

The Grapevine

MOUTERE HILLS COMMUNITY NEWS

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WHO DELIVERS YOUR GRAPEVINE?



From 6am each weekday morning the Rural Delivery team are hard at work sorting your mail from mine. Behind a high hedge adjacent to Heines' Cartage and Contractors near Upper Moutere Village the RD1 & RD2 deliverers receive the mail, packages and freight from the couriers for delivery out to boxholders in the wider Moutere Hills area.

Jan Heine began delivering mail for the previous RD2 contractor and when he retired, she took on the contract – that was 33 years ago. Back then they sorted the mail at 'The Old Post Office', moved for a while to a shed on Neudorf Road, and then back to 'The Old Post Office' before moving to the current purpose-built facility. In her time on the road not only have the number of parcels increased hugely (think on-line shopping), but the number of boxholders on her run has doubled.

Jan and Wayne's daughter Shara Higgins has been working with her Mum for the last couple of years, though she began helping with Saturday deliveries more than 20 years ago. What does she like about her job? 'Being outside, the fresh air, seeing a variety of people, getting out and about in the area she grew up in.' She says she is never bored, and every day brings something new. They watch out for changes – broken road signs, accidents, abandoned vehicles, keeping an eye on some of the 'oldies' in the district, and during lockdown they were known to add the odd bottle of milk or loaf of bread to their deliveries.

What is not so much fun is that this is a 6 day a week job with only Christmas Day and Easter Friday off now that their contract requires them to deliver the Nelson Mail and the Press. They sometimes get a fright on the road with scary drivers, get a bit grumpy when cyclists forget to leave them room to overtake safely, or folk who put their recycling bins too close to the letterbox but on the whole they love their jobs. But these are minor irritations!

This close mother and daughter team also share off work interests – there are Shara's children of course, and they both (along with their husbands) have a long-term interest in Speedway. Jan began lap-scoring as a 7 year old, and Shara is now on the National Promotions Team and a Life Member of Nelson Speedway. Jan's husband Wayne was a senior national referee, and Shara's husband Brendan is a former national superstock champion, now in the Hall of Fame. Shara plays netball and Jan is into genealogy and gardening...when she is not following and supporting the Giants Basketball Team.

Both know the district and its inhabitants well and especially love the wonderful mountain and sea views they encounter every day. They are supportive of local activities (and the Grapevine), volunteering time for Sarau Festival and other local events. Give them a cheery wave as they go by and don't forget to say thank you from time to time with a block of chocolate or a bag of fresh fruit!



PLACING AN ADVERTISEMENT

Thank you for advertising in the Grapevine—you help us cover the cost of producing and delivering this free community newsletter each month.

The deadline for each issue is the 15th of the month.

Please email your print-ready ad (jpg or png preferable) to—umograpevine@hotmail.com. **The following prices apply for advertising:**

- ∞ Births, marriages, deaths and giveaway notices: free
- ∞ Business card size advertisement: \$12
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- ∞ 1/2 page advertisement: \$50
- ∞ Full page advertisement: \$95 (if space available).

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16.

Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs—see above for bank details.

Archived coloured copies of the Grapevine are available at www.mouterehills.org.nz/community/the-grapevine courtesy of the Moutere Hills Community Centre Staff.

Grapevine circulation is 1300 copies. This issue has been constructed by volunteers: Miriam Lynch, Rachel Field, Edith Bulle, Beverly Sellers, Jenny Leith, Sharon Beuke, Saree Dickson and Annabel Duncan.

