

The Grapevine

MOUTERE HILLS COMMUNITY NEWS

Inside this issue:

Community	3-4
Art	5
Sport	7-8
Recreation	10
Kids Corner	12
Animals	13-15
Gardening	18
Health &	19-20
Wellbeing	
Trade & Professionals	22

Special points of interest:

Farmers market—10 am, every Saturday

Rangers Football Club—registration now open (page 7)

The Nukes @ The Playhouse Theatre—11 March (page 10)

Live music @ The Moutere Inn—18 March (page 10)

Community pizza & pasta evening—25 March (page 8)

Chandrakirti music day—9 April (page 3)

OFF TO MARKET

LOCAL LIVES

Each weekend, locals make their way to Upper Moutere village to buy fresh produce at the new Saturday Market.

The first was held last November and it has since become a regular fixture between 10am and 1pm at the Old Post Office—attracting visitors from the Moutere and beyond.

"The rest of the building is open at the same time," says the store's owner Joanne Costar, who started the venture with her friend Monique. "Market goes can pick up a coffee and wander through the gallery spaces. There are already regulars who meet, pick up their goodies and head through the building to the garden to catch up with other locals."

The idea behind the market is to help local producers by giving them a chance to grow and sell in the Moutere. "Buying local, knowing where your food comes from, and spending money within the community is a large part of what it's all about," says Jo.

Of course, it's also great to see people bumping into friends and having a catch up. "There is a great community spirit around the farmers' market, which is incredibly enjoyable to be a part of each week."

Monique is one of the suppliers at the market, selling fresh veges and fruit from her local organic farm as well as from a couple of other large, organic vegetable gardens in the area. She has a seasonally changing array, which at the moment includes tomatoes, cucumbers, salad greens, chilies, herbs, beets, plums, apples and flowers.

"We also have a combined community table, manned by local students, which is for other local growers producing strawberries, blueberries, blackberries, apples and so on," says Jo.

Another key stallholder has been Miles and Steph from Miles of Food. "Miles makes all his own sausages, salamis, biersticks and pancetta, and has fantastic smoked salmon and a number of other delicious small goods. Plus on a good day he will

Looking to buy (or sell) fresh, local produce? Head for the local Saturday Market.



have fresh bread and tea cakes as well!"

Onsite food is also available. Newcomers Caroline and Lindsay make their Mademoiselle Crêpe authentic French crêpes with fillings like salted caramel sauce, strawberries and lemon, and Whittaker's chocolate.

Jo says she would love to see the farmers' market become part of life in the Moutere Valley just as markets are in many European villages.

"I now buy fresh sausages here each week, as well as a good portion of the week's fruit and veges. The Moutere Gold store brings fresh Rodrigo's Sourdough in for the market, so I also pick up my bread. I would prefer to do all my shopping locally and from people I know, so that is the goal to aim for."

The more there is on offer, the more locals will see it as a place to shop on a regular basis, she says. "We would love to have more local meats, seasonal produce, beverages, baking and pastries—as well as more delicious foods to eat on site while the market is on. We are keen to hear from anyone who grows or produces local product."



PLACING AN ADVERTISEMENT

Thank you for advertising in the Grapevine—you help us cover the cost of producing and delivering this free community newsletter each month.

The deadline for each issue is the 15th of the month.

Please email your print-ready ad to—umograpevine@hotmail.com or provide paper based, print-ready copy to the Upper Moutere Store.

The following prices apply for advertising:

- ∞ Births, marriages, deaths and giveaway notices: free
- ∞ Business card size advertisement: \$12
- ∞ 1/4 page advertisement: \$25
- ∞ 1/2 page advertisement: \$50
- ∞ Full page advertisement: \$95 (if space available).

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16.

Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs—see above for bank details.

Archived coloured copies of the Grapevine are available at www.mouterehills.org.nz/community/the-grapevine courtesy of the Moutere Hills Community Centre Staff.

Grapevine circulation is 1300 copies. This issue has been constructed by volunteers: Miriam Lynch, Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens and Heather Eggers.

Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!

PGG Wrightson Real Estate

RURAL PROPERTIES WANTED

Farmers and Lifestyle block owners

Now is the perfect time to sell your property as we are on a rising market with strong buyer enquiry.

We offer first class marketing tailored to your budget, that will give your property the exposure it needs to achieve a premium price. As well you will find our commission rates very competitive.



Peter Evans

B 03 543 8590

M 027 224 9798

pevans@pggwrightson.co.nz



Doug Smith

B 03 543 8590

M 027 543 2280

douglasjcsmith@pggwrightson.co.nz

www.pggwre.co.nz

Licensed REAA 2008

Helping grow the country



Hon Damien O'CONNOR

MP for West Coast/Tasman

0800 DAMIEN (0800 326 436)

Facebook: [damienoconnormp](https://www.facebook.com/damienoconnormp)

damien.o'connor@parliament.govt.nz



Labour

Authorised by Damien O'Connor MP, Parliament Buildings, Wellington

Tile It

*Custom Tiling
Waterproofing
Wood Flooring*

Tom

021-0485649

03-5432644



Upper Moutere Volunteer Fire Brigade

Call Outs

13th Jan - Vegetation fire, Old Coach Road
 16th Jan - Structure fire, Te Awhina Marae, Motueka
 22nd Jan - Tree down, Redwood Valley
 22nd Jan - Trees down, Neudorf Road, Old House Road
 24th Jan - Permitted burn, rubbish fire, Ruby Bay
 28th Jan - MVA Holdaway Road
 1st Feb - Permitted burn, rubbish fire, Dawson's Road
 7th Feb - MVA Coastal Highway
 8th Feb - Permitted burn, Central Road
 11th Feb - Man stuck down ditch, Blackbird Valley

FIRE FIGHTERS WANTED

If you are interested in joining the Upper Moutere Fire Brigade, we would like to hear from you.



If you are interested, please call Fred Ewers on 021 0316615.

Come have a look and see what we do.



What a glorious afternoon for the 10th Sarau Festival!

Whether you were there helping before and during the long weekend, one of our wonderful sponsors, or came along to enjoy the afternoon – I hope you had a great time and THANK YOU for your support.

