FREE DELIVERY - DONATION APPRECIATED!



# The Grapevine MOUTERE HILLS COMMUNITY NEWS

**OCT** 2013

# A NEW LEAF



ohn and Pippa Tristram thought life would be a breeze when they downscaled from an Ashburton dairy farm to their 12 hectare lifestyle block in Upper Moutere.

However, with both John and Pippa working full-time, they were somewhat surprised at how much work even a small lifestyle block takes. "The property had been vacant for 18 months and gorse and other weeds were taking over," recalls Pippa. "We have enjoyed transforming the place to a workable and comfortable home and small farm. We like to look back at the 'before' photos to remind ourselves what we have achieved."

Before their move to the Moutere, John had spent his entire working life on full-scale farms — dairy, crop, sheep and cattle — dealing with all aspects of operations, including management, maintenance, spraying, fencing projects and animal care. Pippa, meanwhile, has a completely different background in banking and office managerial roles, both in New Zealand and overseas. Though she may be an office girl at heart, she loves to get the gumboots and overalls out and muck in on the land.

As John and Pippa know only too well, life on a farm never stands still and there is always something else to be done. It was this that gave them the idea of helping others in similar situations. Using the many skills they have attained from a lifetime on farms, they started up The Leaf Company part time to offer a full range of services for households with gardens and lifestyle blocks in the Nelson, Tasman and Motueka regions.

The Leaf Company provides flexible garden maintenance services to urban sections; expert help and hands-on assistance John and Pippa Tristram know from experience that work on a farm never stops, and they say they're here to help.

with all lifestyle block animals (cattle, sheep, pigs and goats); and help with the upkeep of larger blocks or small farms. This includes everything from paddock mowing, weed spraying and stock fencing to general repairs and maintenance.

Their company philosophy is to do what they do best, leaving homeowners with more time to enjoy their home and do the jobs they want to do, rather than the jobs they have to do.

In March last year, John and Pippa invested in Tasman Mowing, making their business a full-time venture and giving them further mowing equipment to meet customer demands, while complementing their existing services. They now have everything from weedeaters and push mowers, to ride-on mowers and a tractor with finishing mower for large lawns and sports fields, as well as a slasher mower for long overgrown areas, such as empty sections, paddocks and light scrub.

"The Leaf Company aims to be a trusted owner-operated brand, and can now offer a broader range of services to complement John's farming experience and skills," says Pippa. "For me it is really exciting and seems like all the pieces of the jigsaw fitting together. There is always room for improvement, though, so there are still a few more jigsaw pieces to fit in!"

Contact John and Pippa to discuss your garden projects or lifestyle block development, and learn how The Leaf Company can help give you more time to enjoy life. www.theleafcompany.co.nz.



Daylight saving and labour weekend combined brings plenty of opportunities to get out and enjoy our district.

Riverside Cafe is celebrating spring with all sorts of fun on Sunday 6th October. The Moutere Hills Community Centre Auction looks like the place to be on Saturday 19th, with something for everyone by the sounds of it.

In our food section there's an invitation to attend a picnic and more information on experiencing the best the Moutere has to offer. If you haven't experienced what the Moutere Artisans have to offer then Labour weekend is the time to do it. At the same time you can immerse yourself in the arts by visiting the Icon gallery where the local Relay for Life Wiggle and Jiggle Team have organised the Relay for Life Expo. A chance to purchase works by local artists with 25% of proceeds going to the Cancer Society.

The RubyCoast Arts festival 2013 kicks off from the 19th October and if anytime you're feeling the need to find something a bt more relaxing, another asset on offer in the district is the Mapua Library—free to all read all about it on page 5. Of course you'll also want to fit in some gardening and probably bake a cake or two... read on, you'll find it all here.



Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month.

### The deadline for each issue is 15<sup>th</sup> of the month.

Please email your print-ready ad to umograpevine@hotmail.com or provide paper-based, print-ready copy to the Upper Moutere Store.

#### The following prices apply for advertising:

• Births, marriages, deaths and giveaway notices: Free

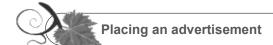
• Business card size advertisement: \$12

**⊙** 1/4 page advertisement: \$25

**⊙** 1/2 page advertisement: \$50

• Full page advertisement: \$95 (if space available)

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16



We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

#### The deadline for each issue is 15th of the month.

Please email your copy to: umograpevine@hotmail.com







#### Sarau Festival 2014 is coming up!!

#### Sunday 2 February 2014

To make this another fantastic Moutere event we need your help and support Please let us know if:

- you have an idea to include in the Sarau Festival
- you think we do something well, and could expand it
- \* you have a little time to help with organisation before the Sarau Festival

To make this another truly amazing Moutere event, and help raise funds for the Sarau Community Trust - join the crew and have good fun!

Please contact Jenny at jenny@saraufestival.co.nz or

phone: 9700 715



#### SITUATION VACANT - VOLUNTEER POSITION

We would be keen to hear from anyone in the community who has an interest in the health and well-being of our young people and would be prepared to help us achieve and oversee the funding needed to support our local youth workers, Andy and Abbey Bensemann.

Heather Eggers, after 15 years as a Trustee, is retiring and we need to find one or more trustees to fill her role as treasurer. We welcome representation from all the community.

You can reach the Chairman, Leigh Briars, on 543 2667 or email him at <a href="mailto:briars@ts.co.nz">briars@ts.co.nz</a> – he would love to hear from you.

#### Artists at work

Meet the local artists whose work will be for sale at the Relay for Life Art Expo at the Icon Gallery on Labour Weekend, with 25% of all proceeds going to the Cancer Society.



From left: Four of the five! Chris McGuigan, Helena Morris, Marian Painter & Anny de Groot.

