

## GOING NATIVE

## LOCAL LIVES



**Fiona Walls and Alastair Wilkinson recently celebrated the restoration of their stunning slice of native bush.**

**F**iona Walls has become extremely attached to her “trustworthy grubber”. It is covered in dirt, has a split handle, and has seen thousands of hours of hard labour.

In a huge leap of faith, Fiona and husband Alastair Wilkinson left behind their desk jobs and moved to Upper Moutere in late 2010, buying a handsome old villa and former yoga retreat, which has since become Lancewood Villa boutique accommodation.

What they didn't realise when they purchased the property was that they had also become the owners of a precious 0.7ha piece of New Zealand native forest.

This was an unimaginable bonus, particularly for Fiona, whose 91-year-old parents still tend their purely native garden in Golden Bay, and taught her to recognise the different plant names and bird sounds from a young age.

Showing huge reserves of energy, the pair set about a bush restoration project that, according to Fiona, “has been a massively steep learning curve and ballooned into something far larger than we ever imagined when we began – but incredibly rewarding.”

The bush had already been surveyed by Michael North, who works for the Native Habitats Tasman Programme, coordinated by Tasman District Council. “There were too many weeds for his weed busting team to take on, but they gave us lots of advice on equipment,” says Fiona, going on to list broom, blackberry, holly, hawthorn, banana passionfruit, Himalayan honeysuckle, old man's beard and ivy on the long roll call of unwelcome additions.

As well as tackling the weeds, Alastair and Fiona have ringed the forest with rabbit proof fencing, put down rat bait stations and placed self-setting possum traps in the trees. Rather than felling three large pines at the rear of the bush, they have poisoned them, allowing them to shed their branches slowly with minimal damage. The timber from another that was extracted a couple of years back was used to re-clad their large barn.

When it came to propagation and planting, Fiona and Alastair found an invaluable source of advice in former Mount Cook ranger

Martin Heine, who now works alongside Michael for Native Habitats Tasman. “We couldn't have done without his deep-rooted expertise and wisdom,” says Fiona.

There is nothing Martin enjoys more at the weekends than finding native seedlings, growing saplings and putting them back into the ground. He stumbled across this patch of forest by chance, when his niece, who was staying on the property a few years back, mentioned the amazing dawn chorus. “What I did here, and with other patches in the Moutere, was to set up seed traps and collect beech seeds,” he says.

“There is an amazing array of tree species here – silver, hard and black beech, along with rimu, totara, kahikatea, matai and big kanuka. It reflects what the forest cover would once have been like on these downland slopes.”

Having secured a QEII covenant on the bush to protect it for future generations, Fiona and Alastair turned to Martin and Michael for support to bid for DoC biodiversity advice funding. “They received \$5,600, which was significant in buying weedguards, possum traps and plants, and getting some of the fencing done,” explains Martin.

In August, the couple held a celebration to mark the completion of their bush restoration project, inviting Martin to talk to the gathered crowd (pictured above – Michael and Martin front row, on left; Alastair back row in cap, Fiona standing in front of him).

Martin and Michael's key message was that there are plenty of spectacular remnants scattered through the Moutere valley – around 20 within 1km of one another. “On their own they don't have a great future, but they're connected by pollen, seed dispersal, wind and birds. This forest is helping others like it survive.”

**If you want advice or funding for a piece of native forest on your land, contact Lindsay Vaughan on 03 543 8432.**

*Article by Beverly Sellers, ph: 03 543 2008.*

## Editorial

*Well it seems as if it's not only spring, but also AGM season. Two vital AGMs for our community this month are the Moutere Hills Residents Association (Tuesday 24th September) - they're the ones working to get us better infrastructure and to give our community a voice when dealing with local body council, so they definitely deserve our support. And then there's the Moutere Hills Community Centre (Thursday 26th September). AGM. Katrina and her team have been slaving away to ensure that the centre is up and running as soon as possible and if you want to help make that happen get along and show your support—join up join in!*

*Some one who has been doing that for many years is Jenny Leith. Jenny was one of 6 people awarded 2013 TDC Outstanding Community Service Awards recently. Congratulations and thankyou Jenny for "being the spark" for the very successful Sarau Festival and all those other causes that you lend your advice and support to—the Grapevine wouldn't be alive and kicking without your push!.*

*Our front page reports on how other local people are making a difference that will be a real asset to our region many years into the future.*

*Further afield, local girl Annette Eggers is part of a team striving to make a difference to communities who don't have the luxuries of choice as we do—read about her venture on page 16 and help her make a difference by donating (we are after all Oxfam's most generous town in New Zealand) and by supporting one of our own, you will help with the flow on effect for communities far away.*

*And if none of that inspires you well there's always the fact that spring is in the air!*

## Placing an advertisement

Thank you for advertising in the Grapevine – you help us cover the cost of producing and delivering this free community newsletter each month.

**The deadline for each issue is 15<sup>th</sup> of the month.**

Please email your print-ready ad to [umograpevine@hotmail.com](mailto:umograpevine@hotmail.com) or provide paper-based, print-ready copy to the Upper Moutere Store.

**The following prices apply for advertising:**

- ⊙ Births, marriages, deaths and giveaway notices: Free
- ⊙ Business card size advertisement: \$12
- ⊙ 1/4 page advertisement: \$25
- ⊙ 1/2 page advertisement: \$50
- ⊙ Full page advertisement: \$95 (if space available)

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## Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published, but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs (see above for bank details).

**The deadline for each issue is 15th of the month.**

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**NOTICE****ANNUAL GENERAL MEETING****Moutere Hills Community Centre Inc****Thursday 26 September 2013 at 7.00pm****Venue: Upper Moutere School Hall****Agenda:**

1. Apologies
2. Minutes of 2012 AGM and matters arising
3. Annual Report
4. Financial Accounts year ended 30 June 2013
5. Appointment of Auditor
6. Election of Board Members\*
7. General Business

**Registration of MHCC Members**

In accordance with the MHCC constitution, Members must be registered on the Register of Members to be entitled to vote at the AGM. All attendees will have the opportunity to register as Members prior to the start of the AGM.

**\*Election of Board Members**

Nominations are called to fill three positions on the Moutere Hills Community Centre Inc. Board. In accordance with the MHCC constitution two Board members retire by rotation each year. Jenny Dicks and Tom Ryan will retire and seek re-election.

Board Members nominees must be resident in the wider Moutere Hills area. Nominations close on Friday 20<sup>th</sup> September, 2013. Board Member nomination forms are available from the MHCC Secretary, Jenny Dicks Ph 03 543 2139, or email [nandjicks@gmail.com](mailto:nandjicks@gmail.com) Nomination forms can also be obtained from the MHCC office at Upper Moutere School Ph 03 543 2516.