Once all the accounts have been paid the Sarau Trust will again be in the position to distribute funds to the local community – our first priority is the groups who have helped run the Sarau Festival, then the groups providing sport or activities within our community. If you think that your group would benefit from receiving a donation – please let us know about it by 16th March – there is no application form – just send an email indicating who you work with and what you require the funding for.

Jenny Leith for the Sarau team.

jenny@saraufestival.co.nz

SARAU SCHOLARSHIP

If you are representing NZ in a sport or cultural event during 2017 and would like to apply for the Sarau Scholarship – please let us know about it by 16th March – there is no application form – just send an email telling us about the activity you are involved in, and what you require the funding for. And do tell us something about yourself...

Jenny Leith for the Sarau Trust.

jenny@saraufestival.co.nz

Music Day Sunday April 9th



*A fun day out for all the family
 Special Guest Tenzin Choeygal
 Tibetan singer with Sika and Caitlin*

*More Music all Day. Children's entertainment and
 yummy food
 A day for everyone*

**Chandrakirti Meditation Centre
 289 Sunrise Valley Road, Upper Moutere**

UPPER MOUTERE
**play
 group**

WE MEET EVERY FRIDAY 10AM-12PM
 MOUTERE HILLS COMMUNITY CENTRE.

WE PROVIDE AND SHARE MORNING TEA.
 POP IN FOR A CUPPA WITH LOCAL PARENTS!

ANY QUERIES PLEASE CONTACT
 ANNA 021 262 6675 OR JOSI 027 374 8223

ALL FAMILIES WELCOME!

The Social Group

Meets at the Sunday School Hall (Upper Moutere Lutheran Church) on **Thursday afternoons at 1.30pm each fortnight.**

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome.

Contact Brian or Lois Eggers ph 5432 871.



thawley orchard
company limited

Part Time Staff Required

We are looking for 3 – 4 reliable people to work in a small team assisting in the inspection of fruit from mid-March to mid-June.

Hours are generally 9am – 4.30pm Monday and Wednesday though hours may vary slightly. A good level of fitness is required as you may be required to lift cartons up to 20kg and will be standing for most of the day.

For more information or to apply
email coolstore@thawley.co.nz
or see www.thawley.co.nz



Awesome local family urgently require 3 bedroom home to rent in the wider Moutere Tasman area.

Please contact Clare on 0211464971



**Whole Barley 25 kg bags
\$19 per bag including
GST.**



Phone 021 454 731 or 03 526 7004

Mobile Diesel Repairs Trucks, Tractors Earthmoving & General Engineering

Seven days per week.
Locally based mobile diesel
mechanic.

**Steve Jones
Mechanical
027 552 3377**



CAR FOR SALE

2011, 1900cc, diesel Skoda Octavia. 87,000km.
New Zealand new.

\$12,000ono.

If interested, please call Miriam on 021 0699066.

Simplicity Funerals

Simply respectful. Simply affordable.



Planning for the future...

Simplicity Funerals Nelson have an information pack entitled "My Life, My Funeral" which contains a number of pamphlets with information about pre-planning your own funeral, and an application form for the FDANZ Funeral Trust.

This is a useful tool for all of us as we plan for our future. Much like making a Will, completing the information on the form provides peace of mind to families when faced with bereavement.

Contact us for more information or to receive this free information pack.

69 Haven Road, Nelson 7010
www.simplicity.co.nz

03 539 0066





March 2017 Newsletter

Pastel Artists of New Zealand, Nelson Region

By the time you read this we will have had our annual "Top of the South" art exhibition at the Mapua Community Hall. We hope you had an opportunity to attend and enjoyed viewing the artwork created by our members. Even better ... we hope you liked it so much you purchased a piece of art which you can enjoy for a life-time!

We have now started back to our regular Tuesday morning painting sessions. We come together from 9:00am to 12:00pm for some creative time. We have mini workshops, we work on our own paintings, we go outside "plein air" painting, we socialise and most of all we enjoy each other's company for a few hours once a week. For those who are beginners or even those who are not, our members are more than willing to share their experience and knowledge of pastels.

In March of this year, the "Purely Pastel" National Art Awards and Convention will be held in the Waikato. Our regional group will be represented at the art awards as we have members who have entered their paintings and were accepted to display and sell their artwork in this national exhibition.

We encourage anyone who is looking for a new hobby or just wants to get back to creating art and would like to give pastels a go to join us on Tuesday mornings at the Mapua Community Hall on Aranui Road, Mapua.

For additional information please contact our Area Rep, Glenys Forbes at 03 540 3388 or by email gmforbes@ts.co.nz.

Gloria Anderson



Jackie Greenwood

Your Independent Rawleigh's Distributor

- Medicinals
- Cleaners & Laundry
- Airfresheners
- Insect Repellent
- Sunblock
- Barrier Cream
- Aloe Vera Gel
- Personal Care
- Nutritional Shakes
- Essential Oils
- Spices, Seasonings & Essences
- Tapioca Desserts & Instant Cream
- Moss & Algae Killer
- Plant Food
- Herbal Pet Shampoo

**Free Delivery in the
Mapua, Ruby Bay
and Upper & Lower
Moutere area**

**For a Catalogue & Price List please call Jackie on either
of the following numbers in the evenings**

540 2648

027 383 0228

Or Email jackiegreenwood@xtra.co.nz



Sharon De Jong
Sales & Marketing Consultant

Mobile: 0273 202 196

Richmond Office

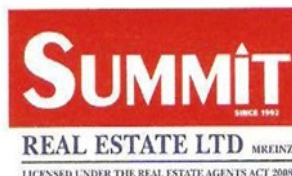
203 Queen Street, Richmond

Office: 03 544 2900

Fax: 03 544 2909

sharon.dejong@summit.co.nz

www.summit.co.nz



MAUREEN PUGH

NATIONAL LIST MP BASED IN WEST COAST-TASMAN



I am always happy to help

p. 0800 MAUREEN | w. www.maureenpugh.co.nz

e. maureenpughmp@parliament.govt.nz

Funded by the Parliamentary Service and authorised
by Maureen Pugh, Parliament Buildings, Wellington



CARAVAN RENTAL

Local business offering great value, good quality, well equipped UK caravans available for short and long term rental. Can be delivered and set up to a campsite location of your choice. Short term holiday rates from \$50 a day. Long term static hire from \$100 pw.

www.kinacampers.co.nz

Email: info@kinacampers.co.nz

ECOMIST®
Enhancing your Environment



FLIESGone!
MOZZIES....Gone!
ANTS.....Gone!
BUGS.....Gone!



