

The Grapevine

NOVEMBER 2022

MOUTERE HILLS COMMUNITY NEWS

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Special points of interest:

Celebrate all the planting in our Moutere catchment - See page 13

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Andy & Janine and their family – Ariana, Micah and Isaiah, at home on Holdaway Rd

A Reluctant Pastor

Hearing the bells ring out from the Lutheran Church in the Upper Moutere Village is one of Andy Marr's boyhood memories. His family moved to live opposite the church when he was eight, and although the family went to church there, he never dreamed he would one day be the pastor. Andy is an unassuming Kiwi bloke whose ear-

ly life revolved around dirt bikes and rock music, a bit of a 'bogan' with long scraggly hair who typically wore black jeans and an Iron Maiden t shirt.

He spent a season picking apples after leaving school, completed a conservation course, then chose to pursue another passion – cooking. He graduated from NMIT as a chef, in record time

cont. pg3

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Thank you for advertising in the Grapevine—you help us cover the cost of producing and delivering this free community newsletter each month.

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Sending us articles of interest

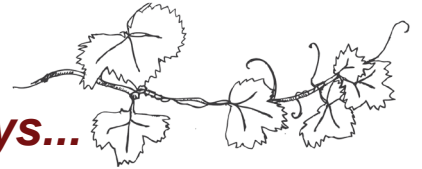
We warmly welcome contributions to The Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read! There is no cost for having your articles published if you are telling the community about a fundraising venture. However we do appreciate a donation from commercial ventures to help us cover our printing costs—see email address above to get bank details.

Archived coloured copies of the Grapevine are available at www.mouterehills.org.nz/community/the-grapevine courtesy of the Moutere Hills Community Centre staff. Grapevine circulation is 1400 copies. This issue has been constructed by volunteers: Rachel Field, Jenny Leith, Sharon Beuke, Edith Bulle, Bessie Adie, Kirsty Vanderwerff and Sue McGregor.

Disclaimer

Views expressed in articles in The Grapevine are not necessarily those of The Grapevine team or its editor. While every effort has been made to ensure the accuracy of the information included in this publication, The Grapevine takes no responsibility for errors or omissions or for any consequences of reliance on this information. All adverts are required to present a name or contact details so that people can respond directly should they have any queries or concerns. Publication of advertising material implies no endorsement of either a product or a service.

Grapevine Says...



What a beautiful Spring it has been? The lilacs and rhododendrons have stood out for me...and by the time this is delivered to your letter boxes, the roses will be in bloom. Aren't we lucky to live in such a beautiful area?

The Moutere catchment group is now four years old. It started with an idea from one landowner who then gathered 10 landowners, swelling to 100 by the first official meeting, and now over 200 landowners are working together to plant, restore and protect the Moutere Catchment. Landowner engagement has been driving the success of this project. With the help of Tasman Environmental Trust (TET), Tasman District Council and NZ Landcare Trust. A total of 350,000 funded plants for the Moutere Catchment - what a great achievement - when put alongside the thousands of trees landowners have purchased themselves - how amazing this valley will look for our children and grandchildren in years ahead. Look out for the planting celebration and workshop information - 5 November.

The Artisans weekend was again an amazing opportunity offered to us all to share in the talent and artistry of this special group of locals - thank you for opening your workshops.

Finally, a reminder that the December Grapevine issue also covers January and there will not be another issue until 2 February 2023 - make sure you get your articles and advertisements for this 2 month period to us by 15 November. Email us: umograpevine@protonmail.com

Moutere Volunteer Fire Brigade

Callouts for the month of September 2022

- 2/9 Smoke in area Win Valley Dovedale
- 7/9 Medical call, Dovedale
- 9/9 Fire in area of Win Valley Dovedale
- 16/9 Chimney fire, Seaton Valley Road
- 17/9 Smoke in area of Central Rd South/Moutere Highway
- 25/9 Un-permitted Bonfire Martin Conway Rd Stringer Road
- 28/9 Garage fire, Blackbird Valley

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thanks to time he'd already spent (since the age of 14) working for a local caterer and went on to work full time as a chef at the Mapua Wharf – 'a great experience'.

To stay connected with mates while working, Andy joined a discipleship group where young people could ask questions and have discussions about 'everything' related to life and faith. Through this group came an opportunity to attend a personal development course in Australia, which in turn led to a two-year internship at a Church on the Gold Coast, which included study as well as a chaplaincy role – and a chance for Andy to hone his surfing skills!