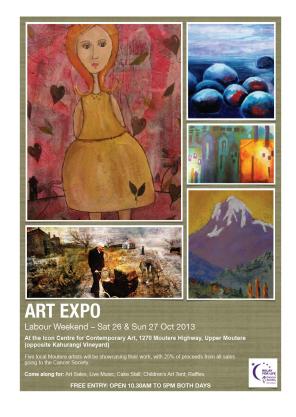
Chris McGuigan – "I have a fascination with textiles, paper and paint. I tell stories through a combination of embroidery and felted textiles and paint."

John Currin – "I describe my work as an intuitive process, by which the subject and medium of each piece slowly morph and accumulate into the surreal. By their very nature my works are sullied by the elements, their subjects emerging through the textures of time."

Helena Morris — "I paint mainly in acrylics. However, recently I have been exploring the medium of beeswax and resin, known as 'encaustic'. I am in my first year of an Advanced Diploma of Art and Creativity."

Marian Painter – "My experience has been concentrated on watercolours and sometimes oils but since living in New Zealand I have worked also in pastels. Mixed media is a challenge I am experimenting with and I am always on the lookout for new techniques and methods of expressing my ideas."

Annie de Groot – "Born in the Netherlands, I was influenced by the European realistic painters. After coming to New Zealand in 1983, I tried pastels and fell in love with this medium. I love to portray people from different ethnic backgrounds. Lately, I've been using acrylic paint and mixing mediums, which I find very rewarding."



## MOUTERE HILLS COMMUNITY CENTRE



It is with great excitement that we see the start of the rebuild of the Community Centre. All going well the facility should be operational again at the beginning of 2014. There are several improvements we are going to make to the facility including sound insulation, community room upgrade, office and bar extension, and entry system up-grade. We are also looking into the possibility at developing and establishing a Community Gym and creating more family friendly outdoor spaces. We will keep you all informed as we move ahead with the rebuild. Please keep checking our website for the latest photos and information on the rebuild. Thank you all for your continued patience and support.

Katrina, Vanessa and Scott

#### **General Auction**

#### Moutere Hills Community Centre Building Fund Auction Sale

#### At Moutere Hills Community Centre Saturday 19<sup>th</sup> October starting at 1 pm



Household and farm goods: We will accept all manner of donated goods for sale, with all the proceeds going to the Centre building fund. Household goods, furniture, building materials, toys, good clothes, appliances, tools, plants etc also farm goods: machinery, fencing and building materials, tractors, cars, boats ....

Larger items above \$500 reserve value we will sell on behalf, at 20% commission.

Starting time for auction 1pm with viewing from 11am. All goods to be delivered to Moutere Hills Community Centre on the morning of the sale and unsold goods to be removed after.

Lunch food and drinks will be available for sale.

For further details contact Philip Leith 021 372 282 or 03 970 0715, Adrian Reid 03 543 2760 or email <a href="mailto:katrina@mouterehills.org.nz">katrina@mouterehills.org.nz</a>

#### **SCHEDULE FOR TERM FOUR 2013**

| Monday                    | Tuesday            | Wednesday                             | Thursday                                 | Friday           |
|---------------------------|--------------------|---------------------------------------|--|------------------|
| Williay                   | luesuay            | vveunesuay                            | Thursday                                 | Tillday          |
| Club Tennis               | Group Fitness      | Club Tennis                           | Cardio Tennis                            | Group Fitness    |
| 9:00 - 10:30am            | 6:00 – 7:00am      | 9:00 - 10:30am                        | 9:00 - 10:00am                           | 6:00 – 7:00am    |
| Intermediate+             | Moutere Hills CC   | Intermediate+                         | No ability necessary                     | Moutere Hills CC |
| Upper Moutere Tennis Club |                    |                                       | Upper Moutere Tennis Club                |                  |
|                           | MHCC Walking Group | Dance with Jane Pascoe                |  | Junior Tennis    |
| Music & Movement          | 9:15am Depart MHCC | 2:00 – 2:30pm Preschool               | Dru Yoga                                 | Coaching         |
| Under 5's                 | Social Touch       | 3:30 – 6:30pm (5 – 10yrs)             | 9:30 – 11:00am                           | 4:15pm onwards   |
| 9:30am                    |                    | Lutheran Church                       | Lutheran Church                          | Upper Moutere    |
| \$2 per session           | 6:00 – 7:00pm      | Mahana Guitan Sahaal                  | lumian Tannia Casabina                   | Tennis Club      |
| Lutheran Church           | Moutere Hills CC   | Mahana Guitar School<br>2:45 – 7:45pm | Junior Tennis Coaching<br>3:30pm onwards |                  |
| Commonting                |                    | Moutere Hills CC                      | '  |                  |
| Gymnastics                |                    | Moutere Hills CC                      | Upper Moutere Tennis Club                |                  |
| 1:45 – 2:30pm (2 - 4yrs)  |                    |                                       | Mahana Guitar School                     |                  |
| 3:15 – 7:30pm (5-14yrs)   |                    |                                       | 2:45 – 7:45pm                            |                  |
| Dovedale – Mondays        |                    |                                       | Moutere Hills CC                         |                  |
| Motueka – Wednesdays      |                    |                                       |  |                  |
| Creative Art for Adults   |                    |                                       |  |                  |
| 7:00 – 9:00pm             |                    |                                       | Social Table Tennis                      |                  |
| Art for all abilities     |                    |                                       | 7:30 – 9:00pm                            |                  |
| Bookings essential        |                    |                                       | Upper Moutere School Hall                |                  |
| Moutere Hills CC          |                    |                                       | Coolel Missed Valles 4 - 11              |                  |
|                           |                    |                                       | Social Mixed Volleyball                  |                  |
| Mahana Guitar School      |                    |                                       | 7:30 – 9:30pm<br>Motueka Recreation      |                  |
| 6:30 - 8:00pm             |                    |                                       | Motueka Recreation  Centre               |                  |
| Upper Moutere School      |                    |                                       | Centre                                   |                  |
|                           |                    |                                       |  |                  |



Phone: 5432 516

Email: enquiries@mouterehills.org.nz Website: www.mouterehills.org.nz



#### THE WRITE BIAS

Winter is behind us, spring in the air and all the hibernating bowlers are coming out to play in what we hope will be a success-



ful season ahead. With lots of new members joining us last year and two coaches keen and eager to assist, we are hoping to keep the good name of Mapua Bowling Club on the map.