Automatic Insect Control Systems

SOLD HERE



Available from our stockists:

Upper Moutere Lower Moutere
Store Store

03 543 2758

03 528 9529

Ecomist dispensers release small bursts of natural Pyrethrins that are safe for all the family including pets. The mist circulates around your home in the air currents, creating an invisible barrier to all insects, even with the doors and windows open! Ecomist breaks down in sunlight so there is no residue left around your home. Safe, 24 hour protection against flying and crawling insects!

www.ecomist.co.nz



RANGERS FOOTBALL CLUB

INFO + REGO

ONLINE NOW

 **Rangers football moutere**

www.rangersfc.nz
Registrations close : 20th March

First kicks : 4.5 - 7 yrs. Training once a week and an occasional friendly game with another club. Starting week 1. TERM 2. 2017

Fun Football : 7 - 8 yrs. Training once a week + Saturday games at Saxton. Starting week 1. TERM 2. 2017

9th Grade and above : Once a week training + Saturday games at other clubs in the area. 1st Game Sat. 1st April. 2017

 **Interested in coaching? have questions? please see our website for info or please email us directly : info@rangersfc.nz**

 **Did you know? After the player registration fee* is divided up and paid to NZ Football organisations & the Moutere Hills Community Centre, Rangers FC only receives \$8 per player.† All equipment is purchased through Rangers fundraising.**

* See website for 2017 season fees. † Average across grades 2016.

We run on donations from local business and the valuable time of volunteer parents. Thank you for your ongoing support.


Upper Moutere Tennis Club

Mission: To be a friendly community tennis club that promotes and encourages participation for fun, fitness and achievement for all ages and levels

A big thank you goes to all those who supported our Pimms stall at Sarau. It was one of our most successful yet!

What's happening at the Club in March:

- Individual & Family memberships at very affordable prices
- Coaching by Tennis NZ qualified coach for adults (Group & private lessons available)
*Children's coaching for ages 3 yrs+ (Group & private lessons available)
- Social Club tennis - Wednesdays from 6pm and Sundays from 9.30am
- Social and competitive interclub
- Cardio Tennis - burn calories & get fit while having a whole lot of fun! (no ability necessary)

Contact: Vanessa 027 511 8826 or email: umotennis@gmail.com

New club members (all levels) are always welcome.

To join Upper Moutere Tennis go to:
<http://www.mouterehills.org.nz/clubs/upper-moutere-tennis-club/>
for our 2016/17 Membership Form or email umotennis@gmail.com

Find us on Facebook: <https://www.facebook.com/Upper-Moutere-Tennis-Club>



Heine's

Cartage and Contractors

We have trucks, excavators, a dozer, a grader, and the expertise to do all your cartage, drainage, building site & foundation, roading, and subdivision work.



40 years of local knowledge

and experience in the transport and contracting industry

Phone Wayne on 03 5432 788
027 430 2725

Or call in at our workshop and office at
1455 Moutere Highway
(by the firestation)
UPPER MOUTERE

MOUTERE HILLS COMMUNITY CENTRE



Dear Community

We are well into the term and the Centre is back in full swing. Our weekly classes and activities are underway and It's great to see so many community members participating. Whether you want to get fit, meet new people or simply have some time out, come along and get involved. Our new schedule is now up on our website, so check it out. Classes cater for adults and children alike and there's something for everyone!

The Fitness Centre continues to go from strength to strength and we welcome all our recent new members. If you've been thinking about joining, what better time than now! We have a great range of equipment from the US with very affordable membership rates plus FREE classes that will compliment your workout. Call Vanessa now to join 027 511 8826

We are very excited about our upcoming community events. These will be fun, and a great opportunity to socialize with neighbours and friends. See below for further info.

Katrina, Cindus and Vanessa

Social Table Tennis Wednesday's 7:00 - 9:00pm

Come along and join this group of friendly, social players and enjoy mix of singles and doubles play. Bats can be provided.

Cost is just \$3 a session.



Community Pizza and Pasta Evening

Saturday 25th March

Opens at 5pm / Food served from 6pm

Cost \$20 per person



Come along and enjoy a lovely evening out with family and friends.
For just \$20 per person you can dine from a delicious Buffet servicing Pizza and Pasta.
Bar open, relaxing background music, traditional backyard games.

Bookings essential. Please phone 543 2516 or email functions@mouterehills.org.nz

High Tea Luncheon

Friday 7th April

From 11am—2pm

Cost \$10 per person

Come along and enjoy a decadent high tea in our idyllic setting.

Participate in some traditional backyard games, read up on the history of the Moutere or just sit back and enjoy the beautiful rural views.

Bookings essential. Please phone 543 2516 or email functions@mouterehills.org.nz



Phone: 543 2516

Email: enquiries@mouterehills.org.nz

Website: www.mouterehills.org.nz



Mon - Sat: 8am to 6.30pm
Sunday: 9am to 5pm

MAPUA COUNTRY STORE

YOUR FRESH LOCAL MARKET

Public Holidays
10am to 5pm

Open 7 days a week to bring you the very best produce and products

FRESH FRUIT & VEGGIES ★ DELI PRODUCTS ★ GIFT IDEAS

LOCAL CHEESES & MEATS ★ FRESH FLOWERS

PANTRY STAPLES ★ QUALITY PET FOOD & MORE...

★ **Local beer, cider and wines** ★
plus wines from around the world.

GIANT PUMPKIN COMPETITION!

The Famous Pumpkin Competition has returned and is well underway with your chance to win prizes if you can grow a whopper. How is your prize pumpkin doing? Full details about the judging in store soon.

