

# The Grapevine

## MOUTERE HILLS COMMUNITY NEWS

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### Special points of interest:

*Moutere Artisans open their workrooms on Labour Weekend Sunday (25th October). Make a day of touring around our community and talking with these clever people and looking at the really, really nice stuff they make!*

*Thank you for reading the Grapevine and for supporting the advertisers*

# SEE YOU HERE!



*Clockwise from left:  
Heartstone Baskets,  
The Sausage Press  
and Stacey Whale  
Jeweller*

Come Labour Weekend Sunday, you're invited to visit one of the most productive small villages in the country.

It is Upper Moutere, home of the Moutere Artisans—a bunch of 19 creative people who got together about 10 years ago to promote this picturesque village. Their tagline is 'people who make really, really nice stuff'.

Labour Day Sunday is their traditional Open Day, when everyone is invited into their studios and galleries, their vineyards and olive groves.

This year, they welcome four new artisans, including Miles and Steph Drewery at The Sausage Press, makers of traditional salamis, pork and fennel sausages, smoked salmon and duck breast; and Robyn and Gareth Evans of St Pauli vineyard, based around an old hop kiln.

Robyn and Gareth hope to have their new cellar door open by Labour Weekend, but if it doesn't happen, they will be pouring their wine at the Moutere Inn, New Zealand's oldest pub, famous for its selection of craft beers. Peckham's traditional ciders (champion drop produced from their Moutere cider apple orchard) will also be on tap.

Along Neudorf Road, Noel and Teena Jelsma have started production of black garlic puree and essence—healthy, deeply tasty and intriguing.

At the Old Post Office in the heart of the village, you will find New Zealand fine jeweller Stacey Whale, who uses gold, silver and precious gemstones to create innovative, modern work with a feminine twist.

Stacey shares the Old Post Office space with Moutere Gold, makers of the best passionfruit curd in the west, and Tanya Doty of Heartstone Baskets, who uses local willow and supplejack to create useful yet artful baskets.

Across the road, Katie Gold and Owen Bartlett work magic with clay to create both domestic and collectable artwork.

Neudorf Road is a continuing source of joy with Thorvald cheese, where Dave and his French cheesemaker Francis produce both hard and washed rind cheese.

These stunning cheeses deserve their place on Michael MacMillan's French Oak cheese boards, created with used barrels from Neudorf Vineyards. Michael is fearfully talented, working with bronze, wood and metal.

Neudorf Olives grove is as magnificent as any movie set. Taste the new season's olive oil and climb to the top of the hill to look over the province. Then it's time to drop into Neudorf Mushrooms for an extraordinary lesson in the life of fungi. Nothing compares to their collection of gourmet mushrooms, which they grow under their trees.

Change the pace with a visit to Terra Nova Alpacas. Quiet and friendly, these charming animals produce the finest fleece, which Donna turns into soft, floaty shawls.

The Moutere is also famous for wine. Visit and enjoy Moutere Hills, Himmelsfeld—with its quaint chapel on site—Neudorf Vineyards and Flaxmore. Flaxmore have recently added a gallery to their cellar door experience, along with a vineyard walk.

For lunch, Forsters, next to Moutere Hills, is an elegant respite in your busy day, or try a Moutere Pizza using local Artisans' produce at the pub.

Visit the Artisans from 10am until 4pm on Sunday 25th October—it is a day full of treasures.

For more information, contact [info@moutereartisans.co.nz](mailto:info@moutereartisans.co.nz)

Editorial contributions to the November edition of the Grapevine will be in to win a **free hot drink** at the Old Post Office.

*Limited to the first 5 so get in quick! New contributions must be in by 15th of October 2020.*  
Email contributions to [umograpevine@hotmail.com](mailto:umograpevine@hotmail.com). Winners will be notified by email.



## PLACING AN ADVERTISEMENT

Thank you for advertising in the Grapevine—you help us cover the cost of producing and delivering this free community newsletter each month.

**The deadline for each issue is the 15th of the month.**

Please email your print-ready ad to—[umograpevine@hotmail.com](mailto:umograpevine@hotmail.com) or provide paper based, print-ready copy to Tanya Doty at the Old Post Office/Moutere Gold.

**The following prices apply for advertising:**

- ∞ Births, marriages, deaths and giveaway notices: free
- ∞ Business card size advertisement: \$12
- ∞ 1/4 page advertisement: \$25
- ∞ 1/2 page advertisement: \$50
- ∞ Full page advertisement: \$95 (if space available).

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16.