Everyone in the wider Moutere Hills area is welcome

## **“Made in the Moutere” Calendar 2014**

### **Designed by “Overtheroad”**

When two friends were on one of their morning walks they came up with the idea of developing a local annual calendar to illustrate and promote the interesting and diverse range of people, places and landscape that make up the Moutere. The proceeds raised by sales of the calendar, after printing costs, will go to support a local charity. So the not for profit charity venture was aptly named “Overtheroad”, since the friends lived opposite one another.

Thanks to the support and generosity of 12 small business entities the first calendar for 2014 “Made in the Moutere” has been created.

This will go on sale in late August at the Moutere Gold Store; the Moutere Hills Community Centre office located at Upper Moutere School and Mapua Trading Company and will be available at the Great Christmas Market at Founders Park in Nelson on 24th November 2013. The calendar comes with an envelope and the total cost will be \$12.

Many people have friends and family overseas and what better way to let them know more about the Moutere, than to produce our very own calendar.

The 2014 calendar will raise funds for the Moutere Hills Community Centre.

## **moutere hills showcase dinner**

**Saturday 28 August The Moutere Inn  
\$45 per person**

**We'd love you to gather up some friends and come along to a sumptuous three-course dinner at the Moutere Inn to help fundraise for the Moutere Hills Community Centre.**

The dinner will showcase local and regional producers, in acknowledgment of their support for our community. We will also be inviting several local vintners to select wines for each course.

**Please call the Moutere Inn on 03 543 2759 to book. Numbers are limited, so be quick!**

If you know of a local musician or band willing to donate a couple of hours of entertainment later in the evening please email Jenny Dicks: [nandjicks@gmail.com](mailto:nandjicks@gmail.com)

**Rebuilding after the fires**

Since the two devastating fires at the community centre, the staff roles have changed a great deal but they are a resilient and talented bunch, and we would like to celebrate their efforts and commitment.

Although the straightforward repairs are covered by insurance, we are hoping to make some improvements and modifications to enable our centre to meet the community's needs into the future. There are several things on the wish list, including increased storage areas for user groups and an office extension to accommodate staff and volunteers.



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## Thanks for the fantastic support of our Quiz Night!



Upper Moutere  
Tennis Club

On Saturday 10<sup>th</sup> August, 200 people squeezed into the Upper Moutere School hall to participate in the first fundraiser to support the Moutere Hills Community Centre rebuild. The scene was set for a great night out with fantastic sponsorship in the form of donations, prizes and awesome attendance from Community members and wider afield.

We had 29 teams battling it out for the kudos of becoming the winners of this inaugural Moutere Hills Community Centre event. All was fairly even until the Music round when many used the era of the music as their excuse for the low marks! The team that came out on top on the night (after several bottles of wine, many laughs and a little controversy) – was Odd-fellows. They were closely followed by Summit Motueka and Mahana School 1. Unfortunately coming ‘first at the wrong end’ was Di’s Dragons!

Due to the businesses’ who provided sponsorship and donations, and the generosity of the people who attended, we were able to raise \$7300 towards the rebuild of our Community Centre.

We are working extremely hard to get the facility operational again with some valuable improvements to allow us to better cater for our community and the various user groups of our facility. We were fortunate to have insurance which will cover the main rebuild costs but we need to raise approximately \$200 000 to cover the alterations that we believe as essential to support our community and the success of the facility into the future. The success of this fundraiser has ensured that we can carry out the first of the up-upgrades; the renovation of the Community Room. This upgrade will allow us to cater for the needs of Upper Moutere Tennis Club as its membership base grows and to diversify the room to cater for various other small community organisations.



“Odd-fellows” who were thoroughly enjoying the evening and excited after their win!



“Politically Incorrect”, a team of Tasman District Councillors and the Mayor, found the local towns and cities round rather challenging!

### Thanks to the following sponsors:

Kylie Taikato - Summit Real Estate Richmond, NBS Bank, State Cinema Motueka, Programmed Property Services, Moutere Motors, John Erni Builders, Petite Fleur, The Apple Shed, Barkers, CW Drilling, Mapua Plumbing, Moutere Honey, Katie Gold Clay Artist, The Copier Company, Kahurangi Estate, Motueka New World, Neudorf Oil, Claybrook Estate, Peckhams Cider, Goulters Vinegar Products Ltd, Neudorf Vineyard, Sunset Valley Vineyard, MacMillan Sculpture, Whitwells Motueka, Mapua Country Trading Company, Neudorf Mushrooms, Body Shop, Lush, Global Soap, The Grind Coffee Roasters, Up The Garden Path, Celsius Café & Bar, Liquorland Motueka, Paul Davis – Summit Real Estate Motueka, Seifried Estate Winery, Upper Moutere Tennis Club, Queen St Pharmacy, Pomeroy's, Annies, Westpac Bank, Pegleg Woodwork, Proper Crisps, ANZ Richmond, Patisserie Royale, Beauty on Queen Street, Neudorf Hazel Oil, Tasman Acupuncture, Moutere Gold, Redwood Cider Co., Stirling Sports Richmond, Village Milk, Shanti Massage Therapy, Mitre 10 Motueka, ASB Aquatic Centre, Abel Tasman Aqua Taxi, Stoneridge Café, Baku, Mapua Chalets, Super Liquor Motueka, Abel Tasman Outdoors, Moutere Massage Rooms, Super Liquor Richmond, Amcal Pharmacy Motueka, Astrolabe, Tasman Golf Club, Floral Affair Motueka, Unichem Motueka, Upper Moutere School, The Grind Coffee Roasters (Tasman Store), Motueka Floral Studio, Bay Pharmacy, Lodestone Wines, Lodestone Seed & Agritextiles, Antonius Bakery, Neudorf Dairy, VideoEzy – Mapua and Motueka, Process Flow, Woollaston Estates, Upper Moutere Takeaways, Super Liquor Richmond, Shamels, Tasman Bay Vets.

# MOUTERE HILLS COMMUNITY CENTRE



## Quiz Evening

Thanks to everyone who supported this fundraising event. It was an extremely successful evening with \$7,300 being raised towards the rebuild of the Community Centre.

## Moutere Hills Community Centre AGM followed by a Public Forum

Moutere Hills Community Centre AGM will take place on

**Thursday 26th September**

**at 7pm in the Upper Moutere School Hall.**

Nominations are called to fill three positions on the Board of Moutere Hills Community Centre Inc. Board Member nominees must be resident in the wider Moutere Hills area. Please contact us if you would like a Board Nomination Form.

