

The Grapevine

MOUTERE HILLS COMMUNITY NEWS

MARCH 2022

Inside this issue:

- 2 Grapevine Information
- 5 No Sarau Festival
- 7 Just one thing -Slow Fashion
- 9 Permaculture Training
- Moutere Fire Brigade callouts
- 11 Moutere Hills
- Community Centre
- 13 Vet Helpline
- 15 Whenua Iti
- Upper Moutere Playgroups
- 17 Mapua Bowls
- 19 MDBA Update
- 21 Horoscopes
- 22 Trades & Professional LIST

Special points of interest:

We no longer offer full-page adverts, but now offer 1/16 page (half business card), as well as more varied sizes as used by newspapers. See pg. 2 for our updated sizes and price chart.

Thank you for reading the Grapevine and for supporting the advertisers.

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Not enough Natives!

Natives – we just can't get enough of them it seems! With restoration, reforestation and revegetation all catchwords in the race to slow climate change, keeping up with demand for plants is a real challenge.

Rising to this challenge in our area are John Stanley and his business partner Anne Karschunke. Both passionate about reforestation, they have recently established a native plant nursery on John's & Ana's property in Upper Moutere, where they are growing a variety of natives; kanuka, manuka, akeake, cabbage trees and flaxes etc, to help bridge the gap between supply and demand.

John and Anne met while studying Horticulture at NMIT in 2020. Becoming aware of the big demand for native plants set them thinking and over 12 months a business plan evolved – John & Ana's property providing the perfect starting point, and their combined skills (along with some trial and error) saw the establishment of the Moutere Plant Nursery (<https://moutereplantnursery.co.nz>) in October 2021.

It's a complete career change and a role reversal for John. Although UK born, he has spent many years as a development manager in Western and Southern Africa, the Caribbean

cont. pg3

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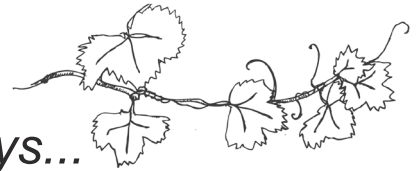
We warmly welcome contributions to The Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read! There is no cost for having your articles published if you are telling the community about a fundraising venture. However we do appreciate a donation from commercial ventures to help us cover our printing costs—see email address above to get bank details.

Archived coloured copies of the Grapevine are available at www.mouterehills.org.nz/community/the-grapevine courtesy of the Moutere Hills Community Centre Staff. Grapevine circulation is 1400 copies. This issue has been constructed by volunteers: Rachel Field, Edith Bulle, Beverly Sellers, Jenny Leith, Sharon Beuke, Bessie Adie, Kirsty Vanderwerff and Miriam Lynch.

Disclaimer

Views expressed in articles in The Grapevine are not necessarily those of The Grapevine team or its editor. While every effort has been made to ensure the accuracy of the information included in this publication, The Grapevine takes no responsibility for errors or omissions or for any consequences of reliance on this information. All adverts are required to present a name or contact details so that people can respond directly should they have any queries or concerns. Publication of advertising material implies no endorsement of either a product or a service.

Grapevine Says...



Thank you to everyone who has so far supported our move to downsize The Grapevine by reducing their advertisement sizes. We know that the weight of transporting 1400 newsletters and the reduction of paper and ink is a step in the right direction.

But – we still want to include lots of local articles to keep up the variety. Please send us your stories about tramps, gardens, bike rides, books, crafts, community groups and local issues.

We're also planning on creating a **Community Noticeboard** page, if you have any club or group notices 25 words or less, please email them to us to include for FREE.

If you read our article last year about the Sheperdess magazine you may enjoy listening to an RNZ interview with the founder Kristy McGregor from 2.25pm on 16 February. What an inspiring young rural woman!

To contact us, email: umograpevine@protonmail.com



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and the Pacific. He and his wife Ana, who is from the Dominican Republic, were living in Samoa when they first visited New Zealand – it was a sort of pilgrimage, as coming here had been his father's dream. Although his father never managed to make it. John and Ana, who have four children, continued to visit every year between 2011 and 2016. They purchased their 2.5-hectare Upper Moutere property in 2014, rented it for a couple of years before moving here in 2017. Now Ana, who trained as a medical doctor in her homeland, goes out to work at Nayland College assisting refugees, while John, works part time helping to run the NMIT Horticulture course, and tends to the nursery.