Disclaimer

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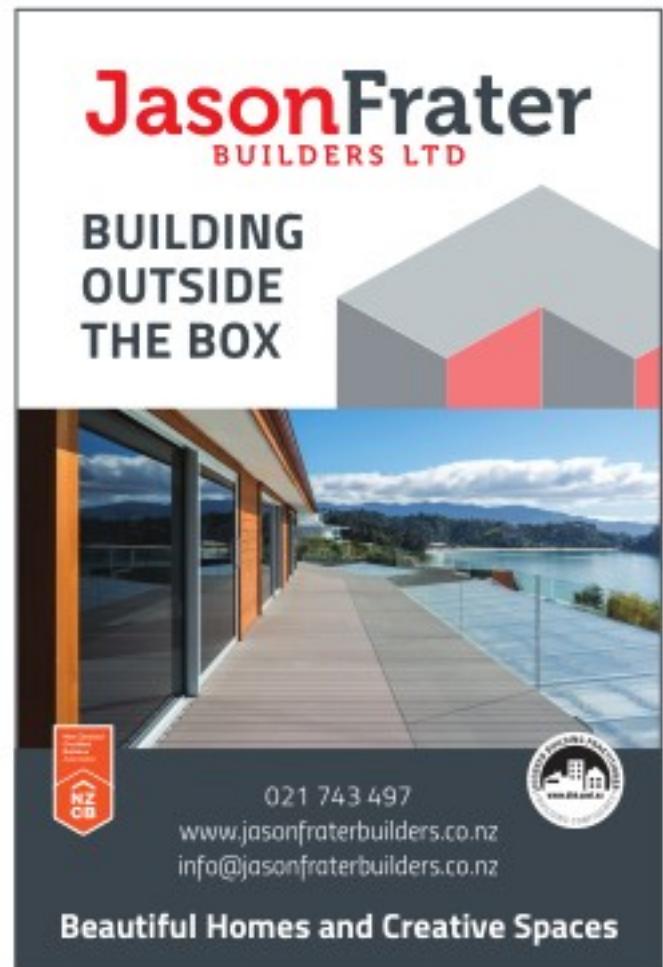


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The Last of the Wild West

It may be that not too many of Randal McMurtry's neighbours know the story behind the sign "Laska Cellars" that hangs at the end of his driveway on Wills Rd....

Here it is, written in Randal's own words:

My wife Jana and I both came from winemaking backgrounds – Jana's father, Vladimir Gasenic brought winemaking skills from Europe and produced potent plum wines, liqueurs and, at the time, frowned upon distillates.

My grandfather, Laurie McMurtry, established Templemore Winery in Richmond in 1930 and was sole operator until his death in 1954. He produced a good deal of sweet apple wine. My father George and Uncle Brian continued. They were hopeless with machinery. Templemore closed, probably the same day their old gear pump refused to prime.

Early 1970s were paradise for fruit winemakers in the Moutere Valley. Unwanted apples were fed by the truckfull to livestock and cost next to nothing. Wild elderberries grew in every neglected corner. Factory grade berries were abundant and inexpensive.

Jana and I started pressing fruit for wine in 1974, initially producing elderberry, plum, boysenberry and apple wine. Neither Jana nor I had access to much capital. Our cellar totalled three 200 litre barrels from Templemore and one 160 litre barrel from Bill Scott, who produced palatable parsnip wine in Upper Moutere. Bill told me as he was 80 years on he'd better cut back, so one barrel was surplus. His barrel caused much amusement. For several years apple wine matured in it had a distinct parsnip flavour.

During persistent drought years barrels were washed in Hano-ver Stream, a dodgy practice risking tadpole flavoured wine. Laska now owned twenty ex bourbon whiskey barrels and washing took some time.

Laska is a Czechoslovakian name and translates more-or-less to love and goodwill.

Our first wine press is on display in the salesroom. Probably made about 1880, it is a basic fruit crusher and hand press with no safety features. This crusher was powered by a long flatbelt (now housed under the press) that was connected to a 1931 John Deere Model A tractor. John Deere was hand cranked by turning the flywheel and was a very tardy starter. However, once running it pop-pop-popped away all day without further issues. Not so, belt and crusher. The belt used to

creep off its pulley in one direction or the other no matter how well set up because as well as pop-pop-popping the tractor used to jiggle. A manuka stick was used to rectify belt issues. When the crusher jammed the belt was flung off, so the manuka stick was also used to unblock a running crusher. Periodically shards of manuka were whipped off, adding distinction to vintages when they landed in the apple pulp below.