Directly following this AGM will be a Public Forum to discuss proposed up-grades and changes to the Facility. Two main areas for discussion will be the proposed development of a Community Gym and the development of a Community Recreation space as part of the reserve. We would welcome feedback from as many members of the Community as possible. Drinks and Nibbles will be provided.

## Fundraising Auction

We are in the process of organising an Auction to raise additional funds towards the rebuild of the Facility. This will take place in October. It will involve Household, Sporting and Farming Equipment. We will be asking for donations of equipment and will also sell large items, eg, cars and tractors, on behalf for a commission. Further details will be advised in the next issue of the Grapevine and on our website.

[www.mouterehills.org.nz](http://www.mouterehills.org.nz)

## Club News

### **Upper Moutere Playgroup**

This group has now started up again running from the "Clubroom" space at Moutere Hills Community Centre. They would welcome any new members to their group. Bring your preschool along and meet the people involved.

**Tuesday's  
10am—12noon**

### **Upper Moutere Tennis Club Open Day**

**Sunday 8th September  
10am**

This marks the start of the new season. Time to join-up and enjoy some social tennis. Free Coaching and hitting on the Ball Machine. Supervised Children's Games while you play tennis. All Newcomers Welcome.



### **Rangers Football Club End of Season Prize Giving**

**Wednesday 11th September  
After School**

**At Moutere Hills Community Centre**

A celebration of another successful season of football for all our Junior teams.



**Phone: 5432 516**

**Email: [enquiries@mouterehills.org.nz](mailto:enquiries@mouterehills.org.nz)**

**Website: [www.mouterehills.org.nz](http://www.mouterehills.org.nz)**





## The Moutere Hills Residents Association

would like to invite you to their

**Annual General Meeting  
on Tuesday 24 September 2013  
at 6 pm  
Upper Moutere School Hall**

The committee will present updates from the **Community Pathway** project - creating a walk- and cycleway between Upper Moutere Village and the Community Centre.

We will discuss **Speed Limits** in our area, namely on those roads where there is local residents concern and which we are trying to get looked at by council. Our ward councillors Cr Trevor Norris and Cr Brian Ensor have confirmed they will be present and available to discuss the subject.

Also, all constitutional association issues will be addressed at this meeting (accounts review, elections and plans for the next year).

This is a public meeting and all the community is warmly invited to attend and take part. Please note that only association members will be able to vote in the elections.

For further information and the full agenda please check our website <http://www.mhra.org.nz> closer to the date or email [secretary@mhra.org.nz](mailto:secretary@mhra.org.nz) to get on the mailing list - hope to see you there!



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## WANTED FOR 2014 Festival

- Media /advertising guru
- Sponsorship fundraiser

If you have experience in these areas, we need your help.

Although voluntary, these positions would only require approximately 20 hours between November and February.

Join us, and become part of the enthusiastic team making the Sarau Festival happen for the Moutere each year!

For more details please contact Tania Jones ph 5432855 or [taniaj@nzrt2.co.nz](mailto:taniaj@nzrt2.co.nz)

**FESTIVAL: Sunday 2 February  
2014**



### Club Day

A great day was had by all on 13<sup>th</sup>. The weather turned it on with a reasonably warm sunny day. It was wonderful to see our Rangers football and rugby teams all together at the grounds. Every year we get great feedback from our visitors who enjoy the Rangers hospitality.



Club Day 2013

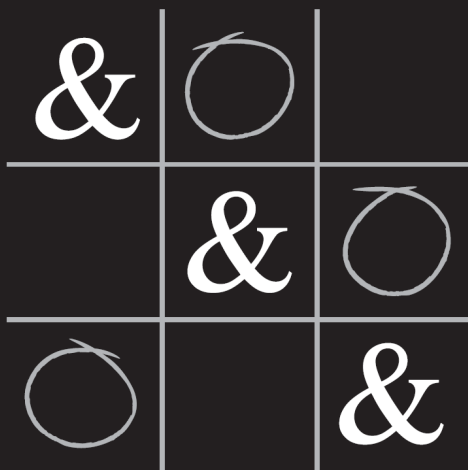
### End of Season Get-together (Moutere Hills Centre)

This is planned for the 11<sup>th</sup> September between 4-5pm. It is an opportunity for club families to get together and celebrate the highlights of the season.

### Thank you to all Rangers supporters

The club owes a debt of gratitude to many individuals and businesses in the community who give their time, money or other resources to ensure that our local children have the opportunity to play football. I trust you all know who you are and know that your help is much appreciated.

## Legal Solutions



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## THE WRITE BIAS



### NEWS FROM MAPUA BOWLING CLUB

Unforeseen circumstances led to a change of plan regarding the proposed lunch on Saturday 31 August. This was intended as a fundraiser for the Jack Inglis Friendship Hospital and we apologise sincerely to anyone who turned up on the day expecting a bowl of soup or some fish pie. It is hoped that the event will be rescheduled for later in the year when we will be very happy to feed you and take some money from you!

With a hint of spring in the air it is full steam ahead at the Club to prepare for the new season. Internal walls have been given a fresh coat of paint and the weeding crew has been tidying up the green and surrounds; we are ready and eagerly anticipating the start of our lawn bowls year on Saturday 28 September.

Mapua is one of the smaller clubs allied to the Nelson Centre but one of the few to have not one but two accredited coaches. This is a real plus and means that free coaching is always available for beginners and improvers. Our two club coaches will be delighted to help individuals at any time and a 6-week programme of group sessions will commence in October.

For information about bowling, coaching or booking the clubhouse and facilities please call Secretary Jean Daubney (543 2765) or President Dave England (540 2934) or email

[s1ad2as3@xtra.co.nz](mailto:s1ad2as3@xtra.co.nz)

*Sue England*

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### COMING EVENTS AT THE MOUTERE INN

- ❖ **SATURDAY 7<sup>th</sup> SEPT – LIVE MUSIC 8:00pm THE JOHNNYS.** \$10  
The Worlds First and Only All Girl, All Johnny Cash Band are back at the Moutere Inn. From NZs Wild Foods Festival to the prestigious US Johnny Cash Music Festival, The Johnnys have forged themselves a great reputation, delivering Johnny Cash songs like no one has ever heard them before.  
*'One thing I know dad would say, 'An all girl band singing my songs. I want to hear this! Oh, how he did love the girls.'* Cindy Cash 2012. \$10 entry.

- ❖ **STEAK WEDNESDAY AND RIBS NIGHT**  
Every Wednesday we have a steak night here at the Moutere Inn. Two Wakanui (200g) prime rump steaks with fries, house salad, and a bottle of house wine All for \$50. Great for a couple. On the last Thursday of the month we do our Texan Ribs for \$20.

