

The Grapevine

MOUTERE HILLS COMMUNITY NEWS

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COMMUNITY MINDED

LOCAL LIVES

Despite living in the Moutere for 21 years, Heather Marr has kept her strong Scottish accent. She moved here from Fife when her children Claire, Lauren and Elliot were youngsters, and all three went through Upper Moutere School.

Heather has worked at Country Kids day-care and preschool for 16 years, currently doing three days a week with the under-tuos. She says she particularly loves writing their 'learning stories', detailing each step in their development.

These regular records of each child at the centre are kept in books and online via the Storypark app, which enables parents to view and comment on their children's activities, as well as share photos of their own.

Heather completed her degree in early childhood education six years ago, just as Elliot, then 15, was diagnosed with stage three non-Hodgkin's lymphoma. For the next eight months, all routines were thrown out the window, as Heather and Elliot were flown straight to the Children's Haematology Oncology Centre (CHOC) in Christchurch.

A month after arriving, the Christchurch earthquake struck, and Elliot was among several patients to be flown to the Starship in Auckland while power was restored at CHOC. There he had to go into isolation having caught a superbug, adding to an already traumatic time.

"The community here was amazing," recalls Heather. "A working bee built a deck for us, and the school kids fundraised at the Sarau Festival. It really took the pressure off and helped provide the 'warm fuzzies' while we were feeling so cut off from everyone."

Unlike some of the good friends he made during this period, Elliot was fortunate to make it through. Now 21, he is living in Wellington and getting stuck into photography. "He was here just a short while ago doing a photo shoot for a company that sells cycling gear," says Heather.

Lauren, 25, is a police officer in Auckland, and Claire, 27, works at Pomeroy's in Nelson. She also puts her



Heather Marr is heavily involved in the local community and forever grateful for how they rallied round during some tough times.

creative streak to practical use by baking and decorating cakes—the latest for a 50th birthday party.

Paintings and other artworks hang all around the family home: on walls and ceilings—even pegged to curtains—creating an appealingly rustic look. Heather loves to paint from her home studio, working mostly with oils and watercolours to produce landscapes, still lifes and portraits.

Her art is also on display at the Moutere Hills Vineyard, thanks to owners Rusty and Lisa, who were the first to 'purchase' her work. "I got a bar tab for my first sale," says Heather with a laugh.

Always keen to get involved in the community, she helps out each year at the Sarau Festival blackcurrant cooking competition, and she's also been the 'watchhouse' for the local fire brigade for 16 years. "As soon as the siren goes, I'm there, turning on the engines and manning the radios."



PLACING AN ADVERTISEMENT

Thank you for advertising in the Grapevine—you help us cover the cost of producing and delivering this free community newsletter each month.

The deadline for each issue is the 15th of the month.

Please email your print-ready ad to—umograpevine@hotmail.com or provide paper based, print-ready copy to the Upper Moutere Store.

The following prices apply for advertising:

- ∞ Births, marriages, deaths and giveaway notices: free
- ∞ Business card size advertisement: \$12
- ∞ 1/4 page advertisement: \$25
- ∞ 1/2 page advertisement: \$50
- ∞ Full page advertisement: \$95 (if space available).

Please deposit payment (and identify it with your name) to our account: NBS 03 1354 0229034 16.

Sending us editorial items

We warmly welcome editorial contributions to the Grapevine from all residents in the Moutere and Tasman regions. You make the newsletter an interesting read!

There is no cost to having your articles published but if you are telling the community about a commercial or fundraising venture, we do appreciate a small donation to help us cover our costs—see above for bank details.

Archived coloured copies of the Grapevine are available at www.mouterehills.org.nz/community/the-grapevine courtesy of the Moutere Hills Community Centre Staff.

Grapevine circulation is 1300 copies. This issue has been constructed by volunteers: Miriam Lynch, Tanya Doty, Beverley Sellers, Sharon Beuke, Avril Stephens and Heather Eggers.

Views expressed are not necessarily those of the voluntary editors and no responsibility is taken!

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Upper Moutere Volunteer Fire Brigade

Call Outs

Callouts from 16th Feb to the 15th March.

