard to get the facility operational again as soon as possible. Things are currently on schedule for the majority of the facility to be reopened on the 20th December, with the Sports Hall due to be completed by the end of February.

We would like to thank you all for your continued support of Moutere Hills Community Centre, it is greatly appreciate. Staff are currently in the planning stages for the re-opening of the facility and the activity schedules and events for 2014. If you have any ideas or suggestions of what you would like to see happening at your community centre then please do not hesitate to contact us. We are also now taking bookings for 2014. If you would like to

make a booking or would like any further information then please do not hesitate to contact us on 543 2516 or email enquiries@mouterehills.org.nz

Wishing you and your family a very Merry Christmas and Happy New Year.

Warm Regards

Katrina, Vanessa, Scott and Yvette



Xmas Workshops

CHRISTMAS CUPCAKE DECORATING Friday 20th December 9:00am—12:00pm

A fun workshop where children aged between 5 and 11 years can come along and decorate their own yummy cupcakes for Christmas. Tutor: Vicky Seager. Cost \$15 per child.

PARENT AND CHILD CAKE DECORATING Friday 20th December 1:00pm—4:00pm

A great opportunity for parent and child to work together to create a beautifully decorated Christmas cake for family and friends to enjoy over the festive season. Bring your own cake to be decorated, icing and other materials provided. Tutor: Vicky Seager. Cost \$25 per family

YOUTH ART WORKSHOP Monday 23rd December 9:00am—3:00pm

For ages 11 years+. Tutor: Helena Morris. A great opportunity to explore your creative side and create a fabulous piece of artwork that you can display at home or give as a gift to someone for Christmas. Cost \$25 per person. Materials supplied.



January School Holiday Programme

This fun, actioned packed programme will be located back down at Moutere Hills Community Centre. It will run for two weeks during the January School Holidays: 20th—24th January and 27th—31st January.

For Ages: 5—12 years Time: 8:30am—3:30pm Cost: \$25 per day

A wide variety of activities on offer including arts, crafts, games, baking, and sport and related to some great theme days including: Wet and Wild, Style It Up, Tricks and Treats, Game On!, and Berrylicious.

Summer Outdoor Movie / Family Fun Night

Wednesday 22 January

6:30pm - 11.00pm (movie starts at dusk)

Cost: \$2 adult, \$1 child

Join us in the airiest cinema in the region, screening a film for everyone. Come early to play giant board games, backyard games, listen to some fine New Zealand music, share food with your friends and as darkness falls allow the flicker of the screen to transport you. Café and Bar open. (Fundraising for and outdoor community BBQ.)

Movie: Darby O'Gill and the Little People (1959) 93mins G

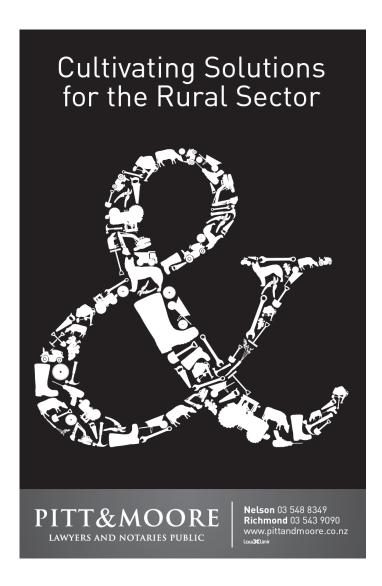
Love, laughter, magic and leprechauns in this little-known but wonderful film that has something for everyone. It features a very young (and spunky) Sean Connery.



Phone: 5432 516

Email: enquiries@mouterehills.org.nz Website: www.mouterehills.org.nz











Our Moutere Festival 2 February 2014!!

- Guest blackcurrant chef Miles Drewery
- Blackcurrant Bake-off get creative!
- Photographic competition start snapping
- Moutere Artisans
- Blackcurrant health information
- Moutere History
- Grown in the Moutere
- Huge recycled book stall save those books and bring them in
- Loads to do and see for young and not so young!
- Masses of stalls, and activities
- Food, beer and wine,
- Music and entertainment
- Gentle Cycling ride 12km
- Mountain Bike race 27km

Keep up with all the exciting
Festival news and competition
details on www.saraufestival.co.nz
or like us on facebook and keep up
with our changes – we can't fit it
all in here!