The season is starting with a slight change of image. A new design of club shirt is in the pipeline made of modern, breathable and much more comfortable fabric but still sporting our traditional "apple" logo. With a new funky look how can we fail to dazzle any opposition?

League bowling will start again on Monday 21 October at 6 p.m. These sessions are open to new and existing bowlers and are very much played for fun. Having said that there will be a competitive pair's tournament running throughout the season for players that want an extra challenge. There is no need to pre-book; just turn up on a Monday evening and give it a go. Flat-soled shoes are essential but there are plenty of sets of bowls to borrow and the bar is always open.

For information about bowling, coaching or booking the clubhouse and facilities please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934) or email <a href="mailto:s1ad2as3@xtra.co.nz">s1ad2as3@xtra.co.nz</a>





Greetings from Mapua Library or more precisely, from the fifty volunteers that regularly open the doors of this beautiful facility to provide the community with an exemplary service that goes way beyond the provision of books. But it would not exist at all without an original and bold vision way back in 1942.

An idea conceived by Mary Robb gave birth to Mapua Library in the porch of a private house thanks to a regular loan of books from the mobile library service. Now at the grand old age of 70 we are going from strength to strength with a stock of over 10,000 books and more than 1,300 families registered as patrons. And the good news is we continue to grow serving the changing face of our dynamic community.

Mapua Community Library is unique. It retains its chartered status and is the only such facility in New Zealand to be run totally by volunteers with no paid personnel whatsoever. There are no joining fees, no charges, temporary memberships are eagerly applied for by local visitors and 90% of all income is spent on books. Income is generated by donations, grants and fundraising that has included two three-day Literary Festivals in 2010 and 2012.

Whilst fundraising remains important for the provision of books, the volunteers and patrons are indebted to the major sponsors, Canterbury Community Trust, the Lion Foundation and Tasman District Council.

In August 2010 we installed the Open Source Software 'Koha' enabling the Library to become computerised. This was the result of many people giving their expertise and time on a voluntary basis and has really enhanced the services the Library can provide. We can now operate on an international basis and look forward to providing not only literary nourishment to the community but also the opportunity to provide information services.

The 'Be Excited About Reading Scheme' (BEARS) was introduced to us from Canada and is a regular feature on the Library calendar. It encourages children who are shy or having difficulties with reading to read to a non-related adult. It is fun for adults and children alike and fills the Library with happiness.

Mapua Library is a welcoming and pleasant building. The rule of absolute silence synonymous with libraries does not apply.

The volunteers enjoy talking about books, they like to hear the children laughing in the book corner and they like to make it a vibrant and interesting experience. It is a very special place in the heart of the community and we look forward to seeing you there very soon.



### Water Boy Household Water Bulk Supplier Any Area

Alan Archibald Home: 03 543 2401 Shop: 03 540 2039

Alan: 021 273 7666 Email: mahana@tasman.net It's time to sign up for a new season of tennis. For the juniors, we offer a comprehensive programme for those aged 5years and older. Lessons are suited to the needs and ability of each individual player in a group environment. Lessons will run on Thursdays starting week 1 of Term 4. Spaces are limited so be in quick! To register or for more information, contact Vanessaclaybrookestate@xtra.co.nz

For the adults, we offer a great range of social and competitive tennis. We can cater for all your needs with coaching available either individually or in groups. So why not join up and become part of our friendly, welcoming club - would love to see you on court.

For registration or any other inquiries please contact <u>umotennis@gmail.com</u>



Acrobatics and Tumbling, Human Pyramids and Balancing Aerial Silks, Hoops, Stilts and more.

These classes are aimed at building strength and confidence in a fun and creative environment.





#### **Y FRONT UP to Prostate Cancer?**

Rural Women New Zealand have introduced a campaign to raise awareness of the disease and funds for the Prostate Cancer Foundation.

Each year in New Zealand around 3000 men are diagnosed with prostate cancer, that's 8 every day. It is the most common cancer diagnosed in men and the third leading cause of cancer deaths in this country. It is said "A nagging wife is the best prevention!" So ladies, get your men to be checked for this problem and if you have the opportunity, please donate to this campaign.

#### REMEMBER EITHER WAY IT IS 20K.

Another campaign we are involved in at the moment is to promote school bus safety, in reminding motorists of the 20km/h limit when passing a stationary school bus

Since 1987 23 children have been killed in New Zealand when crossing the road to or from school buses. In addition 47 have been seriously injured and 92 received minor injuries.

We are also working on getting flashing 20km/h signs into school buses to make them more visible. For more information on these matters or to learn more about rural Women NZ, please feel free to contact Pat Moore ph 5432 743 or Anne Ackroyd ph 03 5267 870.





As the weather warms up the rugby season slowly cools down. All our junior teams finished their season at the beginning of September, the u7 and u8 played in the Mikes Sevens Tournament at Stoke for their last fixture.

Both teams had a fantastic day and played with great Rangers spirit. Thanks to the parents and supporters for taking the day to be there to cheer these determined kids on.