#### DON'T FORGET

Raffle every Wed 6pm with Chase the Ace, and Steak Wednesday  
1<sup>st</sup> Thurs Folk Night. This month 5th  
2<sup>nd</sup> Thurs Quiz Night. This month 12th  
Last Thurs \$20 Ribs Night. This month 26th

**THE MOUTERE INN**  
THE CENTRE OF THE MOUTERE

**Phone 543 2759**  
**[www.moutereinn.co.nz](http://www.moutereinn.co.nz)**



Hi everyone,

I am in my second year of a Bachelor of IT degree at NMIT, and I was recently given an unusual task. To demonstrate the issues of 'security' online, the tutor asked the class to find out some personal details about him e.g. his father's middle name.

It felt strange to deliberately 'stalk' details about another person, but believe me there are people who do it all the time, often for sinister reasons such as identity theft. Interestingly, although my lecturer does try to protect his privacy, we were able to find the information as another family member had posted his extended family tree on the internet.

Although it is virtually impossible to stop other people posting stuff, most of us assume our privacy is nothing to worry about. Recent changes in Facebook though, could mean some of your information may be more 'public' than you think.

Graph Search makes any of your Facebook content easier to find e.g. your photos, statuses, etc., so check your settings.

On Facebook.com, click the little padlock on the top right, then under "Who can see my stuff" 'Public' is the default setting, so if you want information to be for friends only, make sure you select 'Friends'.

For even more privacy you can keep a person as a friend but restrict their access (how many people have regretted the boss seeing their party photos?!) To do this, go to their profile, hover your mouse over the "Friends" box, select "Add to another list" and then select "Restricted".

Facebook also provides a way to see how your profile looks to both your friends and public. Go to your profile, click the little gear besides "Activity Log", and then click "View As". Immediately it will show you how your profile looks to the general public, but you can set it to see how your page looks to your friends as well.

**Recommended website of the month: GeoGuessr**

<http://geoguessr.com/>

I have recently become addicted to Google's free new game. GeoGuessr drops you onto a random spot in the world in Street View, and leaves you to guess where you are on the map! You can use Street View's tools to pan and travel around and look for clues. The closer you are to the actual location, the more points you earn.

That's all for this month! Remember, for anyone out there needing help with computers and other technology etc. my phone number is 03 544 0737. Average job price \$35.



## KIDZ KLUB CORNER

Spring has arrived and with it brings all the bright colours of the outdoors, and lots of fresh new growth in trees and shrubs. As there are many new plants and flowers which will be blooming this month, we have decided to make 'Colours from Nature' at Kidz Klub so that the kids can experiment with the different dye colours we can make from natural products such as plants and flowers. We are then going to use those dyes in some of the art projects we are doing over the next month. So maybe you would also like to have a go, so here are some tips and instructions on how to create your own dyes from natural resources

### HOW TO MAKE NATURAL DYES

#### What You Need:

- A large old pot with a lid that you won't want to use again for anything else (op shop is good place to buy one!)
- Rubber gloves
- A large spoon for stirring
- Something to strain the dye through to remove the natural product pieces you used from the actual dye (a sieve, muslin or piece of old sheet will do)
- Water
- Some natural products to get the colour from
- An apron - unless you want to get splashed with the dye!

#### How To Make the Dyes

- Break up your flowers, plants, berries or whatever you are going to use for your colourant into small pieces and put into your pot
- Add around twice the amount of water to the amount of plant pieces you have and bring to the boil for 20 minutes. After 20 mins take off the heat and put a lid on, and leave to steep (soak) and cool for about an hour. Then strain to remove all the non liquid material and put the remaining liquid into a jar. Your dye is ready to use for art projects

#### Examples of Plants for Colours

The most fun way to make your dye is to experiment and see what you end up with.

I have given you some possible examples below (these colours can vary a wee bit from what stated at times):

|            |  |
|------------|--|
| Yellow Dye | Bay Leaves, Flowers, Celery Leaves, Tea, Sunflowers, Dandelion Flowers, Orange Peel, Willow Leaves |
| Orange Dye | Brown Onion Skins, Carrots, Butternut Pumpkin Seed Husks, Lilac Twigs                              |
| Green Dye  | Peach Leaves, Grass, Broom Stem, Tea Tree Flowers, Spinach Leaves, Red Pine Needles                |
| Pink Dye   | Strawberries, Avocado Skin and Seed, Red Onion Skin, Raspberries, Cherries                         |
| Blue Dye   | Blueberries, Red Cabbage Leaves, Hyacinth Flowers  |
| Purple Dye | Mulberries, Grapes, Red Cedar Root   |
| Brown Dye  | Walnut Shells, Coffee Grinds, Boiled Acorns, Broom Bark, Dandelion Roots, Oak Bark                 |
| Red Dye    | Red Leaves, Elderberry, Beets, Bamboo, Crabapple Bark, wild ripe blackberries,                     |

(just a note to be aware that some plant berries and natural pigments are poisonous so please take care and check out what you are using before you start the colourant process)

You can use these dyes for all sorts of art projects like crayon dye pictures, dying wooden beads, decorating eggs, paper tie dying, dying rice for coloured rice pictures, recycled paper making, making egg tempura paint plus loads more. Of course you can also dye fabric with it, however there is a fixative process (which you can find online) that has to happen to the fabric you are dying, before you can dye it with your natural dyes!

If you would like to see how we got on with creating our natural dyes and some of the art projects we are creating over the month check out our facebook page 'Kidz Klub After 3'.

## UPPER MOUTERE TENNIS CLUB



### OPEN DAY

**SUNDAY 8th SEPTEMBER 2013  
10.00am**

If wet postponed to Sunday 15th September at 10am

This marks the start of the new season  
Time to join-up and enjoy some social tennis

**Free Coaching & Ball Machine**

**Supervised Children's Games while you play tennis**  
(Children are welcome to bring their bikes and scooters etc)

Please bring a plate to share. Drinks available.

Come and see the Upper Moutere Tennis Club in action

**All Newcomers Welcome**

Any Questions? Phone: Vanessa Mairs 5432332  
[umotennis@gmail.com](mailto:umotennis@gmail.com)

See you there!  
Moutere Hills Community Centre, Main Road  
Upper Moutere

## KIDZ KLUB AFTER 3

**OSCAR ACTIVITY PROGRAMMES**

**'WHERE KIDS HAVE FUN'**



We provide CYF approved quality OSCAR after school and school holiday programmes in Mapua and an after school programme Upper Moutere.