16th Feb: Shed fire, Dovedale

21st Feb: Medical call/rescue chopper assistance, Gardeners Valley

23rd Feb: Alarm activation, Upper Moutere School

27th Feb: MVA Coastal Highway

2nd March: Permitted burn, Gardeners Valley

11th March: MVA Neudorf Road

11th March: MVA Neudorf Road

The Social Group

Meets at the Sunday School Hall (Upper Moutere Lutheran Church) on **Thursday afternoons at 1.30pm each fortnight.**

Join in games and cards. Enjoy our afternoon of fun and fellowship. All welcome.

Contact Brian or Lois Eggers ph 5432 871.

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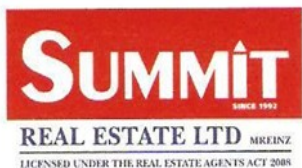
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COMMUNITY MEETING

Meet Council representatives

Hear about TDC's Annual Plan for 2017/18

Talk about local issues

Raise your concerns

Come to the

Public Community Meeting on

Tuesday 11 April 2017

from 7:00 pm

at the Moutere Hills Community Centre

This will be a general community meeting and the public is very welcome. TDC will be there to present and discuss local and district-wide issues.

Go to our website at to find out more.

Moutere Hills Residents Association

Visit our website www.mhra.org.nz

or write to us at feedback@mhra.org.nz

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MOUTERE HILLS COMMUNITY CENTRE



Dear Community

February has been a busy month here at Moutere Hills Community Centre. Our catering service has been well utilized by a variety of organisations that have held meetings and conferences at our fantastic facility. If you would like to find out more about catering or venue hire why not give Cindus a call as she would be happy to answer any of your questions.

We are looking at opening our bar for the community on the last Friday of every month. If you are a not for profit group that would be keen to utilize this for a fundraising opportunity then please give us a call for further details. Our first evening will be Friday 26th May.

The Fitness Centre continues to go from strength to strength and we welcome all our new members. If you've been thinking about joining, what better time than now! We have a great range of equipment from the US with very affordable membership rates plus FREE classes that will compliment your workout. Call Vanessa now to join on 027 511 8826.

Katrina, Cindus and Vanessa

Social Table Tennis

Wednesday's 7:00 - 9:00pm

Come along and join this group of friendly, social players and enjoy a mix of singles and doubles play. Bats can be provided.

Cost is just \$3 a session.



With the winter weather nearly upon us have you thought of Moutere Hills Community Centre as the venue for your child's Birthday Party?

Children's Birthday Parties

Various Options available including just venue hire right through to fully organised parties with games and catering run by our staff.

Contact Cindus for further details or to book your party.

High Tea Luncheon

Friday 7th April

From 11am—2pm

Cost \$10 per person

Come along and enjoy a decadent high tea in our idyllic setting.

Participate in some traditional backyard games, read up on the history of the Moutere or just sit back and enjoy the beautiful rural views.

Bookings essential. Please phone 543 2516 or email functions@mouterehills.org.nz



Phone: 543 2516

Email: enquiries@mouterehills.org.nz

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Planning for the future...

Simplicity Funerals Nelson have an information pack entitled "My Life, My Funeral" which contains a number of pamphlets with information about pre-planning your own funeral, and an application form for the FDANZ Funeral Trust.

This is a useful tool for all of us as we plan for our future. Much like making a Will, completing the information on the form provides peace of mind to families when faced with bereavement.

Contact us for more information or to receive this free information pack.

69 Haven Road, Nelson 7010
www.simplicity.co.nz

03 539 0066



FDANZ Funeral Trust

What's in a name?

The Mapua Craft Group name, for instance, seems to imply that we are a group of craft minded ladies all living in Mapua. This is not the case, as not only are some of us not so handy at all things craft much as we enjoy challenging ourselves, we don't all live in Mapua. Small but beautifully formed as we are, we hail from all over the place, which is a bit like some of our craft efforts - all over the place. Some of us live in Mapua, that is true but we've those living in the Moutere, Motueka and as far as Richmond & we all come together for a couple of hours of a Friday morning for a good old chat, some morning tea whilst trying our hand at whatever craft is the order of the day. Heck, sometimes we simply content ourselves with a good old chat and just talk craft and swap ideas.