All pressing was done without safety guards by young people with typical long hair and loose fitting clothes of the era.

Laska produced popular wines and had to upgrade smartly. By 1980 stainless steel tanks, hydraulic presses along with filtering and bottling plant were in place, remain in place, and can be viewed today as vintage wine industry plant. The cellars off-licence salesroom, still in use, soon became way too small with cars parked all over the lawn. One car parked on the winery's rotten-log covered well. Something had to be done. Jana had had enough and shot the gap. I went ahead and built a much larger wine bar on the western side of the winery.

Then the troubles really began.

Roads were poor quality dusty gravel, the Moutere River had a tricky ford, the premises were deemed too far from the Police Station, etc etc etc. One inspector even had the nerve to call my premises the 'Last of the Wild West'

He had a point.

Tour buses started arriving sometimes two or three daily. Drove of European punters ignored designated bar-b-ques and cooked their smelly old sausages on my well labelled VEGE-TARTIAN hot plate. Australians flung empty Fosters cans in every direction and had the time of their lives. Stem wine glasses seemed to have a thirty minute life span. Bentwood chairs were upended as antlers by out of control locals. A mad-man from Munich put on a fireworks display and set fire to one of the winery's umbrellas. Touchwood jazz band and many others played wonderful music on the nation's smallest band-stand, while astonished serious grape wine tasters fled.

The garden was fenced to keep cars out. This fence had fender wounds along its whole length, I put a plough in one trouble spot. Waste of time. After more expensive sounds of splintering wood the plough was now in the garden surrounded by clouds of radiator steam. It all became too much. In 1996 I leased the lot out to a fruit juice manufacturer. And that was the end of that.

Twenty five years on people still stop me in the street to remind me of things they should not have done when they were at Laska Cellars

From Page 4

Today, the old equipment is still there and still in use, operated by Randal and partner Jo Crawford (Vinegar House, estab 2014) and Greg and Rachel McMurtry who have resurrected the Laska Cellars label. Jo and Randal produce small volumes of organic apple cider vinegar in the winery and will open up to visitors by prior arrangement (035432832). The cost is a gold coin donation, proceeds to the Moutere River Restoration. On display in the old off licence are tools and machinery used by Laurie McMurtry and other cider makers 1930-1960's. The other five rooms house tanks, casks and machinery used by Randal (Laska Cellars 1974-1996) and Graeme Murray (Tullybarden 1996-2013)



Randal in the old off licence, the original press in the background

A great way for older folk to reminisce, and for younger ones to see how we used to be....

ANNUAL SARAU WINTER SALE

31 July – 1 August 2021

We have begun planning for the Annual Sarau Winter Sale. So far we (The Sarau Community Trust) have the usual **Book Sale** and the pop-up **café** sorted, but there is an opportunity for another community group, or school to fundraise alongside us. You could sell: carpets, antiques, toys, fabrics, trees or art works – whatever we agree is suitable. Just get in touch and let's talk about it.

Enquiries: jenny@saraufestival.co.nz or 021 231 3947

Thank you for all the books donated to the Sarau Festival. Keep those donations rolling in.

Phone or Text Sharon on 027 4328145 to arrange drop off.





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Do you have a skinny old cat?

If you answered 'yes' then read on....Many of our cats look thinner as they get older. This can be just the normal aging process where muscle mass is lost due to being less active (just like people). But if your cat is looking skinnier and skinnier, that's not normal!

There are several common diseases that occur in older cats resulting in weight loss. These are:

- Hyperthyroidism (= over-active thyroid gland)
- Kidney disease
- Diabetes

These diseases can be managed and enable our pets to live a good quality life. But left untreated, older cats have a poor quality of life and are likely to be euthanased earlier.

They can all be diagnosed quickly and easily with a blood test. And treatment can be as simple as popping a tablet into your pet's dinner. Some cases are more complicated however and require further tests and checkups along the way to keep your elderly cat well.