For more information contact Cindus  
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## News from your Preschool in The Moutere

The official Conservation week this year is from the 8<sup>th</sup> of September to the 15<sup>th</sup>, 'this year's theme is **'Celebrate Conservation Week! What's your whānau doing?'** It's about getting friends and family together to experience the natural environment and all it has to offer.'

At Harakeke we already had enthusiastic conservationists in action during the whole month of August.

A little while ago I read a quote saying that 'humans have an innate desire to know and be with nature and life forms; that provides a basic philosophical grounding for the conservation of species and ecosystems. That children have a remarkable capacity for learning about creatures and that child participation in conservation can help children grow into environmentally friendly adults.'

We would like to share the following example with you:

The story of a rescue mission that began on the 29th of July 2013 that started like this.....

Today the children took our new 'student teacher' Chloah on a guided tour of 'our place'. As usual the tour included all their favourite places—the climbing tree, the duck pond, the forest with the fairy pond, the garden, the chicken and the 'pond where the old boat is'!

Oh, what a surprise—where there was water before, there now was only mud and the children could only spot a small area of water amongst the raupo towards the middle of the pond. What was happening here?

Full of excitement, questions and expressions of dismay the children reported the unspeakable on their return.

Gundula was able to explain that Johannes purposely turned off the constant trickle of tap water from the bore that fed fresh water into the pond in order to conserve water and to let nature do its course. There might just be one problem: many many years ago, when Leah was about the same age as our Harakeke children she released 5 little goldfish into the pond and now there might be lots and lots of their children and grandchildren swimming about. Fish without water, no way! The children were reminded of the story of the goldfish Otto in the fantastic book "A fish out of water" by Helen Palmer. Something had to be done and so it happened that a big goldfish rescue and relocation mission was planned and put into action.



With nets and bravery we waded into the shallow pond and rescued about 70 fish. Otto and Jacinda now live in our aquarium inside, others went to loving homes. A large number (we forgot to count) relocated into the duck pond and 9 'handpicked' by Harley according to colour and size ("This is a Mummy one!") now live in our new goldfish tub in the playgarden.

Ka kite ano  
Your Harakeke team

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## Calf Rearing

*Whether you're rearing your own or buying calves in, calf rearing can be a rewarding enterprise. However, there are some points that are worth being aware of, to give you the best chance of a successful season.*

### SOURCING YOUR OWN CALVES:

Buyer beware (and be aware) sums this one up. There are two key elements here to consider:

#### 1 – HERD HEALTH STATUS

For you as a buyer this centres on the vaccine status of the source herd(s). Infectious and contagious diseases such as lepto, clostridial disease (blackleg) and calf scours can devastate a calf rearing operation. Good source farms will have vaccine programmes that significantly reduce the risk when it comes to these conditions.

#### 2 – CALF HEALTH

Colostrum, colostrum, colostrum... ALL calves that you source should have had colostrum within the first few hours of life. This is vital to allow the transfer of protective antibodies from the cow to the calf. Make sure you discuss this with your potential source farmer.

### HOUSING:

Alongside accessing good calves, appropriate housing is absolutely integral to their health. The quality of your barn/shed will go along way to optimising conditions for growth and reducing health problems. Should disease issues arise then housing plays a significant role in how successful your intervention and management will be. Below are some key points:

- All in/all out is ideal, this means that calves are managed as separate groups and allows for optimal hygiene measures between groups of calves and between seasons.
- Isolation pens: Within each groups housing, provision needs to be made for an isolation pen.
- Deep Litter Bedding
- Shelter needs to be dry and draught free but well ventilated
- Provision for natural light
- Less than 20 calves per pen
- Less than 100 calves per shed/barn

### HEALTH AND DISEASE:

Below is a summary of the main diseases and routine health measures that are part of a rearing season:

#### Diseases:

Calf scours  
Navel infection  
Colic  
Pneumonia  
Pink eye  
Poisonings  
Lepto  
Clostridial disease (blackleg)

#### Procedures:

Disbudding  
Vaccination  
Castration

The important aspect here is recognising as early as possible when something is wrong. Livestock animals instinctively mask illness, when they look sick they are genuinely ill and need attention promptly – especially in calves

### SUMMARY

Calf rearing can certainly be both enjoyable and rewarding; there are though some potential pitfalls to take note of. Good planning regarding sourcing calves and housing goes a long way to preventing problems. Knowing disease signs and seeking advice early on in the piece is also vital. The above article covers some of the central points of importance. If you do have questions or would like further advice, please contact us at Tasman Bay Vets.



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*“Riding turns ‘I wish’ into ‘I can’”*

*Pam Brown*

‘contributed by Jeanette Garrett from Click With Horses’

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## Hello Animal Lovers

11

There are many horses and ponies kept in our district. One of the common questions asked is, "Why can't I catch my horse? My horse is fine if I don't want to catch him/her but as soon as I need to catch my horse he/she won't let me". Horses are strongly herd animals and if kept in a paddock with others it is difficult for them to leave their herd and come with the owner. Catching is a learned response just like anything else taught to your horse.

The best way to teach your horse is to isolate them for practice. You can teach your horse by sound with a call or a whistle or with body language. Whichever you decide, be consistent and use the same signal every time. You need to start by giving your signal whilst standing still and pairing your signal with a reward when the horse comes (either a scratch or food reward.) If you use a food reward do not give it out of your hand or you will teach your horse to nip and bite searching for tidbits. When calling your horse do not stand squarely to them look them in the eye or raise your hands. All of these signals are signs of aggression and horses are programmed to run away. Stand three quarters on head down focussing on the horse's chest. When your horse turns towards you turn away encouraging him/her to move towards you. Like everything you teach a horse, be patient, calm, consistent and prepared for your horse to take a little time to learn. Once a small area has been mastered it can be transferred to a bigger area. Too many owners use aggressive body language and wave their arms and shout - this will not work with a herd animal.

Be warned if you acquire a horse that has been scared and challenged by previous owners it will take a while to trust you as they associate someone trying to catch them with negative experience. If you have put the work in and then other horses in the paddock take off and your horse goes too, let them run until they settle, do not chase. Your horse will calm and be caught when others in the herd are calm.

As always I am always happy to help with animal behaviour issues.

Susan Mott  
 Animal Behaviourist  
 0212664211



Photo: A member of the Vintage Tractor and Machinery Club ploughing ground at Harakeke.