### **Sending us editorial items**

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs—see above for bank details.

**Archived coloured copies of the Grapevine are available at [www.mouterehills.org.nz/community/the-grapevine](http://www.mouterehills.org.nz/community/the-grapevine) courtesy of the Moutere Hills Community Centre Staff.**

**Grapevine circulation is 1300 copies.** This issue has been constructed by volunteers: Miriam Lynch, Tanya Doty, Beverly Sellers, Sharon Beuke, Heather Eggers and Annabel Duncan.

### *Disclaimer*

Views expressed in articles in The Grapevine are not necessarily those of The Grapevine team or its editor. While every effort has been made to ensure the accuracy of the information included in this publication, The Grapevine takes no responsibility for errors or omissions or for any consequences of reliance on this information. Publication of advertising material implies no endorsement of either a product or a service.

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## Moutere Volunteer Fire Brigade

### Call Outs for August

13/8 Assist ambulance with patient, Lloyd Valley

19/8 Campervan fire, Coastal Highway

30/7 Alarm activation at Mahana School

Daylight Saving started on 27th September meaning Summer is just around the corner! It is also a good time to check your smoke alarms – simply “press the button to check”. A scary thought is that “when you sleep, you lose your sense of smell” so more of a reason you need working smoke alarms and to check that they are going.

If you have trouble testing them and/or changing batteries please give our chief Fred Ewers a ring, and we will organise one of our members to help you out. We will also install alarms for you!

## Motueka Vehicle Testing Station

**Drive in – WOF – Drive out**

**25 Huffam street**

**No Booking Required**

**Turn into Old Wharf Rd and left into Huffam Street.**



## The Grapevine says.....

It's fair to say we are well endowed with talent here in the Moutere and Labour weekend is traditionally the weekend the Moutere Artisans showcase their talents. If you haven't already done the rounds of this multi talented lot then why not spread the word, grab a friend or two and see what all the hype's about.

With spring in full swing and daylight saving under way there will be plenty of action outdoors. If you need help with hedge trimming or lawn mowing or just general landscaping remember we have plenty of local businesses that can help you out, you'll find them throughout this issue or listed on the back page.

If you're out and about and managed to get any great photos of things happening in our area please remember we love to celebrate local events here at The Grapevine so send them through to us so we can share them with the community.

## Land or house wanted 😊

Hello there, I have lived in the Moutere for many years and recently sold my house. I'd love to stay in the area so if you are considering selling a house or land I'd be really keen to know. Keen to hear what's available!

Nettie 027 298 0055 [nettiestow@gmail.com](mailto:nettiestow@gmail.com)



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## MOUTERE HILLS COMMUNITY CENTRE



*Dear Community*

*As we plan for moving down to Alert Level 1, we have several great activities and events coming up. Planning is well underway for our annual Country Christmas Market so mark the date in your diary! There is a whole range of fun activities on offer here so why not check out the new term 4 schedule on our website [www.mouterehills.org.nz](http://www.mouterehills.org.nz). Summer sports will also be starting soon so if you are keen on playing cricket for Rangers this season or would like to join the tennis club then get in touch.*

*Kind Regards Katrina, Adele, Cindus and Keith*

### YOU ARE INVITED TO COME AND SELL YOUR WARES!

#### Country Christmas Market

Moutere Hills Community Centre are having their annual Christmas Market to enable all us busy folk to buy unique local gifts and products for our family and friends this Christmas.

We welcome local artisans, craft people, service providers and any other local producers.

**SATURDAY 5TH DECEMBER 2020**

**10:30am—3:00pm**

- Stalls starting from \$25
- Additional \$10 for a powered site
- Additional \$5 for table hire
- Choice of indoors or outdoors.



Contact us today to book your space!

### Art and Craft Group

**Each Tuesday of term time 10.30am till noon.**

**First session for Term 4 is 13th October.**

**Bring your own project and work together with others – you may inspire someone to learn a new skill!**

This is a safe, low-expectation group for adults in our community, and also home educated children. Mums can take younger siblings to the adjacent playground and playing field if they are too young to participate in the art and craft group.



Tea and coffee provided.