Since starting off the new year, we've been busy fashioning some crazy patchwork under Rowena's guidance, which we will hopefully turn into bags and cushions. Some have taken to this like ducks to water. Others are slower off the mark and there is much pondering with needles poised and tongues shoved firmly into sides of mouths in the effort to master the technique. It's not all needle and thread mind you, although an upcoming project at the start of next term will be to make felt doorstops, which do require needle and thread as trying to cheat by gluing felt simply would not work. During the year, we hope to have a couple of outings here and there.

Make some amazing cards or other paper craft with Julie. Perhaps throw in a bit of decoupage and anything else that takes your fancy.

Everyone is welcome to pop on in for a cuppa and have a go. No previous experience needed and it really doesn't matter if you feel you are handy at craft or not. There is something for everyone.

We meet Friday mornings term time between 10am and noon in the Hills Community Church supper room. If you join in, then it's \$2 towards fees and sometimes a bit of koha for materials.

I'll leave you with a group photo:

See you there.

Marian Bevan



'Make a Hold-All' Competition

if it holds the goods, it's good to enter

The theme for this year's Motueka Arts Council annual craft competition is 'Make a Hold-All'. This can include bags, gloves, boxes, bowls, vases, pots etc. There are classes for fibre and or yarn, fabric and materials or combinations from the earth and a class for persons aged 16 year's or under. This is a good opportunity for crafts people to let their creative imagination run wild, try things they have only dreamed of but most importantly have fun. There will be a 2 day exhibition in August 18th and 19th where all entries will be displayed so this will give you, the entrant, a platform to show your work. Free to enter.

Funding support from Creative communities Tasman and Encouragement Grants.

Entry forms are available now at Potters Patch Motueka, Cushla's Village Fabrics Mapua or Cruella's Natural Fibre Boutique Nelson or email motuekaartscouncil@gmail.com

Shirley Wallace

Competition Convenor



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The Mapua Easter Fair is changing its day for this year to **Easter Monday the 17 April 2017** Same Fun - Different Day. We have been giving locals and visitors a great day experience for 35 years. This year we are excited about new stallholders and welcoming back old favourites to the fair. We have over 220 stallholders, catering to all ages and interests, fairground rides and a school run café, second hand store and silent auction. In addition, the Playcentre this year is opening its gates for younger children to play and families to relax. We offer a full day of free stage entertainment.

Due to the growth in the village we have new parking areas for the fair. This will provide over 1500 parking spaces. Volunteer marshals will be directing traffic on the day. For a detailed parking map please check www.mapuaeasterfair.co.nz

Same Fun - Different Day - **Easter Monday the 17 April 2017**. We look forward to welcoming you at the Mapua Fair, Easter Monday!

MAPUA BOWLING CLUB



THE WRITE BIAS

During this season Saturday morning saw a team from Mapua competing in the President's Trophy, a Nelson wide competition. Sixteen club members took part in the team representing Mapua. The Club was delighted to achieve first place in Division 1, an even more impressive result when you realise that none of our matches was played at home. It was Mapua's best- ever placing in the President's Trophy.

Ten pairs competed in the tournament sponsored by Lynda Mabin on Saturday 25th February. Congratulations to Judy and David Cartwright who placed first in a very close competition. A big thank you goes out to Lynda Mabin for her continued support of the Bowling Club.

Our final Club tournament of the season, scheduled for the 21st of March is sponsored by Bevan and Bridget Hoult of Motueka Golden Bay Funeral Services. Always a popular tournament at the club, it is in memory of Paddy Day, Bridget's relative and a previous member of our club.

The Mapua Bowling Club will be closing earlier than usual this year to allow much needed green renovations to begin. Closing day is set for Saturday 1st of April. Members will be busy during the month of April helping with the renovation work.

For information about booking the clubhouse and facilities please call President Dave England 03 540 2934.



Winners of the recent Elston Blain tournament at the Mapua Bowling club. The winners Michael Busby and Joyce Colwell are receiving the trophy from Club president, Dave England. Joyce is from Upper Moutere.

Upper Moutere Tennis Club

Mission: To be a friendly community tennis club that promotes and encourages participation for fun, fitness and achievement for all ages and levels

What's happening at the Club in April:



Come and join in the latest craze in Upper Moutere! Cardio Tennis is a fun, social group tennis-fitness session for people of all ages.