Back in NZ he ran the local youth group while the then leader, took a six-month sabbatical that turned out to be permanent – so Andy shelved plans to return to Australia and stayed on as

leader for six and a half years. He also met and married Janine Heine and decided to train as a primary teacher. He'd been involved with school through the youth work, so it made sense and offered better security. It wasn't always easy juggling the study, youth work and a young family, but he gained his degree and went on to teach at Motueka South School for ten years. In the absence of a dedicated pastor at the Lutheran Church, Andy undertook many roles, prepared messages, helped out with music and general oversight. He still had no aspirations to be a pastor, and wife Janine certainly wasn't happy with the connotations of being 'pastors' wife' – even though her great great grandfather had himself been the pastor there. She is an early childhood educator and is currently studying for a master's degree.

But fate or destiny (or God) had a

plan, and during the process of finding someone who would be a good fit, and with a lot of community encouragement Andy realized it could be him and that perhaps he was being a Jonah by trying to avoid it? The Church had at first been looking for a more traditionally trained person, but a special dispensation was made, and Andy was able to fill the role. As he says, "the important thing is that people hear the good news in what you are saying and doing and anyone coming to church should leave feeling unburdened". The church has been part of the community for 175 years and he hopes that will continue and be a place where everyone is welcome.

He has been the full-time pastor since 2018, and it's been a very interesting and challenging four years. Lockdowns, vaccines, zoom church, and even a dramatic burglary, which included an interview on National Radio and a personal apology by the burglar in front of the whole congregation, who was of course forgiven!

Andy is also well known in local rugby circles, he played with the Rangers for about twelve years and is now involved with coaching rugby and touch. He has aspirations of one day playing rugby with his sons.

And his one regret since becoming pastor is that he doesn't spend as much time at the pub as he'd planned to!



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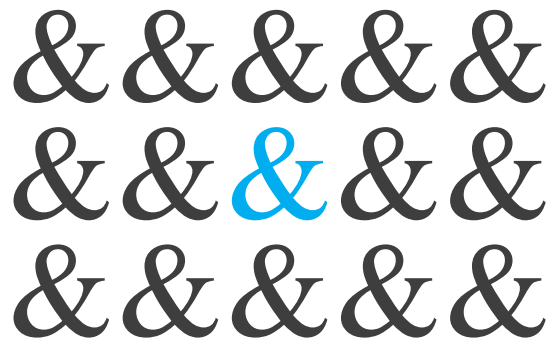
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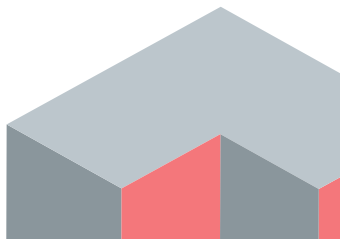
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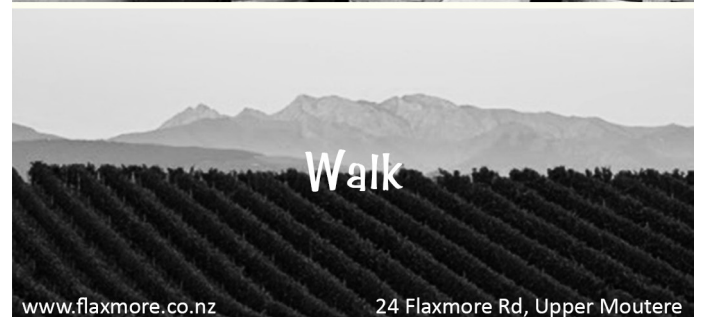
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Art

Community Noticeboard

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Contact Karen 021 252 2657

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MOTUEKA COASTAL BUS operates Tuesdays, Thursdays & Saturdays, leaves Motueka i-SITE 9.30am to Tasman, Māpua, Richmond CBD & Pool, returns 1pm. Pre-booking essential Motueka i-SITE 03 528 6543.

VINYASA FLOW CLASSES 1st Class is Free Tuesdays and Fridays 9.30am - 10.45am at the Riverside Community centre, Lower Moutere. Contact Jo Wilcox 021 170 9495



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Earth care – a different approach

The Steiner Farm offered a workshop on making compost preparations last autumn as one of eight workshops on bio-dynamic principles funded by the Keteora Trust. 56 cow horns from bio-dynamic farms were filled with fresh cow manure, sealed with clay and buried in the Steiner school garden.