**GOLD COIN DONATION PLEASE**



**Phone: 543 2516**

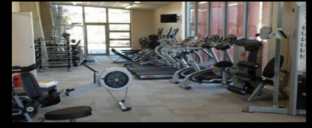
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**Website: [www.mouterehills.org.nz](http://www.mouterehills.org.nz)**





## MOUTERE HILLS COMMUNITY CENTRE



### DANCE

**WEDNESDAYS- starts 14 October**  
**Pre-School Dance Class 2:10—2:55pm**

*Develop fine and gross motor skills, balance and co-ordination through music and movement.*

**Kids Dance Class 3:15—4:00pm**

*A fun class providing an introduction to various dance genres, including hip hop, jazz, contemporary and lyrical.*

<b>3:15 - 4:00pm</b>	<b>For 5—6 years</b>
<b>4:05 - 4:50pm</b>	<b>For 7—10 years</b>
<b>4:55 - 5:40pm</b>	<b>For 11 years +</b>

**Cost \$30 for 5 weeks**

*Numbers strictly limited. To book a space please contact the office on 5432516 or email [enquiries@mouterehills.org.nz](mailto:enquiries@mouterehills.org.nz)*



### SHRED FOR SUMMER

**8-Week Training Programme To Get You Ready For Summer!**



**Programme Includes:**

- Pre and post programme body composition scans, detailing 40+ internal measurements
- Personalized exercise programme
- 2 group fitness session per week; 1 x fitness class and 1 x gym session
- Regular support and advice from programme instructor and Fitness Centre Manager, Adele
- Weekly fitness tips, nutrition advice and challenges

Only \$180 per person, or \$300 for a couple.

Registrations essential and spaces are strictly limited. Contact Adele for more information or to register: [adele@mouterehills.org.nz](mailto:adele@mouterehills.org.nz) or 0275118826.

*Runs from 10 October– 5 December. Group fitness sessions are Tuesdays and Thursdays 7:00-8:00pm. Scans will be run on Saturday 10 October and Saturday 5/ Sunday 6 December. Fitness Centre membership is in addition to programme costs and is not compulsory but is highly recommended to ensure full programme benefits.*

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To secure your spot either email [adele@mouterehills.org.nz](mailto:adele@mouterehills.org.nz) or visit [www.mouterehills.org.nz](http://www.mouterehills.org.nz) and register on the Portal under the Fitness Centre tab.



**Phone: 543 2516**

**Email: [enquiries@mouterehills.org.nz](mailto:enquiries@mouterehills.org.nz)**

**Website: [www.mouterehills.org.nz](http://www.mouterehills.org.nz)**





Want to get in touch?  
Email us at: [mdba@māpua.co.nz](mailto:mdba@māpua.co.nz)

Happy October! We hope everyone is getting into the swing of Spring. The weather has definitely warmed up and there is no better time to get out and support our regions businesses! The MDBA is all about providing networking opportunities, promoting and supporting local business and advocating for our members. If you're a local business owner, get in touch and see how we can help you!

## NEW MEMBER INTRODUCTIONS

### Tasman Earthworks & Construction - Nelson & Tasman

Tasman Earthworks and Construction are specialists in Excavation and Construction located in Lower Moutere and operating in the greater Nelson and Tasman regions. We are a newly established business and pride ourselves on providing friendly and reliable earthmoving and construction services. Tasman Earthworks and Construction offers a wealth of knowledge with more than 30 years' experience in the building industry. Having a qualified Licensed Building Practitioner (LBP) and a skilled machine operator, we can be relied on to get the job done quickly and efficiently, regardless of size or difficulty.

We are committed to providing our customers with professional advice, quality workmanship and a tailored service to meet each individual project's requirements.

Tasman Earthworks and Construction provides a wide range of services with the ability to finish all elements of your project from beginning to completion. The company operates a 3.5T Yanmar Excavator, equipped with a full range of buckets and augers; perfect for residential projects as the rubber tracks are friendlier on

formed surfaces. The 5.2T tip truck is ideal for those projects that have limited access requirements. If you are looking for quality, service, reliability and competitive rates, contact us today to discuss your project needs and get an obligation-free quote.

### Tasman Earthworks Limited

P: Office - 021 119 2239

P: Operations - 027 385 5998

E: [info@tasmanearthworks.co.nz](mailto:info@tasmanearthworks.co.nz)

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Tasman Earthworks & Construction operate throughout the greater Nelson and Tasman region, offering a wide range of excavation and construction services.

We offer a personal and tailored service to meet your needs.

Contact us today for an estimate for your next project.

### Tasman View Accommodation - Your retreat in Tasman

Tasman View Accommodation is a unique property offering stylish boutique accommodation, situated on a private farmland setting on the Tasman Great Taste Cycle Trail, one of New Zealand's Great Rides. Established on the ridge separating the Moutere Valley from the coastal Mariri area, it offers 360° panoramic mountain and sea views. Tasman View Accommodation offers the option of 3 self-contained attached double units, each with a separate external



entrance. It is great for couples, small groups or families looking for a relaxing time away from it all. You can enjoy a picnic by one of our natural ponds, a stroll around our 8.6ha farmlands or relax on our private guest outdoor deck whilst taking in the breath-taking views of the region.