Our U6 team is where it all starts, these kids are the future of rugby and I think, the most important team in our club. It's where the love of the game stems from. They worked hard on team work and supporting one another this season. We only had 7 players so they all gave 100% every game. We only lost one game all season - I know it's not about the winning, but everyone likes to win! We had lots of fun and were lucky enough to finish the season rewarded with 3 of the Tasman Mako's joining us for training. Great work all!

The Annual Rugby Club Quiz in August held at Upper Moutere School Hall was a great success. Thanks to all our sponsors for donations of prizes and most of all thanks to Chris the Quiz master for his time and of course the contestants for being there to test their quiz skills.

Sadly the first Club Day was cancelled due to the bad weather. But, the second was a great day out for the Moutere families with the sheep on a spit being a popular addition to the day. Thank you very much from all the families at Rangers rugby to Cindus and Dean for your kind donation and use of the spit. Thanks also to the volunteers who helped with the cooking, carving and serving!

The Intermediate 2 team comprising our 12 and 13 year old players have had an excellent season. A very strong forward pack played courageously all season and set a solid foundation for our exciting three quarters to run in some brilliant tries. After a difficult start where we drew the top teams in the competition we eventually settled into winning ways and deservedly got the reputation as being tough, uncompromising opposition to all teams we met on the paddock. The boys and Leah can be proud of their achievements and would have been placed within the top three teams in the competition.

The quality of players is evident in the eight boys selected for representative teams. Luke Born, Jake Willis, Eric McBride and Reece Breen Rickerby were selected for Golden Bay Motueka U52 kg teams, and Benji Grant for Buller U52 kg team. Jacob Bryan and Luke Born were selected for Nelson Bays U48 kg team and Harrison Buckland for Nelson Bays U65 kg team. Benji Grant, Eric McBride and Bryden Cook were selected for Country U12 side. Congratulations go to all those selected. A special thanks to all the parents and caregivers who supported us throughout the season; Sue Toepfer our manager, our first aid team, and to Glenn Grant and Shayne Kemp who co-coached.

A special thanks to all the parents and caregivers who supported us throughout the season; Sue Toepfer our manager, our first aid team, and to Glenn Grant and Shayne Kemp who co-coached

To all our intermediate players you can be truly proud of yourselves, you trained hard, you played with passion, you were courageous, you were honourable in victory and defeat, but most importantly you played as a team and the results speak for themselves. We have thoroughly enjoyed coaching you - you are a credit to yourselves and your families.... bravehearts all of you. Good luck for the future, and remember to dream big, and work hard and those dreams could one day become reality. Hector.

#### **Seniors**

Our Rangers Senior Rugby team have had a Fantastic season in the 3rd division making it to the finals against Tapawera played at Trafalgar Park which they sadly lost but what an achievement for a very enthusiastic side!

And finally thanks to all our sponsors - coaches- parents with Oranges Committee and other members of the community who volunteer their time to help make Rangers a club to be proud of!!



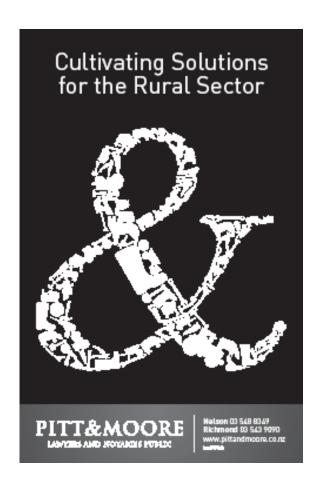
#### LOCAL MIDWIFE CLARE SPRATT

Ring Clare for friendly professional maternity care and advice.



I offer full 24 hr maternity care from conception through to 6 weeks post natal, home/hospital and water births, birthing pool available, natural remedies, free pregnancy testing, breastfeeding support and much more.

> T: 03 526 7764 M: 0273324929 E: midwifeclarespratt@me.com





Let us offer you a personalised ride for you, your friends and family in the beautiful Neudorf countryside!

We offer one to four hour farm rides for all ages. We ride over up to three working farms, over gently rolling hills, along country roads or, depending on the season, ride in forestry. All rides feature stunning views of the surrounding countryside, Mt Arthur, the Western Ranges and Tasman Bay.

We cater to all levels of experience in small groups of one to four riders, numbers dependent on rider experience. Basic safety and riding instruction starts each ride and safety helmets are provided. We suggest long pants for riding, a jersey or sweatshirt is good to have for the breezy tops, and sturdy footwear is a must.

\$60 for the first hour per rider, two hours \$100 per rider! Call or email us for rates for longer rides

115 Blackbird Valley Road - off Neudorf Road
Just follow the signs from Price's Corner - Bookings Essential
543-2992 027-248-6001 <u>kathy@blackbirdvly.co.nz</u>
Kathy and Ron Geiger <u>www.blackbirdvly.co.nz</u>









Jeanette A, Garrett B.H.S.I., Ad. Dip. Ed. Registered Equestrian Sports NZ Performance Coach & Coach Educator www.clickwithhorses.co ph: 03 528 7123

"There is something about the outside of a horse that is good for the inside of a man"

Sir Winston Churchill

contributed by Jeanette Garrett from Click With Horses'

### **Horse Cover & Gear Repairs**

- + Horse Cover Washing
- + Prompt Service
- + Good Rates

Contact Lawrie 1350 Moutere Highway

Ph 5432 234

#### Endurance spraying

All types of weed spraying Gorse and Brushweed Control

Commercial Residential Forestry Road Spraying Moss treatment for lawns. concrete areas and decks.



Contact Pete Hughes 021-194 2654 A/H 03 544 2654 Growsafe certified • Approved Handler



One of the most common issues for most pet owners is house training. However with patience and perseverance any animal can be trained— even horses. Most commonly people have dogs and cats inside their homes, so I will focus on those.

