

JUNE 2022

The Grapevine

MOUTERE HILLS COMMUNITY NEWS

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Special points of interest:

Got too many books? See page 3 on where to donate them!

Thank you for reading the Grapevine and for supporting the advertisers.

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Making waves

There's a local Moutere man making waves in the national water world! Not in the sports arena, but in the treatment and provision of safe, sustainable drinking water for New Zealand's communities.

Gary Smith is about as local as it gets – his family on both sides are long settled in the region and stretch back as far as the 1840s with some of his German ancestors. He grew up in Richmond, but it is here he made his home in 2008 after returning from overseas. Here also, set on a rise among sloping vineyards is the beating heart of Process Flow – a business dedicated to the delivery of water infrastructure services for both urban and rural customers. Gary and his highly skilled team design and build all manner of water treatment, storage and infrastructure, and are committed to protecting what we all know is our most valuable re-

source – water.

Gary initially trained as an electrical engineer in Wellington, where he lived and worked for seven years. This was followed by a fun filled season on the ski slopes in France, then a move to London – 'to pay for it!' He became involved in installing systems at the Heathrow Airport terminals – high voltage power, and building services. He returned to New Zealand in 2007 and the following year purchased his property in Hewetson Rd. Gary set about replacing the existing orchard with grapes, built a home and took up an opportunity to join a process engineering company.

As they say – the rest is history – Gary along with his previous business partner Tony Crosbie (another Upper Moutere local) set up a New Zealand branch then bought the company. At

cont. pg3

PLACING AN ADVERTISEMENT

Thank you for advertising in the Grapevine—you help us cover the cost of producing and delivering this free community newsletter each month.

The deadline for each issue is the **15th of the month**. Please email your print-ready advert (JPG, PDF, or PNG preferable) to: umograpevine@protonmail.com

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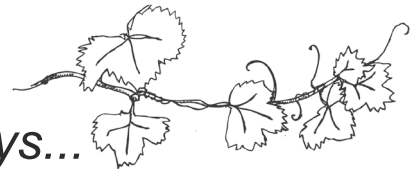
We warmly welcome contributions to The Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read! There is no cost for having your articles published if you are telling the community about a fundraising venture. However we do appreciate a donation from commercial ventures to help us cover our printing costs—see email address above to get bank details.

Archived coloured copies of the Grapevine are available at www.mouterehills.org.nz/community/the-grapevine courtesy of the Moutere Hills Community Centre Staff. Grapevine circulation is 1400 copies. This issue has been constructed by volunteers: Rachel Field, Edith Bulle, Beverly Sellers, Jenny Leith, Sharon Beuke, Bessie Adie, and Kirsty Vanderwerff.

Disclaimer

Views expressed in articles in The Grapevine are not necessarily those of The Grapevine team or its editor. While every effort has been made to ensure the accuracy of the information included in this publication, The Grapevine takes no responsibility for errors or omissions or for any consequences of reliance on this information. All adverts are required to present a name or contact details so that people can respond directly should they have any queries or concerns. Publication of advertising material implies no endorsement of either a product or a service.

Grapevine Says...



Have you ever wondered how you could help us to keep the Upper Moutere Grapevine going? One way is to advertise and write articles for us to publish ... and another way is to drop your spare coins into the Grapevine boxes which are at the Upper Moutere Store, Moutere Motors and at the Old Post Office or of course – make an electronic transfer to our account: 03-1354-0229034-016. It is amazing how this adds up, and already we have banked \$128.70 in 2022.

A special thank you to all our advertisers and article writers who have heeded the call and reduced the size of their contributions, thus enabling us to reduce the amount of printing and paper usage by approximately 4 double sides a month – that is **10,400 sides of printing or 5,200 pieces of paper a month** – well done Upper Moutere.

As covid continues to swirl around our community we have noticed how important the Kai Collective meals are for those in need – not just for families with covid but also for folk struggling with other needs. What a great concept, and a special thank you to Cate and Anna and their teams who volunteer month after month to ensure that these meals are available to those who need them.



Parking space for caravan needed

I am looking for a place
to park and live in my caravan.

Needs to be a quiet and safe place.

Long term preferred - lease, rent, buy?
While I look to buy a House, Tiny House,
or Mobile Home, in your lovely area.

My family is me (active 70's) small dog, cat.
All of us are well-trained and friendly.

Have references.