### About your hosts

Jacqui and Wal Patchett are your hosts at Tasman View Accommodation. They warmly welcome all guests to their amazing property, and take pride in ensuring that any stay is an enjoyable experience. Both have a passion for the outdoors and over the years have cycled, tramped and travelled extensively around the Nelson Tasman region and beyond, sharing these adventures with their two children as they were growing up.

Born and bred Kiwis, they also enjoyed living overseas for 13 years before returning to New Zealand and settling in Nelson in 2009. Jacqui and Wal love the region, the climate and all it has to offer, and are keen to share it with others.

Unpack your bags, relax and enjoy your stay!

### Tasman View Accommodation

903 Tasman View Road, Lower Moutere

P: 021 119 2239

E: [info@tasmanview.co.nz](mailto:info@tasmanview.co.nz)

[www.tasmanview.co.nz](http://www.tasmanview.co.nz)



## SARAU WINTER SALE



A special thank you to you all for the role you played over the Sarau Winter Sale weekend - what an amazing effort in raising funds for the community.

Whether you turned up to shift books; collected (and returned) trestles; baked scones or cakes; made and served tea and coffee; folded and hung clothes; wrangled with the (covid) numbers at the door; erected or dismantled scaffolding, road signs or bunting; staffed the tills and eftpos; shifted chairs and tables; cleaned the floors or toilets; lent us scaffolding; or sorted boxes of books – OR turned out to buy books and clothing....thank you, thank you

So another very successful year - overall we took in \$7558.10 which includes donations from the generous lime grower, the buskers, the Nayland College enterprise group, and donations from other attendees.

Of course at the time of going to print there are a few costs still to pay but...

THANK YOU ALL....

from Sharon, Anna, Nickie, Karen, Maegan Gaeneen, Tom and Jenny

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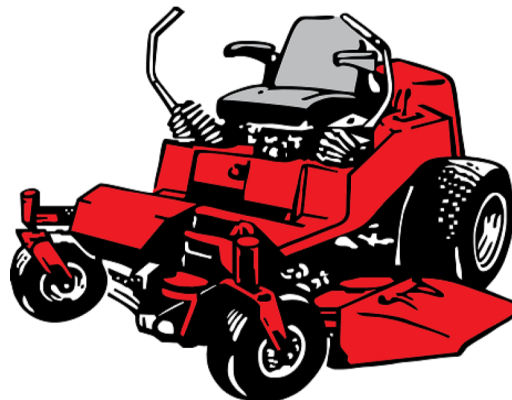
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# Journeys of Discovery

SEPTEMBER / OCTOBER 2020



## WHAT'S BEEN HAPPENING.... Macpac Fund Recipient & Award Finalist

We're very excited to be the recipients of the Macpac Fund for Good, which means we will be able to upgrade some of our specialist outdoors gear. An important part of what we do at WIO is removing barriers to accessing the outdoors. Providing good equipment and gear is a big part of that – so thanks Macpac! We are proud to have been named as a finalist in the Sustainable Business Awards, which is truly an acknowledgement of our partners, funders & the community who supports us. We love working together with the amazing schools and community groups in our region to have a positive impact in building a sustainable community & environment, so thank you!

## WHAT'S COMING UP.... Can Your Business Support Local Youth?

We are currently developing opportunities to further promote work readiness in our youth and establish pathways into local employment. WIO will work with youth to develop their essential employability skills and connect them with local employers offering work placements and/or training. The Motueka Vocational Pathways Programme will be running in November and we are looking for businesses to be involved. If you are a local business or employer who would be interested in supporting such initiatives through work placements, training or future employment opportunities, please get in touch! We'd love to hear from you: [info@wio.org.nz](mailto:info@wio.org.nz). There will be more information at the **Pop Up Employment & Training Expo at Motueka Public Library on Thurs 15 October, 10am – 4pm** - a chance to connect with Work Brokers, Training Providers & Employers. For event info call Janine, 03 543 7240.