THE WRITE BIAS



NEWS FROM MAPUA BOWLING CLUB

League Bowling started on Monday 21 October and will continue every week until Christmas. Play starts at 6 p.m. and new bowlers are very welcome to come along and have a go. Plenty of sets of club bowls are available to borrow. A pair's tournament is underway for those league players seeking some extra competition.

Rain has continued to affect play but the sun managed to peep out from behind the clouds for a Drawn Pair's tournament on Wednesday 6 November. This was kindly sponsored by Harcourt's and it was good to welcome friends from Ngatimoti, Motueka, Riwaka and Atawhai who joined us for the day (and managed to be involved with the first three prizes).

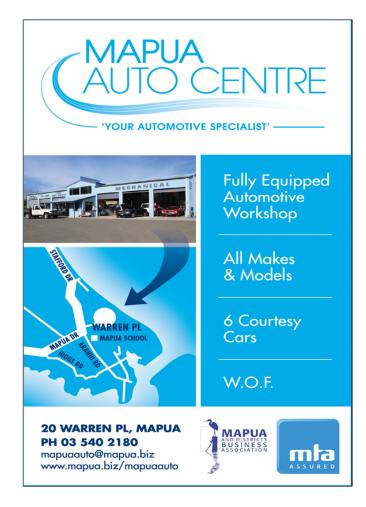
The first round of club championships is nearing completion. As always they are fiercely contested but always finish with a handshake and a visit to the bar. Unfortunately sickness and injury has forced some players to pull out but no doubt they will be back in contention next season.

Club members are looking very smart and trim in their new shirts, essentially white with maroon flashes but still proudly sporting the Mapua apple logo.

For information about bowling, coaching or booking the clubhouse and facilities please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934) or email slad2as3@xtra.co.nz

Sue England







MAPUA MAKERS MARKET

a contemporary craft fair

Sunday 8th December 2013 Sunday 26th January 2014

10am - 3pm Mapua Hall FREE ENTRY

www.facebook.com/MapuaMakersMarket email: mapuamakersmarket@gmail.com

MMM... handmade for summer





"CHOREING IS BORING"

Most week day mornings at my place it feels like a nag-a-thon. The constant 'brush your teeth' 'make your bed', 'pack your schoolbag' etc etc and the list goes on!!!. Well 4 weeks ago I had had enough!!!! Who likes a stressful morning constantly telling your children what to do, and I am sure my kids get sick of being nagged about what to do!!! Sticker charts - well they come and go in our house, and I really started to think why do I need to reward my children for doing house hold jobs that are just part of our daily lives. So I did a bit of research and found the idea of CHORE JARS and thought well lets give it a go!! 4 weeks down the line and they are working great - no more nagging and lots of happy mornings. In fact my kids are keen to do all their chores, and I don't even need to tell them as they have the chore stick to remind them. I am even trying it with my 2.5 year old (only 3 sticks to turn at the moment). So I thought this month I will pass on my little success story and maybe if you are sick of the nag-a thon you could try it too. I made these with my children at home and then we made them with the kids at the Upper Moutere After School programme. We first discussed the chores and then decorated the jar and sticks. This helps the children to feel ownership of the jar and sticks and gives you a chance to discuss the chores with them (it will also make them much more likely to take part in the actual process of doing and turning the sticks daily).

MAKING CHORE STICKS

First you need to sit down and make a list of the chores that need to be done - these will be what you write down on one end of the stick. You can also make some sticks for weekly chores (eg clean your room, mow the lawns, put out the recycling) or even a combined chore jar that has team chores which everyone has to have a go at, or do together (eg clean up outside, do dishes). To make it easier you can colour code your sticks too (eg morning chores are yellow, evening chores are blue, weekly chores are green)

WHAT YOU NEED

A jar or container to put the sticks into (we decorated ours with foam shapes, ribbons, and coloured bits of paper but you can use whatever you have around the house or go to the \$2 shop)
Coloured iceblock sticks - fat ones are best
Stars or shapes to put on the completed end of the stick
Felt tip pens

HOW TO MAKE THE STICKS

On one end of the stick write the chore with your felt - don't go into too much detail - 'make bed' or 'set table' will do.

On the other end of the pen put our star or other shape

HOW TO USE

Put your sticks into your decorated jar with the chores facing upwards (eg sticking out of the jar). When the chore has been completed the stick can be turned over so the star or shape is at the top and the chore is now in the bottom. The object is that at the end of the day/week all the chores are facing down and the stars or shapes are facing up. Mine is a daily jar as my kids are quite young and we are starting off easily.