We were curious to check what had happened in these horns during the winter, this being the first time we had undergone this process on the Steiner Farm, so, recently, we opened up the hole – and yessssss! There were the horns! We carefully tapped each one and the manure came out, perfectly dried and shaped like the horn it had been filled into, in the consistency of potting soil.

We emptied all the horns and stored the dry substance, now called “preparation 500” or “horn manure”, in a sealed clay pot to be stored with one of our group members, who will give out a suitable amount, weighed according

to the size of the land to be covered; (a handful of preps to 15 l of lukewarm water for ca. 12 ha of land, stirred by hand for an hour, then spread by hand with a brush). The preps can also be ordered directly by the BD Association, address see below). Spreading prep 500 has been carried out on the old pear orchard for a number of years and will now happen twice a year with our own preparations.

We want to turn this practice into a little research project together with the local high school and/or other interested people in the community : we will do regular soil testing twice a year to see whether there are any observable changes in the soil consistency in comparison with conventional chemical fertilizer, and also to observe plant growth over the year. This could turn into an ongoing project raising awareness in student’s understanding of sustainability and bio-dynamic practices, as well as Māori understandings of earth healing.

Please get in touch with Edith:

edithbulle@gmail.com if you are interested in joining a study group on this.

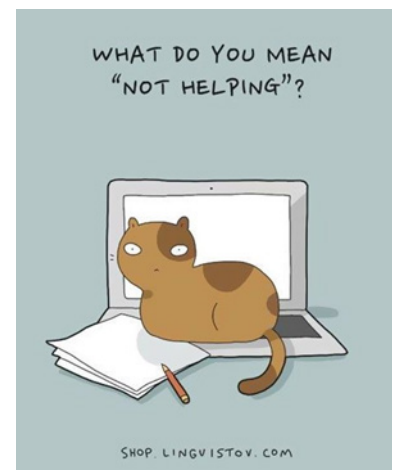
The idea behind this practice is that the earth is not sleeping over the winter, but is



very much alive and active, striving in its connections with the moon and the stars. This activity transforms the cow manure and turns it into a vital substance with homeopathic healing qualities for the earth.

Other preparations were also put into the school ground during the workshop in April, involving animal organs and specific plants, used for different purposes. Further reports will follow.

Edith Bulle



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St Paul's Lutheran Community Church



Neudorf Winery

St Paul's Lutheran Community Church and Friends would like to invite you to join us in celebrating the birth of Jesus this Summer.

December 18th Carols in the Vineyard.

Join us at Neudorf Vineyards at 6pm for an evening of carolling. You are welcome to bring picnic snacks and the cellar door will be open. Please don't BYO wine and beer.

Christmas Eve at St Paul's

7pm Kids and Carols Our local children will present the Christmas story in their own entertaining and unique way. There will also be another opportunity to dust off the singing voice and carol with us.

11:15pm Reflective Service The late night slow down, quiet, calm and candle lit. It's a perfect time to stop and reflect on the year and the meaning of Jesus' birth.

Christmas Day at St Paul's

10am For unto us... With the presents opened and the breakfast bubbles supped you are welcome to join us in celebrating the birth of Jesus, quite literally God's gift to the world!

Wherever you may be and with whomever you spend these Holy-days with, may your time be blessed, your relationships strengthened and your hearts, minds and spirits be refreshed. Merry Christmas and God's blessing to you all from St Paul's Lutheran Community Church.



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November 2022

The last month of Spring, with the anticipation of Summer just around the corner, the excitement is growing for what is to come for the season ahead.

LOCAL BUSINESS DIRECTORY 2023

We are starting to put together an updated directory for the region. If you would like to be apart of this new edition get in touch with Kirsten via email mdba@mapua.co.nz. See pricing and sizes on what is available. It is first in, first served basis as spaces are limited. It is current for two years and is delivered to households and businesses within Upper and Lower Moutere, Tasman, Ruby Bay, Mapua and Redwood Valley. A must for all local businesses to be seen in.