With no ability necessary, work out to music while combining the best features of tennis with cardiovascular exercise. This session will deliver the ultimate, full body, calorie burning aerobic workout!

Join today! Everyone is welcome!

Phone Vanessa 027 511 8826 to book your spot!

TENNIS XPRESS

Learn to play the easy way right here in Upper Moutere!

Come and be a part of Tennis New Zealand's latest initiative.

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Find us on Facebook: <https://www.facebook.com/Upper-Moutere-Tennis-Club>



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MUSIC DAY

Sunday April 9th 10 - 6pm

Fantastic day out for all the family

Live music all day

- Special Guest Tenzin Choegyal
- with Sika
- and Caitlin
- Lemongrass
- Konkoba Drummers
- Singing bowls
- Dancers

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Adult \$15 Under 15 Free

Chandrakirti Meditation Centre

289 Sunrise Valley Road, Upper Moutere For inquires ph 543 2021

Music Day April 9th 2017

Main Stage

- 11.30 Mukunda on piano
- 12 noon Lemongrass - cruisy swamp rock sounds
- 1pm Tara dancing - for Peace, Prosperity and Healing to Papatuanuku, Our Great Earth Mother
- 1.15 Sika an international, multi-media magician wielding Didgeridoo, drums, flutes & ambient grooves
- 2.30 Tenzin Choegyal - plays the Tibetan lute and bamboo flute, his most outstanding instrument is his voice. His traditional Tibetan music is beautifully evocative, healing, and transcendent .
- 3.45 Caitlin keyboard, voice and guitar create rhythm to experience divine bhakti
- 4.15 Tenzin, Caitlin and Sika
- 5.15 "Konkoba!" Live West African rhythm and dance music to move your body to.

Nalanda Hall

- 10am Sunday Meditation with Geshe Jampa Tharchin
- 12 noon Deep Sound Meditation with Tibetan Bowls, instruments and voice with Francesca
- 1.00pm Caitlin invites you to sing and chant sacred mantras from the heart
- 2.15pm Tanya, Greg and Leo playing sitar and guitar, mantras and meditation.
- 3 - 4 Sika Sound Journey connecting you with your Source

For the Children

Bouncy Castle - Bubbles - Icecreams - a big garden to play in.

Healing Area Upstairs in the community building. Traditional Maori healing, Massage, crystals, nutritional and herbal remedies.

A Fantastic Fun Day

Enjoy a Delicious Café lunch, cakes, coffee, teas, ice-cream all day.
Take a tour around the center - dance - sing - relax
Live music all day - Bring the whole family.

Chandrakirti Meditation Centre is a registered charitable trust this is an annual fundraising event. Thank you for supporting your community meditation center.
289 Sunrise Valley RD, Upper Moutere www.chandrakirti.co.nz

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What's Happening In April



Live Music 7.30pm Thursday 6th

"All Day Breakfast String band"

Old time country music group The All Day Breakfast Stringband tour New Zealand and Australia this March, April and May 2017. The Montreal based All Day Breakfast Stringband plays old time music from the southern and midwestern USA. Fiddle, guitar, mandolin, banjo, and voices join forces to confirm that the old music is still exhilarating.



Fine Dining Evening 7pm Saturday 22nd and 25th

We will be offering a relaxing evening, of fine dining, over five courses. Bookings essential check our website for menu details.

Don't Forget

- | | |
|---|---------------------------------|
| 1 st Thurs Folk Night | This month the 6 th |
| 2 nd Thurs Quiz Night | This month the 13 th |
| 4 th Thurs Cigars and Whisky | This month the 27 th |

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MOUTERE COMMUNITY YOUTH April Program

JUNIOR YOUTH & INTERMEDIATE YOUTH

Year 5 - Year 7 - Year 9

7 Wave Rave, meet at UMO church hall at 6:20pm, back at 9:30pm,
Cost \$10

SENIOR YOUTH

1st & 3rd Fridays/6:30-8:30pm-ish/Year 9 - Year 13/\$2/meet at UMO church hall

7 Sports at Moutere Hills Community Centre, meet here

14 April is Good Friday and start of holidays. If you are interested in a holiday program, we will get out soon details soon. Look at moutere youth facebook page.