My kids seem to enjoy the actual turning of the sticks and seeing the stars on top so I think that is what makes it a success. So if you decide to have a go at the chore jar good luck, and if it works for your household HORRAY!!

To see the Kidz Klub kids chorejars check out our facebook page 'Kidz Klub After 3'.



Early Childhood Education & Care

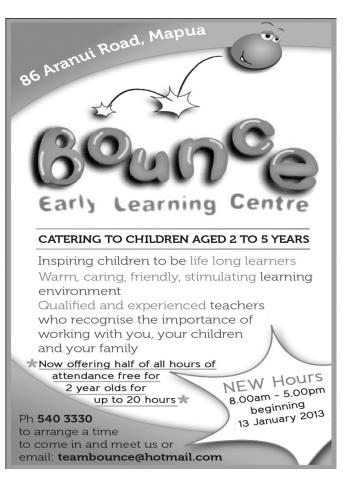
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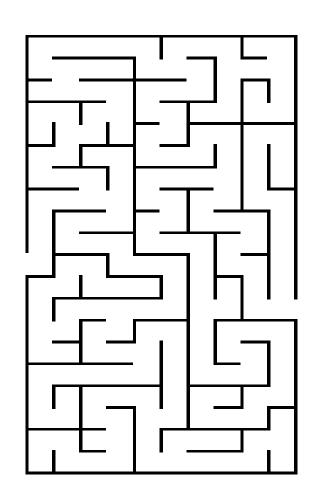
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Can you find your way thorugh the maze? Time yourself and see how long it takes....





This month we celebrate perhaps the most widely celebrated religious holiday of the year. Christmas is a truly remarkable day.

It's a day set aside to honour the birth of a man whose thoughts and ideas are studied and followed - 2,000 years later - by more than two billion people around the world - a man who almost certainly wasn't born on the actual day upon which his birth is celebrated each year - a man, in fact, whom some people (including many of whom celebrate Christmas) believe may never have existed!

Such is the power of Christmas. No longer just a Christian feast day, Christmas and its underlying themes of "peace" and "goodwill" have transcended virtually all religious boundaries - including the boundaries between those who profess wide varieties of religious beliefs, and those with no religion at all.

It's a day of rejoicing. It's a day that brings together families, friends, strangers - and even enemies. The power of Christmas has stopped wars - even world wars - in their tracks - if only for a few hours at a time.

It also is a day with the power of sadness, especially for those who feel alone when there is so much happiness and joy evident everywhere around them. Those people need to know that they are not alone. Not at Christmas, Christmas has the power to heal hearts that have been trodden upon all the rest of the year.

It has the power to make us all wistful for a day when this time of year is not the only time when people think about each other as much as - or even more than - they think about themselves. There is a spirit in all of us that is magnified by Christmas.

As you celebrate this remarkable day, keep a thought for all the other days, throughout the year, that could be as powerful, if we all made the effort.

As well as our regular Sunday mornings at 9:30am, this Christmas we're celebrating with a number of events that we want to invite you and your family and friends along to.

Carols in the Church – with the Light of Christ Singers

7pm December 7th @ the Church

Carols in the Vineyard

7pm December 15th @ Neudorf Vineyard

(Bring a rug and snacks. If it's wet, we'll meet at the School Hall)

Christmas Eve @ the Church

7pm Family Service

11:15pm Reflective Service

Christmas Day @ the Church

10am Christmas Morning Service

We pray that you are strongly blessed over this coming Christmas Season.

Pastor Chris and the Whanau at St Paul's

A BOUNTIFUL FAMILY

An influx of winemakers, viticulturists and scientists arrive in Nelson in early December as the Family of Twelve Vini/Viti day gets underway at Neudorf Vineyards.

About 40 people are expected for the event on December 5th and 6th including scientists from Auckland University, Crop and Food and staff from the 12 elite wineries. The Family of XII was formed 10 years ago as a cooperative marketing group of like-minded family producers. As a spin off, each year the winemakers and viticulturalists get together to discuss their questions, thoughts and discoveries.

The group comprises (from North to South) Kumeu River, Villa Maria, Millton Vineyards, Craggy Range, Ata Rangi, Palliser, Neudorf Vineyards, Fromm, Lawsons Dry Hills, Nautilus, Pegasus Bay and Felton Road. Neudorf Vineyard's Tim Finn says "It is an example or the unique and valuable tradition in New Zealand agriculture of the co-operative sharing of knowledge."