Cats are the easiest. Provided they have a designated tray where they can scratch and dig they are inherently clean and like to cover their droppings. They are driven by smell so once an area is established they will toilet there. This can be a problem if a mistake is made somewhere inappropriate as cats can smell very well and liable to re-offend and even if it is washed they can smell the area. The only thing to do is get an appropriate produce from pet suppliers to mask the smell. Tom cats will spray their territory and this can include inside the house, so it is best to have cats neutered before they are sexually mature.

Dogs are also driven by smell but less fussy where they toilet. Dogs will mark their territory to declare ownership. An unfortunate example is where a dog will urinate on owners clothes, bed etc if left alone or distressed. Most owners want their dogs to toilet outside, so it is important to take a puppy outside after food and after sleep to establish toileting. Similarly an older dog will need to toilet more often.

If an accident happens inside the home or somewhere inappropriate it is not a good idea to punish a dog or cat or "rub their noses in it". Simply take them outside to where you require them to go and remember to praise when successful. Dogs are associative and will only get confused and fearful if toileting is linked to punishment.

I mentioned horses can be trained to associate a command with toileting which can be very handy if stabled. Rabbits can also be taught to use a litter tray as some owners keep them in the house. Like cats they associate smell with toileting.

I have even heard of people training dogs and cats to use a human toilet but I think that is unreasonable and undesirable expectation. Patience, persistence and praise are the key.

I am always happy to answer you animal behaviour questions.

Susan Mott Animal Behaviourist 0212664211

#### MOUTERE MOWING & FENCING

MAPUA BASED

- Lifestyle block mowing
- Park Mowing
- Rural Fencing
- Residential Fending

CHARLIE GOULTER

M 027 8463 111 A/H 03 540 2474 No obligation quote





Our beautiful café is buzzing!
We have just launched our new spring menu, the gardens are full of life and the café is full of smiles.
So we thought we would have a...

# Spring Celebration \*\* Sunday 6<sup>th</sup> Oct: 2pm to 5pm

Come early and enjoy our new season menu! Then stay for an afternoon of relaxed entertainment in Moutere's vibrant & historic Community Cafe.

Live Music
Kids Circus and Acro-balance Workshops
Pony Rides
Sharing Our Love of Food
Face Painting
Ice Creams
Games on the Lawn



Reserve a table for brunch or lunch, or just rock up!

Tel: 03 526 7447
Email: riversidecafe.news@gmail.com

OPEN 7 DAYS A WEEK 9.30 to 5pm 289 Moutere Highway



riversidecafe&communityNZ





**Water Features Paving Rock Work** Irrigation

Michael Hardy Ph: 021 443 908 A/H: 03 543 2555

#### **Gardening Jobs for** October

Well the weather is warming up and our garden, lawns weeds are starting to grow. Now is a great time to plant out the seedlings you have grown or just collected General Landscaping from the garden centre. Most vegetables can be planted out just watch Tomatoes, Cucumbers, Chillies & Peppers as the nights

might still be a bit cool, but if you have a green house you will be fine. The Slugs and Snails are on the lookout for those juicy seedlings so action will need to be taken to keep your plants safe, either go outside at night just before rain and get squashing or use a slug poison just choose wisely to get one that is safe for pets and children!

In your garden don't cut the foliage off your spring bulbs that have finished flowering, just leave them or tie them in a knot because the leaves need to feed the bulbs for next season. It is a good idea to think ahead to summer coming and if you are concerned about a hot dry summer having a disastrous effect on your garden? Plenty of Mulch on your soil will help retain water as well as improving the structure of your soil and suppressing weed growth. It's excellent for breaking down clay or poor draining soil.

Watch your fruit trees, Roses and Grapes for fungal diseases which may need spraying with a fungicide. Aphids may also start to become a problem so keep an eye out for any infestation and if necessary spray.

With all this growth happening plants need extra food and water so keep up with a good fertilise and watering programme then sit back and watch the growing!

### **PEA STRAW**

"The ideal garden mulch"

Suppliers of quality Pea Straw for the past 15 yrs

1290 Main Road, Upper Moutere

Please phone to arrange collection Ph: 03 5432890 or 021 496 557

# Coastal Garden Group



The September meeting of the Coastal Garden Group was held in the Tasman Bible Church on Sept. 5th, commencing at 1pm.

After the usual formal business plenty of time was given to discussing our up-coming "Festival of Flowers and Market Day: on 21st Sept at the Mapua Hall, 9am -2pm, wet or fine. Members were all asked to help, providing masses of plants for sale and plenty of yummy food for morning teas and lunch. There will be 25 stalls selling a variety of goods and of course a wonderful display of flowers.

Mapua School will be there barbequing up a treat with bangers and bacon and more.

Members then watched an excellent video explaining the intricacies of grafting fruit trees. Anyone who is interested can go along to The Mapua Country Trading to watch and learn about grafting on Sun 22nd Sept.

Time was then given for members Handy Garden Hints. For example, put on a pair of surgical plastic gloves before putting on your garden gloves. No dirty finger nails! good for the lady gardeners.

Karin Lummis of Foot Care Plus Motueka kindly donated a \$40 for foot care. A lucky member bought this in a mini auction.

Some discussion time was given to the reciprocal visit of the Tapawera Garden Group. We will need lots of lovely gardens and amazing morning and afternoon teas to keep up to their standards!

Our club is invited to visit the Hunters Daffodil Nursery in Richmond on Sep12th. Talking of daffodils we hope you saw the wonderful display in Aranui Park.

After our usual social break with afternoon tea we discussed the table of bright and cheery spring flowers that had been brought by members. Next, our plant auction was held, Gino makes this great fun! This was followed by our raffle results. A very good meeting finished at 3.30pm.