## Creating your own herb Garden



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Spring has finally arrived and this month's first job for me is to plant my herb garden. I am using an old large wooden wheel barrow but you can create your own herb garden where ever you like, in pots on your deck, planters at a door, a wine barrel or just in your vegetable or flower garden. For herbs to thrive they do need loads of sunshine so keep this in mind when deciding where to plant. Most herbs need at least six hours of direct sunlight a day however coriander, chives and mint will grow in shadier spots.

Herbs need regular watering, a free draining soil is best as herbs will not tolerate being constantly water logged. If planting into a pot, wine barrel or even an old wheel barrow, make sure there are plenty of drainage holes.

Herbs also like a liquid fertiliser every now and then once a month will be plenty. Don't over feed as some herbs actually taste better if they are starved, it concentrates the essential oils in the leaves.

Now what to plant? I am going to plant mostly perennials as best bang for your buck they will just keep on producing. I have selected Garlic Chives, Oregano, Sage, Thyme, Mint and Rosemary. I will plant a few annuals such as Basil, Coriander and Parsley. You can buy plants ready to go or seeds work out a much cheaper option if you can be patient.

Herbs are not only great at flashing up your meals but many have extra benefits. Sage can be grown as a border around vegetables to attract bees and repel insect pests such as aphids, carrot & onion fly & cabbage white butterfly. Rosemary also helps to deter Moths and beetles in your garden so when deciding where to plant your herbs it may pay to consider your vegetable crops and what pest problems they are prone to and consider companion planting your vegetables and herbs together.

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# Coastal Garden Group<sup>12</sup>



## COASTAL GARDEN GROUP NEWS

An event not to be missed is the **FESTIVAL OF FLOWERS AND MARKET DAY**.

The Coastal Garden Group is putting the final touches together for this annual event and this year it will be bigger and better than ever before. The newly enlarged and renovated Mapua Hall will be the venue, and with all that extra space we have more than double the exhibitors and market stalls, there will be a wonderful floral display from the Garden group members, plus a special section from the Mapua school and kindergartens, plus art exhibitions, monster raffles, arts and crafts, white elephant, cake and produce stalls, fantastic plant bargain's, sausage sizzles and more so it's fun for all the family.

Saturday 21<sup>st</sup> September from 9am to 2pm at the Mapua Hall.



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## Calling all Gardeners

Moutere Plant swap on **Sunday the 22nd September 11 am** in the MHCC car park wet or dry (under the veranda if wet). Responsible swapping -no weeds—plants labelled with descriptions if name unknown. See you there!

## Food

*It might be spring, but Soo Gee says there's still plenty of time to enjoy a Winter Pud!*

### Lemon Pudding

Beat together 1/2 cup sugar and 1 tablespoon butter then add 2 tablespoons flour, a pinch of salt as well as the juice and rind of one lemon. Add 1 cup milk beaten with 2 egg yolks. Lastly beat the 2 egg whites and gently fold into the mix.

Put mix in a buttered pie dish and stand the pie dish in a dish of hot water (water bath). Bake at 160°C for around 30 minutes. *Strange but delicious.*

### Mango and Chilli Upside Down Pudding

Oven on 170°C Grease the base and sides of Texas muffin tins (large) or a large round glass ovenproof dish.

Chilli syrup: Place 250 mls golden syrup, 1 long chilli, chopped and seeds removed. Add the juice and grated zest of a lime or lemon into the pot and cook the lot over a low heat 1-2 minutes.

Place a tablespoon of the syrup in muffin tins or 3/4 of the syrup if you are using a large dish. Place sliced mango on top of the syrup.

Beat 225grams butter with 1 cup of sugar until pale and fluffy. Add 4 eggs— one at a time, add 1 tea-spoon vanilla and 1 1/2 cups self raising flour. Add a little milk to thin the mixture a bit. Divide equally between muffin tins or put all the mixture into your one big dish. Bake 25 minutes or until a skewer comes out clean. Stand a little before turning out.

Serve with the remaining sauce.  
I used mango but other fruit would be fine also. Used chilli from a JAR! I also use apple with a slice of orange.

***Can't close with out an apple recipe...***

### Lois's Apple tart.

200gm sweet shortcrust pastry (bought), 3 medium apples, 3 eggs, 100gm butter and 100gm icing sugar Peel the rind of one lemon into thin strips and put in pot with a little water bring to the boil then drain. Line a ovenproof dish with the pastry.

Peel, core and slice apple, put in saucepan with a small measure of water cook with lid on until soft then mash. Easier still—use a tin of apples.

Soften butter and beat with Icing sugar, add eggs one at a time, add apples and mix then pour into the pastry shell. Put lemon strips on top and cook at 190°C for about 30 mins until golden and well set.

***What winter? Get some rocket in!!***



### ***Reopening 5th September***

*Jester House cafe is now open 7 days a week for delicious breakfasts and lunches*

*September events,*

*"Whakanuia o te tuna" Festival of Eels .*

*Saturday 14th September,*

*Welcome back our magnificent megafauna with activities and free eel feeding.*

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### NEUDORF DAIRY NEWS

#### **TASTE FARMERS MARKET AWARD WINNER**

*We are delighted to have won the recent award for the 2013 NZ TASTE FARMERS MARKET Dairy section. This was out of all of the Farmers Markets in NZ.*

#### **MARKET SPECIALS AND NEW MARKET RETAILER**

*Vanessa Reinhart has joined our team as Market Retailer and will be having specials at the Wednesday Farmers Market @ Fashion Island including fresh ricotta & yoghurt (when production allows). Vanessa will also be at the Nelson Saturday Markets. Pop in and introduce yourself.*

#### **AUCKLAND FOOD SHOW**

*We joined other Nelson businesses and participated at the Auckland Food Show earlier this month. Our dairy products were picked up by a number of Auckland businesses and Chelsea Winter, Masterchef used our Mt Cobb Gouda in her omelet at the show. The Nelson Mail covered our visit to Auckland earlier this month.*

#### **FACEBOOK**

*We are live on Facebook and are keen to share recipes and tips from the community. Feel free to add Neudorf Dairy to your 'likes'. Keep an eye out for competition and offers. We love to feature locals on our Facebook page.*

#### **LABOUR WEEKEND**

*Keep Sunday of Labour weekend free to come and join the team at Neudorf Dairy & Peckhams Cider for an artisan picnic and family day. More information in the next edition of Grapevine.*

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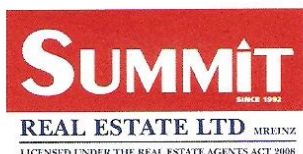
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## Moutere Community Youth

Who's noticed the next stage of the Great Community Skate Park in the paddock next to the church hall? Word on the street is that work will be beginning on this soon!!