The day starts with a discussion on research at Neudorf on the reduction of bunch disease in organic vineyards. Next up is the reduction of alcohol in the vineyard and a tasting of one of the new clones of chardonnay being trialled by Neudorf and Felton Road. Dr Mike Trought from Plant and Food Research will be on hand to supply the science.

In the afternoon Michael Brajkovich MW from Kumeu and Dr Bruno Fedrizzi from Auckland University will conduct a structured tasting on beneficial sulphides in Chardonnay, including their relationship to perceived minerality

The day finishes with a Pinot Noir barrel tasting and discussion on the 2013 vintage. "The social aspects are a big part of the day and everyone brings an interesting bottle or two to share. We are sacrificing a prime lamb from our flock for the occasion and there will be plenty of local cheeses and olive oil on hand.

Congratulations Andrew Read

on being named Sportsman of the Year for multisports in Tasman Secondary School Sports Council awards.

What a terrific year you've had Andrew!



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RURAL WOMEN NZ

Rural Women were delighted the rural delivery service was to continue.

In our submission we highlighted that the rural delivery is so much more than just a mail service. Our rural delivery contractors provide a lifeline, delivering supplies, repairs and spare parts, animal health remedies, medicines and courier parcels. They also pick up mail and parcels making it possible to run a production based business from a rural location.

We all can acknowledge the great service we receive here from our rural delivery contractors. Y FRONT APPEAL FOR PROSTATE CANCER. Moutere Branch has collected \$100 for this appeal. We will hear at the end of the month what has been contributed nationally.

We would like to extend to all our best wishes for a happy and safe holiday period. This time of the year is usually a busy time for rural people so we don't get to take holidays as our urban relations do but we still like to celebrate and enjoy Christmas time. Happy Christmas.

Pat Moore.



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Hello Animal Lovers,

Now the holiday season is almost upon us I would like to address the issue of travelling with your pet. It is an interesting fact that most small animals such as cats, rabbits, etc are contained in an approved pet transporter when travelling in a car. However many dogs are not so contained but given the run of the whole car. This is not only undesirable but extremely dangerous. A couple of months ago a close friend of mine in Australia was distracted by her small dog and lost control of her car causing her car to cross to the wrong side of the road narrowly missing a truck coming in the other direction, hit the barrier, roll over multiple times and fall down a gully on its roof. Fortunately, both her and the dog miraculously survived but may not have been so lucky if distracted another time. In New Zealand there are laws to prevent motorists from using their cell phone when driving due to its distraction but no specific laws about dogs loose in the car. Amazingly some people have them sitting on their laps or jumping about from front to back, whining and barking.

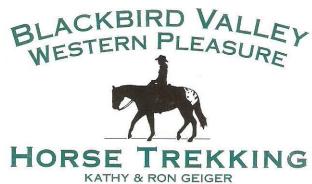
It is imperative that a dog is trained to be calm in a car. This is usually best addressed when they are a puppy or young but all dogs can be trained. First of all the dog should be obedient to the lead, made to sit whilst the car door is opened, then allowed to get in. They should be taught to sit quietly in the car, preferably wearing an approved pet seat belt or contained in a well secured cage. All this can be achieved initially before the car is moved with the pet inside. Once the dog is comfortable and relaxed, small trips should be attempted. It is useful to give the dog a chewy toy or bone and good cross ventilation provided as dogs need fresh air. Under no circumstances should a dog be locked in a car unattended particularly on a sunny day. The temperature inside the car can be lethal to a dog whose only way of perspiring is through panting When it is time to get out, the owner should get out before the dog is asked to get out, this will make a big difference in how the dog respects its owner and its position in the family pack. Most important is that the dog owner must be pack leader.

If you are going away with your dog these holidays, spend a little time with some of these techniques. If it is a long trip, take frequent breaks and give your dog an opportunity to get out and stretch its legs and you will have a safe and distraction free trip.

Compliments of the Season to you all and your beloved pets.

I look forward to being back in touch in 2014

Sue Mott Animal Behaviourist 02126642111



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Vet Talk with Tasman Bay Vets

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Heat Stroke

It's that time of year again. Christmas is just round the corner and most of us will soon be making the most of the summer sun. Unfortunately this is also the time of year when we see pets at the clinic with heat stroke. Heat stroke kills very quickly. An overheated dog can suffer critical damage to their brain, heart, liver and nervous system. The cells of the body rapidly start to die. The brain swells, causing seizures. A lack of blood supply to the gastrointestinal tract creates ulcers and severe dehydration leads to irreversible kidney damage.