MDBA MEMBERS CHRISTMAS PARTY

Another year is nearly at the end, it has been another roller coaster ride for a lot of businesses out there. So it's time to relax and catch up with everyone and have a yarn before the busy summer season descends upon us. We'd love to see you there.

WHEN: THURSDAY 24 NOVEMBER

TIME: 6pm—8pm

WHERE: GRAVITY WINERY & CELLAR DOOR

COST: \$15 pp

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mdba@mapua.co.nz - 027 327 6010.

NEW EDITION - 2023 MDBA LOCAL BUSINESS DIRECTORY

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Deadline for copy approved ads—20th December.

Provide artwork in high res pdf/jpeg or png files, emailed to mdba@mapua.co.nz. If you are not a current member of the MDBA and would like to advertise please add another 10% on to the above pricing.



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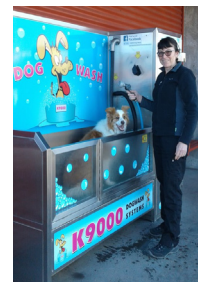
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We have several exciting programmes and offers on leading up to Christmas, as well as our popular Country Christmas Market. Check out the details below.

Kind Regards Katrina, Keith, Josh and Cindus

FROM THE MHCC BOARD

Thanks to everyone who attended our recent Annual General Meeting. We would like to congratulate Stuart Port and Mike Eggers who were duly elected on the Board and Emily McDougall who was re-elected as clubs representative. They will join the current board members which include Tim Greenhough, Stephanie Drewery, Grant Bryan and Facility Manager Katrina McLean.

Work is currently being undertaken on updating our constitution to accommodate the changes to the incorporated societies act. We will release a draft for community feedback once this has been completed.

For any correspondence directly for the board please email board@mouterehills.org.nz

Tim Greenhough,
Chariperson
Moutere Hills Community Centre board.



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You can now purchase Summer Court Access for your family. Access runs from 1 November 2022 – 28 February 2023.

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ACTIVITY PROVIDERS WANTED

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Moutere Hills Community Centre
COUNTRY
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3rd December 10:30am – 3:00pm

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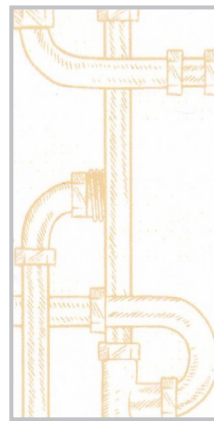
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News from Māpua Bowls Club

THE WRITE BIAS

Saturday 1st October was a very successful Unofficial Opening Day as members returned to the Clubroom in force for conversation and a shared afternoon tea. Outdoor bowling was not possible but there was plenty of enthusiasm for the forthcoming season and planned events. It is hoped that the green will be ready for the Official Opening Day on Saturday 29th October; it just depends on some days of continuous sunshine.

As we await the nod from our greenkeeper members are practising at Motueka, thanks to the generous offer of assistance from a sister club. They have allowed us the full use of a green every Wednesday or the alternative of joining their roll-up sessions on Tuesdays and Thursdays. Another offer came from Summerset to use their green on Mondays. We are very grateful to them both.

No available green hasn't stopped members from getting out and about to play in tournaments at other clubs. Well done to Ian, Sean and Arthur for winning the triples tournament at Wakefield. Five men and five ladies entered the two-day Centre Fives competition. Success was limited against some very serious competitors but Māpua was proud to fly the flag.

When the Club is up and running properly we would be very happy to welcome new members or spend some time with anyone who would like to give lawn bowls a try. Plenty of equipment and help is readily available.

For any information about bowling, coaching or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/mapuabowls

Sue England

Moutere Catchment Group planting celebration & workshop

Saturday 5 November, Aporo Road, Tasman Village

Lunch provided

Attend either or both sessions

10 am to 12 pm. Plant releasing workshop - (New plantings opposite Tasman School)

Parking in School Car-park

Eric Appleton (Appleton, Nursery) shares his wealth of knowledge on the impact of grass above, and below ground, on tree growth and survival and why it matters. And lots more!

Cameron King (catchment member). After attending the national catchment forum as a young farmer, representing the Moutere catchment group, Cameron will share what he learnt and make his suggestions for the catchment group going forward.

Elliot Easton (Project Manager, TET). Practical discussion and demonstration of methods and techniques for reducing grass and weed competition in native plantings.