Unfortunately there are a lot of other diseases which cause cats to lose weight. Some can be treated with medicines or surgically, and others are untreatable. But it is much better for your pet to have a checkup so we can provide the appropriate care and give your pet the best quality of life for as long as they have left.

Arthritis – the number one cause of chronic pain in pets

This colder time of year is when stiff old joints can become painful. Often the symptoms are mistaken for getting old and slowing down but many older pets can be suffering from undiagnosed arthritis. Pets rarely whimper, whine or complain about arthritic pain – they often just do less – dogs will watch you go to the washing line rather than go with you and cats will stop jumping up to the windowsill or other favourite high spots.

What can I do to help? There is no cure but arthritic pain and inflammation can be minimised by managing your pet's **weight, exercise and treatment** including **physiotherapy**.

Weight control – one of the most important things you can do for an arthritic animal is maintain their optimum weight. Extra kilograms are just more load on struggling joints.

Exercise management – Short, frequent walks on flat, soft ground will help maintain muscle mass and strength without high impact on joints. Swimming is great if it's not too cold!

Treatment options – there are many! A warm, comfy, well-padded bed away from draughts can make a huge difference. Massage, gentle flexion/extension of arthritic joints, acupuncture, good nutrition such as Hills j/d, nutraceuticals such as 4cyte and Grand Flex are all helpful. And of course, we can give anti-inflammatory medication and pain relief – these can transform an old pet's life.

Physiotherapy – There are many conditions that will be improved by physio including arthritis, joint sprains and muscle strains, post-surgery rehabilitation, neurological cases and performance enhancement e.g. agility dog

Remember – age is not a disease! If your old cat looks skinny or your dog is slowing down, bring them in for a checkup.





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UPDATES

AUTUMN/WINTER STOCK – We have been moving OUT the summer items at 50% OFF and now introducing warmer stock for the cooler days –sourcing denim jackets and merino for the cooler weather.

APRIL HOURS - Friday to Sunday 11-3 (closed Good Friday).

EASTER FAIR - Coming soon; a fun time to get together with the community.

SUPPORT LOCAL – Recommend Mapua Fruit and Vege shop next to us and coffee from Java Hut and Lovina.

HEAVENS TO BETSY EARRINGS AND GRACE AND AUGUST MASKS – These are in store now and are a great gift for you or your loved ones.

PRIVATE FUNCTIONS – If you are looking to have a get together with friends and family, we have private shopping nights - book out the shop. Bring your wine and nibbles and spend time having the store to try on lots of clothes. No charge. Great for 60th birthdays, hens' nights, baby showers, 21st birthdays.

CONTACT US - facebook/Instagram or message 027.322.3306 EMAIL – brookstlounge@gmail.com

Upper Moutere School Fundraisers – thank you!

Upper Moutere School Year 7 & 8 are off to camp later in the year. They have recently held two fundraisers to help fund the camp. They are very grateful for the support given by the many locals and businesses who sponsored tables, and donated goods and came along to the quiz. Unfortunately there are too many to list here, but you can see them all on the Upper Moutere School website.

Here are some comments on the recent Quiz Night held in April, in their own words.....

It was fun on Saturday night to sit with my family and friends at the Moutere Centre for our school quiz night. Some of the questions were hard, but some of them I found easy. My favourite category was the language and literature questions. They were the easiest ones for us all to answer. Our team did Ok – I think we got 45 points overall. It was definitely a great way to raise money for our school trip to Wellington. It looked like everyone had a good time. Bruno Richards

It was really interesting to see how many people were at the quiz night and wanted to buy raffle tickets. Everyone was really keen to help us raise money. I loved how people were really generous – One lady bought 8 raffle tickets from me! I don't know if she actually won a raffle – but I hope she did. It was also fun taking around the food and helping out for the night. I wasn't even tired at the end. I had a great night helping. Ruby James