Dogs are not as good as us at cooling themselves down and do so largely through panting. If they can't do this effectively then are at a much greater risk of heat stroke. Short nosed dogs (English Bulldogs, Pekingese, Boston Terriers etc) are particularly prone as are those that are obese, very old, very young or suffer from respiratory or heart conditions.

Signs of heat stroke include:

- Heavy panting
- Excessive thirst and drooling
- Glazed eyes
- Vomiting and bloody diarrhoea
- Bright or dark red tongue and gums
- Elevated body temperature
- Weakness to the point of collapse
- Rapid pulse
- Seizures

Loss of consciousness

If you see any of these signs in your dog, start treatment immediately:

- Move your pet to a cooler area use a fan if available
- Begin to cool them down with cold wet towels placed over the neck, in the armpits and groin areas
- Offer cool water to drink if they are alert and willing

Contact your nearest vet

DO NOT:

- Use ice to cool your pet this can actually have the opposite effect
- Force water into their mouth

How to keep your dog safe:

- Always have plenty of fresh, clean water available at all times. If they'll be outside on warm days for any length of time, they should have access to complete shade.
- If they are longhaired, get them a haircut. Don't go too short though, because their fur protects them from the sun.
- Avoid exercising during the hottest part of the day, but even when it is cooler, take care not to overdo it.

And, of course, never leave your dog alone in a parked car on a warm day.





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COMING EVENTS AT THE MOUTERE INN

- ❖ LIVE MUSIC 1PM 7 PM SUN 15th December "LIVESTOCK 7" ALL ORIGINAL ALL DAY! Bathhawk, The Dions, The Joriah Cotton Band, Granddad's Wedding, The Dark Country, Shunt, Cliff Fell, South Sea Sirens, King Cutter Trio, Giants of Caanan, Elisha Hobbs, The Heals. Get your Funk on and your Punk on.
- **❖** XMAS DINNER SAT 21st DEC

It's Christmas and time to get together with family and friends and enjoy a delicious Christmas dinner. There will be a set menu of roast Turkey or Lamb with roast potatoes, sprouts, swede mash, carrots, pigs in blankets, bread sauce, and cranberry sauce. For dessert either Christmas pudding or Boysenberry pavlova. \$30 bookings essential.

❖ LIVE MUSIC 8 PM TUE 31st December "Cutty Wren"

Cutty Wren will bring the New Year with their fantastic blend of traditional Irish music and contemporary covers.

DON'T FORGET

Raffle every Wed 6pm with Chase the Ace. 1st Thurs Folk Night. This month 5th. 2nd Thurs Quiz Night. This month 12th Last Thurs Ribs Night. This month the 26th.

THE MOUTERE INN THE CENTRE OF THE MOUTERE Phone 543 2759 www.moutereinn.co.nz



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CHRISTMAS COOKING IDEAS WITH MT CRUSADER

FRESH SOFT CHEESE - SIMPLY DIVINE

Our Mt Crusader has been requested by many up-market lodges and restaurants throughout NZ. Here are some great ideas for when visitors arrive over the festive season:

- Stuff inside dried apricots, dates and prunes on a cheeseboard
- Make a sauce adding lemon, cream and black pepper for asparagus
- Roll small balls through freshly cut herbs and walnuts and add to a salad
- Make a gorgeous cheese log or cheese ball by adding grated Neudorf or Richmond Red and some soup mix roll in nuts and herbs
- Turn upside down and load berry coulis and crushed hazelnuts on top for a dessert
- Add to pesto and stuff into a chicken breast
- Spread on rye with smoked salmon and cranberry

Mt Crusader is available at Fresh Choice Nelson, Prego, Nelson Saturday Market, Wednesday Farmers Market and Sunday Motueka Market.

Available in 200 gram pottles of oil or fresh - this is one of our most versatile products. Match with a local wine - try rose, sav blanc, chardonnay or pinot gris!

A SAFE AND HAPPY CHRISTMAS FROM THE NEUDORF DAIRY TEAM!

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1290 Main Road, Upper Moutere

Please phone to arrange collection

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SWEET TOOTH

(Oh I have just been to the dentist!)

ORANGE AND ALMOND DESSERT CAKE

Oven on to 180c, grease or line 22cm tin



2 oranges washed well, 125g butter, 1 cup sugar, 5 eggs, 2 cups ground almonds, 1/2 cup self raising flour and 2 teaspoons baking powder.