## FOCUS ON.... Making a Difference

The Ignite Programme is a great example of how one person can look to make a difference in their community. This 3 year programme has been established in a local high school after it was noted by the sponsor that there weren't as many boys on stage receiving awards. How come? What could be done about it? From initial discussions, the Ignite youth development programme was created to provide a positive stimulus in the crucial mid-teen years, designed to encourage a step-up in skills, leadership and personal development. The lasting benefits for these tama will be felt in the school, whānau and community. You can see photos from their latest adventures on our Facebook Page:

[facebook.com/WhenuaItiOutdoors/](https://facebook.com/WhenuaItiOutdoors/)

## OUTDOOR WANDERINGS.... The Riuwaka Resurgence

Getting outside is such an integral part of our wellbeing, and with Mental Health Awareness Week having just been, this month is a reminder to head outside for a walk with your whānau or friends, fill your lungs with fresh air, take time to notice the spring changes around you and appreciate where we live! Our pick would be a picnic and stroll at the Riuwaka Resurgence, where the healing waters of Te Puna ō Riuwaka, a sacred place for local Māori, provides the perfect place for both spiritual and physical nourishment.



New gear is on it's way - thanks Macpac!



A great lunch spot for the Ignite Year 10 crew on their latest expedition in the Kahurangi

# We'll see you out there!



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# UPPER MOUTERE SCHOOL SAYS .....THANK YOU.



Levi on one of the Ezy Rollers, under the TV and surrounded by some of the other donated items.

We are feeling very lucky at Upper Moutere...

Over the past couple of weeks we have had been the recipients of some great donations.

Fuel for Schools have just delivered a new TV for our Year 7 and 8 learning space. Thank you South Fuels and Moutere Mouteres for making this happen!

The ANZ Schools programme has enabled us to buy some new board games and kitchen appliances for our students to use, some headphones and other electronic equipment and two EzyRollers to share in the playground.

And AJ Monk from Ready Lawn Nelson has offered to donate enough ready lawn to repair our top field damaged during our recent property upgrade. This will happen during the school holidays.

The support from these businesses in our community is very much appreciated.

Thank you.

## October 2020

## MOUTERE COMMUNITY YOUTH

Senior

Intermediate

Junior

16th

Cut someone  
some slack!

Collaboration &  
Completion

23rd

The Road  
Code

DESCRIPTION Labyrinth

30th

Saxton Velodrome  
Cycling

Bike Rodeo

For those in year 9 and above,  
we meet EVERY Friday 7pm.  
Cost is \$2 or more.

For those in years 7, 8 or 9. We  
meet FORTNIGHTLY on 2nd & 4th  
Fridays of the month, at UMO  
church hall. **4.30 – 6.30pm**. We  
do an activity plus have a  
dinner/discussion time.  
Cost is generally \$5

For those in years 5, 6, or 7.  
We meet FORTNIGHTLY on  
1st and 3rd Fridays of the  
month at the UMO church hall  
(Supplejack Valley Rd),  
**3.30 – 5pm** but come over for  
afternoon tea beforehand if  
you like.

### QUESTIONS?

moutereyouthgmail.com  
Instagram: moutere\_youth  
Facebook: Moutere Community Youth



**BROOK STREET LOUNGE**  
SUSTAINABLE CLOTHING

## RECYCLED CLOTHING

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## EASY DO-ABLE GAMES AND ACTIVITIES TO HELP BUILD BEAUTIFUL RELATIONSHIPS

By Debbie Ball

Here are a few more ideas shared from my "Adventures in Natural Learning Handbook"

### LONG, LONG WORDS

Write a long word on the top of a piece of paper and have player work out smaller words from that one. NB this is a great list to use for children who particularly like spelling games. Here are some of the 90 long words listed in the Handbook:

surroundings	achievements
hippopotamus	exclamation
contentment	circumnavigation
luminescence	complementary
onomatopoeia	superabundant
unencumbered	industrialisation
characterisation	hieroglyphics
hydroelectricity	telecommunications
amphitheatre	

### REMADE BOARD BOOKS

Get old board books in clean condition. Using a glue stick (it doesn't make the paper go wet and gluggy) firmly glue blank paper onto each page. When the paper is dry write or draw a simple story or stick photos or premade stickers on – either with words underneath or just the pictures. Because board books don't have many pages your story will be quite short and enjoyed a lot if it's about your child!

### NUMBERS IN THE BOX

(This is a great game to play using whiteboards.) Each number prepares a playing sheet thus: draw a box with an open side. Around the

box draw 15 small circles. Inside each circle randomly number from 1 – 15. Swap playing sheets with friend. Now try to draw a line from the circles, starting with number 1 and finishing with number 15, into the box. Lines must not cross or touch. If they do, you lose a point. Start with 15 points and see how many you can keep.