Look out for our regular in-store tastings and cooking demonstrations

151 Aranui Road, Mapua (opposite Mapua School)

P: 03 540 2581

E: info@mapuacountrystore.co.nz

www.mapuacountrystore.co.nz

 MapuaCountryStore

 MapuaCountryStore

Shop local × Eat Local × Enjoy Local



****New Season****

FROZEN BERRIES AND BLACKCURRANTS

Boysenberries, Karaka Blackberries, Blackberries,

Blackcurrants - Good quality 2nds

1kg freeflow packs, or 10kg bulk boxes

\$7.00kg

Ideal for baking, smoothies, jam, sauces, desserts etc

Buy direct from grower - Phone 5432888

Davey Road Berryfruit - Ross and Karen Prestidge



Andrew Prouting (Chops)

M 027 305 2412

P 03 543 3613

E chopsfencing@gmail.com

*To view our work visit Chops Fencing
on Facebook*

- Complete Fencing Services •
- Post Driving • Piling Fences •
- Rural Fencing • Pea Straw •
- Log Splitter •

ARTS ON TOUR NEW ZEALAND PRESENTS

The Nukes

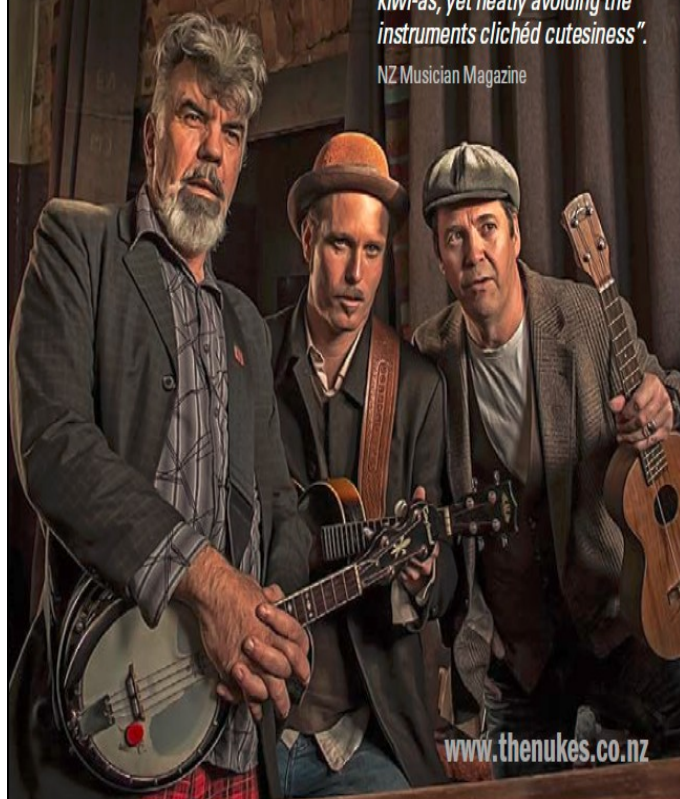


Dave Parker, David Thiele and Benjamin Collier form the mega-talented trio, **The Nukes**, and they are way more than just another ukulele band from Auckland! Part vaudeville, part rat-pack and part musical car-crash, **The Nukes** deliver a rare and explosive mix of hi-octane humour and originality.

"Highly intriguing and really skilful - a great mix of folk, bluegrass and reggae." Grant Smithies, Radio NZ

"...a variety of beautifully arranged and harmonised songs, that are unpretentious, kiwi-as, yet neatly avoiding the instruments clichéd cuteness."

NZ Musician Magazine



www.thenukes.co.nz

SATURDAY 11 MARCH 8PM
THE PLAYHOUSE THEATRE, MAPUA
\$20 BOOK: THE PLAYHOUSE

creative **nz**
ARTS COUNCIL OF NEW ZEALAND / Te Kaitiaki Take Kōwhiri

the Southern trust

OTAGO
Community Trust

Community Trust
of Southland
Te Pou Arotaki Pounamu o Murihiku

Rātā
Foundation

InterIslander

Est. 1850

Moutere Inn

New Zealand's Oldest Pub



What's Happening In March



Live Music 7pm Saturday 18th "Easy Tiger"

Easy tiger – More Tiger than Easy. This is not your usual pub cover band. Easy Tiger are a five piece from the Moutere Hills, playing a mix of Indie rock and classics with a twist. From Elvis Costello, to The Black Keys, The Pixies and PJ Harvey.



I.P.A. Showcase Monday 20th – Sunday 26th

A week of all things hoppy, including Garage Project Venusian, Yellow Box Lazy Hazy, Heme Tane Manuka, Southpaw Red Riding Pine, Behemoth Sharp Black, Townshend trial Hop 2.



Fine Dining Evening 7pm Saturday 25th

We will be offering a relaxing evening, of fine dining, over five courses. Bookings essential check our website for menu details.

Don't Forget

1 st Thurs Folk Night	This month the 2 nd
2 nd Thurs Quiz Night	This month the 9 th
4 th Thurs Cigars and Whisky	This month the 30 th

PHONE 5432 759

WWW.MOUTEREINN.CO.NZ

FACEBOOK/MOUTEREINN

1406 MOUTERE HIGHWAY, UPPER MOUTERE 7175

THE OLD POST OFFICE
FARMERS MARKET
UPPER MOUTERE

EVERY SATURDAY

10am -1pm

THE OLD POST OFFICE
MOUTERE VILLAGE

Fresh local fare,
veges,

flowers, small goods, bread and more

**We can help your
business grow**



PITT & MOORE
LAWYERS AND NOTARIES PUBLIC

Nelson 03 548 8349
Richmond 03 543 9090
www.pittandmoore.co.nz
Law & Justice

A great job at a GREAT Price!