Anne was born in East Germany but left for Switzerland when the Berlin Wall came down and grew up there.

She had been travelling the world for eighteen months when she fell in love with New Zealand - and a man - and stayed. She and her partner Ben are keen outdoors people – caving, climbing, mountaineering. She currently works part time for another nursery in the area, but both she and John hope that little by little their nursery will grow and become a full-time occupation.

John and Anne are grateful for the tips, tricks and support they have had from other growers in the area, who readily acknowledge the difficulty in keeping up with demand for plants, and also for the support from their respective partners. So far, all of their seeds have been sourced locally, and they recycle pots and root trainers as much as possible. They've received their first big order from a wholesaler and are ex-

cited about the future of the nursery. They say it will always be a small local company that is more of a passion or a calling than a huge money-making venture.

Their goal is to be able to grow 'on demand' and perhaps supply other horticultural products, and always have the satisfaction of knowing they are helping to combat climate change, as John says – "Planting trees won't stop it but it will slow it down and buy us more time".

**The Moutere Plant Nursery has been recognised as a supplier of quality native plants by "Trees that Count". Trees that Count has a link on their website: www.treesthatcount.co.nz/resources/where-can-i-buy-trees/*

Jane Duncan Shades of Feminine



Opening Night - Wed. March 2nd 5:30 - 7:30
Exhibition runs from Mar 2nd - Mar 20th

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No Sarau Festival

With no Sarau Festival to work towards this summer... The Grapevine Team asked some of the former long-term Sarau Festival volunteers: What was the favourite thing that you did during summer?

Mike: "I took my grandsons to the Busch Reserve in Aniseed Valley (Roding river) on a lovely hot summer Monday. Few people there and we swam and jumped off the rocks and cooked up some Sizzlers on the Kovea

for lunch and we had a good bonding fun time!"

Jean: "Explored Muzzle High Country Station, and visited the Chatham Islands".

Andy: "My favourite memory of the Summer was an impromptu picnic lunch with the family at Split Apple Rock which turned into an afternoon adventure of coasteering and exploring the high tide coastline. Finished off with a real fruit ice-cream and watermelon on the way home- pretty classic summer day really. :)"

Sharon: "Five blissful days at Wainui Bay (in Golden Bay)"

Jenny: "At first it felt like a bit of hole in my January, but each day filled up with plenty to do – some with family swimming and beach time, and sometimes just playing tennis with friends.

Our summer was also filled with relief at our UK children and grandchildren returning to Aotearoa to live – yeah!"

Jeanette: "Went horse riding on Icelandic horses up the Clarence Valley. Hadn't ridden for 45 years, but it all came back. And then... with my te reo group went out with Waka Abel Tasman. These were both fabulous fun and I highly recommend joining one of the memorable trips out of Kaiteiteri".

Leigh & Jenny: "Entertaining a string of rellies who came to holiday in one of the best places in Aotearoa. Now we need a holiday!"

Geaneen: "Fav thing has been eating strawberry ice-cream and having our own mini festival with friends from Auck and Welly"

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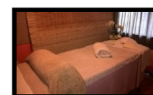
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*With the apparel industry accounting for 10% of global carbon emissions, 'Slow Fashion' could be **just one thing** that you could easily choose to achieve.*

Whether it's repairing and sewing garments at home from stashes of fabric waiting to be used, secondhand shopping, clothes swapping or buying local-ethical-sustainable... With this in mind...

A friend recently inspired me with her sons favourite pants (trousers). They were so well loved, and even though

they had approximately 58 patches and stitches; they remained his personality-filled favourite pair of pants.

Two days later, I pulled out my own (3rd) favourite pair of patchwork pants from the bottom of the repair pile, and began re-patching, adding a third, major, patch. Here they are... (there's another patch on my other knee, that makes three). Because I love them, and their 'bones' are good, I'm going to commit myself to repairing them patch upon patch, until they

resemble something else. Caring less about what others think, and more about our planet's well being, I will wear my patchwork clothing feeling like an eco warrior (have to imagine a kung-fu move because I can't actually do one). So long as it doesn't look as though I sat on a piece of fabric (my sister's comment on my last repair job), I'm happy.