Remember...

Pump Track/Jump track Working BEE

Saturday 22nd April (middle weekend of school holidays)

We're going to create the pump track. Dirt will be shifted and the track will be formed with the aid of a digger. Come along to help move and compact dirt. We hope to get the majority done on this day. Many hands (and shovels) make light work! If you are keen to be part of the design process contact Billy NOW!! (Wet weather alternative date: 29th April)

QUESTIONS? Billy - 021 027 28825
Tessa - 022 101 2276
moutereyouth@gmail.com

UPPER MOUTERE play group

WE MEET EVERY FRIDAY 10am-12PM
MOUTERE HILLS COMMUNITY CENTRE.

WE PROVIDE AND SHARE MORNING TEA.
POP IN FOR A CUPPA WITH LOCAL PARENTS!

ANY QUERIES PLEASE CONTACT
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ALL FAMILIES WELCOME!



Early Childhood Education & Care

Today was Wacky Wednesday at Country Kids. This idea started with the children and is based on the Dr Seuss Book, "Wacky Wednesday" and another book "Doo Wacky Doo", which our children love. It's a day where everything is out of sync and plain wacky. The children love to spot the wacky things.

The day started in the carpark with cars being parked at odd angles. The class rooms were wacky with tables upside down, jumping mats inside, watering cans hanging up, wacky pictures of teachers, shoes hanging from the ceiling, boots holding plants, children and teachers all dressed wacky.

We had so much fun on this wacky day. Thank you to everyone who participated.



Did you know Country Kids have a new introductory offer?

Country Kids offers a deal

For new kids under 3:

If you book six hours a week

We'll give you 6 for free!

This only lasts the first two terms,

So get in while you can.

Our children love to play and learn;

Come visit and make a plan!

Conditions apply.

**Contact Nickie on 03 543 2819
for details and enrolment.**

Also available 24 hours ECE for 3 years and over.

Come in and check out our environment, meet the teachers and other families, fun learning curriculum which follows children's interests, exciting activities, tennis lessons, animal farm visits, Kath Bee sessions and much more.



Horse dental care

Having regular dental check ups are essential to the on-going health of your horse.

The general health and condition of your horse starts with good nutrition, however optimising good nutrition relies on healthy teeth that do their job well for your horse - allowing effective chewing, digestion and nutrient absorption. This then creates a healthy, happy and willing companion.

Are bad teeth causing pain to your horse?

Horses have evolved as prey animals and as such are able to "hide" pain-indicating behaviour. This is a natural response useful to minimise the chances of being picked upon by a hungry predator. A good dental exam is the only way to make sure your horse is not suffering unnecessarily.

A horse's teeth grow continually and only slow down late in life. By the age of nine months most deciduous teeth (milk teeth) will be in wear. By five years all permanent teeth should be present.

Some common problems that can occur and often go untreated are:

- * Sharp enamel points that can lacerate the cheek and tongue leading to painful ulcers.
- * Erupted or retained wolf teeth.
- * Retained milk teeth that can interfere with permanent teeth emergence.
- * Inflamed and painful gums (developing periodontal disease).
- * Dental impactions, hooks, ramps and wave mouth.

At Town and Country Vet we have the expertise (Mitch) to address many of the dental problems your horse may have. During the initial visit we will:

- * Carry out a full exam, identify and treat most dental conditions including the extraction of loose and/or damaged teeth.
- * Administer a preventative tetanus vaccination if necessary
- * Collect blood for selenium testing if required
- * Offer help on any other issue (s) you may need help with.

All our dental procedures are carried out under sedation. Sedation allows for:

- A calm, stress-free, and efficient procedure.
- Minimising of pain. Local anaesthetic is also used if any teeth need to be extracted.
- High quality of diagnosis, followed by correct treatment.
- The owner being able to observe the procedure being carried out.
- Increased safety for us as vets, you as the handler and the horse.

Does sedation increase the cost of a dental? No!

In fact sedation allows for a quicker procedure as much less time is spent controlling the horse. It is also important to remember that procedures such as wolf teeth and/or molar and incisor



extractions are painful to the horse and **MUST ALWAYS** be carried under sedation and local analgesia.