It was really fun handing out the raffle tickets to everyone on Quiz night. It was fun to watch everyone trying to figure out the answers – they sometimes looked really confused. Everyone bought heaps of raffle tickets and put a gold coin in for games. We are really thankful for the hard work people put into the quiz and for all the money people gave us to help us get to Wellington. Hannah Urquhart

Easter Raffle

Thank you to everyone in the Moutere Community for supporting our Easter raffle with such enthusiasm. We are especially grateful to The Moutere Inn, The Old Post Office and Motueka New World for allowing us to sell our tickets on your premises. We were so impressed with how many tickets we were able to sell as we raise money for our year 7 and 8 adventure to Wellington later this year.





MAPUA & DISTRICTS BUSINESS ASSOCIATION

Want to get in touch?

Email us at:

mdba@māpua.co.nz

May. We hope you have all adjusted to the shorter days and had a brilliant Easter with your businesses. We have a busy month ahead so make sure you book these dates...

LUNCH & LEARN—MAY 5, 12.15-1.30pm

Our first of 2021, we are excited to welcome **Helena Merschorf** who is a website copywriting and content marketing consultant who brings a wealth of copywriting experience, research skills, and marketing expertise to the table.

COVID-19 has forced us – as businesses – out of our comfort zones and left us with two options. Sink, or learn how to swim against the current of constant change. Helena will share how you can use your website as an asset to showcase your ideas and demonstrate resourcefulness, leadership, and innovation in the (post)COVID-19 era.

REGISTER FOR THIS FREE EVENT through www.ntbt.co.nz/event/lunchlearninmapua held at Mapua Hall. Proudly working with NTBT.



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MDBA AGM—REGISTER NOW—25 MAY, 7pm

It's our AGM later this month at the Moutere Inn, Tuesday 25th May from 7pm. If you haven't registered yet you still have time. Email us at mdba@mapua.co.nz. We have an inspirational guest speaker lined up who is very passionate about our region as he works and lives here, has an impressive CV and will talk about the future and how working together will make us stronger as a region.

Enquiries about becoming a member of the MDBA, email us on mdba@mapua.co.nz. **Stay Local—Support Local—Shop Local—Eat Local**

BOOK THE DATE - MDBA 2021 AGM

TUESDAY 25th MAY 2021, 7pm @ MOUTERE INN - RSVP - mdba@mapua.co.nz

MEMBER UPDATE— MEMBER UPDATE



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Our current hours are: Forecourt -- Mon – Fri 7am – 6pm, Sat – Sun 8am – 5pm

Workshop -- Mon – Fri 8am – 5pm, Closed Weekends

Check us out on Facebook – Perrys Auto Services or website www.perrysautoservice.co.nz. Phone 03 540 2866

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APRIL / MAY 2021



Wānanga (conference) for students a huge success

We had an amazing three days of manaaki style fun & learning with thanks to a grant from RUIA and a whole lot of mahitahi (teamwork)!! The three days connected present and past students from across Te Tau Ihu (the Top of the South) through an awesome series of workshops at the Moutere Hills Community Centre. The workshops included performance of mau kōrari thanks to a leading Māori choreographer Tānemahuta Gray, collaborative art with the guidance of local artist Ronald Petley and guided reflection, dreaming & planning with the help of ex-Manaaki student Kiwa Denton and Sean Delany of Te Āwhina Marae. A highlight was watching the mau kōrari performance come together on Moturoa (Rabbit Island) beach on a stunning day, the connection of the students and the leadership from our senior Manaaki students. Ka rawe! A huge thanks to everyone who was involved in making this a really special event for our rangatahi. You can read more about the event and our Manaaki Tāpoi programme on our website: www.wio.org.nz



Students learning mau kōrari at the wānanga

Duke of Edinburgh's Award Programmes up & running

It's been great to see schools get in behind the Duke of Edinburgh's Award - the world's leading youth achievement award. Whenua Iti is the hub for the Top of the South and can support schools & youth organisations in offering the Award, and also help individuals who want to take part. A recent Adventurous Journey took 13 students enrolled in the Bronze level of the Award for overnight expeditions in the Kahurangi & Nelson Lakes National Parks. If you're interested have a look at our website for more information on the Award or get in touch with our Hub Leader Kathryn by email: kathryn@wio.org.nz



The new port-a-com arrives on site!