Bessie Adie

What are your low waste living hacks/ ideas / stories / questions? Email us...



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Permaculture Training

-Further Developments

The third workshop on bio-dynamic principles has just been conducted at the Steiner Farm School by Dieter Probst for the wider community around the topic of how to plan for a permaculture gardening landscape. Aside from an introductory lecture, this workshop included a group exercise using the layout of the land and transforming that into a sand model. Considerations such as the directions in space, the wind and water flow and length of exposure to sun light, shading from trees or shrubs and principles of companion planting of vegetables were discussed and incorporated into the sand image, and gradually a model landscape emerged which could be used as a guideline for further planning and actual garden planting. The participants of the workshop left with food for thought for their own orchards and gardens.



During the summer holidays four permaculture gardens were sown in a little nursery on the Steiner school farm. The principles of companion planting and crop rotation were considered, so

that there were a group of root vegetables like carrots and beetroots, a group of different legumes, lettuces and silver beet, seed vegetables like peas, different beans, corn and pumpkins and flowers like calendula and sunflowers were sown in pots and watered every day over the summer. Following the moon calendar the seedlings were then planted in four different gardens, connected with a kindergarten, two youth centres and a farm. Care of the new gardens will be accompanied by the Puāwai Cooperative, who is combining permaculture gardening with social work in the community.

Edith Bulle

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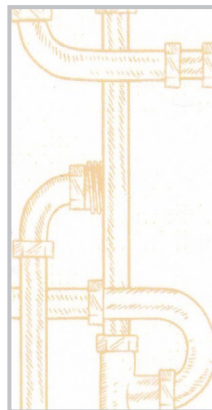
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MOUTERE HILLS COMMUNITY CENTRE



Dear Community

It has been great to see so many people attending activity groups, exercises classes, social sports and using the Fitness Centre. The increased number of community members supporting these initiatives is pleasing. We have been facing challenges under the red level of the traffic light system as many commercial bookings and events have all been cancelled. But these challenges have provided the staff with opportunities to look at other ways for the centre to be used. The first of these initiatives is the introduction of 'hot desks' as advertised below. We are also in the planning stages for the winter sports season, with Rangers Rugby registrations taking place on Sunday 19 March. If there are any community members that would be interested in organizing or coaching any winter sports teams, across various codes, then please let us know.

Kind Regards Katrina, Adele, Keith, Cindus

Hot Desks Available

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Vet Helpline

The warm, very wet weather in early February has the potential to make our regular seasonal farm health issues appear earlier and possibly worse than usual. Although by the time this is printed, things may have all dried out again!

Facial eczema

Facial eczema is caused by a fungal toxin in grass. Fungal spores thrive in nice warm layer of dead grass and litter. Rain and warm weather rapidly results in fresh new growth underneath this layer and animals are exposed to facial eczema spores when they forage for new grass. Facial eczema is not just a skin disease – there can also be liver damage and consequent ill-health/poor production. Animals can show no signs at the time of eating affected grass then die from liver failure several months later. There is no specific treatment for facial eczema so remember to prevent disease with zinc supplements or at least do grass spore counts through autumn until the end of May (so you can avoid using dangerous paddocks). Bring a bread bag sized sample of grass into the clinic for spore counts and we can tell you what's happening on your property.

Ryegrass staggers

The fungal toxin that causes Ryegrass Staggers lives in the base of grass down near the soil. And when fresh new juicy growth happens after rain,

this is exactly where animals head to graze. The symptoms are tremors, jerky movements and staggering. It affects cows, sheep, deer and horses, and alpaca are particularly susceptible. Affected animals are in danger of accidents such as getting caught in fences or falling into streams. They may also eat less and not drink enough. There is no specific antidote – the main treatment is getting affected animals off the ryegrass pasture and onto some other type of feed or safe ryegrass.

There are many other causes of staggering, tremors and abnormal behavior – if you are not sure, it is best to get the vet out – sooner rather than later!

Barber's Pole worm (*Haemonchus contortus*)

Barber's Pole is a roundworm that sucks blood from the gut lining and causes blood loss, not scouring – what you will see is ill-thrift, lethargy and deaths.

It can seem to strike without warning, mostly in late summer and autumn, and usually after a spell of hot dry weather followed by some moisture. Sometimes a few heavy dews are enough to set off an 'outbreak' and irrigating paddocks will also have an effect.