**SUN
ELECTRICAL**

Phone: 03 540 2367

www.sunelectrical.co.nz

Tony: 027 3784 580

Troy: 022 080 4751

124 Aranui Rd
Mapua, Nelson 7005
sunelectrical@xtra.co.nz

Domestic
Industrial
Commercial
Caravan WOFs
Solar Power Systems

**Our highly skilled and experienced
electricians can provide solutions to
meet your electrical needs**

- New house/shed wiring
- Rewiring
- Alterations and repairs
- Hot water elements and thermostats
- Energy saving solutions
- Power bill forensics
- Garden and outside lighting
- Solar power systems
- Caravan electrical warrants
- Sewerage and pumping systems
- Test and tag
- Switchboard upgrades and replacements
- Oven and store repairs
- Urgent breakdowns
- Industrial wiring and maintenance

www.sunelectrical.co.nz

Harcourts

Harcourts Mapua

"The Big Little Office"



Wendy Perry
Salesperson
027 249 1701



Sian Potts
Salesperson
027 296 8345



Lynn Remington
Administrator
03 540 3425

Harcourts Mapua - 2A Iwa Street - 03 540 3425

www.teamtasman.co.nz

Licensed Agent REAA 2008

Harcourts

MyMove Mapua
Property Management



- Protecting your investment
- Maximising your return
- Sensible rates without compromise
- We look after your property as if it were our own!
- Also covering properties in Richmond & Motueka

Call Amanda James on 03 544 2065
Email amanda.james@harcourts.co.nz
www.mymove.co.nz | Licensed Agent REAA 2008

Mapua HOLIDAY Homes

Friendly • Professional • Stress-free

**Full & Part Time Lets Managed
Mapua-based Managers
A friendly & professional service**

Call Sian Potts on 027 296 8345
Email sian.potts@gmail.com
www.mapuaholidayhomes.co.nz

MOUTERE COMMUNITY YOUTH

We have just run an adventurous holiday program, seven days of activities spread over two weeks - geocaching, beach day, pool day, some awesome rock climbing at Paynes Ford, Takaka (there are some keen and skilled young climbers out there). A highlight for me was tramping Mt Arthur and making it to the summit. Two of our group achieved this feat by tramping bare-foot! Crazy?! The weather was perfect, just a light breeze to cool my sweaty brow... We finished on Friday by stencilling designs on T-shirts, a very creative event. The activity that attracted the most kids was the fundraising day, we chopped, delivered and stacked pear wood and pine. Not sure why this was so popular but the kids worked HARD! We were impressed. We thank Jayne Stevenson for coming along and helping out with the rock climbing and tramping.

And we can't forget the Sarau Festival. Moutere Youth always helps out with the rubbish collection but this year, we had the inspiration and vision of John Valentine to implement ideas to reduce waste.

We collected and sorted 1,439,297 pieces of rubbish and sorted them into the correct category: compostables/plastics/cardboard/glass or landfill. At the end of the festival we had only FOUR wheelie bins of landfill rubbish (instead of the usual 20). And John had very happy chooks! Many thanks to John for helping to organise this and also for his energy and personality, keeping us entertained while sorting well into the evening, maybe we'll need head torches next year...

March

Junior Youth

Fridays/3:30-5:30pm/Year 5 - Year 7/\$2/meet at UMO church hall

**Come early after school for afternoon tea, gold coin donation*

- 3 Geocaching
- 10 Nerfwars
- 11 *NO YOUTH*
- 24 Dovedale Treasure Hunt

Intermediate Youth

2nd & 4th Fridays/6:30-8:30pm/Year 7 - Year 9/\$2/meet at UMO church hall

- 10 Challenge Event
- 24 Car Rally

Senior Youth

1st & 3rd Fridays/6:30-8:30pm-ish/Year 9 - Year 13/\$2/meet at UMO church hall

- 3 Sports at Moutere Hills Community Centre, meet here
- 17 Mountain Biking

Pump Track/Jump track

Working BEE: Saturday 22nd April (middle weekend of school holidays)

We're going to create the pump track. Dirt will be shifted and the track will be formed with the aid of a digger. Come along to help move and compact dirt. We hope to get the majority done on this day. Many hands (and shovels) make light work! If you are keen to be part of the design process contact Billy NOW! (Wet weather alternative date: 29th April)

Kids Yoga



Benefitting your child's self-esteem, concentration, co-ordination, flexibility and strength.

Encouraging teamwork, co-operation and respect.

Strengthening their bodily systems, breathing and emotions.

A space where they can de-stress, relax and connect with themselves.

TERM 1 SATURDAYS - Feb 11, 25 • March 11, 25 • April 8.

TERM 2 SATURDAYS - May 13, 27 • June 10 • July 1, 8.

AGES 4 - 6 9.30 - 10.15am \$50 per term

AGES 7 - 9 10.30 - 11.30 am \$60 per term

Please book in advance as numbers are limited.

AT ANIWANIWA ROOM, PARKLAND SCHOOL, 9 PAH ST, MOTUEKA

For Booking and Information contact Jo @ 0211709495
coolbluetwo@yahoo.com

Hello animal lovers

When I first met Sidi she belonged to some friends in Mt Lyford, Canterbury. A long haired domestic tabby somewhat aloof and not particularly friendly. I was asked to look after her for six months which lasted for 13 years. At first Sidi left my property and decided to walk to her old home in spite of the fact she had originally been transported in a car. After I got her back she started to really relate to me and would 'speak' and answer me if I called. After six months she disappeared and this time could not be found and after a month of searching I was convinced I had lost her but one night there was a scratch at the door and a very weak meow and a very thin Sidi walked in. I never did find out where she had gone or how she got back but after this incident it would be true to say we were as close as any person and their animal could be. Sidi always followed me and talked to me and would always come when I called her. Even a move to the North Island made no difference she just wanted to be with me. It was in the North Island that one day I was riding my horse, Holly when Sidi ran across the paddock and up the side of Holly to sit in front of me on the saddle. After that she often used to ride with me and did not get upset with the movement of my horse. A behaviour which attracted a lot of attention which nobody had seen before. She would even jump on the bonnet of my car and ride down the driveway to my cottage.

When I moved to Nelson five years ago all my animals came too and settled in well. Sidi loved everybody and had the most amazing affectionate personality. She corrected any dog who barked at her with a swift left hook but sadly she was eventually fatally attacked by a hunting dog last year.

Of all the animals I have had over the years, Sidi was the most special and the relationship we had can never be repeated. If an animal connects with its owner completely it is an unbreakable bond and the most wonderful experience for both. It all comes back to trust and love. Even though there will never be another Sidi, she taught me much about cats and their relationships.

I am always happy to answer any animal behaviour questions.

Sue Mott
Animal behaviourist
03 9700952



Horse Help Wanted

Person required two days a week for two hours each day (mornings preferred) to help a mature couple with 4 horses. Work involves yard work, grooming and groundwork. Rate of Pay: \$30 per hour. Must be able to provide daily paid holiday cover as required. Previous experience and good skills working with horses are essential.