Primary School Adventure Camps – Book in now!

We are running adventure camps in Term 4 – this is a great way for primary schools to offer fun adventurous elements in their school camp while Whenua Iti take care of all camp logistics & safety, minimising school organisation load and giving teachers more time to connect with students. For bookings please email mo@wio.org.nz or visit www.wio.org.nz for more info.

New Portacom Arrives!

Staff were well entertained on site one lunchtime watching a port-a-com be expertly manoeuvred into place next to our existing office building. It will be used as temporary office facilities for new staff starting in the coming months to support nature connection programmes which are currently under development as part of the Kaimahi for Nature Project. More on that soon!

Outdoor Wanderings: Kaiteretere Beach

It's a great time of year for locals to head to our crown jewel of beaches and make the most of the moana before winter arrives! Take a paddle board or kayak to enjoy an early morning or high tide paddle, take a refreshing dip in the ocean, have a sand castle building competition with the kids and pack a picnic for the day. Bliss!



Students at Nelson Lakes on their Adventurous Journey for Duke of Edinburgh's Award

We'll see you out there!



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APPLE HARVEST 2021

EDITH BULLE

This is the first large scale fruit harvest I have witnessed in New Zealand, having only recently moved to this area from Germany. I come from a background of traditional rural fruit growing, with old apple trees looked after and harvested by different families and I also worked as a gardening teacher in special education for many years.

Here, I now see whole hillsides and valleys covered with fruit orchards and trees loaded with beautiful red apples, and I wonder who is going to harvest and eat them all, what is going to happen with all these apples?

I read about the business model of New Zealand fruit growers aiming to provide the global market with apples. I remember finding New Zealand apples in local German supermarket chains, and here I am now right in one of the centres of commercial NZ apple growing. Commercial fruit growing happens here on a large scale, and I want to know more about the experiences fruit growers have had this season with the harvest.

I wonder about the impact of international challenges the world is faced with, like the lockdown of the country for COVID 19. No travel of willing young workers from Europe or the Pacific Islands to pick and pack apples this year! On the other hand, the effects of global climate change were drastically felt in this area on Boxing Day, where a most massive hailstorm damaged just about every apple, pear or kiwi enough, so that they cannot be sold on the global market anymore.

How did different growers respond to these drastic challenges? Some might have had insurance cover for such drastic weather events, but once insurance entered the picture, fruit could not be harvested and sold anymore. Others were not insured, and the harvest had to be counted as a total loss.

Still, looking at some of the orchards shiny, red apples are still waiting to be harvested. The taste of the fruit is still delicious, but the look not fit for the global market anymore. Pears actually heal themselves, they do not rot under the wound, but build rough and hard scar tissue, completely sealed from the rest of the fruit, ready to be eaten or preserved. They should not have to be wasted altogether.



The response to these events has been varied. Many large crops are picked and gathered to be juiced and bottled. The juice can still be sold on the wider market, even if not all apples are harvested.

Another model was applied in a pear orchard taken over by the local Steiner school. Parents and children had working bees to harvest some of the pears. They were juiced and bottled by the Chia Sisters and then sold in the school community. The bottles were quickly sold out, so that a second round of fruit picking took place with commercial pickers, and the pears were then juiced and bottled. The bottles were taken on by a local supermarket, who offered to sell the juice and donate \$1 per bottle to the Steiner school.



By that measure the school community, including the children, were empowered and learned to connect with their land, taking on responsibility for their harvest.

Others privately bought fruit presses and learned to press their own apples, a process which is not as easily done as was expected. It required some expertise, good equipment, storage and the knowledge of processes which come with experience, so that the first results might not have been quite as convincing as expected. But still, the shared group effort already made a difference and raised awareness of the life processes of fruit orchards, which might lead to more sustainable growing practices in the future.