Our next meeting will be in the new Mapua Hall, Oct 3rd commencing at 1pm. All welcome, do come along. Phone Adrian on 540 3193 for more



#### Give us a ring for:

- Excavating (2.6.12.20 ton)
- Gravel/rock supply
- **Driveway construction & maintenance**
- Agriculture contracting

Barry: 021 533 118 or 543 3771

#### Landscaping

John de Jong: 021 432 486



This month Soo Gee gives us two options for afternoon tea—one healthy, the other a bit decadent.

#### \* Spicy Meringue Cake

Cream 125g butter and 1 1/2 cups soft brown sugar until fluffy. Add 1 egg and 2 egg yolks beating well. Gradually beat in 1 3/4 cups flour, 2 teaspoons baking powder, 1 teaspoon baking soda, 3 teaspoons cinnamon, 2 teaspoons nutmeg, 1 1/2 teaspoons vanilla, 1 teaspoon salt and 2/3 cup sour milk (add 1 teaspoon vinegar to milk). Finally stir in 1 cup prune puree (about 200g stoned prunes cooked in water to cover). Bake in loose base tin at 160C for about 45 minutes.

After about 30 minutes beat 2 egg whites until stiff, gradually add 1 cup brown sugar and beat until stiff.

When the cake is just cooked swirl the meringue on top and sprinkle with chopped nuts.

Return to oven for a further 15 minutes until meringue is lightly browned.

Cool for 30 minutes then carefully remove from tin.

#### \* Apricot Bars

Oven at 160C

Ingredients: 2/3 cup honey, 1/3 cup oil, 1 cup sultanas, 175g dried apricots chopped, 1 cup wholemeal self raising flour, 1/2 cup wheat germ, 3/4 cup rolled oats, 1/2 cup sunflower seeds, 1/4 cup orange juice (and zest if you like). Combine honey, oil, chopped apricots, sultanas, sunflower seeds and orange juice. Then add wheat germ, rolled oats and whole meal flour. Mix well and spread into a greased medium sized tin. Bake 25—30 minutes.

Cut into bars while still warm, and allow to cool in tin. I just mix and match the dried fruit and nuts for variety.





THE OLD POST OFFICE SHOP - MOUTERE VILLAGE

# **Upcoming Events**

#### 100 Days Exhibition

One creative thing Everyday x 100 September 25th—October 28th

#### Getting Hitched

Design your wedding October 6th 10—3 pm

#### Meet the Artisans

Moutere Gold & Harakeke Farm Labour Weekend

For all of the detail visit us on Facebook The Old Post Office Country Store

Open 7 Days 9 - 5:30

ΓEL 543 2780

**F** THEOLDPOSTOFFICECOUNTRYSTORE

# Olde World Furniture\_Design\_Decor

Looking for furniture with style? Then come and see our large range located in the Upper Moutere

Viewing by appointment 021 665 147 or order online today at www.oldeworld.co.nz





#### YOU ARE INVITED TO OUR LABOUR WEEKEND FARM PICNIC

Labour Weekend Sunday 27 Oct 10am-5pm

- · Listen to live music in a relaxed country setting
- · Watch our East Fresian sheep being milked
- · Meet our farm dogs, lambs and Bootz the pet calf
- Sample sheep milk & sheep milk cheese freshly grilled Halloumi
- Meet & greet our cheesemaker and farmer

Cheese and other goodies will be available for purchase.

Bring your picnic blanket, lunch, camera, sun umbrella and sunblock.

Part of the 'Moutere Artisan's Initiative' Visit Facebook for more information





Upper Moutere is a small village outside Nelson. It's home to a bunch of very creative and productive people. We make glorious wine and traditional cider. We grow gournet mushrooms and strawberries. We make conserves from local fruit and berries. We are takened cermiar entits, multimedia exculptors and wood workers and our local, the Moutere In pous artisan berse. We are the Moutere Artisans and we invite to explore our special village this Labour Weekend. Come and stay in our unique guest houses and soak up some good country sunshine. Let us nourish your soul. It will do you the world of good.



www.moutereartisans.co.nz

### LABOUR WEEKEND SUNDAY 10am-5pm



#### MOUNTAIN BIKE COACHING

Beginner & Intermediate mountain bike workshops for women. Improve your mountain biking skills and build confidence on your bike. 3 hour workshops at Kaiteriteri Mtb Park. Limited spaces

#### 2013 SPRING workshop dates:

October Sat 19<sup>th</sup> and Sun 20<sup>th</sup> & November Sat 23<sup>rd</sup> and Sun 24<sup>th</sup>
OR get a group together & I will do a course for you & your friends.
Emma Bawtree (coach) Ph 03 5402678 or 0276245368
emma@nztraveldesigners.com www.wheelwoman.co.nz



Labour weekend – head to Upper Moutere, an idyllic, productive village, just out of Nelson.

It is home to a collective called Moutere Artisans. These 20 artisans produce some of New Zealand's finest wines, cheeses, ciders, olive oils and art works.

And on Labour Weekend Sunday they invite you to see what happens behind closed doors. Maps of the artisan tour will be available at each stop. The open days runs from 10 until 5.00.

Each of the artisans will be on hand to show you and your family around their place. Watch sheep being milked and taste the stunning Neudorf Cheeses. Tour Neudorf Olives olive grove then tramp and taste at Neudorf Gourmet Mushrooms. Pop into Peckhams Cidery to learn about traditional cider while sipping a glass.

Home to New Zealand oldest pub, the Moutere Inn is a destination for lovers of artisan beers and down the road Neudorf Vineyards will match their new wines with the finest artisan cheeses. Woollaston Estates have organised an art tour of their splendid collection and you can take a glass with you. At Kahurangi you can enjoy a wood fired pizza alongside their wines. More delicious wines will be available at Sunset Valley, Himmelsfeld, Harakeke and Moutere Hills.

The Old Post Office in Upper Moutere is home to Moutere Gold conserves and Joanne will be providing a memorable cream tea, across the road find Katie Gold's working in her studio set in one of the most charming galleries in a garden setting.