Orange syrup—1 cup sugar, 4 tablespoons orange juice, 1 1/4 cups water.

Place oranges in saucepan, cover with water and simmer until soft. Remove from pan and chop roughly, discard pips. Put oranges, butter, sugar, eggs and almonds into a food processor and whizz until light and smooth. Fold in flour and baking powder, then spoon into the prepared tin.

Bake 1 hour or until skewer comes out clean.

Heat and simmer the syrup ingredients until dissolved (approximately 5 minutes).

Cut cake while still warm and serve with a drizzle of syrup and a dollop of thick cream.

You might have a few berries left in the freezer...

STICKY CHOCOLATE RASPBERRY CAKE

Preheat oven 180c, grease or line a loose bottom cake tin.

75grams butter (unsalted), 75g plain chocolate, 75grams frozen raspberries and extra for garnish, 2 eggs—separated, 50g sugar, 50g ground almonds, 25grams each of cocoa and plain flour.

Melt butter and chocolate over a bowl of boiling water, cool a little. Mash raspberries or press through sieve, whisk the egg yolks and sugar until creamy, mix in almonds, cocoa, flour, melted chocolate and raspberries. Whisk egg whites until they form stiff peaks then fold into raspberry mixture. Pour carefully into tin and cook for 25 minutes or until firm.

Cool for an hour in the tin, remove and dust with icing sugar and garnish with remaining raspberries.



FROZEN BERRIES AND CHRISTMAS SPIRITS

Take a large jar and place layers of berries and sugar. Fill to the top and pour either brandy or vodka over the mixture. Seal and turn the jar once every couple of days until you can't wait any more. Open and serve the fruit over ice-cream and the liquid with soda and ice and you will have a very merry Christmas!



Wonderful Green 2 Gold Moutere Olive oil

Back by popular demand our Tuscan blend (Frantoio/Leccino). It's a gorgeous green colour and has a rich grassy front palate with a peppery after taste.

Bring your own wine bottles and we will fill it for you or we can provide plastic bottles at a little extra charge. We are happy for you to try before you buy.

Fill Your own:

\$20 per 750 ml wine bottle Bottled \$22 per 750mls. Larger quantities by request

Elaine Partridge 543 2733.







Mon-Fri 10-5pm | Sat 12: 30-6pm | Sun 2-6pm Naturopath available email for an appointment

155 Stafford Drive, Ruby Bay weeshoporganics@gmail.com

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Ríversíde Summer 2013

Soup Of The Day \$10

Made with produce from the Riverside garden. Served with home-made bread & garlic butter

Monkey Bread \$8.50

Our speciality bread balls, served warm, with sides of garlic butter and feijoa chutney

Champagne Risotto Balls and Salad \$12.50

Three hand-rolled risotto balls with a crisp herb and polenta crumb, served with a Moutere Strawberry & basil dip, and Riverside salad

Home Cured Vodka Salmon \$25.50

Served on spiced beetroot, rice & black quinoa timbale, with mixed leaves salad

Shredded Lamb Tortilla \$22.50

Slow roast lamb tossed in a sweet tomato & pomegranate dressing, served warm on homemade Turkish flat bread, with lime & coriander coleslaw, tomato salsa & Riverside salad

Ratatouille \$19.50

Slow roasted aubergine, peppers and courgettes in tomato and basil sauce, served with monkey bread & olive tapandade, and salad

Wild Kebabs \$26.50

Skewered wild venison sausages, manuka smoked wild pork bacon, mozzarella and cherry tomatoes, served with a potato rosti, cherry sauce, and Riverside Salad

Green lip mussels steamed in Old Mout Pear Cider, with sauteed chorizo & preserved lemon. Marlborough Mussels \$24.50 Served with garlic bread

Riverside Deluxe Burgers \$17.50 and \$23.50

Mushroom, Bean & Spinach Burger, with smoky tomato chutney & grilled paneer \$17.50 Our delicious home made burgers are served in a ciabatta bun, with salad, aioli & kumara crisps Wild Pork Pattie, with grilled bacon, smoked cheese & applestroop relish \$23.50

Aioli \$0.50 Fries \$6.50

Salad small/large \$7.50 / \$12.50

For Kids

Kids Vege Wraps – with grilled paneer, salads, relishes and kumara crisps \$9.50 Kids Fish & Chips with petite salad \$9.50 Fish or beef burger, with small fries \$9.50

This is a sample LUNCH menu, and options and prices may change at any time

Celebrating The Love Of Food

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A warm welcome awaits you at our iconic café, part of the historic Riverside Community, est. 1941

- A beautiful and friendly café, inside a historic homestead, set in a relaxing garden environment
- A delicious, seasonal menu featuring wild meats, Tasman Specialities, and Riverside's home-grown produce
- A superb selection of local wines and beers

made cakes and our famous brioche, awsesome coffee, and lunch We are open 7 days a week from 9.30am serving fabulous homedaily from 11.30am.