Please reply to Sophie 0276440905

Thanks

the beginning they were involved in coal, gas and mining – providing solutions for mine run-off, processing plant and purifying water for discharge. Recognizing mining as a ‘twilight’ industry, and with increasing awareness of the need to lessen reliance on fossil fuels, Gary has since become sole owner and transitioned the company into providing municipal water infrastructure - ‘It’s more ethically sound, we know that good water is essential for good health, and the provision of safe and sustainable water can influence and enhance everyone’s quality of life.’ It’s especially pertinent right now with the central government re-

structuring of ‘Three Waters’, and while Process Flow is mainly involved in drinking water, they are looking to move into the other two – stormwater and wastewater. Watch this space!

The company currently employs 6 full time staff (including Gary’s sister, Vanessa) and several contractors, they like to employ locals where possible. No project is too large or too small, and with their focus on quality, and sustainability while remaining cost effective they are attracting attention from across the country. You can visit <https://www.processflow.com> to see some of their completed projects.

Gary and his partner Rachael, who works for an investment bank, have a blended family of five children, there’s also four dogs and a cat, and they are in the process of building a bigger house. A local lady, Jeni Platt, helps with childcare, mostly as a taxi driver! It’s a busy life but they love it, and they make time for other interests - Gary plays tennis, is a keen mountain biker, and likes fishing and skiing and the family all enjoy the outdoors. It’s a balancing act - managing a growing business, a vineyard, a family, and leisure time, but Gary says “It’s important to have balance, without it you don’t have anything”. ☼

Sarau COMMUNITY TRUST

The Sarau Community Trust is delighted to announce that in 2022, even without a Sarau Festival, **the following Mouere Hills organisations** have applied for and received grants exceeding a total of \$4,100 with thanks to last year’s Sarau Winter Sale and the 2 Quiz evenings the Trustees ran at Mapua Sprig and Fern

- The Empowerment Trust
- The Mouere Kai Collective
- Whenua Iti Outdoors
- Upper Mouere School
- Upper Mouere tennis Club
- The Mouere Trapping Project

The Trustees wish to congratulate these groups on the fantastic community involvement and support they provide in our area.

In total the Sarau Community Trust have made \$235,000 available to the community since 2009, recycled thousands of books, helped to bring folk from out of the district here to the MHCC and (hopefully), provided a lot of fun along the way.



**SARAU
WINTER SALE**

Preloved Books, Clothing & Cafe

July 30 & 31
11am - 3pm

MOUTERE HILLS COMMUNITY CENTRE
A fundraiser for the Sarau Community Trust

Got too many Books?

SARAU WINTER SALE 30 & 31 July 2022
Please call Sharon to arrange drop-off: 027 432 8145
Or wait until the 29 July and bring them straight to the MHCC.

THANKS!



Jacqui Kennedy

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July 30 & 31

Please text 021 2626 675 for dropoff options. Thanks!



A fundraiser for the Sarau Community Trust

Community Noticeboard

YOGA CLASSES AND COURSES at the Riverside Community Centre. Vinyasa Flow, Restorative, Yin, Pregnancy, Mother and Baby. Contact: breatheyoganz@gmail.com / 0211709495

UPPER MOUTERE PLAYGROUP we meet every Friday 10am - 12pm at the Moutere Hills Community Centre, all families welcome. Contact Karen 021 252 2657

UPPER MOUTERE BABY PLAYGROUP is on hold - watch this space- baby group will be back.

NEED A LIFT? Māpua Willing Wheels Volunteer Drivers, transport around Māpua, Motueka, Richmond, Nelson (no airport runs). Tel 022 6822 373 to book / mapuawheels@gmail.com, 24hrs notice required.

MOTUEKA COASTAL BUS operates Tuesdays, Thursdays & Saturdays, leaves Motueka i-SITE 9.30am to Tasman, Māpua, Richmond CBD & Pool, returns 1pm. Pre-booking essential Motueka i-SITE 03 528 6543.

Poisonings

As we approach the cooler months, we often see an increase in pets being accidentally poisoned.

Brenda Halliwell, T & C Vet

Rat bait

When the weather is cooler and wetter, rats and mice start migrating into buildings to seek warmth and store winter food. Many people will lay poisonous baits and unfortunately dogs (and sometimes cats) will eat them if they find them. Often dogs are poisoned when the rat bait box falls off a shelf in the garage. We urge you to **use a proper bait station** which is pet-proof and **secure the storage area.**

Most rat baits act by stopping blood from clotting, so the animal bleeds internally. Symptoms vary depending on where bleeding is occurring but they will always become lethargic and their gums will be pale or white – this may take several days. If you suspect your pet has eaten bait, it is important to bring them in ASAP to induce vomiting and/or start treatment with an antidote.