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Hello Animal Lovers

Is it just me or does it seem that this year is flying along at a frightening pace? It is Autumn already and there is clearly a change of seasons although a lot of fruit and plants are blooming late due to the delayed hot sunny weather. I was wondering how it would affect our animal friends particularly with breeding cycles. Nevertheless there is more feed and green grass in paddock than I have seen in some years so that has to be a good thing.

Continuing with anecdotal observations with my animals this month I am focussing on my dog, Charlie. Charlie like a lot of my animals is a rescue. He came to me four years ago as a senior dog then at seven years of age, a breeding sire for cocker spaniels and no longer needed. Poor Charlie had spent his life being a breeding sire and generally contained in a cage. He had no training and no experience of so many things like traffic, other animals and people. It speaks volumes for his temperament that he has learned to successfully adapt to almost everything although he has never got over separation anxiety. When I first got him he would do almost anything to get out! He also has never got over the desire to hunt out hedgehogs as his previous owner allowed him to kill them. This is something I have discouraged and I have lost count of the number of hedgehogs I have rescued and rehabilitated. When Charlie finds a hedgehog he will bark at it which of course makes it curl up into a ball. He then will pick it up and carry it off. Anyone who has tried to pick up a curled hedgehog will understand how difficult this is but it does not seem to harm Charlie. However despite this little anomaly, Charlie has turned into a loving albeit exuberant companion who only wants to love and be loved. Like most cocker spaniels he loves food and fetching things that are thrown. He is super-tolerant of small children and other animals.

Charlie is an example of how, with time and patience an older dog can have another life. It is very rewarding to have achieved this with him and he now is living out his twilight years a very happy dog.

Pet tip for the month: If you want to establish leadership with any dog make sure to only allow them to eat when you say so. Also that you go through gates and doors first before the dog.

As always I am happy to answer any animal behavioural questions.

Sue Mott
Animal Behaviourist
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- * Mix together 2 eggs (lightly beaten), 2/3 cups of flour, spring onions (optional).
- * Add zucchinis and pepper.
- * Heat a good oil in a large pan.
- * Place 2/3 of a cup in pan and flatten a little.
- * Cook until golden on both sides.
- * Serve as singles with sour cream and salad or stack with many possibilities in between bacon, cheese, spinach, etc.



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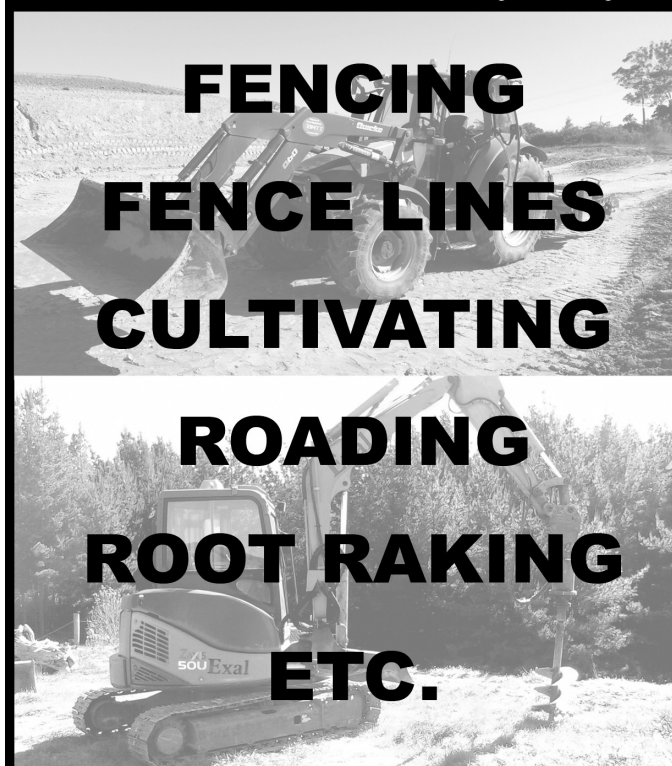
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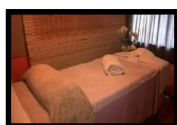
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