Phone Sue: 03 543 2717

Caring for all creatures Great & Small

We offer a standard visit of \$97.50 which is
inclusive of mileage on Thursdays
for pre-arranged calls.



CONDITIONS APPLY -Phone (03)5441200 for appointments
and more information.

35 McGlashen Avenue, Richmond

25 Edward Street, Wakefield



www.tcvet.co.nz



Total Commercial & Residential Pest
Control

Get peace of mind by having your
property treated by a fully trained
Flybusters technician

**Whatever your pest, contact Shane now
for a free quote on**

5480121 or 0800 83 70 70

NELSON—MOTUEKA—GOLDEN BAY



Perennial ryegrass staggers

This seasonal condition is caused by lolitrem, a fungal toxin, produced by an endophyte fungus found in ryegrass pastures and is NOT the same as "staggers" in cows due to hypomagnesaemia. Clinical cases are commonly seen in horses, sheep and calves, but all animals can be affected.

Endophyte fungi flourish in the summer and autumn when it is warm. The toxin concentrates in the lower leaf sheath, flower heads and seeds, but can be found in all parts of the plant. With shorter grass and hard grazing, larger amounts of the toxin are ingested.

Clinical signs can vary but generally develop seven to fourteen days after exposure and are the result of the toxins interfering with nerve transmission. Those mildly affected become more nervous and flighty to handle and/or ride, and are sensitive to sudden movement and noise. Severely affected animals show fine tremors, severe head nodding, splaying of legs and may stumble, stagger, fall or become recumbent. Signs are generally made worse by stimulation.

Recovery relies on removal of the animal(s) from the contaminated pasture to a 'safe' paddock or yard. The time for full recovery is variable depending upon level and duration of exposure. Misadventure is the greatest risk during this time, so it is important to keep animals quiet and in an area free of hazards such as dams or rough terrain.

'Safe' pasture could be one containing little or no ryegrass, or be endophyte safe ryegrass seed (contains a modified endophyte strain which does not produce ryegrass staggers). Alternately paddocks containing plenty of grass, so that the animals don't overgraze down into the leaf sheath, can also be satisfactory. Alternative feeds, such as hay and/or concentrates, should be fed, but note that hay made from affected pasture should be avoided because the toxin is still viable in the hay.

Lastly, there is a vast range of products that may help treat or prevent ryegrass staggers. They are fed to at-risk animals to minimise toxin absorption, but they do vary in their claims, cost and effectiveness. So for more advice don't hesitate to give us a call at the clinic (5441200)

Groovy Paws Dog Grooming

Caroline Lusty, 115 Tarrant Rd, Mahana
 Ph: 03-543 2277 027 520 1285
 Email: caro.lusty@xtra.co.nz

**TOWN & COUNTRY VET
 RICHMOND**

Dog Wash K'9000

Coin and note operated

Open 24 hours

7 days

Grant Berkett | **SHEARING**

- Small block shearing
- Crutching etc
- Own shearing plant and generator

ph: 03 543 2029
mob: 027 918 8210




TASMAN EQUINE THERAPIES

Fiona Ramsay

Advanced Equine Body Worker

Physiotherapeutic Remedies for Horses

Sports Performance Therapy, Injury Repair/Rehab, Equine Bowen

Qualified Professional Services

027 452 3906



Your Farm, Your Plan

Call Sandra your qualified Tasman consultant on 027 757 0011

www.onfarmsafety.co.nz

Horse Cover & Gear Repairs

Horse Cover Washing

Prompt Service

Good Rates

Contact Lawrie

1350 Moutere Highway

Ph: 03 543 2234

021 208 2192





Shearing, crutching & sheep care
Specialising in
LIFESTYLE BLOCKS
Portable machine + Generator

SUE THE SHEARER

RING FOR A NO OBLIGATION QUOTE

Ph 021 533 350

Kenmore Farm

Old House Rd, Upper Moutere

Producing quality.....

WILTSHIRE SHEEP * SANEEN GOATS * LAVENDER



Consultation in *Lifestyle Block Animal Health Care * &

Natural Equine Hoof Care Practitioner

HOOFNZ Course Trainee Affiliated

Enquires welcome 027 405 4892 jspenno@hotmail.com

or visit us on www.facebook/KenmoreFARM


**Did you Paws
to read our
newsletter
this month?**

EDWARDS LTD
COUNTRY BUILDINGS

Uniquely Crafted Homes & Outbuildings

We also specialise in:
BRICK & BLOCKWORK
RETAINING WALLS • FOUNDATIONS • DECKING
GARDEN WALLS • STONWORK

FOR HIRE: 2.5T Excavator / Tip Truck (Operator available if required)
Scaffolding (Supply & Erect / Supply only)

Call Tim 021 320 306

HIGH PLACES
www.highplaces.co.nz
world trekking



Iceland Contrasts

Iceland - Greenland - Himalayas
Patagonia - Chile - Peru - Ecuador
Mt Kenya - Kilimanjaro - and more!

Tel 03 540 3208 treks@highplaces.co.nz

architecture studio | mapua

design it
- love it

Simone Wenk
Reg. Architect (Germany), LBP Design 2 (NZ)

03 540 3282 / 021 1049 039 | Shed 4, Mapua Wharf
simonewenk@xtra.co.nz | www.architecturemapua.co.nz



LEIGH BRIARS ARCHITECTURE

03 543 2667
021 215 0946
briars@ts.co.nz
RD 2 Upper Moutere
Nelson 7175




MyPersonalPlumber

Alex Bint
0800 444 343
027 542 4329
alex@mypersonalplumber.co.nz
www.mypersonalplumber.co.nz
1366 Moutere Highway,
RD1, Upper Moutere, 7173



MAPUA AUTO CENTRE
'YOUR AUTOMOTIVE SPECIALIST'



Fully Equipped Automotive Workshop

All Makes & Models

6 Courtesy Cars

W.O.F.