Drenching is important but we don't want to use drenches unnecessarily – so what can you do?

- A faecal egg count (FEC) of lambs, even while still on their mum,



can be a guide.

- If you are handling lambs, look for paleness of gums and eye membranes and/or 'bottle jaw'.
 - If you do have lamb death/s, a post mortem is useful for identifying Barber's Pole worm in the gut.
 - If you carried more lambs into winter than normal last season, contamination could be higher.
 - Other things to consider include drenching history of hoggets and ewes over the last year, grazing history, feed levels and presence of wild goats.
- Drench options for *Haemonchus* have become more limited recently. Currently we recommend anything containing moxidectin or Matrix can be given at 3-week intervals. The Meat Withholding Period on long-acting moxidectin is more than 100 days so this needs to be taken into account if lambs are sent away. Phone us at the clinic if you would like information specific to your situation.

Brenda Halliwell
Town and Country Vet



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Our latest news & adventures

Day Programmes a welcome experience outside the classroom

Operating under the red light Covid setting is pretty challenging right now, especially for schools and their tamariki! While teachers are doing an amazing job of adapting their classrooms, we are also seeing a surge in day programmes at Whenua Iti as a great way to get outside of the classroom, connect to nature, build teamwork skills and give children a confidence boost (as well as break from mask-wearing!). Please get in touch if you're keen so we can secure a date - bookings@wio.org.nz

Fun at Lake Rotoiti with Garin College...

Our instructors have enjoyed working with Garin College students this week in the Nelson Lakes National Park as part of their school camp. The students took on a variety of fun challenges and adapted to changes imposed by the weather - it's a great way to build resilience and learn that things don't always go to plan. It's a real privilege to work with each year group from Garin College and have students return to build on their skills each year - awesome to be part of!

Building a connection to the outdoors for the Muslim Community

It was a joy to take members of the Nelson Whakatū Muslim Community into the Abel Tasman for an overnight camping experience. We have been working with the community to build their skills & confidence through creating experiences that allow them to access the outdoors in a safe and supportive environment. We have all been learning a lot from one another with more adventures being planned! Ngā mihi nui to funding from the **Ministry for Ethnic Communities**.

The Team at Whenua Iti.



Having fun hanging off the tower as part of our Go Wild Holiday Programme for 7-10yrs

We'll see you out there!

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News from Mapua Bowls Club

THE WRITE BIAS

Early February started to feel like autumn rather than the tail end of summer. Cooler temperatures, wind, rain by the bucket load and tropical cyclone Dovi. Not what everyone wanted though the parched gardens were saying thank you and there was an easing of water restrictions. The green at Māpua Bowling Club could have stood in for a local swimming pool; good for the green, not good for the bowling programme.

The second proposed "Have a Go Day" on Waitangi Day had to be abandoned and the tournament planned for Monday 14th February rescheduled for the 28th. This latter is a very popular event offering a full roast dinner to complement some competitive bowling sponsored by the Car Company so hopefully the sun will shine for the revised plan.

A local competition between Māpua and Riwaka, two country clubs, was able to go ahead as planned on Sunday 23rd January. This is a reinstated tournament, previously contested between Māpua and Ngatimoti, with the coveted Rose Bowl at stake. The second round will be played early in March to decide which club will get its name inscribed on the trophy.

As we draw towards the end of the bowling season winners of the various Club championships will go forward to play in the Champ of Champs events organised by Nelson Centre. Our bowlers will play against the winners from all the other clubs in our area and we wish them the best of luck.

For any information about bowling, coaching or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

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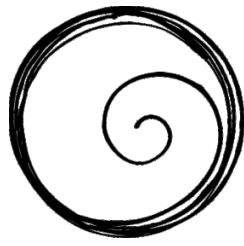
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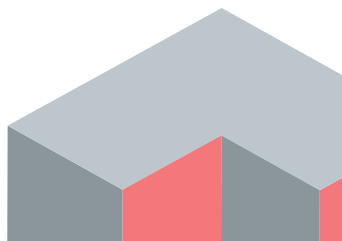


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March 2022

March already, how are you doing? We would love to hear from you on any concerns or if you need any local business information to make your life easier, email Kirsten mdba@mapua.co.nz. The committee are here to help, however they can.