It is interesting to note that poisoning from eating rats and mice that have been poisoned is unusual as a large number have to be eaten to cause illness compared with direct ingestion of poison.



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Moutere Volunteer Fire Brigade
Callouts for the month of April 2022

- 7/4 Uncontrolled burn off, Permin Road
- 10/4 Smoke coming from car, Redwood Valley
- 17/4 Aircraft in estuary, Mapua
- 17/4 Vegetation fire, Sunrise valley
- 21/4 Alarm activation, Upper Moutere School
- 25/4 Vegetation fire, Dovedale

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The Moutere Trapping Project

The Moutere Trapping Project has secured some funding from the Sarau Community Trust and is exploring options to work with land owners, the TDC, Tasman Environmental Trust the Landcare Trust, and the Kina Birdsong Group towards making our district predator free.

This is a spin-off of the Moutere Catchment Group which is working hard to restore wetlands and native

plantings throughout the Moutere Hills area.

We are seeking folk who would like to volunteer to establish and/or check traps in the district on a regular basis. There will be training provided where needed, and depending on the number of volunteers, we anticipate that this would occupy perhaps half a day a fortnight...or a month.



We are also looking for volunteers who have workshops, and would enjoy constructing wooden traps, appropriate to the needs of the district. Prototypes would be available.

If either of these sounds like you, and you would like to become involved in this project please email: jennyleith@gmail.com urgently! We need you.... ☘



Early Childhood Education & Care

Cleaner Position

Upper Moutere Country Kids are looking for a cleaner to make our centre sparkle.

Are you passionate, knowledgeable, and superb at cleaning? We have a permanent cleaning position available. 12 hours per week. Experience and training an advantage but not essential.

If this sounds like you, please send your C.V. to: nickie@countrykids.org.nz or contact Nickie on: **03 543 2819** for further details.

Thank you

Ngā mihi nui mō tō tautoko

A warm thank you to the Grapevine for your 2021 donation. Thanks to you we were able to complete an extended sheltered area beside our gear shed, giving us more space to shelter the growing number of groups on site!

Poipoia te kākano, kia puāwai
Nurture the seed and it will blossom



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Two bio-dynamic workshops: further down the land

Funded by the Ke To Ora Trust, the Steiner School farm hosted its 6th bio-dynamic workshop last Saturday, to help the farm on its way to a sustainable approach to improving and healing the soil on land which had been used as a conventional pear orchard, heavily sprayed with chemicals, fertilizers, and insect repellents. The required paradigm shift to heal the soil and develop something new will take time and conscious effort from the community.

While five compost preparations and cow horns, which had been put together with Su Hoskins at the bio-dynamic workshop last month are now safely resting in the school garden soil over winter to collect what they need from cosmos and soil for the next spring season, the latest workshop provided a closer look at the relatively recent concept of soil conservation: food forests. It was led by Dieter Proebst who has actively lived with this approach on his own property and studied it in different places in the world Dieter is now sharing his knowledge with the next generation.

The workshop consisted of a theoretical introduction to the concept and practices of food forests and how they relate to bio-dynamic as well as permaculture principles.

In the afternoon the group moved on to the Riverside Community and met with John Clark. He gave us a tour through the food forest he established himself a few years ago to give us a clear picture of the processes he applied and the kinds of plants he used for his food forest, ranging from fruit and nut trees, tree lucerne, acacias

and elderberries all of which were pruned regularly, sometime drastically, with the cuttings being used as mulch material. Nothing had gone to waste. The trees were providing a cover for smaller plants like a variety of berries but also shrubs, be that native or introduced plants. These plants then gave protection for perennial, as well as seasonal vegetables which densely covered the ground. The whole food forest was used as a catchment for water flow, which had in the past regularly overflowed the whole area, causing erosion and damage. A long swathe had been dug to interrupt the flow of water and served as the bed for plants of different heights to grow together. Now the water flow was used by the plants as they needed it and did not overflow anymore.

The participants of the workshop were all impressed by the presence of the natural plants (even ones often considered to be weeds) which were companion plants, with the gardener helping to manage the growth in a way to always keep enough material for compost around the plants. Birds, worms, and other animal life were attracted to living in this environment, helping to keep the soil versatile and changing with the weather and adapting to seasonal changes.