Art lovers will be thrilled at the wide collection at Icon and you wander the picturesque property. Sculptor Michael McMillan in in the process of finishing his new gallery. He will have sculpture and French oak products for sale, you might like to offer a hand in the building project. Close by Pegleg's tables crafted from New Zealand timbers are perfect for kiwi outdoor eating.

Moutere Artisan chairman Andrew Sutherland says the group shares common goals. "We all appreciate living in one of the prettiest parts of New Zealand. The village is the centre of our lives and everyone here is a producer. We are all small, dedicated creators of wine, food and art and

we know the value of hard work and the pursuit of excellence. Being able to share our resources under the Moutere Artisans banner is proving to be a huge success. We can offer bespoke tours and one stop organising for overseas tourists. And we all enjoy each other's company, over a quiet beer (or cider or wine)"

"Come and soak up some inspiration. Let us nourish your soul. It will do you the world of good."

Visit moutereartisans.co.nz

For more information contact <a href="mailto:andrew@harakekefarm.co.nz">andrew@harakekefarm.co.nz</a>.

Or Judy Finn judy@neudorf.co.nz 03 5432643

# Moutere Community Youth

We LOVE the Upper Moutere Fish'n'Chip Shop! Big, massive, awesome THANKS to you for providing us (not once, but...) TWICE with a gorgeous deal on a supreme and delicious feed for our Friday Night Youth group. Everyone had VERY happy tummies. THANKS!!!!!

Code Cracker Camp

Don't forget the Friday Night Youth Camp coming up 7-9 October, 2<sup>nd</sup> week of the school holidays. It's going to be awesome.... remember: toothbrush, sleeping bag, pillow, clothes, togs.... lollies to share J. By the way, if anyone would like to make a lasagne for us to take along for dinner on the first night, we'll come by and collect it at your convenience. And we'd really appreciate it too J.

Friday Night Youth (year 7 up) 6:30pm - 8:30pm \$2

Friday 18 October
Friday 25 October
Friday 1 November
Friday 8 November
Friday 8 November

BBQ & Kick The Bucket
Return of FLOUR GAMES
Marshmallow Games
Slippery Slope

We would also like to invite this year's Year 8's along to the last term of Senior Youth for the year. Since you're able to come along next year, we thought you might like a little 'taster' to find out what it's like....

Senior Youth (Year 9+) 7:00-8:30 \$2

Saturday 14 October (Y) BBQ Kick The Bucket/Last Man Stand-

ing

Monday 21 October Crazy Golf in Hope

Monday 28 October Labour Day – No Senior Youth

Monday 4 November (Y) X-box, Pool, Table Tennis, & Soccer

<u>Y</u>

Time to explore those big and little questions about God, life, and everything else. (Year 9+)

Now every second Monday 6:30-7pm before Senior Youth. Have dinner before you turn up

#### **Bubbles & Cupcakes**

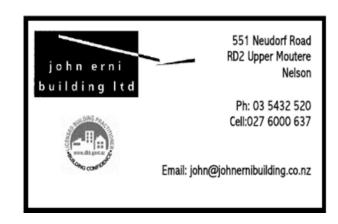
Fourth Term sees Bubbles & Cupcakes "Going on Tour." We'll be heading to Mapua for an icecream, going to Motueka for a hot chocolate, and meeting some very special animals. If it's warm enough we might go to the Motueka Salt Baths..... are YOU going to be there. We'll be having bubbles and eating cupcakes too, OF COURSE!!!!

Community Youth Workers Andy & Abbey Bensemann

Andy 021 2245178 Abbey 027 2434364 Home 543 2949









# Back from Thailand and Laos



Upper Moutere boys Hal Sellers and Matt Dicks have just returned from their month-long World Challenge trip. Hal talks about their community project for a school in a remote Laos village.

After a three-hour bus ride from the town of Luang Prabang, we took a boat to a village about 40 minutes up river from the nearest small town. The village was right on the riverfront and there were about 30 houses, some lifted off the ground on wooden stilts, and each with one big room for the family to share.

We arrived in the late afternoon and were wel-

comed by the village children, who gave us newspaper bouquets filled with leaves and flowers. The village chief, accompanied by the village elders, gave a speech, which was translated by Home, our interpreter.

We were all assigned a questhouse with various families, where we set up our inflatable beds on the floor.

While the boys tried to teach our host father a card game, some of the girls in the group made dinner with the village cooks. We took it in turns to make breakfast, dinner and lunch. There was rice with every meal and bowls were put on the table with whatever had been cooked - buffalo with potatoes in coconut milk, for exam-

We would do the chopping and the villagers would show us how to make the dishes. One day, Matt and I were cooking and they showed us how to crack raw eggs using a spoon. We couldn't do it, so we showed them how we cracked eggs on the edge of the saucepan,

which really confused them!

On the first day in the village, we were woken at 3am by the roosters, the smell of our host's strong cigarettes and the sound of locals getting up to start the day. This was their time to prepare food and cook and relax before working for the whole

The girls in our group played games with the village kids, while Matt and I cooked breakfast, which was a rice dish with noodle soup. We also had pineapple, which they grew in the village. We were told it was more important to mix with the locals than get the project finished. So, we gave lessons to the 45 kids in the village, teaching them how to count from 0-20 in English and how to say 'hello', 'my name is'

and so on. The school children ranged in age from three to 12. Their school was built of concrete and had two rooms, with a blackboard at the front. They sat at benches around low tables, set out in rows.

We played games like seaweed, and introduced them to playdough, which they loved, making snails and animals with it. In Luang Prabang we had bought US\$100 of stationery and craft supplies, footballs, volleyballs and nets. For two days, we had taken it in turns to carry the heavy bag filled with stuff. The bag also con-

tained gifts for the village and a toothbrush and toothpaste for each child.