### Friday Night Youth

Can anyone understand how the Lovely Lucy can still come along to Friday Night Youth? Maybe it's because she's got community service or something. All we know is that hopefully Chris will return soon from his jaunt around Auzzie, and maybe Haidee will return from the dead. Miracles happen.....

Anyone who is Year 7 and above can come along to Friday Night Youth. Bring \$2 and meet at 6.30pm at the Hall behind the Church.

|                     |                            |
|---------------------|----------------------------|
| Friday September 6  | Sausage Sizzle & Wide Game |
| Friday September 13 | Indoor Sock games          |
| Friday September 20 | Movie Night                |

Look out for the Friday Night Youth CAMP for October School Holidays. We'll have details soon.

If you need a ride to or from Friday Night Youth, or you would like any other details, just give us a call or text.

### Senior Youth

Senior Youth is every Monday Night, 7:30-9pm. Every second Monday is Y, from 6:45-7:30pm. If you don't want to come to that, just turn up at 7:30 for youth group.

Monday September 9 (Y) Xbox & Games

Monday September 16 Choice Night

Abbey & Andy Bensemenn 5432 949

Abbey 027 2434364

Andy 021 2245178

## Relay for Life – events for you!!

The Wiggle 'n Jiggle team have heaps of fundraisers lined up in support of the Cancer Society's Relay for Life. See what's on and book your place today!

### KITCHEN GOODIES RAFFLE

A scrumptious prize package of tasty kitchen goodies, plus hand-sewn apron and beautifully 'bling' kitchen gloves!

Look out for roving ticket sales, or call Sam on 543 2512 for info.

Tickets: \$2 for one or \$5 for three.

### KIDS' DRESS-UPS RAFFLE

This one's for all those children who love dressing up. Full of fabulous costumes and accessories for boys and girls!

Look out for roving ticket sales, or call Sam on 543 2512 for info.

Tickets: \$2 for one or \$5 for three.

### IN CASE OF EMERGENCY

When: Tuesday 3 September, 6-8pm

Thursday 5 September, 6-8pm

Where: Upper Moutere Church Hall, Supplejack Valley Road

A great introduction to basic First Aid or as a refresher for those wanting to brush up on their life-saving skills (eg budding babysitters!), this course will teach you:

- CPR in adults and children
- How to deal with choking and anaphylactic shock
- The recovery position
- Using a defibrillator or AED.

Tutor Kerry Lineham is a CME Endorsed Resuscitation Provider.

We have two sessions, limited to 12 people, so book soon to avoid disappointment!

Contact Beverly on 543 2008: \$10 per person

Please note: this is not an NZQA course and there's no certificate for participation – just a cuppa at the end!

### EMPOWER YOURSELF!

When: Saturday 31 August, 10am-12 noon

Sunday 20 October, 10am-12 noon

Venue: tbc

This course for women and teenage girls will teach you some techniques to keep you safe on the streets and help you get out of unwelcome situations.

Tutor Lestleigh Gray is police trained in self-protection techniques.

Contact Sam on 543 2512 for ticket sales: \$10 per person

### JELLY BEAN COUNT

Back by popular demand! Guess how many jelly beans in the jar. Get it right, and you get to eat them!

Look out for the jar at the Upper Moutere General Store.

### ART EXPO AT ICON

When: 26-27 October, 10.30am-5pm

Where: Icon Gallery and Sculpture Garden, 1270 Moutere Highway, Upper Moutere

Being held over Labour weekend, this is an amazing opportunity to view and buy artworks by local artists. Come along and enjoy art, entertainment, food and music. Cash sales only, please.

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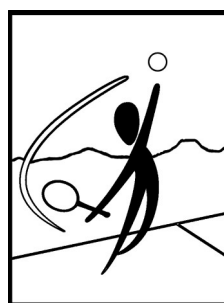
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## 'HAVE A GO' DAY



On Saturday 14th September, Upper Moutere Tennis Club will be open to all the local schools offering children the chance to

come and 'Have a Go' at tennis. From beginners through to current players, everyone is welcome! There will be free coaching plus the ball machine and lots of fun and games. Also, the chance to win some great tennis prizes. Keep an eye out in your school newsletter for times.

## Moutere Hills Community Pathway - The History

The Moutere Hills Residents Association (MHRA) is currently busy working to create a walk- and cycle pathway to connect Upper Moutere village centre to the Community Centre (MHCC). Read here about the history of the project so far:

### A New Community Centre

By the late 1990s the existing Upper Moutere Community Hall was on its last legs; it was beyond further upgrade and no longer capable of meeting the needs of the expanding Moutere Hills Community.

The initial push to replace the hall was led by members of the Rangers Rugby Club who had for some time kept the old hall going, and their enthusiasm was soon shared by the wider community. A series of public meetings were well attended and a committee formed to guide the project through the planning and construction stages.

One of the first decisions to be made was to agree on the most suitable location for the new hall. There was some support for the view that the new multi-purpose hall should be built closer to the village and school rather than down the main highway, where access by foot or bicycle was seen to be dangerous and restricting. Vacant land near the church was mooted.



While the problem of safe access from the village was accepted, it was finally agreed that the Memorial Domain was the most appropriate choice, mainly due to the availability of suitable land for expansion of playing fields and tennis courts. The presence of the recently constructed Rangers amenities block was also considered a plus. It was recognised that the hall was to service the wider Moutere Hills Community and not just the village and school.

### The Pathway

To mitigate the problem of dangerous access from the village, it was proposed that a separate pathway be constructed, away from the main highway. However, the pathway project assumed low priority while the committee was occupied with designing, fundraising and managing the construction, followed by the establishment of a suitable structure to manage the new facility.



At a strategic planning workshop in 2008 the idea of the pathway was again considered and supported. However that meeting concluded that the pathway project was outside the brief of the Community Centre Management Committee, and was best handled by some other Community Group.

In 2010, a group of local cyclists began to look independently at the possibility of constructing a loop track to tie in with the proposed National Cycle Trail (locally the Tasman Great Taste Trail). The loop was to include access between the hall and the village, but the project remained in the planning stage.

### A New Community Association

In 2012 following two public meetings, the Moutere Hills Residents Association was formed. The Association chose as their first major community project to facilitate the construction of the walk and cycle pathway to safely connect the Upper Moutere Village and school with the Moutere Hills Community Centre, the Memorial Domain and the Country Kids Child Care Centre.

The pathway is proposed to be more than just a safe access-way between these important sites in the community; rather it is planned to be a scenic and enjoyable attraction in its own right, providing a continuing source of rich experience for residents and visitors alike.