NEW MAPS ARE OUT & ABOUT

We are super excited to have the new FREE Local Map out in the region. If you have a business and would like to have some on your counter email Kirsten mdba@mapua.co.nz and she will organise delivery to you.

MDBA Survey 2022

Just a reminder to check your inbox and reply to our 2022 member survey. We need to hear from you regarding what you would like to see from us in the coming year. What sort of networking events and what workshop topics and how you would like these presented. Also, what we could be doing better to serve you. It only takes a few minutes. Thank you.



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MEMBER BUSINESS UPDATE



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(Tip of the Year: Book your jobs well in advance due to nationwide supplier shortage and builder demand).

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*... if my people who are called by my name,
humble themselves, and pray and seek my face and
turn from their wicked ways, then I will hear from
heaven and will forgive their sin and heal their
land.*

(2 Chronicles 7:13-14)

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Capricorn Dec. 22-Jan. 21 Earth • Cardinal • Saturn "The Goat"	Taurus Apr. 22-May 21 Earth • Fixed • Venus "The Bull"	Virgo Aug. 22-Sep. 21 Earth • Mutable • Mercury "The Virgin"
Something black and white looms in your future. Either you are being invited to a formal dinner event or pulled over for a moving traffic violation. Either way, shine up your most debonair smile and practise batting your eyelashes.	Believe it or not, other people actually appreciate you—even if they love you for all the wrong reasons. Perhaps you are easy to take advantage of because your life is a constant train wreck, but whatever the reason, embrace it! Be yourself and revel in your ill-gotten love!	Resist the urge to drape yourself in a colourful scarf and parade around the village in acid washed jeans. You think you are trying on the hipster look; everyone else thinks you are just homeless.
Aquarius Jan. 22-Feb. 21 Air • Fixed • Uranus "The Water Bearer"	Gemini May 22-Jun. 21 Air • Mutable • Mercury "The Twins"	Libra Sep. 22-Oct. 21 Air • Cardinal • Venus "The Scales"
Once again your complete inability to regulate your emotions, paired with an explosive temper, will certainly lead to a humiliating encounter. Just this once, could you please try to not act on impulse? I am embarrassed for you.	If you are feeling especially picked on today, it is no coincidence. Your friends and colleagues have bets out on who can make you cry first. I have \$50 on you, so you better stay strong, champ!	Your heart is all aflutter with an exciting new romantic prospect—one that would be best left as a prospect, actually. Once you get your would-be lover home and out of the package, you will find yourself wishing you had spent a bit more time shopping around.
Pisces Feb. 22-Mar. 21 Water • Mutable • Neptune "The Fish"	Cancer Jun. 22-Jul. 21 Water • Cardinal • The Moon "The Crab"	Scorpio Oct. 22-Nov. 21 Water • Fixed • Pluto "The Scorpion"
If you are not getting the attention you feel your deserve, then you will just whine louder. Your friends can only take so much bellyaching though, leaving you with only those pathetic few who see you as a kindred spirit. Hang up the pity party dress and stop dancing.	You can't have it both ways, Cancer. You want intelligence and eye-candy all rolled into one convenient person, but that is just not going to happen, at least for you. So the choice is yours: smart and ugly or dumb and gorgeous?	The myriad of failures of your past plague you even now. You would think that after all this time, you would finally be over it. It is high time to clean up all of that emotional baggage you have been carting around before it gets as bloated as your ego.
Aries Mar. 22-Apr. 21 Fire • Cardinal • Mars "The Ram"	Leo Jul. 22-Aug. 21 Fire • Fixed • The Sun "The Lion"	Sagittarius Nov. 22-Dec. 21 Fire • Mutable • Jupiter "The Archer"
You have more issues than a Monday morning newsstand, but lately romantic problems seem to dominate your emotional landscape. There is no use fretting: either tomorrow will be better, or it will be worse. Probably the latter.	Stop your relentless pursuit of perfection. Nothing about you even remotely says "role model." Instead embrace a new direction, become a complete &##%-%-up. It's an easier goal to achieve and much more suited to you.	The truth is that you are an irritating, irresponsible emotional vampire, but you must come to terms with this depressing fact all on your own. Have you ever wondered why you have no friends? Never get phone calls or texts? Dig deep now, Sagittarius. For you, that's about half a centimetre.

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