### PING PONG MINI-GOLF

Using a wooden spoon, move a ping pong ball from one end of the room to the other. Now try moving the ball along a course made from wooden blocks, or marked out with straws, rope, string, wool, or up a cardboard ramp, under books or along a line made by a rug. You can also try moving the ping pong ball using your nose or blowing through a straw!

### COVER THE NUMBERS

This is a game for two players. Each has a piece of paper with 9 squares drawn in a line. Each square is numbered 1, 2, 3 etc. Each player has 9 buttons or counters of some sort.

First player rolls 2 dice. Use the score to split up and cover your numbers with buttons/counters. i.e., roll a total of 8 – you could cover boxes 1, 2 and 5; or 1, 3 and 4; or 1 and 7; or 2 and 6; or just the box marked number 8. After numbers 7, 8 and 9 are covered players just throw one die.

These ideas are not just for children – many adults enjoy them, and they're excellent for professional team-building session!

For more ideas on easy, do-able games and activities for all ages check out the next issue of Grapevine!

\*\*

If you'd like to purchase a copy of the Adventures In Natural Learning Handbook, or any of the educational goods, carefully chosen art and craft supplies, gifts, toys, games or sensory items in my online shop please go to [www.willowcottage.co.nz](http://www.willowcottage.co.nz). Locals can save themselves a trip into town for supplies, and save on postage (email me first before you choose the contactless "pickup" option at the checkout.

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**SUMMER SCHEDULE**

**Friday Night Hits:**

A fun practice night for our B Grade Men and whoever else is available.  
Starts Oct 16th from 5.30pm, Gold Coin entry for non-members. Everyone welcome.

**Sunday Morning Social:**

A regular social hit for our adult members.  
Gold Coin entry for non-members. Everyone welcome.

**Interclub (Social & Competitive):**

This season starts soon - if you are keen to join an existing team, please contact:  
Tricia (women): john.tricia@outlook.com  
Chris (men): chris.lusty@xtra.co.nz

**Hot Shots & Junior Coaching:**

Coaching spots will be filling up fast in Upper Moutere. If you are keen to know of options for your child, please contact our club coach, Vanessa: tennisvanessa1@gmail.com

**Seniors Coaching & Cardio Tennis:**

The following sessions for adults are also run mid-week by our club coach, Vanessa.

**Cardio Tennis** - Day & Time to be advised

**Group Coaching (Intermediate-Advanced)** - Thursday 9.00am -10.30am

**Tennis Xpress (Beginner Coaching)** - Day & Time to be advised.

If you are interested in coaching please contact Vanessa: tennisvanessa1@gmail.com  
or visit www.tennisvanessa.com

***Congratulations*** to our Ferrick Cup Winners



We had a great start to the season of tennis with the Ferrick Cup social tournament on our official Open Day. It was a stunning spring day in the Moutere, the perfect way to show off our wee club to the new faces who arrived.

Congratulations to winners Chris Lusy (our very own Club President) and Sally Briffault, who had a fun battle against Hadley Buckley and Stefan Clark. We hope to see you all on court again soon!

## Thanks Sarau Trust!

Rangers Rugby Club would like to acknowledge a recent grant from the **Sarau Community Trust** to purchase new gear for our Junior Rugby teams. Your generous contribution to our little community rugby club is greatly appreciated.



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## LOW CARBON LIFESTYLES



Be inspired and see how you could re-imagine your life— join a tour of climate-friendly properties and see ways to make positive contributions to climate action.

A tour of two local properties that have many low carbon features is happening on October 10, part of a series of three tours, two of which were in September. A low carbon lifestyle is characterised by climate-friendly activities that reduce carbon emissions and/or capture carbon from the atmosphere and store it in nature's carbon sinks, and the properties featured on these tours do just that. Carbon reduction solutions seen will undoubtedly surprise many people, as most are simple and practical, that anyone can do. Many people will leave the tour full of ideas for what they could do to make a positive contribution to climate action.

The tour on Saturday October 10 is at Jester House and a property in Lower Moutere. Jester House, probably best known for its cafe and innovative garden environment, is also a superb example of low carbon living. Features at Jester are the earth buildings, solar power, solar hot water and heating, the Wiggly Wog's living roof and low cost construction. Gardens and fruit trees are extensive in a permaculture system and surplus produce is shared via a roadside stall. Use of various forms of waste - glass, composting toilets, food - are illustrated. Extensive tree planting and timber from trees planted on bare land 30 years ago will be seen, as well as a simple biochar kiln and description of biochar production.