20 WARREN PL, MAPUA
PH 03 540 2180
mapuaauto@mapua.biz
www.mapua.biz/mapuaauto

MAPUA AND DISTRICTS BUSINESS ASSOCIATION

mta ASSURED



*I've sent high commissions **Packing**
with our **UNBEATABLE FLAT FEE***



134 Tarrant Rd, Upper Moutere (TPNE2577)



85 McBrydie Rd, Lower Moutere (TPNE2654)

**CONTACT DEBBIE WATSON YOUR LOCAL REAL ESTATE AGENT
FOR A NO OBLIGATION APPRAISAL**

P 03 543 2629 | **M** 021 462 629

E debbie.watson@tallpoppy.co.nz | **W** tallpoppy.co.nz



BULSARA T/A TALL POPPY LICENSED UNDER REAA 2008



CWS

CompleteWaterSolutions

**COME AND SEE US
FOR A GREAT DEAL**

Your local suppliers of
**TANKS, PUMPS &
UV FILTERING SYSTEMS**



24 Huffam Street Motueka

Ph: 528 0040

www.cwsnz.co.nz

FOR SALE

Kowhai Trees

2-3 yrs old, 1m tall

\$10 each

Ph: 022 4259 355

Cnr Old Coach Road & School Road,
Mahana



Water Features

Paving

Rock Work

Irrigation

General Landscaping

Michael Hardy

Ph: 021 443 908

A/H: 03 543 2555



Endurance spraying

**All types of weed spraying
Gorse and Brushweed
Control**

**Commercial • Residential
Forestry Road Spraying
Moss treatment for lawns,
concrete areas and decks.**



Contact Pete Hughes
021-194 2654 A/H 03 544 2654
**Growsafe certified •
Approved Handler**



Your Local Tree Specialists

- All work fully insured
- We cover all aspects of tree care from planting and reticulation systems, to tree management and hazardous tree removal

Ph: 0223 276 164

PEA STRAW

"The ideal garden mulch"

Suppliers of quality Pea Straw for the past 15 yrs

\$13 per bale

1290 Main Road, Upper Moutere
Please phone to arrange collection
Ph: 03 5432890 or 021 496 557

STRAIGHT UP FENCING AND CONTRACTING

RUSSELL LAWRENCE

027 5432016

tnrlawrence@gmail.com

www.straightupfencing.co.nz



*Over 20 years experience
in fencing and farming*



**FENCING
FENCE LINES
CULTIVATING**

**ROADING
ROOT RAKING
ETC.**

THE ART OF TOUCH
"Discover Enhanced Health and Well-Being"

- BIODYNAMIC CRANIOSACRAL THERAPY
- THERAPEUTIC / REMEDIAL MASSAGE
- REFLEXOLOGY - AROMATOUCH
- **GAIN RELIEF OF MANY AILMENTS! **FREE CONSULT!**

CONCESSIONS & GIFT VOUCHERS

MELISSA POTTER
 (I.T.E.C, D.REF, R.M, BCST DIP, P.A.C.T, YOGA DIP)
PH/TXT: 021-1368439
WWW.THEARTOFTOUCH.CO.NZ
Bringing you over 27 years experience!

MOUTERE MASSAGE

Sports * Deep Tissue * Injury Repair * Bowen Therapy
 *Foot Reflexology
 * Pregnancy Massage * Remedial Body Work

Fiona Ramsay
Certified Sport/Remedial Massage Therapist

Ph/Txt 027 452 3906
 Monday to Friday 10am - 4pm
 Evening 6pm-7pm Wednesday & Thursday
 Gift Vouchers 20 Wilson Road, Upper Moutere

Hatha Yoga in the Upper Moutere. On Mondays & Wednesdays.

Please ring Jane for more information. 0272635211

'When we control the breath, we calm the mind'

LOCAL MIDWIFE CLARE SPRATT
Ring Clare for friendly professional maternity care and advice.

I offer full 24 hr maternity care from conception through to 6 weeks post natal, home/hospital and water births, birthing pool available, natural remedies, free pregnancy testing, breastfeeding support and much more.

T: 03 526 7764
 M: 0273324929
 E: midwifeclarespratt@me.com

Vinyasa Yoga
 Flow Relaxation

*Benefits - Physical Fitness,
 Re-energises the body.
 Releases blocked energy and Relaxes the mind.*

Tuesdays 9.30am - 10.45am
 At Riverside Community Centre, 289 Main Road, Lower Moutere

Thursdays 6.30pm - 7.45pm
 At Parklands School, Aniwanui Room, 9 Pah St, Motueka.

What to bring - a yoga mat, light blanket and water bottle
 Drop-in class \$10. All levels welcome

ENQUIRIES CONTACT JO - 0211709495

**DOROTHEA
TEBBENHOFF**

HEILPRAKTIKERIN
 LICENSED ACUPUNCTURIST

25 GREENWOOD ST
 MOTUEKA

WWW.TASMANACUPUNCTURE.CO.NZ

03 528 6239

MNZRA, ACC PROVIDER

Acupuncture
Chinese Herbal Medicine

Chí



Sunday Meditation

*Every Sunday morning
10am to 11.30am*

With Geshe Jampa Tharchin

All warmly welcome open to everyone

Kids Dharma Club at 10am Sunday

Bring the children for the morning

Followed by free vegetarian lunch

Chandrakirti Meditation Centre

289 Sunrise Valley Road

Upper Moutere 7173

Ph 5432021

www.chandrakirti.co.nz

Jo Chapple
Counsellor
chapplejo86@gmail.com
0277132145

Jo Chapple Counselling
NZAC provisional member

Covering Nelson and surrounding areas

REACH YOUR HEALTH GOALS

Your friendly community Chiropractors are here to help
you and your family reach your health goals

X-rays onsite, ACC registered
Experienced with sport and work injuries, performance enhancement
and whole family care (0-100 years)



Tasman Bay
Chiropractic



Call 03 544 4554 Monday - Saturday
Tasman Bay Chiropractic, 64 Oxford Street Richmond
www.tasmanbaychiropractic.co.nz

Karen
For all hairdressing services

14 Kelling Road
Upper Moutere 7175
(03) 5432297 or 0274 728863

Phone or email for an appointment
k.jrhind@xtra.co.nz

**Country Cuts
Hairdressing**

FOOD • SKINCARE • GIFTS

OPEN DAILY
Shed 4 - Mapua Wharf
402/6 Aranui Road
Mapua 7005
Shop: (03) 540 2561
Cathie: 021 732 752
info@ketetasman.com
Shop Online: ketetasman.com

Showcasing the best of Nelson

Accountancy A to O Ltd

Douglas Strong
Retired Chartered Accountant

Tamzin E Maritz
Dip Bus. Dip Accounting

For All your Accounting Requirements

91 Neudorf Road,
Upper Moutere, 7144
PO Box 26,
Upper Moutere, 7144

Phone: (03) 543 2933
E-mail: jdoug@xnet.co.nz

GRAEME SMITH MNZIQS

Cost Planner / Estimator / Quantity Surveyor



In practice as an independent Cost Planner / Estimator / Quantity Surveyor has had more than 30 years' experience in New Zealand, Australia and the U.K.