The food forest approach left the participants with food for thought and there were suggestions of perhaps starting a group to grow their own food forests. Mutual support could be given and investments for some necessary tools, like a digger or chipper could be shared. It would also be beneficial to exchange experiences and learn together to observe the land



and learn to understand what soil and plants are telling of their needs.

Our human approach to the land stems from our widespread belief to consider land only as an economic commodity, which we can use for our own purposes, regardless of the damage this abuse has left nature to struggle with. We are losing touch with nature while living the way we are in our modern life. We need to reconnect with nature, learn together and from each other.

Growing a food forest could be a way to reconnect. People interested in such a group, please contact Edith, edithbulle@gmail.com.

Edith Bulle

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MOUTERE HILLS COMMUNITY CENTRE



From the MHCC Board

As many of you know, we recently sent out an email survey to all members for whom we had an email address. It went out to just over 300 members and of that we got 104 excellent responses. All of those respondents also went into the draw to win a weekend away at the Greenhough bach in Okiwi Bay. The lucky winner was Daniel Schwarzenbach. Thanks to everyone who completed this. Since then the Board has been meeting to discuss the future direction of Moutere Hills Community Centre and has developed a new strategic plan. The feedback provided in the survey was used as a cornerstone for this Plan. This is now available to view by visiting the centre website www.mouterehills.org.nz.

If you want to see the survey results, these can be viewed on our website.

Finally, if you did not receive a survey but would still like to complete one then please email enquiries@mouterehills.org.nz (but sorry the weekend away has already been won).

Tim Greenhough, MHCC Board Chair

Spotlight on MHCC Activity Providers...

We are very fortunate to have many wonderful individuals running a wide range of recreation activities here at MHCC. Why not give them your support and try something new this June!

Kids Gymnastics with Fusion Dance Sport Mondays/ Tuesdays 2:30pm onwards

Children will build confidence, improve focus and concentration, develop social skills and benefit their overall physical and mental wellbeing. We like to have heaps of fun and include elements of gymnastics, dance, rhythmic gymnastics and acrobatics!

Guitar with Brett Mondays/ Tuesdays 3:00pm onwards

Offering tuition to all abilities, from beginner to advanced for guitar, bass, ukulele and songwriting!



Dru Yoga with Kris Mondays 6:00pm, Wednesdays/ Fridays 10:00am

Kris loves to make people smile and have a good laugh! Classes are suitable for all abilities and focuses on allowing participants to be themselves and have fun while doing it! Bring happiness, joy, harmony and peace to your life with this soft, flowing style of yoga.

Energise Fitness with Cindus Tuesdays/ Thursdays 5:30am

Full body muscle strengthening and cardio conditioning workout in a fun and supportive team environment. Suitable for all fitness levels. What a great way to get energized for your day ahead!

Powerhooping Wednesdays 8:45am

Join certified instructor Sara to strengthen your core, trim your waist and hips. Enjoying a full body workout that is the most fun way to get fit! Trim, flatten, strengthen and slim with the power of Powerhooping!



Kids Prodigy Dance Wednesdays/ Thursdays 2:15pm onwards

Children will experience a variety of dance genre's in a fun and encouraging environment under the positive direction of Amy-Rose.

PICKLEBALL

Pickleball is a simple paddle game played with a baseball sized wiffleball over a tennis type net on a badminton size court! Suitable for all ages and abilities!

Wednesday's 11:00am—12:00pm

\$3 per person, equipment can be provided!

RE-ACTIVATE

Wednesday's 10:00am—10:45am

Free for fitness centre members, \$5 with concession card or \$7 casual.

Classes change each week and include a range of cardio and resistance exercises. Suitable for all ages and abilities, especially those starting their exercise journey!

Bookings essential- Book online

Movement & Music

Come along and join Debbie for a fun and interactive session with your toddler/pre-schooler.

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Our latest news & adventures

Wellbeing Resources & Activities Free on our website

We have recently published new resources that were developed for rangatahi, by rangatahi to support wellbeing through a connection with nature. The videos feature graduates of the Manaaki Tāpoi programme, who volunteered their time to collaborate and film the videos thanks to funding from **Ministry of Health - Manatū Hauora**. We were so impressed with their confidence, support and aroha for this kaupapa. Our team provided expertise in nature connection, tikanga māori and psychology to help create videos that show how a connection to nature can help with your everyday hauora/wellbeing. To view all the videos and supporting activities head to www.whenuaiti.org.nz/wellbeing-activities/

Thanks to the UMO Fire Brigade for inspiring our students!