The second property on this tour has a large organic garden and orchard that supports 11 people. Garden management applies regenerative agriculture principles. One of the hosts will talk about her fermented foods and how she uses biochar, and another will showcase his low emissions stove, both a cooker and space heater, that burns waste and wet wood, and also produces biochar.

Previous tours - the first, on Saturday 26 September, was in and around Motueka, and included four properties that illustrate a wide variety of climate change reversal solutions in both town and country environments. At Atamai Community in the Motueka Valley, visitors saw and heard about the climate benefits of passive solar houses, solar hot water and heating, solar electricity, organic gardens and terraced orchards, an underground food cellar, foods preserved by different methods, practical use of recycled materials, ways of reducing and using waste, and efficient water use. All part of minimal consumption lifestyles that support plant-rich eating, sharing surplus food, and a community ethos for shared transport. Returning to Motueka, the third property featured a productive permaculture garden full of vegetables, fruit trees and chooks. The host's description of her transforming a

previously conventional landscaped shrubs/lawn site to its current form was both warming and motivating. This garden is a superb example of the possibilities of using your land to produce food and what you could achieve if you changed your mindset and gave away your lawn mower. The fourth visit was to a Motueka home that generates its own solar hot water and electricity, has goats that are managed with climate-friendly regenerative agriculture methods, a productive organic garden that illustrates efficient irrigation and water conservation, and extensive use of recycled materials throughout. A teenager in this household grows asparagus for sale on a road-side stall. For both site hosts in Motueka, transport within the town is via bikes with trailers.

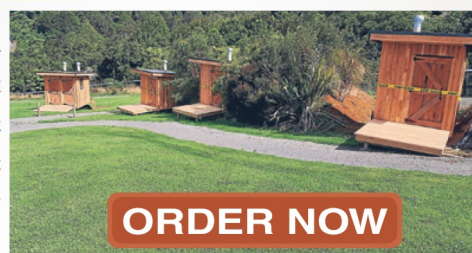
The second tour, Sunday 27 September, was of two properties in Ngatimoti, that again illustrate many examples of low carbon living and climate change reversal solutions. Both have solar hot water and electricity generation, efficient water storage and distribution, composting toilets, and underground cellars. Plentiful organic gardens and orchards illustrate many regenerative agriculture techniques on a domestic garden scale, and cattle and sheep are similarly managed in paddocks and among the trees. Forestry on these properties, significant carbon sinks, have both exotic and native plantings. Old man's beard clearing and regenerating native species are companion activities within the forestry blocks. An exhibit of plant based foods will be shown on the tour. The site host is happy to share their knowledge and answer questions.

Bookings are essential. Tickets are available from <https://www.humanitix.com/nz> and search on Walking the Talk - Motueka Garden Trails Tours are part of Motueka Greens Local Matters' 'Walking the Talk. Local Solutions for Carbon Reduction'. Information, Heather 03 5224458.

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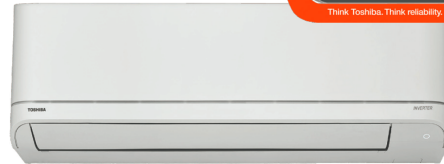
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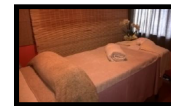
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Interesting changes are afoot for PANZ Nelson. It is fair to say that our members have been spoilt for some considerable time. Glenys has steered the ship for as long as we can remember and it has been all too easy to rely on her for, well, pretty much everything! The hall is always opened on Tuesday mornings; tea, coffee, milk, sugar, biscuits, all present and correct; information up to date and regularly provided; workshops planned and exhibitions organised; books, DVDs, advice, ideas, you name it, Glenys has sorted it. And now she has stopped! Absolutely fair enough and on behalf of all our members, I would like to say a very big thank you to her for everything that she has done for us. Now it is her turn to do what the rest of us do every week: enjoy painting with a cup of coffee and some conversation about anything and everything, all with zero responsibility.

So we are rudderless but not drowning. Our weekly meetings *Sue England*

will continue and visitors are always welcome. The duties will be shared, the coffee will get made and you never know, a new team leader may emerge. It will be good for the group to manage, and the programme of events planned earlier in the year continues.

Critique sessions every first Tuesday of the month are valuable for the recipient and the giver of advice. It is a popular session. As is the third Tuesday of each month when we take up a challenge set by individual members. A demonstration by Judy gave us valuable insight into painting animal eyes and we discovered the difference between those of cats, dogs and horses. Glen will lead an 'en plein air' session and in October, Sue and Marian will host the 'Big Picture'.