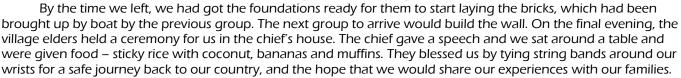
The project was to build a fence around the school to keep out buffalo, chickens and dogs. Our task

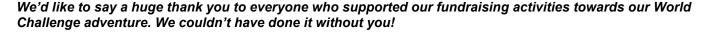
was to dig the foundations for the fence and to carry sand and stones from sacks outside each house for making concrete. We would work for two hours in the morning, and two hours in the evening, as it was too hot during the day. When we were finished, we enjoyed a cold shower at one of the three taps in the village.

The villagers gave us shovels made from a stick with a shovelhead. The head would often fall off while we were digging! The kids wanted to join in, too, so they would run with boxes and sacks of rocks, doing everything 10 times faster than us. A girl of two or three even joined in, carrying stuff in a bucket.

By the time we left, we had got the foundations ready for them to start laying the bricks, which had been







# **MOUTERE IN**



- Craft Beer Local wines
- Real Ale · Live music
- Bar meals
- Evening Dining
- · Lounge bar

· Rooms

EST<sup>D</sup> 1850

All welcome

#### **COMING EVENTS AT THE MOUTERE INN**

#### ❖ LIVE MUSIC 12:30 PM SUNDAY 27th OCTOBER "TEA TREE"

TeaTree is a indie-folk-rock duo, (and sometimes a trio), who formed just this year. Tamsin, with classical and folk roots, brings her quirky, original and lyrical style on viola and also brings in violin and vocals. Tina has a background in rock, jazz and indie-folk music and plays acoustic electric guitar and does main vocals. This special live music coincides with the Moutere Artisans Open Day. Come see what the Moutere has to offer.

#### ❖ STEAK WEDNESDAY AND RIBS NIGHT

Every Wednesday we have a steak night here at the Moutere Inn. Two Wakanui (200g) prime rump steaks with fries, house salad, and a bottle of house wine All for \$50. Great for a couple. On the last Thursday of the month we do our Texan Ribs for \$20.

#### DON'T FORGET

Raffle every Wed 6pm with Chase the Ace.  $1^{st}$  Thurs Folk Night. This month 3rd 2<sup>nd</sup> Thurs Quiz Night. This month 10th Last Thurs \$20 Ribs Night. This month 31st

THE MOUTERE INN THE CENTRE OF THE MOUTERE

Phone 543 2759 www.moutereinn.co.nz



## Upper Moutere School Car boot **Fundraiser**

Sunday 27th October 10am—1pm

**Sites \$10** 

Contact Saree at school office Ph 5432 798







# Festival 2013

# 19th Oct to 11th Nov Workshops + Open Studios + Window Art in Mapua

**Key Dates:** 

Window Art 19 Oct - 3 Nov

Festival Launch 31 Oct - 7pm

Workshops 1 - 11 Nov

Open Studios 2 - 3 Nov Ruby Coast Arts is proud to present two weeks of arty happenings on the magical Ruby Coast. Join local artists for a series of hands-on **workshops**, take a sneaky peek into their studio spaces during the **open studios weekend** and enjoy the innovative **window art** as you mooch around the local shops.

### **RUBY COAST ARTS FESTIVAL LAUNCH**

On Thursday 31 October 2013

At 7pm - Mapua Community Hall

\$10 on the door

Buy a piece of local art from the silent auction, enjoy wine and nibbles and creative company!

**Workshops:** Meet the workshop tutors and sign up for workshops (subject to spaces available) - to get in early and secure your space, please book via the website.

There are many creative workshops on offer; from drawing and painting, to sculpture and mosaic, there's something for everyone, at all levels. See the website for full workshop descriptions.

Launch preceded by a **casual 'Walk and Talk' of the Window Art**. Meet at the Mapua Hall at 6pm, guided by Lynn Price. Free.

Thanks to our Festival sponsors:



Tasman District

Screative
COMMUNITIES

COMMUNITIES



www.rubycoastarts.co.nz



The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight.

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome.



Music & Movement

Music and Movement for under 5s

Monday's at 9.30am (for about 30 - 40 mins) in the church hall, Upper Moutere. Everyone welcome—\$2 per child.

### Ashtanga Yoga

Tuesdays 6-7.30pm The Woolshed, Lancewood Villa, 109 Kelling Rd, Upper Moutere

Bring yoga mat and blanket

Ange Palmer 0211450334 / 03 5530353 www.angepalmer.com

Ashtanga Yoga is flowing and dynamic, integrating breath with movement. Beginners welcome



Grapevine

Grapevine circulation is 1300 copies.

This issue has been constructed by:

Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Viv Sellers and Heather Eggers.

Fire call outs from 16.8.13 - 15.9.13



- \* 26.8.13 alarm activation Upper Moutere General Store
- \* 9.9.13 garage fire King Edward Street Motueka
- \* 10.9.13 alarm activation Neudorf dairy

#### FROZEN BERRYFRUIT \$4.00 per kg.

- Boysenberry and Karaka. 1kg packs.
- Freeflow (ideal for desserts, baking, smoothies, icecream, etc.
- Jam packs (ie.not freeflow).

Phone 5432888

### MOUTERE MASSAGE ROOMS

Sports, Deep Tissue, Injury Repair, Bowen Therapy, Foot Reflexology, Pregnancy Massage.

- \* Qualified & Professional
- **Gift Vouchers**
- **Monthly Specials**
- Affordable Rates
- \* Avail. Saturdays & Evenings
- \* Treating neck & back pain, Sciatica, Sports Injury, Pre & Post Comp. sessions.

Ph 03 526 7107 for an appointment.