Children welcome – we have a great play area outside!

Specials and yummy desserts such as Espresso Granita, Honeyedbrandy Strawberries with Truffles, and our delecatble Lemon Tart copper & crystal chandelier! Our dinner menu features additional Dine at Rverside on Friday and Saturday evenings from 6pm and enjoy dinner under the stars, or under our stunning, hand made

For enquiries and bookings, please contact us:

Email: riversidecafe.news@gmail.com Tel: (03) 526-7447



RiversideCafe&CommunityNZ



MOUTERE COMMUNITY YOUTH

Wow, at the end of ANOTHER year! Thanks to everyone for their awesome support of Moutere Community Youth.

We hope you all have a safe and fun holiday season.

Friday Night Youth - Year 7+

6:30pm-8:30pm @ the church hall.

Friday 29 November Hydroslide & Mini Golf

Friday 6 December Biggest Water Fight Ever!

Saturday 14 December Beach Day & BBQ

Senior Youth - Year 9+

For the rest of this term all year 8's are invited to join

Senior Youth. It's heaps of fun, so come along.

Saturday 30 November Pro Cart & KFC

Saturday 7 December Rocket

Saturday 14 December Beach Day & BBQ

Community Youth Workers

Andy & Abbey Bensemann 5432949

Andy 0212245178

Abbey 0272434364













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ST JOHN AMBULANCE REWARDS

MOTUEKA VOLUNTEER

For two weeks in October I managed to score a trip to South Australia as part of an exchange between South Australian Ambulance Service (SAAS) and NZ St John.

Every year St John sends 3 of their North Island volunteers, and 1 from the South, on this exchange to compare procedures, exchange ideas, and expand our professional knowledge. It's a great opportunity to foster closer relationships and make new friends, and it's recognition of the contribution volunteers make to St

For me it was a bit of a shock to find it was blimmin hard work. Right from the start it was very full-on. After getting up at 4.30am to get on the five hour flight to Adelaide, the four of us from NZ were met at Adelaide airport and whisked off to meet the people at Medstar retrieval helicopter/plane service, the Flying Doctors, and Special Operations Team. We all had a laugh about the country girls come to town when we related how we'd been severely told off in the customs area for taking photos of each other, and it was 1.30am NZ time before we finally got to bed that night.

The next day we were treated like royalty, meeting various important people, visiting emergency operations centres, and checking out some of the flash ambulances and gear made especially for super-sized patients, aggressive patients and mass casualties. We saw some fancy training facilities with a car that could be taken apart like lego – to simulate the fire service cutting people out. A highlight for me was the hour or so sitting beside a call taker in the communications centre, with headphones on, listening in on the 000 calls coming in from throughout the entire state.

Our trip was scheduled to squeeze in a conference 5 hours north of Adelaide where it was 41 degrees when we arrived. This conference was tons of fun, with a couple of hundred volunteers from all around South Australia, attending lots of workshops and having a ball. I am just disappointed that they didn't give us more warning about having to do a skit on the Saturday night, but I think it was just to make their own look even more hilarious.

For the second week the four NZers split up and were sent to various outlying ambulance stations all over the place. One woman from NZ who had been working on a skifield at Ruapehu drew the short straw (I reckon) and travelled over 3000kms to Coober Pedy and beyond. She loved it.

I enjoyed a climate more like NZ's, working in four different ambulance stations south of Adelaide, and travelling right down to near the Victorian border. One of my jobs was a five hour round trip with a 33 week pregnant woman bouncing around in the back. They don't tend to use rescue helicopters so much over there.

By the time I got home I was shattered, and the bunch of flowers that my son Riley presented me at Nelson airport just about finished me off! Everything seems so green and lush here compared to Oz, and I'm more than ever convinced we live in paradise.



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moutere hills

POSITIONS AVAILABLE

Function Co-ordinator

This is a part time position with an annualised salary based on 8 hours per week.