At this moment, the MHRA is scouting for possible routes from the village to the centre and has started discussion with landowners. To find out more, please visit our website at [www.mhra.org.nz](http://www.mhra.org.nz) or come to the next public meeting (the AGM) which will be Tuesday 24 September. We will present our progress on the walkway project during the meeting and will be happy to hear what you have to say!

# Filming for freedom

**Upper Moutere's Annette Eggers, now living in Auckland, is heading to India in September to film a documentary on sex slavery. Annette talks about how the research has made her determined to make a difference for the women and children who've had their dignity stolen from them.**



When Director Annette Eggers was asked to film the journey of 12 Kiwis heading to India's notorious red light district of Sonagachi in Kolkata, she had no idea this would lead to a journey of her own.

On 27 September, Annette and fellow filmmaker Tessa Cross will travel to Kolkata with the team from MAD For Change, a New Zealand charity inspired to make a difference in the world ('MAD' standing for Make A Difference). They count an artist, nurse, fashion designer and business analyst among their number, some of them having volunteered for almost 20 years.

The group is planning an ambitious documentary, *Filming for Freedom*, to highlight the impact of sex slavery and help free the women and children involved.

Though many believe human slavery ended in the last century, there is now more slavery world-wide than at any other time in history, says Annette, with the number estimated at over 27 million. At a conservative estimate, three million women and young children in India are currently enslaved for sex.

The MAD For Change team will stay for a week in Sonagachi, meeting with other Kiwis, aid workers, locals and officials. On the second week they will travel further north to Murshidabad, a city of 90 percent unemployment from where a large number of Sonagachi sex workers come. MAD For Change has purchased land here, which is their foundation for freedom.

When the research began nearly a year ago, Annette realised these women and children have no voice. They are taken from their families as young as five years old – often sold by their own parents due to extreme poverty – and tricked into believing there is work in the bigger cities.

Once in the sex industry, the children are forced to have sex up to 40 times a day, often unprotected. This is a country struggling to control HIV and, with the high number of Westerners visiting brothels in India, it is a matter of concern to Western countries too.

With her media background, Auckland-based Annette immediately wanted to ask questions: Who are the buyers? Who are the traffickers? Why is New Zealand involved? What is the effect on victims, families and society? Is anyone helping? How can we create freedom?

She says she has been road blocked many times in the last few months, and told strictly no cameras in some areas due to gangs – often pimps. Kiwi aid workers in the area are being told to keep out, unable to help those who need it.

What has come out of the research has amazed Annette and Tessa. This documentary is reaching out for help from men and women around the world. It aims to build awareness of the problems, and provide solutions to free the victims trapped in the sex industry.

Using a mix of on-camera interviews with a look at daily life in a red light district, the documentary hopes to spark awareness and a plan for freedom.

***Filming for Freedom includes extensive research and travel to and from India. Around \$7,000 will be needed for Annette and Tessa to hire equipment and travel to India, with a further \$5,000 for post-production and \$3,000 for distribution and marketing. The pair are seeking funding from events, business and corporate sponsorships, grants and individual donations – no matter what size. If you'd like to support the project, please go to [www.givealittle.co.nz/cause/filmingforfreedom](http://www.givealittle.co.nz/cause/filmingforfreedom) or <https://www.facebook.com/filmingforfreedom>***





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*Neudorf Vineyards is a super-premium small winery in Upper Moutere.*

We need someone to join our cellar door team for 3-4 days a week.

The person we are looking for is confident, has a warm and friendly manner, is interested in wine (no need to be an expert – you will get great training), and enjoys people.

You will also have an eye for detail, be computer and numerically literate and enjoy being part of the Neudorf team.

The job entails serving wine buyers and visitors at the cellar door, helping out with orders, keeping the cellar door attractive and attending to the thousand and one little things that make Neudorf special.

The basic hours will be 9.15 – 5.15pm Sunday to Tuesday or Wednesday. There is some night time work during concerts etc but this is not regular. We are flexible (open to job sharing) but you would need to work during the summer school holidays.

The position is for a fixed term, starting Mid- September and running through until the end of May.

If you are interested please contact:

Ken Packer, General Manager [ken@neudorf.co.nz](mailto:ken@neudorf.co.nz) or phone (035432643)



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## A message to:

### *Customers of the Upper Moutere Store*

*As many of you will be aware, the store is due to change hands from the 2nd September. We would like to take this opportunity to thank you all sincerely for your custom—we have thoroughly enjoyed the past 15 years of playing our part in the community but know the time has come for us to take a step back and have a bit of a rest. There are golf courses waiting to be conquered and beautiful grandchildren to spend more time with!*

*Please come and introduce yourselves to the Pich Family. We know they will be doing their very best to look after locals and visitors alike. With your patience they will get to know you and learn more about the needs of the community.*

*There will be a number of changes happening as younger and more energetic owners take over the reins. One thing we would like to make clear is that the decision to no longer operate under the Four Square banner is not the new owners decision as this was due to happen later this year, come what may—the general store theme and size no longer fits the Four Square profile.*

*As we are planning on staying in the vicinity we will no doubt meet up with many of you from time to time—only now we will be on your side of the counter!*

*Thanks once again for your support over the years,*

*Kris and Sefion Ferrick.*



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Authorised by Damien O'Connor,  
234 High Street, Motueka, Tasman

**Labour**



## Taoist Tai Chi Internal Arts of Health NEW BEGINNER CLASSES

Mapua Community Centre  
Mapua

starting  
Monday 02 September 2013  
at 10.15am-11.45am

For more information phone (03) 545-8375 (leave message)

Visit [www.taoist.org.nz](http://www.taoist.org.nz)

Taoist Tai Chi Society of New Zealand

The Social Group meets at the Sunday School Hall (Upper Moutere Lutheran Church) on Thursday afternoons at 1.30pm each fortnight.

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome. **Contact Brian or Lois Eggers ph 5432 871.**

### Music and Movement for under 5s

Monday's at 9.30am (for about 30 - 40 mins) in the church hall, Upper Moutere. Everyone welcome—\$2 per child. Phone Debbie for more info

### **Ashtanga Yoga**

Tuesdays 6-7.30pm (Starts August 6th)  
The Woolshed, Lancewood Villa, 109 Kelling Rd,  
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\$12

Bring yoga mat and blanket  
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### Upper Moutere Volunteer Fire Brigade

Calls 4.7.13 - 15.8.13



11.7 - Asthma attack Win Valley  
16.7 - Vegetation fire Apple Valley Road West  
25.7 - Chimney fire Ngatimoti





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Grapevine circulation is 1300 copies. This issue has been constructed by: Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens, Viv Sellers and Heather Eggers.

20 Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!