12:00 pm- 1.30 pm. Celebration. (Tasman Store)

Informal update, celebration and sharing with others on the same journey over a light lunch.

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Our latest news & adventures

School Holiday Fun

We hope everyone enjoyed the school holidays! Our Go Wild Holiday Programme participants had an awesome week of adventuring and connecting with nature. Highlights included exploring the caves at Split Apple Rock, kayaking at Kaiteretera, and visiting The Brook Waimārama Sanctuary. Ngā mihi nui to **Rātā Foundation** and the **McKee Charitable Trust** for your support of this programme. On the West Coast, our Kawatiri Adventurers Programme tamariki spent the week paddle boarding on the Nile River, learning bush skills and caving as part of the Rising Rangatahi initiative thanks to **Oranga Tamariki**. To secure a spot on our summer holiday programme spots we encourage you to enrol soon! www.wio.org.nz

Community Potting Up Day

Thank you to everyone who helped at the community nursery on site at Whenua Iti recently potting up seedlings that will contribute to the amazing work of the Moutere Catchment Group in restoring biodiversity to our waterways. We can see the plantings coming away in our area and think it is a fantastic project to be involved in. Special thanks to **Landcare Trust** for their support, and recent funding from **Weave** to keep this mahi going!

Summer Leadership Programme for 16-18yr olds with L3 credits

We have just added the Adventure Skills Development programme into our summer schedule! This awesome 9 day programme for 16-18yr olds will explore our local national parks while on expeditions that could include a mix of sea-kayaking, tramping, rock climbing or caving, with the potential to earn 15 L3 NCEA credits. For Duke of Edinburgh's Award students it can count towards your Gold Adventurous Journey too. Enrol now on this and other summer programmes via our website: www.wio.org.nz

The Manaaki Kai Project

A huge thank you to the **Hospitality Training Trust** who enabled the Manaaki Kai project to take place with our Manaaki Tāpoi students. Rangatahi worked with Renee Kahukura from **The Kai Table** to learn about manaakitanga (hospitality, generosity and care of others) and tikanga kai (the correct protocols around kai), culminating in the most delicious hakari (feast) for whānau and community supporters. The students got so much out of this learning!

The Team at Whenua Iti.



Kawatiri Adventurers enjoy the Nile River for a little stand up paddle boarding



Kai lovingly prepared by Manaaki Tāpoi students

We'll see you out there!

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Brenda Halliwell, T & C Vet

Fireworks recap...

Some animals are not bothered by fireworks but others can be extremely stressed. If you have a pet that's freaked out by fireworks, it is more effective to prevent (or at least reduce) their exposure to noise and lights than trying to calm them when they are panicking. Move your pet into a familiar room and close curtains before sunset. Then play music or turn on the TV before fireworks start. Having another pet in the room that isn't fearful can help a scared pet relax. And if possible, it is better to remain relaxed and matter-of-fact yourself rather than stressing about your pet's behaviour and behaving anxiously.

If you plan ahead, Adaptil and Feliway are very helpful for reducing stress but have to be started at least a week or two before they're needed. Rescue Remedy, Calmex and similar remedies may also help when started ahead of time. Thundershirts are effective for many pets. Sometimes we prescribe medication to help calm pets – this requires a checkup in the clinic and should also be done ahead of time.

Call us if you would like more help with your pet and fireworks.

Fleas - again!

Spring has arrived! Though fleas can survive the winter under the right conditions, there is no doubt that the increased temperature in spring causes an increase in the numbers of these pesky insects.


Prevention is better than cure when it comes to fleas. If you wait to see fleas on your pet then there is already an established population of fleas (and eggs and larvae) in your house and garden.

Remember when you treat a pet for fleas, the product is not only killing any fleas on them but stopping the lifecycle which means fewer or no fleas around to jump on board your pets.

Getting the right treatment for your pet is best sorted at your vet clinic. We can help you understand the flea life cycle and give you the best advice regarding the various different products. There are many products available including topical drops, oral tablets, sprays and collars, some of which last for three and even six months.

There are lots of different reasons why pets itch and scratch. If your pet is still scratching despite flea treatment, make your pet an appointment for a checkup or pop in for some advice – there's a lot we can do to make them more comfy.





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Drenching

On the farm springtime also provides the perfect conditions for parasites to flourish. So it's the time of year when having a good drenching program for your stock is essential.