Special Expertise: - Heritage, Commercial and Infrastructure construction, Architectural Housing, Cost Planning, Project Development, Marketing and Estimating, Commercial and Residential Rebuild Insurance Valuations



e: eggersbuild@ts.co.nz
m: 027 446 0739
t: 03 543 2757
f: 03 543 2823

76 martin road
rd2 upper mouere
nelson 7175

Call Andrew on 027 4460 739 for a quote or estimate on your next project



www.facebook.com/andreweggersbuilders



JasonFrater
BUILDERS LTD

BUILDING OUTSIDE THE BOX



Ph: 021 743 497 Ah: 03 528 0337
Email: info@jasonfraterbuilders.co.nz
www.jasonfraterbuilders.co.nz



Did you know our fuel is at
national
pump prices?

Why not fill up at your local?

Our 24/7 After Hours fuel machine now accepts 'Z' Card.

We also support 'Fuel for Schools' so you are giving back to the community too!



Ph 543 2707
Main Road, Upper Mouere

TRADE/PROFESSIONAL & SERVICES LIST		
Accountants	Accountancy A20 Limited	03 543 2933
Acupuncture	Dorothea Tebbenhoff	03 528 6239
Animal Behaviourist	Sue Mott	03 9700952
Architectural Designer	Leigh Briars	Mob: 021 215 0946 AH: 03 543 2667
Architectural Designer	Simone Wenk	Mob: 021 1049 039 AH: 03 540 3282
Builder	Tim, Edwards Country Buildings	Mob: 021 320 306
Builder	Andrew Eggers	Mob: 027 446 0739 AH: 03 543 2757
Builder	Jason Frater	Mob: 021 743 497 AH: 03 528 0337
Cartage & Contractors	Wayne, Heines	Mob: 027 430 2725 AH: 03 543 2788
Chiropractors	Tasman Bay Chiropractic	03 544 4554
Cleaner	Janine Bernstone, Maid in Mapua	Mob: 020 4014 3047
Costume Hire	Time Warp	Mob: 021 2310 714
Counselling	Jo Chapple	Mob: 027 7132 145
Dog Grooming	Caroline Lusty, Groovy Paws	Mob: 027 520 1285 AH: 03 543 2277
Fencing	Andrew Prouting, Chops Fencing	Mob: 027 305 2412 AH: 03 543 3613
Caravans	Kina Campers	www.kinacampers.co.nz
Electrician	Tony, Sun Electrical	Mob: 027 378 4580 AH: 03 540 2367
Fencing	Russell Lawrence	Mob: 027 543 2016
Funeral Directors	Simplicity Funerals	03 539 0066
Gardening	Pete Hughes, Endurance Spraying	Mob: 021 194 2654 AH: 03 544 2654
Gardening	Abel Tasman Tree Solutions	Mob: 022 3276 164
Gift shop	Cathie, Kete	Mob: 021 732 752 03 540 2561
Hairdresser	Country Cuts	Mob: 027 472 8863 AH: 03 543 2297
Health & Wellbeing	Melissa Potter, The Art of Touch	Mob: 021 136 8439
Horse care	Edens Horse Hotel	Mob: 027 358 1541
Horse care	Kenmore Farm	Mob: 027 405 4982
Horse gear repairs	Lawrie	Mob: 021 208 2912 AH: 03 543 2234
Horse therapy	Tasman Equine Therapies	Mob: 027 452 3906
Landscaping	Michael Hardy, Hardy Landscapes	Mob: 021 443 908 AH: 03 543 2555
Lawyers	Pitt & Moore	03 543 9090
Local market	Mapua Country Store	03 540 2581
Massage	Fiona Ramsay	Mob: 027 452 3906
Mechanic	Karl, Autofix	Mob: 020 4113 8667
Mechanic	Mapua Auto Centre	03 540 2180
Mechanic	Moutere Motors	03 543 2707
MP	Damien O'Connor, Labour Party	0800 DAMIEN
MP	Maureen Pugh, National Party	0800 MAUREEN
Midwife	Clare Spratt	Mob: 027 332 4929 AH: 03 526 7764
Pest Control	Flybusters Antians	0800 837070 AH: 03 548 0121
Plumber	Alex Bint, My Personal Plumber	Mob: 027 542 4329 AH: 0800 444 343
Pub/Restaurant	The Moutere Inn	
Quantity Surveyor	Graeme Smith	Mob: 021 1044 4097 AH: 03 526 6772
Real Estate	Sian Potts, Harcourts Real Estate	Mob: 027 296 8345
Real Estate	Wendy Perry, Harcourts Real Estate	Mob: 027 249 1701
Real Estate	Sharon deJong, Summit Real Estate	Mob: 027 3202 196
Real Estate	Doug Smith, PGG Wrightson	Mob: 027 543 2280 AH: 03 543 2280
Real Estate	Debbie Watson, Tall Poppy	Mob: 021 462 629 AH: 03 543 2629
Recreation Centre	Moutere Hills Community Centre	03 543 2516
Play Group	Anna / Josi	021 262 6675 / 027 374 8223
Shearing	Sue	021 533 350
Social Club	Brian or Lois Eggers	03 543 2871
Tennis Club	Vanessa Mairs	claybrookeestate@xtra.co.nz
Tree care	Abel Tasman Tree Solutions	022 3276 164
Trekking	High Places	03 540 3208
Vet	Town & Country Vet	03 544 1200
Water tanks	CWS Complete Water Solutions	03 528 0040
Yoga	Jane, Kids Yoga	Mob: 027 263 5211
Yoga	Jo, Vinyassa	Mob: 021 1709 495