Less might be more in the future. Some growers already decided to cut down some of their trees. Less orchard space, less fertilizer, better earth and water quality ????

These are obviously issues, which will require conscious decisions, possible revaluation of growing practices, renegotiations with local and global business partners and general down-sizing of orchard space. Maybe the challenges of climate change, covid lockdown side-effects and weather impacts still have the potential for future improvements all

around, leading to more aware consumers who are willing to take on active roles and responsibility together.

{ the basin }

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NEWS FROM MAPUA BOWLS CLUB

THE WRITE BIAS

Sadly the last tournament of the season, Ladies Giggle Day, had to be cancelled. Yes, you guessed, it was raining! It is hoping to reschedule this popular event to the start of next season so that once again all the ladies can come out giggling.

One open tournament in March did go ahead with a full green and plenty of bowling action. This was generously sponsored by Golden Bay Motueka Funeral Services. All the winning teams were visitors; first place went to a triple from Tahunanui, second and third places were both triples teams from the United Club in Nelson.

Sponsorship has been vital for all the tournaments throughout the year and the Club is indebted to everybody that supported us.

As the season comes to a close we honour all of the Club champions and hope that they will defend their titles next year.

MEN

SENIOR SINGLES	Danny Beattie
VETERAN SINGLES	Allan Forrest
JUNIOR SINGLES	Warren Keith
SENIOR PAIRS	Errol Beattie / Grahame Williams
VETERAN PAIRS	Sean McBride / Warren Keith
JUNIOR PAIRS	Warren Keith / Murray Blanchet
TRIPLES	Danny Beattie / Ian Benbow / Arthur Win
FOURS	Ian Benbow, / Arthur Win, / Warren Keith, / Bill Mckinlay

LADIES

SENIOR SINGLES	Sue England
VETERAN SINGLES	Sue England
JUNIOR SINGLES	Not Contested
SENIOR PAIRS	Sue England / Jean Daubney
VETERAN PAIRS	Sue England / Julie Booth
JUNIOR PAIRS	Not Contested
TRIPLES	Sue England / Margaret Busby / Julie Booth
FOURS	Jean Daubney / Margaret Busby Ann Briggs / Melva Forrest

And now it is time to look forward to some indoor carpet bowling as we meet on Friday evenings throughout the winter months to socialise and play indoor games. Newcomers are very welcome to come along to meet us and join in.

For any information about bowling, coaching or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

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MOUTERE HILLS COMMUNITY CENTRE



Dear Community

As we head into the winter months, there is lots on offer to keep you active and connected within the community. As well as all the sport and physical activities there are also several other events and opportunities coming up, to provide something for everyone. To find out more about what is on offer, check it out on our website www.mouterehills.org.nz or our facebook page.

The Fitness Centre roof is currently being repaired. We apologise for any inconvenience caused.

Kind Regards Katrina, Adele, Keith, Cindus and Heather

RANGERS RUGBY HOME GAMES

Come along and support our senior rugby players as part of the Valley Stags in their two home games this season:



Saturday 8th May

Saturday 15th May

Games kick off at 1pm

The bar will be open and Rangers Rugby will be running a snack shop.

TAKE OUR HISTORY INTO THE FUTURE!

The MHCC History Group will meet again on

Thursday 13th May

10am

Come along and help us **Take Our History Into the Future** by sharing the past and the present with each other.

The MHCC History Group will be hosting its first Community History Afternoon on

Thursday 24th June

1pm

Tea and Coffee will be provided and there will be two presentations:

- Mr Graeme Tyree will launch his newly published book, "Moutere Pioneers"
- A Former pupil of Upper Moutere School will present "A Meander Through Time", a presentation on school-days in the 1950's

All welcome!