Our students are super lucky to learn from our volunteer fire fighting unit as part of their Uniformed Services Programme. The programme provides an opportunity to earn NCEA credits through practical experiences outside the classroom and build essential skills in demand by employers such as teamwork, leadership and confidence. The 'Fire Week' of the programme is always a highlight for our students. Thanks to the awesome volunteers for helping to inspire our students!

NCEA Secondary Programmes - mid-year enrolment is open

If taking learning outside the classroom appeals to you, then it might be time to look at our Trades Academy Programmes for mid-year - we are running Adventure Tourism Leadership (L2 & L3), Manaaki Tāpoi (L3), Uniformed Services (L2) and Civil Defence Emergency Management (L3) - all programmes are FREE to students enrolled at our local high schools and provide transferable skills for future study and the workplace. To find out more head to www.wio.org.nz or chat to your Trades Academy coordinator at school.

Upcoming Holiday Programmes

It's not too early to enrol in our holiday programmes! They always fill up fast. This July we are running **Go Wild** for 7-10yr olds - a week of mini-adventures that will take tamariki to outdoor spots for some winter wonder in nature. Our summer holiday programme dates are also up on our website. Book early via our website!

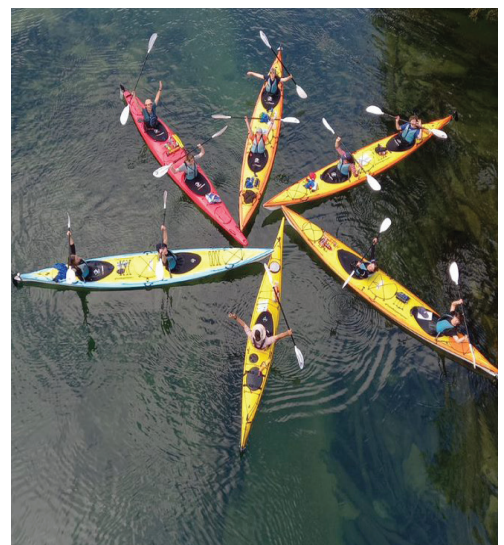
Thanks to the Sarau Trust for their support

We are loving the new Kelvin-built shelter that was funded by the Sarau Trust. It's been perfect for outdoor hui, sorting gear in the rain & as an extra learning space. Ngā mihi maioha for your ongoing support of what we do.

The Team at Whenua Iti.



A still of Kovei, who helped create videos to support youth wellbeing through nature connection.



Students sea kayaking on an Adventure Tourism Leadership Programme in the Abel Tasman.

We'll see you out there!

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News from Mapua Bowls Club

THE WRITE BIAS

The bowling season closed with a bang! Not only was there a mini tournament on Saturday 30th April but there was also the presentation of the Club Championship awards, a lovely afternoon tea and a presentation about the forthcoming green renovation. No-one wants to stop bowling for the winter but it was a most enjoyable last day for everyone and meeting during the closed season for Friday evening socials is something to look forward to.

Every year a club member is nominated to receive the Member's Trophy for their outstanding contribution during the season. This time around two people were chosen to receive this award, both very worthy winners for all that they have done to ensure the smooth running of the Club. Congratulations to Murray Blanchet and Denzil Stevenson.

Thanks to the Sprig & Fern the Club has two more quiz nights scheduled, the first on Wednesday 6th July and a second one during August. The Club always needs funds but right now the people of Ukraine need help even more than we do. Some of the proceeds from the quiz nights will be given to a worthy cause in Ukraine and this will be followed up by a big fundraiser at the Club during August. If anyone is interested to know more about our plans for helping Ukraine please contact me, Sue, at slad2as3@xtra.co.nz

Māpua Bowling Club will be 95 years old on July 27th. This birthday will be celebrated with a lunch for all members on Sunday 24th July in the Clubhouse. Who doesn't enjoy a party?! For any information about bowling, coaching, indoor winter socials or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

Sue England

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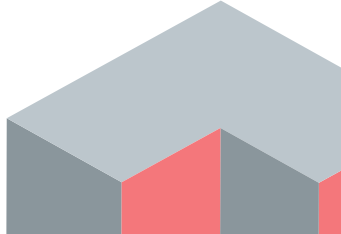
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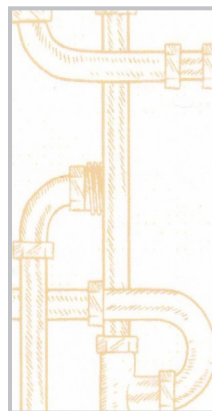
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June 2022

Well it's officially Winter...and this is always an appropriate time to reflect on the Summer that was, which for many businesses was a testing time indeed. From staff shortages, reduced visitors/patrons and the ongoing disruptions to all supply chains, we have been thinking of you all and know just how tough it is out there.