The position involves managing the centre bar and organising and catering for meetings, functions and events hosted at Moutere Hills Community Centre.

The ideal candidate will have excellent communication and organisational skills, exceptional customer service, and be reliable and trustworthy. They must be able to work evenings and weekends and either hold a current bar managers certificate or be willing to obtain one.

Cleaner

This position is part time, working 8 hours per week. Hours of work to be negotiated, with additional hours sometimes required dependant on bookings.

The successful candidate needs to have good attention to detail, excellent time management skills and be able to work unsupervised.

Applications for both positions close 5pm Tuesday 10th December. Start date to be negotiated.

For a job description and application form please contact Moutere Hills Community Centre; Email enquiries@mouterehills.org.nz or Phone: 5432 516

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DECEMBER 2013 – ENTERTAINMENT CALENDAR

Sun, Dec 1 – 3:00p DAMON AND THE BROKEN COWBOYS

Sun, Dec 8 – 3:00p JOHNNIE CAMERON

Sun, Dec 15 – 3:00p NOODLES

Fri, Dec 20 - 6:00p KING CUTTER

Sun, Dec 22 - 3:00p GYPSY PICKERS

Fri, Dec 27 – 6 00p OAKLEY GRENELL

Sun, Dec 29 - 3:00p KANE HOGAN

FREE CONCERTS AND NO SURCHARGES!

12 Aranui Road, Mapua ● ph 03.540.3210 ● <u>www.goldenbearbrewing.com</u>



The Playhouse Cafe What's On Guide DECEMBER 2013

Monday to Wednesday 11am till 4pm Thursday to Sunday 11am till late

NOW OPEN 7 DAYS From 11am

29 Murder Mystery Dinner **Sold Out**

Open TEASE 11am till 4 AND TINSAL **XMAS Evening BURLESQUE** Closed for \$20 **Private Function**

Jan 1st: Ubana does Dylan Jan 2nd: The Mike Field Quintet Jan 3rd: The Andrew London Trio Jan 4th: Oakley Grenell

Jan 6th: New Town Rock Steady Jan 9th: Gary McCormick

MAPUA HALL SHOWS

Dec 28th: SALMONELLA DUB SOUND SYSTEM, \$30,

16

Jan 4th: Paul Madsen's SUPERSTAR SHOW \$20, Tickets from Everyman

5 Murder Mystery Dinner \$20, Starts 7pm Added by popular demand

12

Gary McCormick & Tîm Shadbolt Soldout Gary back on Jan 9th

14

15

Paul Madsen's Superstar Show Thurs, and Fri Soldout, Sat has 12 tickets left!!. Look at for this show again at

13

The Mapua Hall Jan 4th Tickets from everyman.co.nz during day Open for dinner

Closed for Private

Open

11am till

late

19

Open 11am till late

Open 11am till 4pm Closed for Private **Function**

The DIONS Open **Live Local Rock** 11am till \$5, Music from 9pm late Dinner from 6pm

23 Open 11am 74 Open 11am till 3pm

Traditional European **Christmas Day**

The Great Backyard Cricket Free!,

26

27 The Rocky Horror Picture Show, \$15, Interactive

MAPUA HALL SALMONELLA DUB SOUND SYSTEM \$30

28

The Johnnys, \$15, All girl Johnny Cash band, Dinner 6pm, Show 730pm.

79

30

till 3pm

The Great 2013 Quiz night, Dinner and show \$95, just show \$25

31 Paul Ubana **Jones NYE**

Lunch, \$70, 11am - 3pm trimmings

Tournament, Massive buffet Warm up 1pm with all the Games from 2pm Dinner 6pm,

Theatre, Show 730pm

WWW.PLAYHOUSECAFE.CO.NZ or call 5402985



The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight.

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome. For 2014 start date **contact Brian or Lois Eggers ph 5432 871.**

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'WHERE KIDS HAVE FUN'



We provide CYF approved quality OSCAR after school and school holiday programmes in Mapua and an after school programme in Upper Moutere.

For more information contact Cindus 03 543 2033 / 027 358 7233 Kidzklubbafter3@gmail.com'

CHECK OUT OUR FACEBOOK PAGE TO SEE WHAT THE KIDS HAVE BEEN UP TO LATELY!!

Grapevine circulation is 1300 copies. This issue has been constructed by volunteers:

Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Hilary Williams and Heather Eggers.

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