Follow us on Facebook



For updates on upcoming activities and event, community notices, promotions, and more.....

www.facebook.com/MoutereHillsCommunityCentre



Phone: 543 2516

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz



MOUTERE HILLS COMMUNITY CENTRE

Fitness News



TERM 2 FITNESS CENTRE CLASSES

Mondays:	Re-Activate with Adele	9:30am—10:15am
Tuesdays:	Stretch & Flex with Vicki	9:30am—10:15am
	Box'n Burn with Adele	6:00pm—6:45pm
Wednesdays:	Metafit with Cindus	6:00pm —6:30pm
	Core Foundations with Cindus	6:30pm —7:15pm
Thursdays:	Stretch & Flex with Vicki	6:00pm—6:45pm
Fridays:	Metafit/ Core Foundations with Cindus	9:00am —9:45am

FREE for Fitness Centre members or \$7 per person, per class.

Concession cards also available: \$50 for 10 classes.

Bookings essential. Visit: www.mouterehills.org.nz/fitness-centre-calender to book and for more info.

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2:15pm - 2:55pm	Preschool	\$60
3:15pm - 4:00pm	Ages 5/6 yrs	\$70
4:05pm - 4:50pm	Ages 7 - 9 yrs	\$70
4:55pm - 5:40pm	Ages 10 yrs +	\$70



Class numbers will be limited so bookings are essential. Contact the office on 5432516 or enquiries@mouterehills.org.nz to book.



Social Sports



Social sports took a break over the holidays and are now back into action, so come on down and have a go! Only \$3 per person, per session. No bookings required.

Volleyball	Mondays	7:30pm — 9:00pm
Badminton	Tuesdays	7:00pm — 8:30pm
Bowls	Wednesdays	12:00pm — 2:00pm
Table Tennis	Wednesdays	7:15pm — 9:00pm
Volleyball (competitive grade)	Thursdays	7:00pm — 9:00pm
Basketball	Saturdays	10:00am — 11:30am



Phone: 543 2516

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz



Motueka Scottish Country Dance Club

If you like Celtic music, like to dance, and have a fun time with great folk consider coming to Scottish Country Dancing. We meet every Wednesday night, from 10 March -24 Nov '21 (Covid permitting)
 7.30pm in the Lower Mouere Scout den - Next to LMO Hall.
 1st night is free of charge. Come along to see what it's all about. No partner necessary. For more info,
 Ph Fay (03) 5433650 or 021 039 3559

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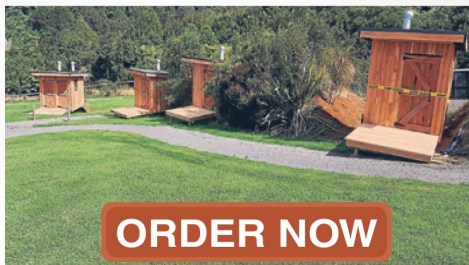
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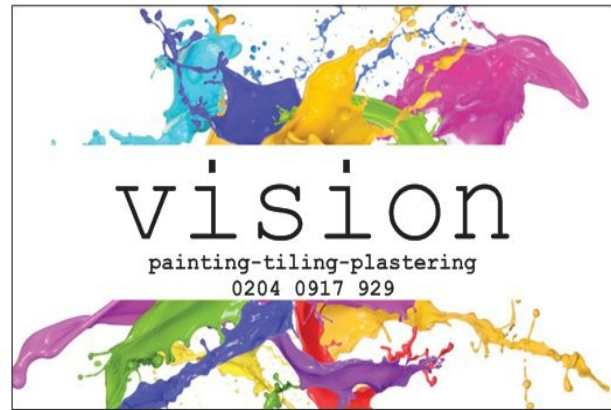


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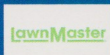
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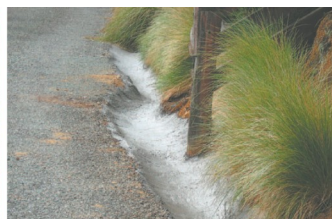
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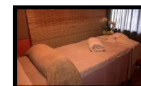
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