There are many factors that influence drench choice and frequency such as the species being treated, age, lactation, stocking density, weather conditions....Blanket drenching everything increases the chance of drench resistance as well as possibly being unnecessary and therefore a waste of time and money. Sometimes we do Faecal Egg Counts to determine parasite numbers and whether you need to drench. And we can also diagnose the parasite species present so you drench with the most effective product.

Drenching and parasite control is a massive subject that can't be covered in a couple of paragraphs. For more information and advice specific to your situation phone us in our Richmond Clinic.

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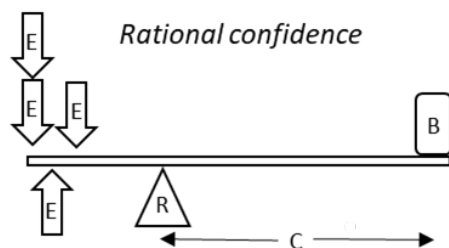
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Rational Confidence or Dogmatic Certainty?

Many struggle to distinguish rational confidence and dogmatic certainty. We tend to rely on subjective cues ('Does this claim feel reasonable?') rather than objective standards ('Does the claim really meet shared criteria?'). Without shared standards, our thinking becomes ingrown and self-validating. The failure to understand reason's requirements fuels delusion, polarization, and ideological rigidity.

Fortunately, scientists have arrived at a reasonably objective standard. More precisely, we better understand how rational people update their beliefs in the face of evidence. This article is meant to communicate a working understanding of rational belief revision. It also flags common pitfalls of thought.

What Rational Confidence Looks Like



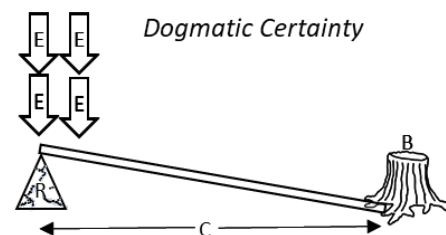
The diagram above represents the degree of confidence (C) a rational person will have in a belief (B) given awareness of evidence (E). In this case, a greater amount of evidence for (represented by three down-arrows) outweighs a single consideration against (the up-arrow). Together, they support a rational level of confidence in a belief.

Downward pressure on one end of a lever can support a weighty object at the other end.

The lever pivots on "reason's fulcrum" (R), which is the willingness to change one's mind in the face of evidence.* Here, the lever is horizontal, the load is balanced, and the system as a whole is in equilibrium. Philosophers call this reflective equilibrium.

Being rational is basically a matter of maintaining reflective equilibrium. Usually, this means nudging the fulcrum to the left or the right to accommodate new evidence and keep the system balanced. The length of the lever's right arm is the degree of confidence a rational person will place in belief, given the evidence. Simply put, reasonable people proportion their confidence to the evidence. As evidence for a belief accumulates, the fulcrum should shift to the left, increasing confidence. Evidence against should shift it to the right, reducing confidence.

What Dogmatic Certainty Looks Like



This second diagram represents the thinking of a dogmatic believer. Here, a need for certainty has shifted the fulcrum all the way to the left, leaving evidence no room to change the

person's mind. This is how certainty damages minds: it turns what should be a lever into a mere ramp. Imagine trying to dislodge a tree stump with a lever. In this case, deep roots (here representing emotional attachment to a belief) can prevent you from reaching reflective equilibrium.

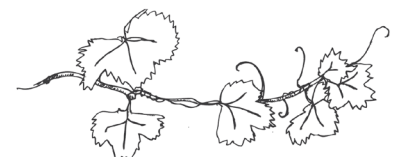
Imagine the weight of evidence doing nothing to budge a cherished belief and instead damaging the lever or fulcrum: just so can dogmatic beliefs unhinge reason. (Psychologists call this "motivated reasoning" and stress that one form of it—"identity-protective cognition"—can fatally compromise your rationality.)

A truly rational person doesn't cling to beliefs and ideas. They forswear wilful believing and commit to evidence-based believing. They seek understanding, avoid certainty, stay humble, and strive for reflective equilibrium. Only so can a mind remain open and flexible.

Reference:

* This work is based on Andy Norman's damaged fulcrum model of how ideologies unhinge minds (*Mental Immunity*, HarperCollins, 2021). Zafir Ivanov helped elaborate the model.

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