The economic indicators would suggest that some further trying times still lie ahead for business owners, further reinforcing the very tangible benefits of B2B networking and belonging to local business associations.

Business associations can provide many levels of support to both business and local communities, from networking events to sharing experiences with like minded business owners and managers. Don't be shy, come to our next MDBA function (which happens to be our annual AGM on Wednesday 22 June at Rimu Wine Bar) and see how you can benefit, and consider sharing your skills with others for everyone to benefit and grow.

We look forward to seeing you at the AGM.
Richard Aitken, Chair MDBA

MDBA ANNUAL GENERAL MEETING 2022

WEDNESDAY 22 JUNE, 2022 | 7pm RIMU WINE BAR, MAPUA WHARF

It's that time of year again, we have locked in the date for our AGM.

We are excited to have Mayor Tim King as our guest speaker this year. RSVP is a must, email Kirsten on mdba@mapua.co.nz to register to secure your spot.

The AGM will follow promptly to update you all on the year that was in the Chair's report, finances and the current budget. We are looking to onboard a secretary and two new committee members. If you are keen to be a part of the MDBA committee please submit your interest to Kirsten prior to the AGM via mdba@mapua.co.nz or on the night.

RSVP by Monday 20 June, mdba@mapua.co.nz



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N.Z. Citizenship

Opinion piece by Ann Ross

It is with joy and hope that I am celebrating becoming a Kiwi as I have been granted NZ citizenship recently. I've always felt special thankfulness at events where we would stand and sing the New Zealand National Anthem.

At a luncheon we had at a local winery, to celebrate, I asked everyone at the table to sing it together. Some of the "oldies" (like myself) didn't know all the words, and were surprised at those who were able to sing the Te Reo Maori version as well.

My latest quest as a Kiwi is to learn the words in Te Reo, at least the first verse. I think since we are a bilingual nation I would like to learn more words and phrases that I can use to spice things up.

We all know "kia ora", but my favourite phrase that I recently learned is "ma te wa" which means "see you soon".

I read in the local paper that NMIT is considering having a free lunchtime course for folks like me. If you would like to submit an expression of interest as well, go to <https://www.nmit.ac.nz/news/a-good-time-to-learn-te-reo>.

What I didn't know was that there are several verses of the Anthem in English, which I would like to share with you all here:

1. God of nations at thy feet,
In the bonds of love we meet,
Hear our voices, we entreat,
God defend our free land.
Guard Pacific's triple star,
From the shafts of strife and war,
Make her praises heard afar,
God defend New Zealand.

2. Men of every creed and race,
Gather here before Thy face,
Asking Thee to bless this place,
God defend our free land.
From dissension, envy, hate,
And corruption guard our state,
Make our country good and great,
God defend New Zealand.

3. Peace, not war, shall be our boast,
But, should foes assail our coast,
Make us then a mighty host,
God defend our free land.
Lord of battles in Thy might,
Put our enemies to flight,
Let our cause be just and right,
God defend New Zealand.

4. Let our love for Thee increase,
May Thy blessings never cease,
Give us plenty, give us peace,
God defend our free land.
From dishonour and from shame,
Guard our country's spotless name,
Crown her with immortal fame,
God defend New Zealand.

5. May our mountains ever be
Freedom's ramparts on the sea,
Make us faithful unto Thee,
God defend our free land.
Guide her in the nation's van,
Preaching love and truth to man,
Working out Thy glorious plan,
God defend New Zealand.

~Let it be.

On a completely different note: We really enjoyed the tiki-tour of the Moutere Artisans on their open day. My personal favorites were the piggies at the Sausage Press, the Neudorf mushrooms on display, and the sacks of hazelnuts shaped like a sofa chair at Neudorf Black. Geoff & I both loved sampling the cheese up at Thorvald, and the raclette from the darling caravan/cheesecake couple there. A 1/2 glass of wine at Neudorf in the Autumn sunshine was magical.



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