For now, Glenys is still the contact point for any information about the pastel group: Glenys Forbes on 03 540 3388 or by email [gmforbes@ts.co.nz](mailto:gmforbes@ts.co.nz)

You can visit our Facebook page: PANZ Pastel Artists of New Zealand to see national and international pastel artwork.



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### Drenching

Springtime provides the perfect conditions for parasites to flourish. So it's the time of year when having a good drenching programme for your stock is essential. There are many factors that influence drench choice and frequency such as the species being treated, age, lactation, stocking density, weather conditions....

Factors that predispose to worm problems include:

- High stocking rate
- Forcing stock to graze close to the ground
- One species only
- Young stock
- Stock in poor body condition/poor nutrition
- Stress stock (e.g. lack of shelter, other disease)
- Warm humid weather

Factors that reduce worm problems:

- Low stocking rate
- Longer pasture
- Mixed species grazing
- Healthy well-fed stock
- Cold frosty or very hot dry weather

In recent years, a lot of progress has been made in understanding how to control worms but it's a complicated subject partly due to the widespread problem of drench resistance.

Blanket drenching everything increases the chance of drench resistance as well as possibly being unnecessary and therefore a waste of time and money. So sometimes we do Faecal Egg

Counts to determine parasite numbers and whether you need to drench. We can also do larval cultures to diagnose the parasite species present so you drench with the most effective product.

For more information or to organise an effective parasite control strategy for your farm, talk to Joe in our Richmond clinic.

### Fireworks

Some animals are not bothered by fireworks but others can be extremely stressed. If you have a pet that's freaked out by fireworks, it is more effective to prevent (or at least reduce) their exposure to noise and lights than it is trying to calm them when they are panicking. Move your pet into a familiar room and close curtains before sunset. Then play music or turn on the TV before fireworks start. Having another pet in the room that isn't fearful can help a scared pet relax. And if possible, it is better to remain relaxed rather than stressing about your pet's behaviour and behaving anxiously yourself.

If you plan ahead, Adaptil and Feliway are very helpful for reducing stress but have to be started at least a week or two before they're needed. Rescue Remedy, Calmex and similar remedies may also help when started ahead of time. Thundershirts are effective for many pets. Sometimes we prescribe medication to help calm pets – this requires a checkup in the clinic and should also be done ahead of time.

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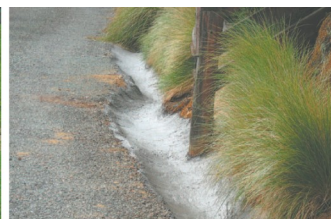
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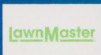
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Accounting Bookkeeping	Leah Keown Business Services	027 337 6029
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Architectural Designer	Simone Wenk	021 1049 039 AH: 03 540 3282
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Builder	Jason Frater	021 743 497 AH: 03 528 0337
Builder	NTC	021 140 8077
Builder	John Buchanan	027 309 9920
Caravans	Kina Campers	<a href="http://www.kinacampers.co.nz">www.kinacampers.co.nz</a>
Chiropractors	Tasman Bay Chiropractic	03 544 4554
Child Care/Early Childhood Education	Country Kids Manager - Nickie	<a href="http://www.countrykids.org.nz">www.countrykids.org.nz</a>
Concrete	Concrete & Metals Tasman Bay	03 528 6344
Contactors	Tasman Earthworks & Construction	021 119 2239
Contractors & Cartage	Wayne, Heine	027 430 2725 AH: 03 543 2788
Dog grooming	Caroline Lusty, Groovy Paws	027 520 1285 AH: 03 543 2277
Electrician	Electrical Worx	0800 967 948
Electrician	Luuk Hermens, Motueka Electrical	027 588 5774 AH: 03 528 4488
Electrician	Tony, Sun Electrical	03 540 2367 Mob: 027 3784 580
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Hairdresser	Country Cuts	027 472 8863 AH: 03 543 2297
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Horse therapy	Tasman Equine Therapies	027 452 3906
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Lawnmowers	Stihl Shop Nelson	03 548 0179
Lawn mowing	Allan at Quick Cut Lawns	022 585 0047
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Lawyer Legal Services	The Legal House - Yvonne Watson	03 548 7839
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Real Estate	Sharon deJong, Summit Real Estate	027 3202 196
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Water	Complete Water Solutions	03 528 0040
Winery	Gravity Winery Cellar Door	03 543 2817
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Youth Group	Tessa Werner	022 101 2276